



## PRESIDENT'S Message

Hi Ladies,

What an exciting time for our chapter!

A huge thank you to our Industry Appreciation Committee for putting together such a fantastic event—it was truly a great night and so well done. I also want to give a big shoutout to our Ways and Means Committee for raising the funds to pay off our second endowed scholarship with OSUIT—what an incredible accomplishment!

It was so great to see OSU and OSUIT alumni at our event, and I loved seeing so many of you bring guests. Sharing NAWIC with new faces is always a win! And if you missed the Tulsa Home Builders Association Designer Showcase Home, you definitely missed out. It was amazing!

The Spring Forum in Hot Springs, Arkansas, was a fun and memorable experience. From learning about the history to representing Tulsa at the gala in our fabulous 1920s attire—we showed up and showed out!

Looking ahead, our May meeting will be held at the OSUIT campus in North Hall, Advanced Technology Wing (700 N. Greenwood Avenue, Tulsa). I hope to see you all there!

June is right around the corner, which means it's time to elect our new officers. Please make plans to attend and vote—your voice truly matters. The slate is included in this newsletter. And if you've been considering getting more involved, don't forget to respond to Abigail about being a committee chair—time is running out!

Wishing all of our moms a very Happy Mother's Day! And a big congratulations to those with graduating seniors—what a proud and exciting milestone!

Thank you all for your energy, involvement, and dedication to making our chapter so special. I'm so proud to be part of this group!

Warm regards,

**Paula Fennell,**  
**NAWIC Tulsa Chapter 76 President 2025-26**



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## NEXT MEETING:

*3rd Tuesday of the Month*  
**Membership Meeting**

**LOCATION:**

*OSU IT Building on OSU Tulsa Campus*  
*700 N Greenwood Ave.*  
*Tulsa, OK 74120*

*RSVP email by EOB 05/15*

*[kostler@flemingconstructiongroup.com](mailto:kostler@flemingconstructiongroup.com)*

# UPCOMING EVENTS

<b>MAY</b>	BOD Meeting—05/05 6:00 pm TBD Membership Meeting —05/19 6:00 PM TBD
<b>JUNE</b>	BOD Meeting—06/02 6:00 pm TBD Membership Meeting —06/16 6:00 PM TBD
<b>JULY</b>	BOD Meeting—07/07 6:00 pm TBD Summer Social —07/21 6:00 PM TBD
<b>AUGUST</b>	BOD Meeting—08/04 11:30 am TBD Membership Meeting — New BOD Installation 08/18 6:00 PM TBD
<b>SEPTEMBER</b>	BOD Meeting—09/01 11:30 am TBD Membership Meeting —09/15 6:00 PM TBD
<b>OCTOBER</b>	New BOD New Year



## UPCOMING WEBINARS: [www.nawic.org/webinars](http://www.nawic.org/webinars)

05/06—2-3pm Purpose & Paycheck: Building a Career in Sustainability  
Regional Forums as posted on the website.

National has stepped up and provided NAWIC members with some outstanding webinars throughout the upcoming year with the focus in two areas:

**Professional Development  
& Education (PD&E)  
& Membership**

The webinars should be available on the national website to view at your convenience if you can't attend the initial airing. The webinars are also listed in the Calendar of Events.

# Celebrating Our NAWIC Sisters!

### Happy Birthday

**05/05** Carmen Clayton  
**05/13** Nicole Stagner  
**05/15** Paullei Tanner

### Welcome New Members

### Congratulations On Your Anniversary

**05/2022** Lauren Colwell  
**05/2023** Jennifer Helms  
**05/2023** Dawn Reside  
**05/2025** Jaya Steele

**If you have changed companies, please update your information on the National Website. Also, please forward preferred email, cell number, your birth day and month to Jaylee if not yet done so.**

**Thank you. [jklempa@pmgmtulsa.com](mailto:jklempa@pmgmtulsa.com)**

# Safety Notes for May:

## **Heat Stress and Dehydration**

Warmer temperatures and higher humidity can make construction work much more dangerous, especially for employees working outdoors, on roofs, near asphalt, or around heavy equipment. Heat stress can develop quickly and may lead to dehydration, fatigue, reduced concentration, heat exhaustion, or even heat stroke. When workers become overheated, they are more likely to make mistakes, lose focus, or suffer an injury.

