



PRESIDENT'S Message

Hello NAWIC Sisters!

At our recent meeting, **Past President Dana Cookson** delivered a beautiful and emotional tribute reflecting on her year in office. Her words, filled with **gratitude, passion, and sincerity**, reminded us all of the deep impact of strong, compassionate leadership. Let's say — if there was a dry eye in the room, it wasn't mine.

Thank you, Dana, for your unwavering dedication, grace, and the legacy you've built. Hello NAWIC Members,

As I step into my first month in office, I'm feeling incredibly grateful and excited for what lies ahead. I'm honored to lead alongside such a **strong and diverse group of women** who are passionate about advancing women in construction. Together, I know we're going to make this year truly special.

Introducing Your 2025–2026 Board of Directors

- **President-Elect:** Nicole Shields, Garver
- **Vice President:** Jaylee Klempa, PMg
- **Recording Secretary:** Jennifer Cearley, Murray Womble
- **Corresponding Secretary:** Sarah Hopper, Hudson Prince
- **Treasurer:** Kristi Oster, Fleming Construction Group
- **Past President:** Dana Cookson, Stout Construction
- **By-Laws Chair:** Paullei Tanner, Crossland
- **Parliamentarian:** Chrissie Humphry, Stout Construction

Directors:

- Abigail Sullivan
- Karley Potter, Murray Womble
- Kaitlynn Henson, APAC
- Kylie Belden, Nabholz
- Jennifer Helms, Insurica

We're proud to have such an incredible team representing a wide range of expertise from across our industry.

Save the Date! First Membership Meeting of the Year,  October 21st

Location:

Join us for our first membership meeting under the new board! This is your chance to connect, hear what's ahead, and sign up for one (or more!) of our committees:

- Membership
- Professional Development & Education (PD&E)
- Marketing
- Safety
- WIC Week
- Block Kids
- Diversity, Equity & Inclusion (DEI)
- Social
- Ways & Means
- Scholarship

Your involvement fuels the mission of NAWIC — whether you have a little time to give or a lot, there's a place for you.

Let's Make It a Year to Remember

We have big goals and even bigger potential — and with your voice and energy, we can achieve great things together.

Let's lift each other, support growth in every direction, and continue making NAWIC a powerful force for women in construction.

With appreciation,

Paula Fennell,
NAWIC Tulsa Chapter 76 President 2025-26



INSIDE THIS ISSUE:

President's Message	1
Meeting Information	1
Events Calendar	2
Upcoming Webinars/Celebrations	3
Safety Report	4
OSU Scholarship Information	5
Meeting Minutes	6
NOTES TO THE PRESIDENT	7
Meeting Invitation	8
Social Media/Website Information	9
NAWIC Meeting Policies and Information	10
Committee Reports	11
Red Rose Recipient	12
Board/Committee Contact List	13

NEXT MEETING:

3rd Tuesday of the Month
Membership Meeting
Committee Night
WEAR PINK

LOCATION:

