

Leading Builders. **Building Leaders**.

NAWIC Tulsa Chapter 76 Newsletter



PRESIDENT'S Message

Dear Tulsa Chapter 76 Members,

I hope this letter finds you well and enjoying the final days of summer. August has been a month full of energy and collaboration for our chapter!

At our membership meeting we kicked up the month with an empowering program, "Tools for Tulsa Women in Construction," led by our very own Kristi Ostler and Marla Carter. It was inspiring to see the passion and dedication from everyone involved, reminding us of the strength and capability within our chapter.

I'm also thrilled to share that we are actively participating in Tulsa's Women Build 2024. Some of our members attended a fantastic lunch and learn, where female leadership in community improvement was front and center. We're looking forward to contributing even more as we volunteer at the 918 Wall Raising Day. This is such a meaningful opportunity to make a tangible difference in our community, and I couldn't be prouder of our involvement.

As we approach the fall conference, I want to extend my deepest gratitude to everyone who has contributed so far. Your help and support are invaluable as we work together to make this event a

success. We're still pushing for sponsorships, so if you have any leads or ideas, please reach out—we're so close!

Looking ahead, I'm excited about our September meeting, which will be held at Chimi's on Cherry Street. This gathering will be particularly special as we install our new board, who will officially take over in October. I want to extend my heartfelt congratulations to Dana, our incoming president, and wish her the very best of luck in her new role. I know she will lead our chapter with the same passion and dedication that makes Tulsa Chapter 76 so remarkable.

Thank you all for your continued commitment to our chapter and our shared mission. Let's keep this momentum going as we head into the fall.

Warm regards,

Chrissie Humphrey, NAWIC Tulsa Chapter 76 President



INSIDE THIS ISSUE:

President's Message	1
Meeting Information	1
September Meeting Info	2
Events Calendar	3
Sponsorship Program	4-7
Upcoming Webinars/Celebrations	8
Safety Report	9
OSU Scholarship Information	10
Meeting Minutes	11
Prayer Chapel Information	12
NAWIC Meeting Policies	
And Additional Information	13
Claim Your Seat Fall Conference	14
Fall Conference Agenda &	
Sponsorship Information	15-1
Red Rose	20
Platinum Sponsors	21
Gold Sponsors	22
Silver Sponsors	23
Bronze Sponsors	24
Board/Committee Contact List	25

NEXT MEETING:

3rd Tuesday of the Month
Membership Meeting
Board Installation
6:00 PM
LOCATION:

Chimi's Mexican Resturaunt 1304 E 15th St. Tulsa, OK 74120

RSVP email by EOB 9/13/2024 julianna@colburnelect.com



Tulsa, OK

Membership Meeting Board Installation

Tuesday September 16th @ 6:00 pm Happy hour @ 5:30 pm Chimi's Mexican Restaurant 1304 E 15th St. Tulsa OK, 74120

RSVP EOB September 13th to julianna@colburnelect.com

September 9/03 6:00—7:00 pm

BOD Meeting

TBD

Membership Meeting-New BOD Installation

9/17 6:00 pm

TBD

October 10/01 6:00—7:00 pm

BOD Meeting

TBD

Membership Meeting

10/15 6:00 pm

TBD

Please do not forget to get your Sponsorship Letters out to your favorite people. We have already received several donations and are so grateful. This money will go towards our events and programs for the year.

Thank you to everyone who put this together and has already made a push to get sponsorship.

For any questions about sponsorship, or if you need the pdf format please contact Nicole shields, nlshields@garverusa.com





2023/2024 NAWIC, Tulsa Chapter 76 Corporate Sponsorship Opportunity

NAWIC is committed to championing women to impact the direction of the construction industry. To furfill this mission, NAWIC provides education, community, and advocacy through the core purpose of strengthening and amplifying the success of women in construction. By continuing the vision of its founding members of 1953, NAWIC advocates for the values and impacts of women builders, professionals, and tradeswomen in all aspects of the construction industry.

Benefits of NAWIC

Networking

- Education

Mentorship

Community Involvement

Professional Development

Career Opportunities

Friendships

And Many more things!