It is important to remember that heat-related illnesses do not only happen on extremely hot days. Employees can become dehydrated even during mild spring weather if they are working hard, wearing heavy PPE, or not drinking enough water.

### **Common Signs of Heat Stress Include:**

- Excessive sweating
- Headache
- Muscle cramps
- Dizziness or lightheadedness
- Nausea
- Weakness or unusual fatigue
- Confusion or irritability

If a worker begins showing these signs, move them to a cool or shaded area immediately, provide water, and notify a supervisor. Serious symptoms such as fainting, confusion, or loss of consciousness may be signs of heat stroke and require emergency medical attention.

### **Prevent Heat Stress:**

- Drink water throughout the day, even if you are not thirsty.
- Avoid energy drinks or excessive caffeine, which can contribute to dehydration.
- Take regular breaks in shaded, air-conditioned, or cool areas.
- Wear lightweight, breathable clothing under PPE whenever possible.
- Start demanding tasks earlier in the day when temperatures are lower.
- Rotate physically demanding work between crew members.
- Watch for signs of heat exhaustion such as dizziness, headache, and nausea.
- Look out for coworkers who may be struggling in the heat.
- Supervisors should remind crews to hydrate and take breaks before symptoms begin.
- 

Remember: by the time you feel thirsty, your body may already be dehydrated. Staying ahead of the heat protects both workers and the entire jobsite.



# Please remember our NAWIC Endowed Scholarship at OSU

Whenever you're in a giving mood. The full name of our scholarship is the

## NAWIC Tulsa Chapter 76 Endowed Scholarship In Honor of Gene Harris Fund.

On your checks or online donations,  
please note the fund number: 26-75750

On-line donations: <https://osugiving.com/>  
please see the "Give" tab at the top right.

Mailing Address:  
OSU Foundation  
400 S. Monroe, Stillwater, OK 74074

Your Scholarship Committee thanks you!!  
We will add the information for our OSUIT scholarship as  
soon as we can!

**NAWIC TULSA CHAPTER 76**  
**General Membership Meeting—April 2026**  
**INDUSTRY APPRECIATION**  
**(no minutes)**

**THANK YOU SPONSORS!**

**THANK YOU!  
PLATINUM SPONSOR**



**A CRH COMPANY**

# EVERYONE HAS A VOICE

## EVERYONE HAS A VOICE

We Value Your Feedback!

Please use this new QR code for you to easily share any comments, questions, concerns, or compliments. If you have suggestions on how we can address a concern or improve something, we'd love to hear from you. Likewise, if there are any ideas or features, you'd like to see, please let us know!

If you'd like your comment to not be anonymous, please feel free to include your name.

We are committed to providing transparent communication, and each newsletter will feature updates on any concerns, questions, or compliments we've received, along with responses when appropriate.

Thank you for helping us improve!

**NOTES** November Edition:

Question 1 - N/A



# **NAWIC TULSA CHAPTER 76**

## **2026-2027 BOARD OF OFFICERS/DIRECTORS**

**PRESIDENT ELECT- Jennifer Cearley**

**VICE PRESIDENT- Shannon Hudson**

**RECORDING SECRETARY- Jaylee Klempa**

**CORRESPONDING SECRETARY- Abigail Sullivan**

**DIRECTOR(S)- Karley Potter, Kylie Beldon, Dawn Reside,  
Paula Esposito, Sarah Hopper**

**TREASURER- Kristi Ostler**

**CONGRATULATIONS TO EACH AND  
EVERY ONE OF YOU**



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**Tulsa, OK**

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**Membership Meeting  
OSU IT Tour @ OSU Tulsa Campus**

***Tuesday, May 19 @ 6:00-8:00 pm  
OSU IT Building on OSU Tulsa Campus  
700 N. Greenwood Ave  
Tulsa OK, 74120***

***RSVP EOB May 15th to [kostler@flemingconstructiongroup.com](mailto:kostler@flemingconstructiongroup.com)***

## Please know we have a Private Membership page on Facebook

It's a private group and you may post your own prayer

Requests, birthday celebrations, congratulations or announcements at any time.