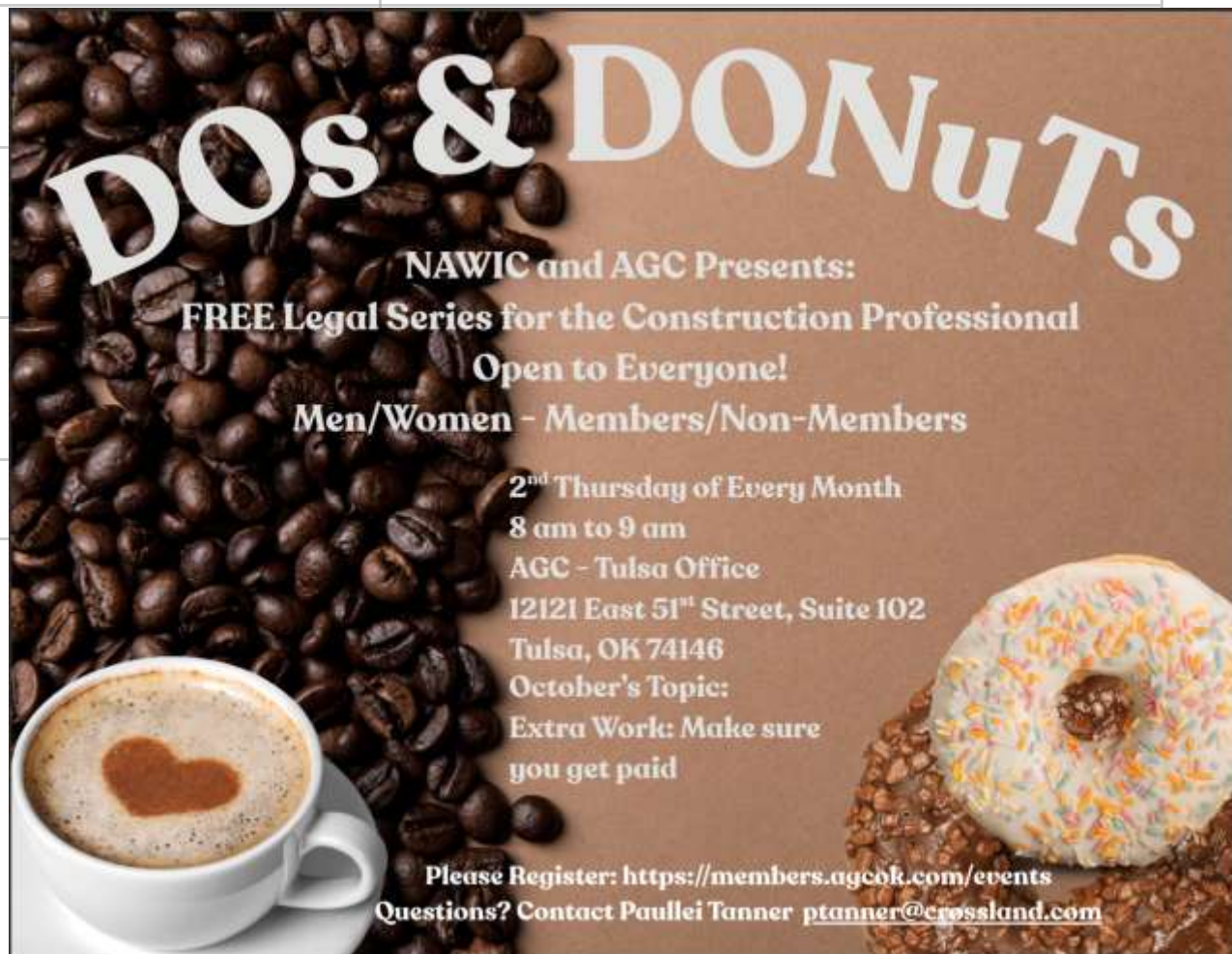
AGC Tulsa Office
12121 E 51st. St.
Tulsa, OK 74146

RSVP email by EOB 10/17

kostler@flemingconstructiongroup.com

UPCOMING EVENTS

OCTOBER New Leadership	BOD Meeting—10/07 6:00 pm TBD DOs & DONuts—10/09 8-9:00 am AGCOK Tulsa Office
NOVEMBER	BOD Meeting—11/04 6:00 pm TBD DOs & DONuts—11/13 8-9:00 am AGCOK Tulsa Office Membership Meeting —11/18 6:00 pm TBD
DECEMBER	BOD Meeting—12/02 11:30 am TBD DOs & DONuts—10/09 8-9:00 am AGCOK Tulsa Office Christmas Party —TBD



DOs & DONuTs

NAWIC and AGC Presents:
FREE Legal Series for the Construction Professional
Open to Everyone!
Men/Women - Members/Non-Members

2nd Thursday of Every Month
 8 am to 9 am
 AGC - Tulsa Office
 12121 East 51st Street, Suite 102
 Tulsa, OK 74146
 October's Topic:
 Extra Work: Make sure
 you get paid

Please Register: <https://members.agcok.com/events>
 Questions? Contact Pautlei Tanner ptanner@crossland.com



UPCOMING WEBINARS: www.nawic.org/webinars

National has stepped up and provided NAWIC members with some outstanding webinars throughout the upcoming year with the focus in two areas:

**Professional Development
& Education (PD&E)
& Membership**

The webinars should be available on the national website to view at your convenience if you can't attend the initial airing. The webinars are also listed in the Calendar of Events.

March 01-07 IS WIC WEEK! BE WATCHING FOR MORE INFORMATION!

Celebrating Our NAWIC Sisters!

Happy Birthday

10/03 Julianna Guglielmo
10/17 Hannah Humphrey
10/19 Kara Metz
10/24 Paula Esposito

Welcome New Members

Congratulations On Your Anniversary

10/2021 Julianna Guglielmo
10/2021 Kara Metz
10/2022 Sarah Hopper
10/202 Kylie Belden
10/2024 Jaleigh Frick

If you have changed companies, please update your information on the National Website. Also, please forward preferred email, cell number, your birth day and month to Jaylee if not yet done so. Thank you.