Website/Social Media

Website: www.nawic.org

Facebook: NAWIC Tulsa Chapter 76
Twitter: Tulsa NAWIC (@TulsaNAWIC)

Linked In: NAWIC Tulsa

Instagram: Tulsa NAWIC Chapter 76

(tulsa.nawic.76)

2023/2024 NAWIC, Tulsa Chapter 76 Board Members

PRESIDENT

Chrissie Humphrey, Stout Construction

VICE PRESIDENT Nicole Shields, Garver

TREASURER

Julianna Guglielmo, Colburn Electric CORRESPONDING SECRETARY

Kristie Ostler, Rick Scott Construction

DIRECTOR

Paullei Tanner, Crossland Construction

DIRECTOR

Galina Newsom, Cyntergy PARLIAMENTARIAN

Maria Carter, Tulsa Civil Contractors

PRESIDENT - ELECT

Dana Cookson, Stout Construction

PAST PRESIDENT

Jaylee Klempa, Program Management Group

RECORDING SECRETARY Lauren Colwell, Arcoro

DIRECTOR

Hannah Humphrey, Stout Construction

DIRECTOR

Paula Fennell, Craftsmen Resources

PARLIAMENTARIAN

Joani Kelly, S B Systems - Retired

PARLIAMENTARIAN

Kem Maher Hagadorn, Dave Maher & Associates, Inc.



Corporate Sponsorship Details

PLATINUM SPONSOR \$1,000

Corporate recognition in all Chapter email announcements
Opportunity to provide firm spotlight presentation at one meeting
Opportunity to provide firm spotlight within Chapter Newsletter
Corporate listing on board displayed at NAWIC – Tulsa events
Corporate listing on NAWIC – Tulsa website
Corporate listing on the Chapter newsletter

GOLD SPONSOR

\$750

Opportunity to provide firm spotlight within Chapter Newsletter Corporate listing on board displayed at NAWIC – Tulsa events Corporate listing on NAWIC – Tulsa website Corporate listing on the Chapter newsletter

SILVER SPONSOR

\$500

Corporate listing on board displayed at NAWIC – Tulsa events Corporate listing on NAWIC – Tulsa website Corporate listing on the Chapter newsletter

BRONZE SPONSOR

\$300

Corporate listing on NAWIC – Tulsa website Corporate listing on the Chapter newsletter

2023/2024 NAWIC, Tulsa Chapter 76 Corporate Sponsorship Agreement

We will make a cont	ribution of:
	\$1,000 Platinum Sponsor
-	\$ 750 Gold Sponsor
	\$ 500 Silver Sponsor
·	\$ 300 Bronze Sponsor
We cannot participa	te as a full sponsor. Please accept the enclosed gift of \$
Company Informat	tion
Company Name	
Contact Name/Title	
Address	R
City/State/Zip	<u></u>
Phone No.	
Email Address	

Please submit this completed form and donation to: NAWIC Tulsa Chapter 76

Attn: Kristi Ostler P.O. Box 1558 Owasso, OK 74055

Make checks payable to: NAWIC Tulsa Chapter 76

Please email corporate logo in high resolution JPEG, GIF, or pdf format to:

Tulsa NAWIC marketing at: TulsaNAWIC76@gmail.com
Or use the QR code to pay and submit your company logo



If you have any questions, please feel free to contact Nicole Shields, NAWIC Vice President, at NLShields@GarverUSA.com or 918-613-9330



UPCOMING WEBINARS: www.nawic.org/webinars

National has stepped up and provided NAWIC members with some outstanding webinars throughout the upcoming year with the focus in two areas:

Professional Development & Education (PD&E) & Membership

The webinars should be available on the national website to view at your convenience if you can't attend the initial airing. The webinars are also listed in the Calendar of Events.

Will update once the new board has added webinars on the NAWIC website.

Celebrating Our NAWIC Sisters!

Happy Birthday

08/24 Marla Carter

08/29 Ronny Walker

Welcome New Members

07/25

Alisha Driggers

8/05

Faith Schrader

Congratulations
On Your Anniversary

August Safety: Hydration Safety

Hydration safety in construction is a key concern when working in the warmer months. Drinking enough fluids is one of the most important things you can do to prevent heat illness.

Hydrate before work

- · Begin early! Start the day hydrated.
- If you are dehydrated when you start work, you may not be able to drink enough fluid to catch up with your body's need for water.

Hydrate during work

- Drink before you feel thirsty. By the time you feel thirsty, you are already behind in fluid replacement.
- When working in heat, aim to drink 8 ounces of water every 15-20 minutes.
- However, do not overdo it. Do not drink more than 48 ounces of water in an hour. Drinking too much water or other fluids in a short period can disrupt the concentration of salt in the blood and cause a medical emergency.

Hydrate after work

 Hydrating after work is even more important if you work in the heat on a regular basis. Chronic dehydration increases the risk for several medical conditions, including kidney stones.