Or if you'd rather, please e-mail Jaylee and she'll post them for you.

This is open to all members but is strictly optional. We would ask that you read the pinned post at the top of the page.

If you'd like to join the page, simply request to be added. If you have any issues with that, please contact me: [jklempa@pmtulsa.com](mailto:jklempa@pmtulsa.com)

Thanks, Jaylee Klempa  
NAWIC Membership Support

We have an email for all questions:

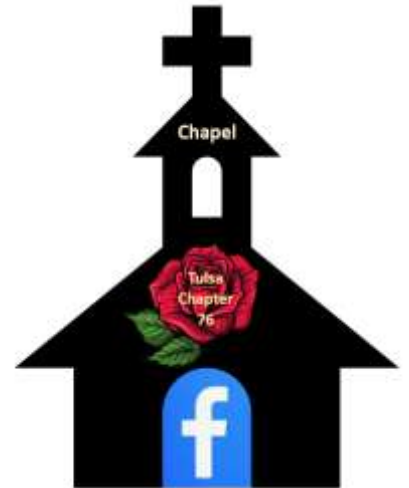
Email: [TulsaNAWIC76info@gmail.com](mailto:TulsaNAWIC76info@gmail.com)

Check out our website on the go!

Find us at: [nawictulsa.org](http://nawictulsa.org)

We have links to the national website along with current calendar events for our chapter and each newsletter at your fingertips!

FOLLOW US ON SOCIAL MEDIA:





## NAWIC Meetings/ Dinners/Events Policies

A reminder of our Tulsa chapter policies concerning all of dinners and events. Please RSVP by the deadlines. We need confirmed counts for our restaurants ahead of time. If you are bringing guest(s), please supply their name and company.

All guests are paid for by the chapter the first time they visit, as well as new members—your first meeting is on us! After that, meetings/events will be charged unless otherwise indicated.

Members shall RSVP to attend the monthly meeting the Friday prior to the meeting (unless otherwise communicated) and will be billed for said meeting. Even if you cancel at the last minute, we need you to pay.

Our BOD has decided we need to be more vigilant. We run the risk of losing money as a chapter without this policy and we can't afford that.

We very much appreciate your understanding and your cooperation!

Kristi Ostler, Tulsa Chapter Treasurer [kostler@flemingconstructiongroup.com](mailto:kostler@flemingconstructiongroup.com)

## NAWIC Chapter 76 mailing address

NAWIC

PO Box 1743

Owasso, OK 74055

Do you have something to report?

Exciting News / Your Committee / Awards

Please forward info to Jaylee Klempa by  
EOB last Friday of the month to get it in the Newsletter.  
[jklempa@pimgtulsa.com](mailto:jklempa@pimgtulsa.com)

# NAWIC Tulsa Committee Info

Ladies,

June is the time to vote for our BOD for the 2026–2027 term.

Abigail Sullivan, Chair of the Slate Committee, is still accepting requests for Committee Chair positions, please find the slate in this Newsletter. Congratulations to all the ladies that have been slated for the 2026-27 Board of Directors.

The positions we need to fill and included on the slate are:

- President Elect
- Vice President
- Recording Secretary
- Corresponding Secretary
- 4–6 Directors

If you are interested in helping with a Committee Chair position (all appointed by the President) please let Abigail know as soon as you can.

