



ITRIBE  
Sedona Spiritual Renewal Retreat  
AUGUST 29, 2020 - SEPTEMBER 02, 2020

What you think, you become. What you feel, you attract. What you  
imagine, you create."

- Buddha

# Spectacular Spiritual Renewal Retreat to Sedona, AZ

Meditating, hiking, sharing, exploring and experiencing the healing energies of Sedona and its world renowned Vortex sites.

We will stay at magnificent Sorelle Vineyard getaway, located just 8 miles outside of the Sedona City Center.

Arrival is August 29, 2020 at 5pm.

Departure is September 02, 2020 at 10:00am.



# Sedona

is located sixteen miles from Oak Creek Canyon where it stands above the heart of Phoenix and below the snowline in Flagstaff. The town is surrounded with sandstone rocks and cliffs of dusky-rose and a glistening creek of stunning shades of the canyon floor. The sandstone in Sedona is literally covered in a bed of quartz sparkling in the rocks and it is said that wherever you walk or sit you become part of the Universal Energy Force



In the heart of Arizona near Sedona, lies Sorelle Vineyard.

Located on the Vineyard is an amazing and beautifully spacious 5 bedroom, 4 1/2 bathroom home, with an open floorplan, comfortable furniture, a spectacular living room with plentiful amounts of light coming in from the towering ceilings, perfect for our adventures.

You will not believe the majestic 360 views right outside every window. This amazing home is located 8 miles from the Sedona City Center, located on an expansive private Cornville Vineyard.

With access to hiking, fishing, swimming, this large home can accommodate our entire party, the moment you turn down the drive you will breathe easier and know you have found the perfect spot for your spiritual renewal.



*All activities will be optional. No stress. No pressure.*

We will set an itinerary for meditation, hiking and sharing.  
If that flows and feels right, perfect.  
If not, feel free to decline any event with no stress.

We will begin the first morning, by offering  
meditation instruction, breath work and technique.  
Anyone who would like to join our meditation will be  
welcome.

Back patio and balconies are perfect for meditating.  
The center of our spectacular healing retreat to  
Sedona will be an evening full moon drumming and  
hike up to the top of Cathedral Rock Vortex.

*We will plan on adding these activities to our hiking  
excursions:*

Vortex Experiential Meditations

Self-love & gratitude circle

Law of attraction circle

Experiential sharing circle

Instructional Reiki Energy and Energy Ball creation share



Plan to experience the beauty of downtown Sedona with all of its art galleries and crystal shops.

Breakfast will be provided every morning as well as sack lunches for hiking, a first evening Arrival Welcome Dinner and one full moon drumming picnic dinner will be provided on Wednesday, September 1, 2020.

We will plan to prepare breakfast and sack lunches together in the amazing chefs kitchen.

Antonia and I will be doing the bulk of the preparing, with your help, to create fun foods, your way. There will be an abundance of ingredients to suit any taste. We will provide plenty of healthy gluten free and vegetarian options.

Dinners on the 30<sup>th</sup> & 31<sup>st</sup> will free flow Dutch and be jointly decided upon in some of Sedona's wonderful restaurants, or we can plan to shop and cook together in the beautiful chefs kitchen.

All "Dinners" except Arrival Welcome Dinner and the night of the full moon drumming, will be Dutch. This will give us the opportunity to explore, discover and free flow.



# Recommended packing list:

## Medications needed

Inhaler if asthmatic

Sun screen

SPF Chapstick

Water Socks/Shoes

Hiking shoes or boots

Hiking poles

Small personal first aid kit

Swim suit

Trail snacks (Bars & Dried fruit)

Small Yoga rolling travel size mat

Lightweight windbreaker for evenings

Lightweight breathable shorts and shirts

Back up battery pack for phone or camera

Small LED flashlight or head light for night hiking

Sun Hat, preferably with full round brim to protect shoulders

Silk hiking socks are recommended to help prevent blistering

Dramamine for those with motion sickness for flight in

CamelBak or similar hydration back pack with space for snacks and supplies

Expected day time temperatures mid 80's to 90's

Expected evening temperatures mid to low 60's



# Retreat Package:

Arrival is August 29, 2020 at 5pm.

Departure is September 02, 2020 at 10:00am.

\$ 1750.00 double occupancy

\*Amount per person, per double occupancy.

\$375.00 deposit per person is due immediately with remaining balance due by June 5, 2020.

*Nonrefundable deposit*

Payment forms

Personal Check, Chase Quick Pay (No fee's)

Credit Cards or PayPal (fee's will apply)

Email address: [sandelbillie@yahoo.com](mailto:sandelbillie@yahoo.com)



**Retreat** cost includes:

Housing Accommodations

Transportation in and around Sedona

All Breakfast's

All Lunch's

One Arrival Welcome Dinner

One full moon picnic dinner on the 1<sup>st</sup>.

Guided Meditation and Instruction

Beginner Yoga

Guided Vortex hiking excursion's

Vortex Meditation

Scenic Viewing

Downtown Sedona Excursion Tour



All rooms will be double occupancy.