What to drink

 Water will almost always maintain hydration during work in the heat as long as you eat regular meals to replace the salt and other electrolytes lost in sweat.

What to avoid

- Energy drinks Some energy drinks contain more caffeine than regular servings of coffee, tea, or soft drinks. Drinking energy drinks can be risky when added to the strain placed on your body by heat.
- Alcohol Alcohol can cause dehydration. In addition, drinking alcohol within 24 hours of working in the heat can increase the risk of heat illness.



Please remember our NAWIC Endowed Scholarship at OSU

whenever you're in a giving mood. The full name of our scholarship is the

NAWIC Tulsa Chapter 76 Endowed Scholarship In Honor of Gene Harris Fund.

On your checks or online donations, please note the fund number: 26-75750

On-line donations: https://osugiving.com/ please see the "Give" tab at the top right.

Mailing Address:
OSU Foundation
400 S. Monroe, Stillwater, OK 74074

Your Scholarship Committee thanks you!!

There are no meeting minutes from the July Summer Social.

Please know we have a prayer chapel on Facebook.

It's a private group and you may post your own prayer requests at any time or if you'd rather, please e-mail me and I'll post them for you.



This is open to all members but is strictly optional. We would ask that you read the pinned post at the top of the page.

If you'd like to join the chapel, simply request to be added. If you have any issues with that, please contact me: jklempa@pmgtulsa.com

Thanks, Jaylee Klempa NAWIC Membership Support



NAWIC Meetings/ Dinners/Events Policies

Just a quick reminder of our Tulsa chapter policies concerning all of dinners and events. Please RSVP by the deadlines. We need confirmed counts for our restaurants ahead of time. If you are bringing guest(s), please supply their name and company.

All guests are paid for by the chapter the fist time they visit; as well as new members—your first meeting is on us! After that, meetings/events will be charged unless otherwise indicated.

Members shall RSVP by Friday prior to attend the monthly meeting (unless otherwise communicated) and will be billed for said meeting.

Even if you cancel at the last minute, we need you to pay.

Our BOD has decided we need to be more vigilant and again start applying this to our monthly meetings starting in March. We run the risk of losing money as a chapter without this policy and we can't afford that.

We very much appreciate your understanding and your cooperation! Julianna Guglielmo, Tulsa Chapter Treasurer

julianna@colburnelect.com

Ladies—do you have something to report? Exciting News / Your Committee / Awards

Please let Jaylee Klempa know and she will get it in the Newsletter jklempa@pmgtulsa.com



It is such an honor getting to host the last Fall Conference for the foreseeable future!

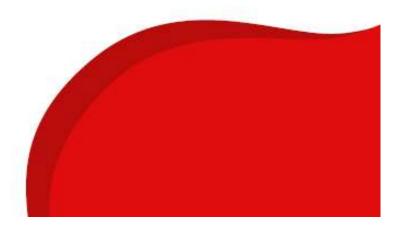
Please visit the official Fall Conference website to register, or learn about our sponsorship opportunities. See the following draft agenda and sponsorship forms.

Fall

Conference GLR 2023 - NAWIC South Central Region

Be sure to keep an eye out for our Fall Conference Friday posts! Once a month we will be doing a gift card giveaway! Must be present at Fall Conference to win.







South Central Region Fall Conference October 4-5, 2024 Double Tree Warren Place, 6100 S. Yale Ave, Tulsa

AGENDA

9:00 AM - 12:00 PM	Conference Registration, Chapter Sales and Vendor Expo Open
10:00 AM - 12:00 PM	Professional Development and Education workshops (4 sessions)
12:00 PM - 1:00 PM	Lunch on your own
1:00 PM - 3:00 PM	Leadership Round Table Workshop
3:00 PM - 4:30 PM	President's Planning Meeting
4:30 PM - 5:00 PM	First Timer's Meeting
5:00 PM - 6:30 PM	Welcome networking Light Hors D'oeuvre buffet & Cash Bar
5:30 PM - 11:00 PM	TASTE of Tulsa Tour and Art Walk Downtown Houston, Transportation TBD