Jaylee Klempa, Membership Chair

## **NAWIC Construction Industry Outreach Committee**

**We have been busy promoting NAWIC and construction as a gender-neutral career field.**

**Below is a summary of 2026 to date.**

- January 22: Union 8<sup>th</sup> Grade College & Career Fair – Ronny Walker, Paula Fennell, Kitzi VanderKooi, Pallei Tanner
- March 9: Tulsa Public Schools Dare 2 Dream College & Career Fair @ McLain HS – Ronny Walker and Pallei Tanner
- March 10 : OSU-IT Scholarship Appreciation Luncheon – Paula Fennell, Ronny Walker, Pallei Tanner
- March 19: Home Builders Association lunch to discuss HBA and NAWIC collaborating on few events – Paula Fennell, Ronny Walker, Pallei Tanner
- March 25: Tulsa Tech Construction Career Fair – Ronny Walker, Karley Potter, Jenn Cleary, Pallei Tanner
- March 31: OSU-IT Women in Industry Event – Ronny Walker, Kristi Olster, Christi Wyatt, Pallei Tanner
- April 2: ABC Showcase @ Expo Square – Pallei Tanner, Kristi Olster, Jaylee Klempa, Paula Fennell
- April 15: HBA Building Her Legacy – Celebrate Women in Architecture & Building – OPEN INVITATION PLEASE JOIN US *Invite is on our Calendar Page*
- April 19-20 CareerTech SkillsUSA State TeamWorks Competition @ Arvest Convention Center – Pallei Tanner -- *OPEN INVITATION to tour the Oklahoma Psychiatric Care Center Sunday April 19 @ 5 pm. – Must bring PPE.*

**Your NAWIC Construction Industry Outreach Committee would like to schedule job site tours of your projects for NAWIC members to see what you do and for your company to see your NAWIC sisters. If you have a project you want to nominate to visit, please contact Pallei Tanner.**

**Our first job site tour will be Monday, June 8th, 11:00 am Sunset Amphitheater in Broken Arrow. Lunch will be served courtesy of Crossland.**

*Rose Recipient*  
**NAWIC**  
NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION  
*Tulsa*



*As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.*

*Karley Potter* has not had the opportunity to bestow the Red Rose.

# 2025-2026 BOARD/COMMITTEE

## CONTACT LIST



President  
Finance/Strategic Planning  
**Paula Fennell**

Email: [pfennell@craftsmenresources.com](mailto:pfennell@craftsmenresources.com)  
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Vice President  
Finance/Strategic Planning, Membership Chair  
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Finance/Strategic Planning, Safety Chair  
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Director  
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Director  
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Block Kids Chair  
**Christi Farr**

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President-Elect  
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**Nicole Stagner**

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Treasurer  
Strategic Planning/Finance Chair  
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Marketing Committee Chair  
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Director  
Ways & Means Chair  
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Director  
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Director  
**Karley Potter**

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Cell: 402-942-4527



Parliamentarian  
**Chrissie Humphrey**

Email: [chrissiehumphrey@stoutconstruction.net](mailto:chrissiehumphrey@stoutconstruction.net)  
Cell: 918-530-9183



Scholarship Committee Chair  
**Shannon Hudson**

Email: [shannon@hudsonprince.com](mailto:shannon@hudsonprince.com)  
Cell: 918-504-7630

## NAWIC Tulsa Chapter 76 Celebrates WIC week March 1-7, 2026

2026 is the year for women to Level UP and Build Strong through networking, collaboration, and putting our best feet forward to continue being the strong willed women that make up the National Association of Women in Construction. NAWIC Tulsa Chapter 76 did this by celebrating all women in the construction industry by participating in WIC week 2026.



Beginning on Sunday, March 1st, 11 women kicked WIC week by enjoying fellowship and building signs, table top décor and boxes at Board and Brush in Tulsa, OK. We all were able to show our wood crafting and building skills to set the footprint for what WIC week stands for.



Monday, March 2nd started with the Board of Commissioners presenting a proclamation for National Association of Women in Construction Week for Tulsa County during the Commissioners meeting. Later that evening a few of us met downtown at McNellie's for a NAWIC member happy hour to enjoy dinner and good conversation.