Weekly Safety Meetings

Safety Training for the Construction Industry

© 2024 Safety Meeting Outlines, Inc.

Standard
Subscription

COMPANY NAME: _____

Volume 43 Issue 16

Ladder Safety

Falls from portable ladders are still one of the leading causes of deaths and injuries on the jobsite. The three most common causes of ladder accidents are: **1)** using the wrong ladder, **2)** using a ladder that's in poor condition, and **3)** using a ladder improperly. Ladders come in many styles, sizes, and materials. Regardless of what kind of ladder you use, what it's made of, and where you use it, you absolutely must know how to use it safely. It's not hard, but it takes a little effort and attention.

Use the right tool for the job. Make sure you use the right type of ladder for the work you have planned. It's dangerous to just grab the first ladder you see on the jobsite. If the ladder you choose is too short, you're more likely to use the top rungs to reach a little higher. Instead, use a ladder that's tall enough to reach your work safely. If the ladder you choose is aluminum, make sure you aren't working with or near electricity. If you are working near electricity, use a fiberglass ladder. Fiberglass doesn't conduct electricity, so you won't get electrocuted. Choose wisely.

Be aware of the limits of the ladder. Look for a label on the ladder that shows its weight limit. Your weight, plus the weights of all your tools, equipment, and materials must be less than the weight limit. Never overload a ladder.

Pre-use inspection. Inspect the ladder before you use it for any task. Look for visible defects that could make the ladder unsafe. Missing or damaged feet on the ladder could cause it to tip over or slip. Check that rungs are not

bent, worn, cracked, or missing. Missing or damaged locking mechanisms can cause the ladder to collapse. Make sure the rails are in good condition. Remove damaged ladders from service and tag them "Do Not Use."

Follow these safe work practices when using a ladder:

- Set up the ladder on a level, stable surface. Don't try to make a ladder taller by setting it on blocks.
- Look up and check for power lines. Keep all ladders at least 10 feet away from power lines.
- Prevent slipping. Clean mud, grease, etc., off your boots before climbing a ladder.
- Face the ladder when you climb up and down. Maintain three points of contact at all times (two feet and one hand, or two hands and one foot).
- Don't carry tools and materials when you climb. Hoist them up in a bucket once you're at the top.
- Keep your body between the side rails. Don't overreach. Reaching too far could make the ladder tip, and you could fall off.
- Never stand on the top two rungs of a stepladder or on the top three rungs of an extension ladder.
- Don't try to "walk" a ladder while you're on it. Climb down, move the ladder, and climb back up.

SAFETY REMINDER

**Superstition says it's bad luck to walk under a ladder.
Common sense says it's just dangerous.**

**Always take
precautions
and be safe!**



Please remember our NAWIC Endowed Scholarship at OSU

Whenever you're in a giving mood. The full name of our scholarship is the

NAWIC Tulsa Chapter 76 Endowed Scholarship In Honor of Gene Harris Fund.

On your checks or online donations,
please note the fund number: 26-75750

On-line donations: <https://osugiving.com/>
please see the "Give" tab at the top right.

Mailing Address:
OSU Foundation
400 S. Monroe, Stillwater, OK 74074

Your Scholarship Committee thanks you!!
We will add the information for our OSUIT scholarship as
soon as we can!

NAWIC TULSA CHAPTER 76
General Membership Meeting – September 2025

The General Membership of NAWIC Tulsa Chapter 76 met on September 16th, 2025 at AGC Offices in Tulsa. The meeting was called to order by President Dana Cookson at 6:10 p.m. Members present were:

Abigail Sullivan	Chrissie Humphrey	Paullei Tanner	Jennifer Cearley
Dana Cookson	Sarah Hopper	Kristi Ostler	Jennifer Helms
Kaitlynn Henson	Carmen Clayton	Jaye Steele	Kitzie Vander Kooi & Blue
Karley Potter	Jaylee Klempa	Paula Fennell	Ronny Walker
Kylie Belden	Julianna Guglielmo	Shannon Hudson	Ashley Norris

REGULAR ORDER OF BUSINESS:

A Quorum was established.

There was not a flag present so the Pledge of Allegiance was not recited, but the NAWIC Pledge was recited.

REPORTS FROM OFFICERS:

President – Dana Cookson expressed gratitude to the chapter for the past year of supporting her as she navigated Presidency.

Vice President – Vacant

President Elect – Paula Fennell - No report.

Recording Secretary – Kristi Ostler – No report.

Correspondence Secretary – Kaitlynn Henson – A bank statement from FNB, a check from Crossland Construction, and new checks were received.

Treasurer – Julianna Guglielmo – No report.

STANDING COMMITTEE REPORTS:

Finance/Budget – Julianna Guglielmo - No report.

Membership – Paula Fennell – No report.

Block Kids – Christi Wyatt – No report.

Professional Development & Education (PDE) – No Report.

Diversity, Equality & Inclusion (DEI) - Sarah Hopper - No Report

Marketing – Kristi Ostler – No Report.

SPECIAL COMMITTEE REPORTS:

Social – No report..

Ways and Means – Paula Fennell – No report.

WIC Week – Marla Carter – No Report.

Safety – Bailey Martin – No Report.

Strategic Planning – Dana Cookson/Hannah Humphrey – No report.

UNFINISHED BUSINESS: None.

NEW BUSINESS: Jennifer Cearley noted that Kaitlynn will be married before the next meeting, and donations were taken from those present to give to her as a gift.

PROGRAM – Board Installation

- Dana Cookson provided gifts to the outgoing board members, and expressed her appreciation for their participation.
- Dana Cookson installed the new board members by swearing them into office, and provided each with a key representing their office.
- Kristi Ostler presented the Historian gift to Dana Cookson and thanked her for her leadership.
- Jennifer Cearley presented a memory book to Dana Cookson for her year of leadership.

ANNOUNCEMENTS: None

ADJOURNMENT: There being no further business, the meeting was adjourned by Dana Cookson at 6:34 pm.

NOTES TO THE PRESIDENT

We Value Your Feedback!

We've set up a QR code for you to easily share any comments, questions, concerns, or compliments. If you have suggestions on how we can address a concern or improve something, we'd love to hear from you. Likewise, if there are any ideas or features, you'd like to see, please let us know!

If you'd like your comment to not be anonymous, please feel free to include your name. Additionally, I'll have a box available at each meeting where you can leave messages as well.

We are committed to providing transparent communication, and each newsletter will feature updates on any concerns, questions, or compliments we've received, along with responses when appropriate.

Thank you for helping us improve!

NOTES October Edition:

Question 1 - N/A





Tulsa, OK

Membership Meeting

Come see what Committee you want to be on!
wear PINK for Breast Cancer Awareness Month

(Dinner with non-alcoholic beverage is included in payment - BYOB)

Tuesday October 21st @ 6:00-8:00 pm

AGC Tulsa Office

12121 E 51st St.

Tulsa OK, 74146

RSVP EOB October 17th to kostler@flemingconstructiongroup.com

Hello Ladies,

As women in construction, we're known for our strength, resilience, and commitment — not just to our work, but to each other. October is Breast Cancer Awareness Month, a time to come together, raise awareness, and take care of ourselves and those around us.

If you haven't had a mammogram, please make it a priority. Early detection saves lives — even in families with no history of breast cancer. I know this personally: I lost my sister to breast cancer three years ago after her courageous 10-year battle. She was strong, brave, and determined, and her fight reminds me how important it is to stay proactive and informed.

Breast Cancer Awareness Month is about more than wearing pink. It's about education, empowerment, and community. Let's encourage one another to get screened, spread awareness, and support those currently in the fight.

Together, we stand for:

Courage. Compassion. Commitment. Community.

Let's continue to build each other up — on the jobsite and beyond.

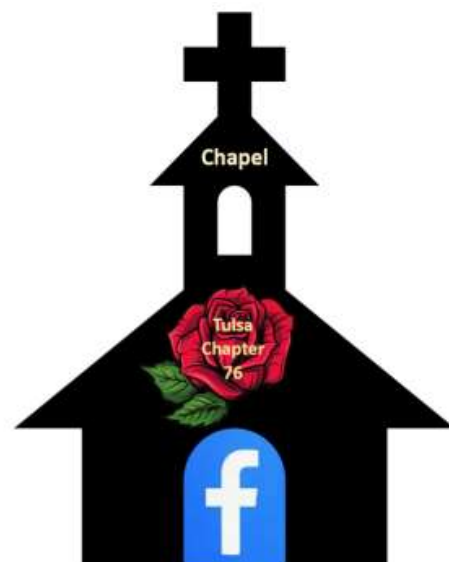
With strength and solidarity, Paula Fennell

Please know we have a Private Membership Page on Facebook

It's a private group and you may post your own
prayer
requests, birthday celebrations congratulations or
announcements at any time
or if you'd rather, please e-mail Jaylee and she'll
post them for you.

This is open to all members but is strictly optional.
We would ask that you read
the pinned post at the top of the page.

If you'd like to join the Membership page, simply
request to be added. If you have any issues with
that, please contact me: jklempa@pmsgtulsa.com



Thanks, Jaylee Klempa
NAWIC Membership Support

We have an email for all questions:

Email: TulsaNAWIC76info@gmail.com

Check out our website on the go!

Find us at: nawictulsa.org

We have links to the national website
along with current calendar events for
our chapter and each newsletter at your
fingertips!

FOLLOW US ON SOCIAL MEDIA:





NAWIC Meetings/ Dinners/Events Policies

A reminder of our Tulsa chapter policies concerning all of dinners and events. Please RSVP by the deadlines. We need confirmed counts for our restaurants ahead of time. If you are bringing guest(s), please supply their name and company.

All guests are paid for by the chapter the first time they visit, as well as new members—your first meeting is on us! After that, meetings/events will be charged unless otherwise indicated.

Members shall RSVP to attend the monthly meeting the Friday prior to the meeting (unless otherwise communicated) and will be billed for said meeting. Even if you cancel at the last minute, we need you to pay.

Our BOD has decided we need to be more vigilant. We run the risk of losing money as a chapter without this policy and we can't afford that.

We very much appreciate your understanding and your cooperation!

Kristi Ostler, Tulsa Chapter Treasurer kostler@flemingconstructiongroup.com

NAWIC Chapter 76 new mailing address
NAWIC
PO Box 1743
Owasso, OK 74055

Do you have something to report?

Exciting News / Your Committee / Awards

Please forward info to Jaylee Klempa by
EOB 1st Friday of the month to get it in the Newsletter.
jklempa@pmgtulsa.com

The new BOD and new Chairs are working on fun and exciting things for our next year!

Check out the 2025-26 Board of Directors and Committee Chairs contact list on the last page of this newsletter!

Start thinking about the committees you want to be involved in!

Only you can make our chapter the best it can be!



As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.

Bailey Martin has not yet had the chance to bestow the red rose to another member.

2025-2026 BOARD/COMMITTEE

CONTACT LIST



President
Finance/Strategic Planning
Paula Fennell

Email: pfennell@craftsmenresources.com
Cell: 918-271-1210



Vice President
Finance/Strategic Planning, Membership Chair
Jaylee Klempa

Email: jklempa@pmgtulsa.com
Cell: 918-991-9221



Recording Secretary
Social Committee Chair
Jennifer Cearley

Email: jcearly@murraywomble.com
Cell: 918-269-1345



Immediate Past President
Finance/Strategic Planning, Safety Chair
Dana Cookson

Email: danacookson@stoutconstruction.net
Cell: 918-671-9370



Director
Outreach Committee Chair, By-Laws Chair
Paullei Tanner

Email: paullei.tanner@gmail.com
Cell: 405-642-4767



Director
PD&E Chair
Kylie Belden

Email: kylie.belden@nabholz.com
Cell: 620-960-0521



Director
Abigail Sullivan

Email: abigails@aswmfg.com
Cell: 903-932-3817



Block Kids Chair
Christi Farr

Email: Christi@wyatt-tech.net
Cell: 918-808-1887



President-Elect
Finance/Strategic Planning, WIC Week Chair
Nicole Shields

Email: pfennell@craftsmenresources.com
Cell: 918-271-1210



Treasurer
Finance/Strategic Planning
Kristi Ostler

Email: kostler@rickscottconstruction.com
Cell: 918-260-0044



Corresponding Secretary
Marketing Committee Chair
Sarah Hopper

Email: sarahh@hudsonprince.com
Cell: 918-277-3927



Director
Kaitlynn Henson

Email: Kaitlynn.henson@apac.com
Cell: 402-949-9065



Director
Jennifer Helms

Email: Jennifer.Helms@insurica.com
Cell: 918-630-5652



Director
Karley Potter

Email: kpotter@murraywomble.com
Cell: 402-942-4527



Ways & Means Chair
Kitzie Vanderkooi

Email: kitzi@arrowheadconsulting.com
Cell: 918-625-3614



Scholarship Committee Chair
Shannon Hudson

Email: shannon@hudsonprince.com
Cell: 918-504-7630



Parliamentarian

Chrissie Humphrey

Email: chrissiehumphrey@stoutconstruction.net
Cell: 918-530-9183