

COVID-19 Update

Greater Houston Local Emergency Planning Committee January 26, 2022

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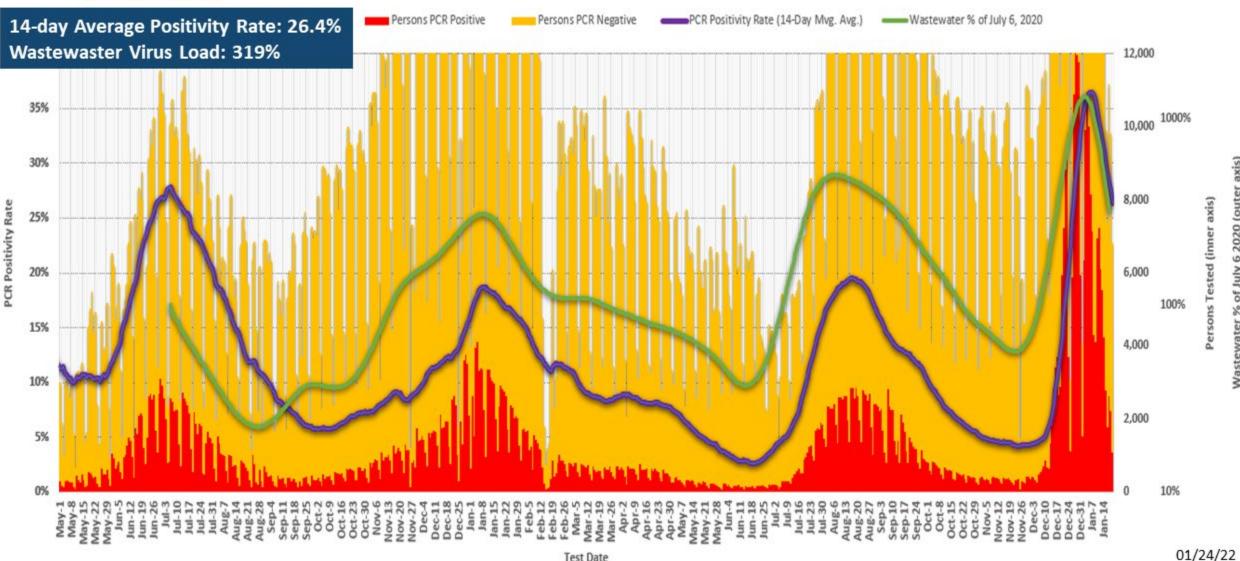
Protect yourself against COVID-19.



COVID-19 Positivity and Wastewater



Houston



Priority Messaging COVID-19



- We're moving in the right direction but it's too soon to stop.
- Houston's latest 14-day average COVID-19 positivity rate is 26.4%, down from 38.0% two weeks ago. The wastewater virus load is 319%, down from 1,436% two weeks ago.
- To protect against Omicron, it's important to use all tools available including vaccination, boosters, masking, social distancing, and testing.
- Highly contagious variants like Omicron require more protective face coverings. Swap the cloth mask for a high filtration mask like a N95 or KN95.
- The facts are clear: Vaccination and boosters significantly reduce your chance of serious illness and death from COVID-19.
- While Omicron may not cause illness more severe than Delta, we are concerned about our hospitals and overall workforce.
- A small percentage of very sick people out of a massive number of cases is still a big number.
- Keeping cases low helps ensure there is enough room in hospitals to take care of everyone who needs care for things like car accidents, broken bones, heart attacks, strokes, etc.
- Whether a person is hospitalized for Covid or with Covid, they are an infectious patient who takes up resources.
- It's also important to reduce cases to keep grocery stores, restaurants, gas stations, and other vital businesses open and those jobs secure.
- Omicron is causing more breakthrough infections, which can be discouraging... but vaccinated and boosted people mostly experience mild to no symptoms.
- Children under the age of 5 remain vulnerable to COVID-19 since vaccines for them have yet to receive authorization/approval.
- Remember: Hospital stays can be very expensive. The vaccine is free.

Priority Messaging COVID-19



- Protecting children currently ineligible for a COVID-19 shot requires the rest of society to get fully vaccinated, mask up, practice social distancing and test frequently.
- People with symptoms of COVID-19 should get tested, regardless of vaccination status.
- It's helpful to get tested if you recently participated in a gathering with people who do not live in your home.
- If you test positive, you should isolate for five days. If your symptoms resolve or are improving, you can leave your home while strictly wearing a mask around others for another five days.
- The Houston Health Department and its partners offer six mega sites and dozens of smaller sites across the city.
- Remember: Hospital stays can be very expensive. The vaccine is free.

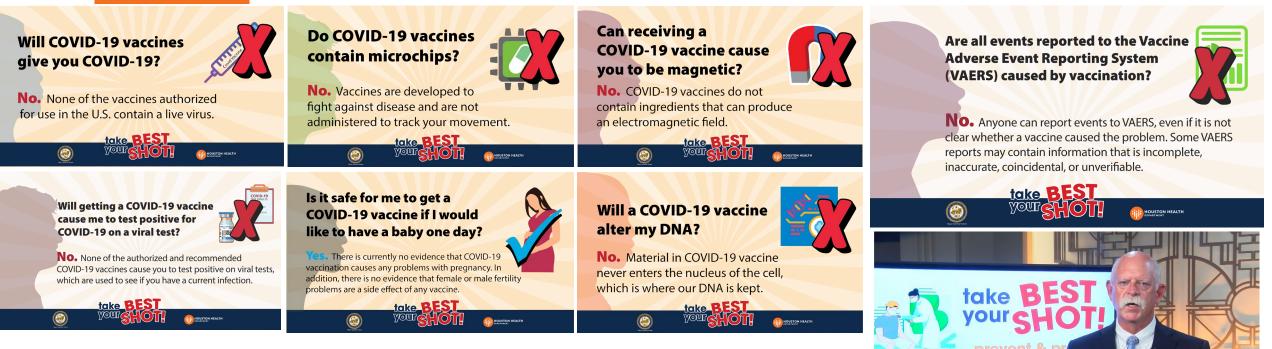
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- Every home in the U.S. is eligible to order four free at-home COVID-19 tests at covidtests.gov. The orders usually ship in 7-12 days. Order yours now so you have them when needed.
- We also offer many free vaccination sites across Houston that offer any dose for all eligible ages.
- You can find free testing and vaccination sites at houstonhealth.org or by calling 832-393-4220.
- Remember: Hospital stays can be very expensive. The vaccine is free.

Educational Resources

COVID-19



- Toolkits: HoustonEmergency.org/covid19
- Twitter: @houstonhealth
- Facebook: @houstonhealth
- Instagram: @houstonhealthdepartment
- TikTok: @cityofhouston

take your BEST SHOT Get vaccinated against COVID-19.

take **BES**

HOUSTON HEALTH

DEPARTMENT

HOUSTON

Dr. David Persse