Tuesday, March 3rd we celebrated women in construction by enjoying appetizers, drinks, conversation and networking during a NAWIC mixer at Neff Brewing company. We had a few of ladies show up that used to be a part of Tulsa Chapter 76 who are considering rejoining.

Wednesday, March 4th we had an overwhelming attendance of 45 guests to join our jobsite tour sponsored by OBC/Duit Construction at the "Roller Coaster Bridge" on the Creek Turnpike over Haikey Creek. Our current President-Elect, Nicole Stagner, who is the Resident Engineer over the project, presented everyone with detail information about the project and the progress along with the Project Manager Haley Duit.



Thursday, March 5th we joined WTS, another organization who promotes women in the Transportation Industry, for a discussion with a panel of 4 women about their experiences in the construction industry. The panelists included Jennifer Bullard with WSB Engineering, Beth Ryon with Hudson Prince Engineering and Inspection, Nicole Stagner with Garver, and Ladan Nelson with the Oklahoma Turnpike Authority. We had approximately 36 people in attendance and these women did an excellent job presenting on their experiences and answered questions from the audience.



Later that evening a few members from NAWIC and WTS got together at Elgin Park in downtown Tulsa for dinner and to check our expertise at construction trivia.



Friday, March 6th we had our annual scholarship fundraising golf event at Suite Shots in Jenks where we had guests from contractors, consulting firms,



public entities and numerous others. This event has become one that everyone looks forward to every year to help raise funds for scholarships to present to students joining the construction industry.



On Saturday, March 7th we met at Arrowhead park in Broken Arrow to provide community service by picking up trash around the park. We then finished up the week by enjoying Brunch at Bramble.



We would like to thank everyone who was able to participate in our activities to celebrate Women in Construction week for 2026 and a special thanks to everyone who donated or sponsored events to make this a successful week.

Nicole Stagner  
2026 WIC Week Chair

## President's Report

### Year in Review: Empowering Women in Construction

*Over the past year, our organization has maintained a vibrant pace, hosting and participating in impactful initiatives nearly every week. From community outreach to professional development, here is a look at the milestones that defined our recent journey.*

### Community & Youth Engagement

*We launched the year with our Back-to-School Backpack Drive, equipping students at two local grade schools with the supplies they needed to start the year with confidence.*

*In January, our Block Kids competition sparked creativity in younger generations with 56 total students who participated, 30 girls and 26 boys. Seeing the pride on the students' faces—especially our winners—reinforced the vital importance of early industry outreach.*



### WIC Week & Professional Development

*Women in Construction (WIC) Week was a resounding success, beginning with an official proclamation from Tulsa County. Highlights included:*



- ***Creative Networking: A "Board & Brush" painting session.***



- ***Field Experience: A high-turnout job site tour (despite the rain!).***



- ***Social Connection: A membership mixer and competitive trivia night.***
- ***Industry Insights: A powerful panel discussion in collaboration with WTS (Women in Transportation), where leaders shared strategies for navigating and succeeding in male-dominated fields.***