Breakfast and hiking excursion sack lunches will be provided along with guided hiking and meditation.

Flights to Phoenix and transportation to and from Sedona/Cornville Vineyard “not included.”

Average Shuttle Cost is \$57

Average flight to Phoenix is \$199

We advise booking early for better rates  
*(prices subject to change)*

We will be renting a passenger transport Van to provide transportation within Sedona and surrounding area so you will have no need for a vehicle once you reach the home.

This will be a small group including:  
(Shaman/Reiki Master/Movie Producer Antonia Reed)  
who will be co-hosting this wonderful excursion with me.



We planned this adventure to lovingly share a beautiful healing and connecting experience with amazing, compassionate, loving, generous and thoughtful hearts.

All attending are some of the most beautiful souls We have ever had the honor of knowing....

## ITRIBE

Billie Sandel and Antonia Reed



# Sorelle Vineyard





# Master Bedroom



# Queen Bedroom



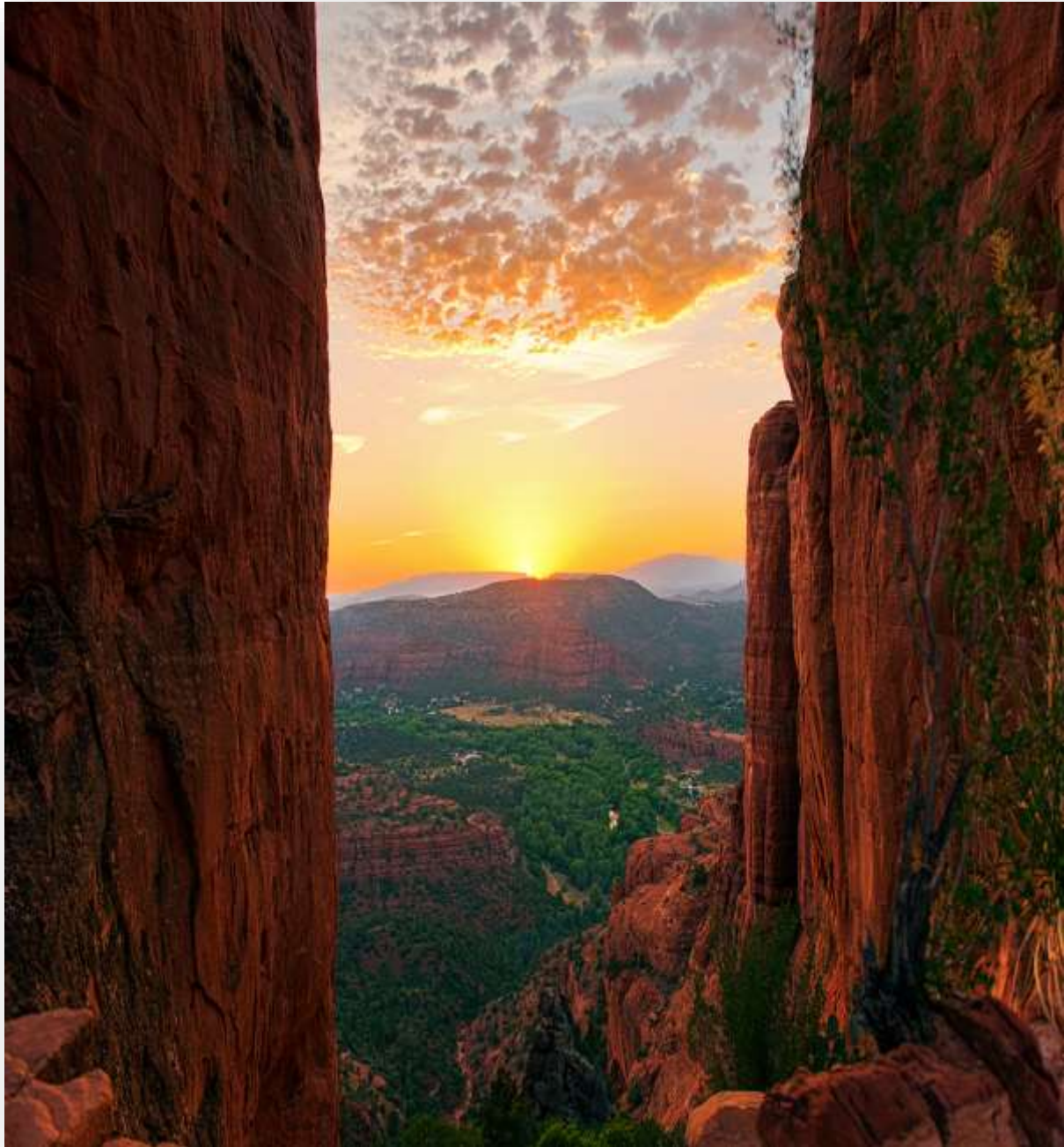
## Bunk Beds and Full Beds Bedroom











Thank You

[sandelbillie@yahoo.com](mailto:sandelbillie@yahoo.com)

[antreed5697@gmail.com](mailto:antreed5697@gmail.com)