South Central Region Fall Conference October 4-5, 2024

Double Tree Warren Place, 6100 S. Yale Ave, Tulsa

SATURDAY

7:30 AM - 9:00 AM Conference Registration and Chapter Sales

9:00 AM - 10:00 AM Breakfast with our Sponsors

10:15 AM - 11:00 AM General Session

Call to Order Director Taylor

Inspiration TBD

Presentation of Colors TBD

National Anthem TBD

Pledge of Allegiance TBD

NAWIC Pledge TBD

Introductions Director Taylor

Recognitions Director Taylor

Welcome to Fall Conference Dana Cookson, Tulsa #76,

Welcome to Tulsa TBD

Registration Report Jaylee Klempa, Tulsa #76,

Registration Chair

Adoption of Conference Rules Director Taylor

Adoption of Conference Agenda Director Taylor

11:00 AM - 12:00 PM Keynote Speaker TBD

12:00 PM - 1:00 PM Lunch

1:00 PM - 2:30 PM Reports

National President's Report National Rep

SCR Director's Report Director Taylor

Pre-con Summary of Actions Director Taylor

Post-con Summary of Actions Director Taylor



South Central Region Fall Conference October 4-5, 2024

Double Tree Warren Place, 6100 S. Yale Ave, Tulsa

Regional Committee Reports

Membership/Recruiter Awards

Professional Development and Education

Bylaws Chair

Chapter Development

DE&I Marketing

Emerging Professionals Marketing

Magen Schleiser

OSHA Alliance

Safety and Health Awareness

Strategic Planning

Nicole Shields

Women in Construction Week

Block Kids Design Drafting

NEF Fundraising/Liaison SCR Award Recognition Sandy Field

NFSF

Chapter President's Reports

Director Taylor

Region Fund Audit Report

Dena Rowland

2:30 PM - 3:30 PM

Leading through Influence

Director Taylor

3:30 PM - 3:45 PM

Break (Foyer)

3:45 PM - 4:30 PM

New Business

Region Fund Budget and Adoption Dena Rowland

Adoption of the Sox Region Policies Director Taylor

Future Region/National Conferences Director Taylor

o Forum - Atlanta, GA May 2025

National Annual Conference – Boston, MA August 2025

 Regional Board Orientations Dallas, <u>TX_or</u> Northshore, LA Sept 2025

o Spring Forum 2025 - OPEN FOR BID

Chapter/NEF/NFSF Raffle Drawings

4:30 PM - 5:00 PM

Closing Remarks

Adjournment

6:00 PM - 22

Margaritaville Farewell to Fall Conference Party



Sara Fazel

SCR 2024 Fall Conference Chair Phone: 918-584-9976

Dearest Supporter,

This October, the Tulsa Chapter 76 of the National Association of Women in Construction (NAWIC) is thrilled to host the upcoming South-Central Regional Fall Conference. NAWIC is an association committed to championing women to impact the direction of the construction industry. NAWIC provides education, community and advocacy for women, and the Fall Conference is one of two annual opportunities for the NAWIC members in Arkansas, Oklahoma, Texas, Louisiana, and Mississippi to network and share their knowledge.

We have an exciting agenda planned, focusing on the theme "Claim your Seat"- encouraging the empowerment of women and finding our voice. Through a weekend of breakout sessions and networking opportunities, we hope to leave an impact on the attendees. As an event sponsor, you can play a vital role in making this possible.

On the following pages, you can find detailed sponsorship levels and benefits for your review. If you or your organization is interested in becoming a sponsor, please contact either myself, or Nicole Shields (nlshields@garverusa.com)

We welcome and appreciate contributions of any amount. If none of the predefined sponsorship levels suit your preferences, please feel free to enter your desired donation amount below. Your support is invaluable to us.

Thank you so much for your time and consideration, we look forward to partnering with you in the months to come.

For more information, please visit our website - 2024 Fall Conference (nawictulsa.org)

Best Regards.

Sara Fazel

Sara Fazel

SCR 2024 Fall Conference Chair Sara.fazel@airetechcorp.com 918-584-9976

Sponsorship Levels and Benefits				_		Large Chapter Booth	
Value	\$5,000	\$2,500	\$1,500	\$1,000	\$750	\$500	\$250
One complimentary registration	7						
fee for Tulsa Fall Conference	- 50						
30 minute opportunity to present	1						
at Saturday morning breakfast							
10 minute speaking opportunity		28					
to promote company at Friday or Saturday night event with		1					
signature drink naming promotion							
Full page ad in electriconic	1	20					
program	50.	V 3					
Half page ad in electronic		/					
program							
Quarter page ad in electronic			~				
program		5	13500				
Business card ad in electronic				· /			
program							
Company logo and link to website							
on NAWIC Regional website for 12	1	1	1	V .			
months							
Company logo on event							
signage/slides during breakouts							
and general sessions, in social	1				/		
media blasts during event	**:	20,800	.5983		2,40		
promotions, and on sponsorship							
page of event website							
Signage at refreshment table	~	1	-	· /			
Booth setup	-	-	1	1		1	-



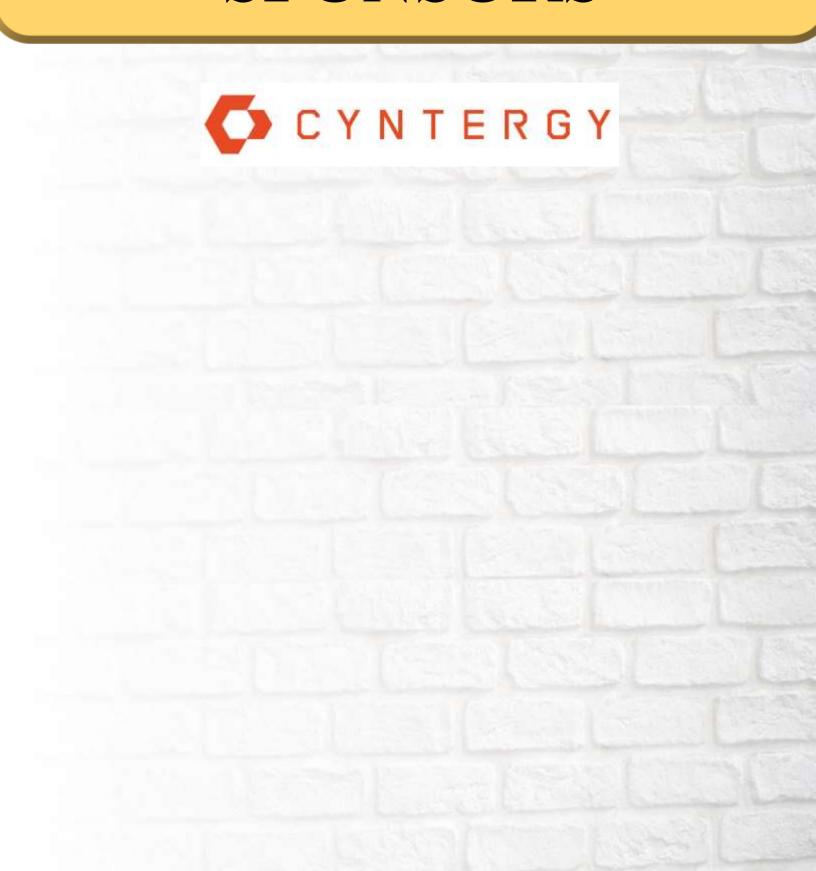
As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.					
Sara Fazel has not had the opportunity to pass along the Red Rose.					

NAWIC PLATINUM SPONSORS





NAWIC GOLD SPONSORS



NAWIC SILVER SPONSORS



NAWIC BRONZE SPONSORS







2023-2024 **BOARD/COMMITTEE CONTACT LIST**



President Finance/Strategic Planning **Chrissie Humphrey**

Email: chrissiehumphrey@stoutconstruction.net

Cell: 918-530-9183



Treasurer Finance/Safety Julianna Guglielmo

Email: julianna@colburnelect.com

Cell: 918-521-9005



Corresponding Secretary PD&E/Social Kristi Ostler

Email: kostler@rickscottconstruction.com

Cell: 918-260-0044



Immediate Past President

Jaylee Klempa

Email: jklempa@pmgtulsa.com Cell: 918-991-9221



Director Social Committee Paullei Tanner

Email: paullei.tanner@gmail.com

Cell: 405-642-4767



Parliamentarian/By Laws Marketing/WIC Week/PD&E Marla Carter

Email: marla@tulsacivil.com Cell: 918-370-4126



Vice President Finance/Block Kids/WIC Week/Ways & Means/ Marketing/Membership

Nicole Shields

Email: nlshields@garverusa.com

Cell: 918-613-9330



President Elect Finance/Strategic Planning/Block Kids/ Ways & Means

Dana Cookson

Email: accounting@stoutconstruction.net Cell: 918-671-9370



Director WIC Week/Membership/Strategic Planning/Social Hannah Humphrey

Email: hannahhumphrey@stoutconstruction.net Cell: 918-370-4126



Block Kids/WIC Week/Marketing/Safety/PD&E/ Social/Membership/Ways & Means

Paula Fennell

Email: pfennell@craftsmenresources.com Cell: 918-271-1210



Parliamentarian/By Laws Scholarship Committee Kem Hagadorn

Email: kem@davemaherinc.com

Cell: 918-809-1185

Parliamentarian/By Laws WIC Week/Block Kids Joani Kelly

Email: joanikelly74@gmail.com Cell: 918-640-7081