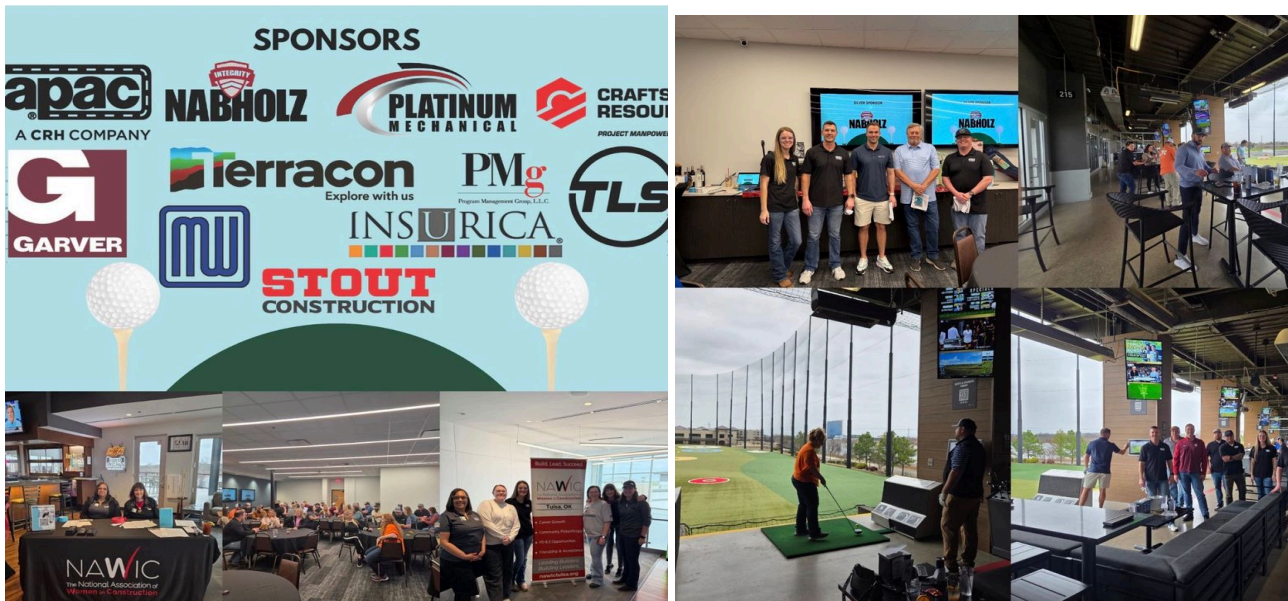


- ***Our annual golf tournament reached a historic milestone, raising enough funds to establish our second endowed scholarship with OSU-IT.***
- ***Park Clean-up and Brunch to finish up the week.***



*In April, we collaborated with the Tulsa Home Builders Association for a tour of the Designer Showcase House, celebrating the legacy of Mary Caroline Cole—Oklahoma’s first licensed female architect.*

*Our Industry Appreciation event was held to celebrate the sponsors and members who make our mission possible.*



*A significant highlight of the evening was providing the final payment to OSUIT for our second endowed scholarship. This milestone was made possible through the funds raised at our annual golf tournament, ensuring long-term support for future construction professionals.*

### **Promoting construction in the career field.**

- January 22:** Union 8<sup>th</sup> Grade College & Career Fair – Ronny Walker, Paula Fennell, Kitzi VanderKooi, Pallei Tanner
- March 9:** Tulsa Public Schools Dare 2 Dream College & Career Fair @ McLain HS – Ronny Walker and Pallei Tanner
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- March 25:** Tulsa Tech Construction Career Fair – Ronny Walker, Karley Potter, Jenn Cleary, Pallei Tanner
- March 31:** OSU-IT Women in Industry Event – Ronny Walker, Kristi Olster, Christi Wyatt, Pallei Tanner

**South Central Region Spring Forum**  
**April 30 – May 2, 2026**  
**Arlington Resort Hotel & Spa**  
**Hot Springs, Arkansas**

- April 2:**            **ABC Showcase @ Expo Square – Paullei Tanner, Kristi Olster, Jaylee Klempa, Paula Fennel**
- April 15:**            **HBA Building Her Legacy – Celebrate Women in Architecture & Building – OPEN INVITATION PLEASE JOIN US Invite Attached**
- April 19-20**    **CareerTech SkillsUSA State TeamWorks Competition @ Arvest Convention Center – Paullei Tanner - OPEN INVITATION to tour the Oklahoma Psychiatric Care Center Sunday, April 19 @ 5 pm. – Must bring PPE.**
- May 12:**            **AGC Education Foundation Golf Tournament – NAWIC Hole**

## **Upcoming Events**

**Your NAWIC Construction Industry Outreach Committee would like to schedule job site tours of your projects for NAWIC members to see what you do and for your company to see your NAWIC sisters.**