



Companion Comfort

HEALTH HISTORY

For Canine Therapeutic Massage Sessions

DATE: _____

OWNER/CONTACT NAME: _____ CELL: _____

EMAIL: _____

DOG NAME: _____

BREED: _____

GENDER: _____ SPAYED / NEUTERED: Y / N (circle one)

AGE: _____

OWNERSHIP HISTORY: _____

WEIGHT: _____

COLOR / COAT: _____

FORM OF EXERCISE:

COLLAR / LEASH: _____

DIET / FEEDING SCHEDULE:

SUPPLIMENTS / MEDS:

INJURIES / SURGERIES:

ILLNESSES / DISEASES:

BEDDING: _____

LIVING ENVIRONMENT:

VET / CONTACT INFO: _____

ALL CLIENTS MUST BE UP TO DATE WITH VACCINATIONS. OWNERS NEED TO REQUEST THAT THEIR VETERINARIAN SEND AN UP-TO-DATE HEALTH REPORT VIA FAX TO 205.502.7909 BEFORE THE FIRST APPOINTMENT.

MASSAGE SESSION 1

November 19, 2018

Location: Grants Mill Animal Hospital Time: 11:30a

Owner: Rosemary Adams (present for massage)

Dog: Lucy

Description: Lucy and Rosemary arrived at the clinic and were escorted to a room set up with a floor mat for the massage. The clinic was full of dogs barking so I used an 'ocean sounds' app to try to calm the atmosphere.

Lucy was noticeably nervous and very clingy to her owner. It was a challenge to get her to stay on the mat.

As I observed her gait, she limped on her left hind leg.

I began with full body effleurage to calm, signal the beginning of the session and to check for body/bone/joint/muscle abnormalities. The owner made me aware of lumps that were present as she stays in touch with her vet for their status. I knew that her left stifle had been diagnosed with arthritis and I could feel the mild atrophy in her left Semitendinous, Semimembranous and Femoral Biceps.

My goal was to help calm Lucy and work on the diagonal and bilateral areas to her arthritic left stifle. Because she was nervous and wanted to stand up, I kneeled by her and worked both sides of her body at the same time to create a shorter session.

I worked on her left and right hind end separately.

CANINE MASSAGE SESSION 1

Date: November 27, 2018

Student Practitioner: Laura Cardwell

Client: Lucy, Labrador Retriever

Owner: Rosemary Adams / present for massage

Location: Grants Mill Animal Hospital, Birmingham, AL / Floor mat

Massage techniques and order of delivery:

HEAD: Petrissage and tapotement on Frontal muscle, petrissage on left and right Masseters

LEFT and RIGHT NECK: Petrissage, small circles and friction on Sternocephalic, Cleidocervical

LEFT and RIGHT SHOULDER: Thumb pressure, stripping, petrissage on Trapezius, Supraspinatus,

Infraspinatus, Deltoids, Brachialis and Brachial triceps;

Scoop Pectorals

LEFT FORELIMB / FOREPAW: Thumb circles on top of forepaw, squeeze ting points and pads,

curved hand compression and stripping ventral to dorsal on forelimb

BACK / RIBS / BELLY: Effluerage cranial to caudal on back, Small circles cranial to caudal on

back, Rake dorsal to ventral on Latissimus dorsi and scoop ventral to

dorsal on Rectus Abdominus

LEFT CROUP / HIND LIMB: Gentle thumb kneed around point of hip;

Strip, friction and petrissage on Gluteals;

Petrissage Semimembranous, Semitendinous, Femoral Biceps

LEFT HINDPAW: Small circles on top of hindpaw, squeeze tings and pads,

curved hand compression and stripping ventral to dorsal on hindlimb

RIGHT CROUP / HIND LIMB: Gentle thumb kneed around point of hip;

Strip, friction and petrissage on Gluteals;

Petrissage Semimembranous, Semitendinous, Femoral Biceps

RIGHT HINDPAW: Small circles on top of hindpaw, squeeze tings and pads,

curved hand compression and stripping ventral to dorsal on hindlimb

TAIL: Gentle squeeze from base to tip on Sacrocaudal, gentle rotation and pull base of

tail cranial to caudal

RESPONSES:

