



PRESIDENT'S Message

Hello my NAWIC Sisters!

As Thanksgiving approaches, I find myself reflecting on what I am truly thankful for. First and foremost, I am grateful for my family whether by blood or by sisterhood. I am thankful for each and every one of you. At some point, you have all touched my life, lifted me up, and encouraged me, and that is a true blessing. To have a family that can do that is something I cherish deeply.

As I continue my path with NAWIC, my hope is to offer the same kind of support and encouragement to others that I have received. **I'm aware of my own flaws, but I strive each day to grow, to be more uplifting, and to help those around me in positive ways, just as you have done for me.**

This month, I encourage everyone to take a moment to reflect on **what you're thankful for and the good that has come from it.** I choose not to look backward, as the past is behind me and beyond my control. What I can change, however, is the way I move forward—**guided by gratitude and the lessons I've learned.**

I am excited about what this month, and the months ahead, will bring as we continue to encourage and uplift one another. Many great ideas and thoughts are being shared with the Chapter, and I believe that if we keep an open mind and work together, we can achieve some truly outstanding goals and events..

Sometimes, even the simplest idea can grow into something remarkable—**perhaps the very best event we've ever had**—if we are willing to **collaborate and support each other along the way.** Let's keep that spirit of teamwork alive as we move forward.

I appreciate each and everyone of you and your commitment to NAWIC and your support.

Have a blessed November,

Dana Cookson,
NAWIC Tulsa Chapter 76 President



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NEXT MEETING:

3rd Tuesday of the Month
Membership Meeting
6:00 PM
LOCATION:
Tulsa AGC Office
12121 E. 51st St.
Tulsa, OK 74146

RSVP email by EOB 11/12/2024
julianna@colburnelect.com

UPCOMING EVENTS

NOVEMBER	Membership Meeting—11/19 6:00 pm: PD&E Thankful for NAWIC Budget Meeting—TBD
DECEMBER	BOD Meeting— 12/03 TBD DE&I Lunch—12/06 11:30 am: Sisserou's Membership Meeting—12/17 6:00 pm: Christmas Party (Members only)
JANUARY	BOD Meeting—01/07 6:00 pm TBD Habitat for Humanity 01/08 12-4 PM Membership Meeting—TBD Block Kids—TBD
FEBRUARY	BOD Meeting—02/04 6:00 pm TBD Membership Drive—TBD
MARCH	BOD Meeting—03/04 6:00 pm TBD WIC Week 03/02-3/8: TBD Membership Meeting—03/18
APRIL	BOD Meeting—04/01 6:00 pm TBD Membership Meeting—Industry Appreciation: TBD
MAY	BOD Meeting—05/06 6:00 pm TBD Membership Fundraising Event—TBD
JUNE	BOD Meeting—06/03 6:00 pm TBD Membership Meeting—06/17 6:00 pm: Board of Directors Voting
JULY	BOD Meeting—TBD Summer Social—TBD
AUGUST	BOD Meeting—08/05 6:00 pm TBD Lunch & Learn—TBD
SEPTEMBER	BOD Meeting—09/02 6:00 pm TBD Membership Meeting BOD Installation—09/16 6:00 pm TBD



UPCOMING WEBINARS: www.nawic.org/webinars

National has stepped up and provided NAWIC members with some outstanding webinars throughout the upcoming year with the focus in two areas:

**Professional Development
& Education (PD&E)
& Membership**

The webinars should be available on the national website to view at your convenience if you can't attend the initial airing. The webinars are also listed in the Calendar of Events.

DEI Standing Committee 11/18 5:30-6:30 PM CST

NAWIC Strategic Planning 11/20 11-12 PM CST

2024-25 Nat. BOD Meeting 11/21 4-5 PM CST

WIC Week Monthly Mtg. 12/03 10-11 AM CST

Nat. EP Committee Mtg. 12/06 3-4 PM CST

Leadership Academy Info. 12/12 11-12 PM CST

Leadership Academy Info. 01/14 11-12 PM CST

WIC Week Monthly Mtg. 01/07 10-11 AM CST

2024-25 Nat. BOD Meeting 1/23 4-5 PM CST

WIC Week Monthly Mtg. 02/04 10-11 AM CST

Powerless to Empowered:

Discover Your Voice with Cultural Intelligence PDE 02/13 12—1 PM CST

2024-25 Nat. BOD Meeting 3/20 4-5 PM CST

2024-25 Nat. BOD Meeting 4/24 4-5 PM CST

Celebrating Our NAWIC Sisters!

Happy Birthday

11/15 Sara Fazel
11/16 Carrie Gardendhire
11/21 Kem Haggadorn

Welcome New Members

10/25 Jaleigh Frick
10/25 Kylie Belden

Congratulations On Your Anniversary

11/2023 Alyson Allen
11/2023 Ginger Cato
11/2022 Natasha Randol
11/2023 Nicole Woolard

WEATHER SAFETY TIPS

One benefit of Oklahoma living is the possibility of having nice weather any day of the year. However, as we were recently reminded, it is also possible to have severe weather any day of the year. In an effort to minimize disaster-related business interruptions, the federal government created a comprehensive business survival toolkit, https://www.ready.gov/sites/default/files/2020-04/ready_business_severe-wind-tornado-toolkit.pdf.

The toolkit addresses the following business components: staff, surroundings, systems, structure, and service. For each component, the toolkit provides detailed descriptions, quick reference guides, and checklists. Even if your business already has a plan in place, this toolkit may identify problems that your business plan does not address.

Finally, at the end of the guide there is an extensive list of resources with corresponding links – anyone who wants to prepare for Oklahoma-style severe weather disasters will find something useful there.

For our NAWIC members that are on the jobsite, here are a few additional best practices to consider when severe weather arises:

- Have a call tree in place to quickly alert all field staff of any severe weather.
- Make sure everyone on site – including visitors and subcontractors knows where to go if they need to seek shelter.
- Have a plan on who will need to secure any loose items on the jobsite in case of strong winds

Make sure any building materials susceptible to moisture are properly stored somewhere that will be dry, even if there is flooding.



Please remember our NAWIC Endowed Scholarship at OSU

whenever you're in a giving mood. The full name of our scholarship is the

NAWIC Tulsa Chapter 76 Endowed Scholarship In Honor of Gene Harris Fund.

On your checks or online donations,
please note the fund number: 26-75750

On-line donations: <https://osugiving.com/>
please see the "Give" tab at the top right.

Mailing Address:
OSU Foundation
400 S. Monroe, Stillwater, OK 74074

Your Scholarship Committee thanks you!!

NAWIC TULSA CHAPTER 76
General Membership Meeting – October 15th, 2024

The General Membership of NAWIC Tulsa Chapter 76 met October 15th at Ricardo's in Tulsa. The meeting was called to order by President Dana Cookson at 6:11 p.m. Members present were:

Cindy Castillo	Marla Carter	Chrissy Humphrey	Jennifer Cearley
Dana Cookson	Julianna Guglielmo	Kristi Ostler & 4 Guests	Nicole Fergerson
Kaitlynn Henson	Sarah Hopper	Hannah Humphrey	Jennifer Helms
Joani Kelly	Jaylee Klenpa	Paula Fennell	Sierra Nunez
Bailey Martin & Guest	Paullei Tanner & Guest	Sara Fazel	Paula Esposito

REGULAR ORDER OF BUSINESS:

A Quorum was established.

There was not a flag present so the Pledge of Allegiance was not recited, but the NAWIC Pledge was recited.

Dana Cookson acknowledged board members present. She also asked all members who brought guests to introduce them as well. Bailey Martin introduced Lauren Hart; Paullei Tanner introduced Cindy Nelson, with Crossland; Kristi Ostler introduced Jennifer Snyder and Amanda Snyder with Air Around the Clock; Kristi introduced Jamie Winbury and Cynthia Grant with Adept Patriot Solutions (their second visit).

REPORTS FROM OFFICERS:

President – Dana Cookson stated that the fall conference held in Tulsa was a huge success. Marla Carter and Dana Cookson presented Sara Fazel a gift for her excellence in the planning of the events.

Vice President – Paula Fennell - No report.

President Elect – Marla Carter - No report.

Recording Secretary – Kristi Ostler – No report.

Correspondence Secretary – Kaitlynn Henson – A bank statement from FNB was received, along with a check from Crossland Construction..

Treasurer – Julianna Guglielmo – No report.

STANDING COMMITTEE REPORTS:

Finance/Budget – Julianna Guglielmo - No report.

Membership – Paula Fennell – No report.

Block Kids – Christi Wyatt – No report.

Professional Development & Education (PDE) – Marla Carter – No report.

Diversity, Equality & Inclusion (DEI) - Sarah Hopper – No report.

Marketing – Kristi Ostler – No report.

SPECIAL COMMITTEE REPORTS:

Social – Sierra Nunez – No report.

Ways and Means –Paula Fennell – No report.

WIC Week – Marla Carter - No report.

Safety – Sheila Sayne – No report.

Strategic Planning – Dana Cookson Hannah Humphrey - No report.

UNFINISHED BUSINESS: None.

NEW BUSINESS: Marla Carter noted that another opportunity to volunteer with Habitat for Humanity will occur in January. This one will only allow 15 NAWIC helpers. Details to follow as they come available.

SPECIAL PRESENTATION – Sara Fazel gave a red rose to Sierra Nunez for her willingness to jump into any opportunity to be involved.


PROGRAM – Libs & Laughs from PD&E

The ladies played a game where they were able to divide into groups and visit with other members utilizing word play.

ANNOUNCEMENTS: None

ADJOURNMENT: There being no further business, the meeting was adjourned by Dana Cookson at 7:30 pm.

Respectfully Submitted: _____


Kristi Ostler, Recording Secretary

10/22/2024

Date

Respectfully Accepted: _____

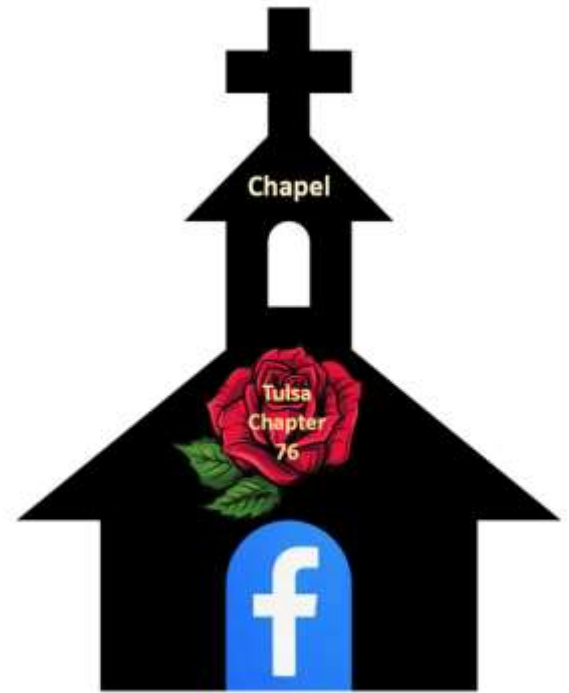
Dana Cookson, 2024-2025 President

Date

NAWIC Tulsa Prayer Chapel

Please know we have
a prayer chapel on
Facebook.

It's a private group
and you may post
your own prayer
requests at any time
or if you'd rather,
please e-mail me and
I'll post them for you.



This is open to all members but is strictly
optional. We would ask that you read
the pinned post at the top of the page.

If you'd like to join the chapel, simply
request to be added. If you have any
issues with that, please contact me:
jklempa@pmgtulsa.com

Thanks, Jaylee Klempa
NAWIC Membership Support



NAWIC Meetings/ Dinners/Events Policies

Just a quick reminder of our Tulsa chapter policies concerning all of dinners and events. Please RSVP by the deadlines. We need confirmed counts for our restaurants ahead of time. If you are bringing guest(s), please supply their name and company.

All guests are paid for by the chapter the first time they visit; as well as new members—your first meeting is on us! After that, meetings/events will be charged unless otherwise indicated.

Members shall RSVP to attend the monthly meeting the Friday prior to the meeting (unless otherwise communicated) and will be billed for said meeting. Even if you cancel at the last minute, we need you to pay.

Our BOD has decided we need to be more vigilant and again start applying this to our monthly meetings starting in March. We run the risk of losing money as a chapter without this policy and we can't afford that.

We very much appreciate your understanding and your cooperation!
Julianna Guglielmo, Tulsa Chapter Treasurer

julianna@colburnelect.com

Block Kids November Update:

Block Kids Committee gets the opportunity to promote construction in a local elementary school!! We believe this encourages children to pursue a career by seeing us represent this industry and instilling in them what is possible. The event will be in January (stay tuned for more details) but we had our first get together on Thursday, Nov. 14 at 530pm. We made the goodie bags, counted the Legos, ate good barbeque, and had an excuse to hang out. We enjoyed visiting amongst ourselves!

Email Christi@wyatt-tech.net for details or questions about how you can help with this event!

Tulsa NAWIC Christmas party will be held December 17th from 6:00-8:30 PM at Crossland VHiT Office in Downtown Tulsa. The charity we will be donating to this year is Paws and Claws in Skiatook. We will send out a link for donations soon.

Ladies—do you have something to report? Exciting News / Your Committee / Awards

Please let Jaylee Klempa know and she will get it in the Newsletter

jklempa@pmgtulsa.com

FOLLOW US ON SOCIAL MEDIA:



Annual Fall Conference 2024

Tulsa Chapter hosted this year's Fall Conference, performing a NAWICVILLE song with a Margaritaville theme to support their bid for 2024. The committee worked behind the scenes to ensure a memorable conference, welcoming a total of 88 attendees with one of these ladies being our National Rep, Cindy Spiropolous.

Thursday marked the start as attendees began arriving, and the stage was set for an exciting weekend. Volunteers worked diligently to prepare, ensuring everything was ready for the official kickoff on Friday morning.

Friday Highlights:

The conference began with a high-energy Zumba class, followed by chapter sales and a vendor expo.

Informative workshops covered topics such as "Empowered Women" with Karen Keith, "Safety Strategies" by Jamie Mickle, "AI in Construction" by Dr. Asare from OU, "Ageism in the Workplace" with Ashely Dubriwny, and others.

First Time Attendees enjoyed a popular "Scavenger Hunt," which was particularly challenging this year, as new members added energy and enthusiasm. The overall winner was Melleson Foster Sproll from San Antonio Chapter, way to go ladies!

The day concluded with networking opportunities at the Welcoming Party and a visit to the Art Walk and Taste of Tulsa.

Saturday Highlights:

The day kicked off with the General Session Business Meeting.

The National Anthem was performed by the Union High School Advanced Women's Chorus, impressively starting the day.

Keynote speaker Leslie Reyes from Zachary Corp. shared insights on "speaking up," encouraging attendees to step out of their comfort zones.

Renee McKenney from Visit Tulsa gave updates on upcoming developments in the Tulsa area.

Future Events:

- Forum 2025 will be held in Atlanta, GA, in May.
- The National Annual Conference will take place in Boston, MA, from August 21st to 23rd, 2025.
- Spring Forum 2026 was awarded to Arkansas more details forthcoming so be on the lookout.

The conference adjourned with a farewell celebration, including delicious food, laughter, contests, and dancing to an energetic DJ. The hotel staff was attentive and accommodating, ensuring a pleasant experience for everyone.

A Final Note: Attending events like this is highly recommended for networking, bonding, and getting to know members both within and outside the region.

AFC Committee

Sara, Marla & Joani





As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.

Sierra Nunez will bestow the next Red Rose.

2024-2025 BOARD/COMMITTEE CONTACT LIST



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