## ${\bf Integritas~Wellness~Institute-NEW~PATIENT~HISTORY}$

| Name:                                                                      | Birth Date:               | Marital Status:                   |  |  |  |  |  |
|----------------------------------------------------------------------------|---------------------------|-----------------------------------|--|--|--|--|--|
| Race: American Indian/Alaskan Native                                       | Asian African America     | n/Black                           |  |  |  |  |  |
| Native Hawaiian/Pacific Islander Cau                                       | casian Other              |                                   |  |  |  |  |  |
| Ethnicity: Hispanic/Latino Other                                           |                           |                                   |  |  |  |  |  |
| Do you have or have had any of the following conditions:                   |                           |                                   |  |  |  |  |  |
| o Asthma/COPD/Emphysema                                                    | o Cancer (type)           |                                   |  |  |  |  |  |
| o Depression/Anxiety o Diabetes                                            | o Gastroesophageal Reflux | (GERD) o High Cholesterol         |  |  |  |  |  |
| Hypertension o Kidney Disease o Obesity/Overweight o Osteoporosis o Stroke |                           |                                   |  |  |  |  |  |
| Heart History: o CAD o CHF o Heart A                                       | ttack o Murmur o Stents   |                                   |  |  |  |  |  |
| Other Medical Conditions                                                   |                           |                                   |  |  |  |  |  |
|                                                                            |                           |                                   |  |  |  |  |  |
| Surgical History and Dates (approxima                                      |                           |                                   |  |  |  |  |  |
|                                                                            |                           |                                   |  |  |  |  |  |
| Family History:                                                            |                           |                                   |  |  |  |  |  |
| Mother:                                                                    | Father:                   |                                   |  |  |  |  |  |
| Siblings:                                                                  |                           |                                   |  |  |  |  |  |
| Other family members:                                                      |                           |                                   |  |  |  |  |  |
|                                                                            |                           |                                   |  |  |  |  |  |
| Social History Occupation:                                                 |                           |                                   |  |  |  |  |  |
| Do you smoke? YES NO If yes, how                                           | v much? How lon           | g?                                |  |  |  |  |  |
| If no, have you ever smoked? YES NO                                        | How long?                 | When did you quit?                |  |  |  |  |  |
| Do you live with a smoker? YES NO                                          |                           |                                   |  |  |  |  |  |
| Do you drink alcohol? YES NO How m                                         | any drinks per day? H     | Iow many drinks per week?         |  |  |  |  |  |
| Do you drink caffeine? YES NO How n                                        | nuch per day?             |                                   |  |  |  |  |  |
| What do you do for exercise?                                               | Do                        | you use any illegal drugs? YES NO |  |  |  |  |  |
| Latex Allergy? YES NO                                                      |                           |                                   |  |  |  |  |  |

|                                                                                                     | _            |                                  |       |  |  |
|-----------------------------------------------------------------------------------------------------|--------------|----------------------------------|-------|--|--|
| Medications _                                                                                       | Pleas        | e use other Medications List Fo  | rm    |  |  |
| Pharmacy Inf                                                                                        | formation:   |                                  |       |  |  |
| Name:                                                                                               |              | Pharmacy Number                  |       |  |  |
| OB/GYN- Wo                                                                                          | omen Only    |                                  |       |  |  |
| First day of last menstrual cycle Number of pregnancies Number of miscarriages Birth control method |              |                                  |       |  |  |
| Date of hystere                                                                                     | ectomy       | Total/Partial                    |       |  |  |
| Health Screen                                                                                       | ning History |                                  |       |  |  |
| Colonoscopy                                                                                         | Date:        | Doctor:                          | _     |  |  |
| Mammogram                                                                                           | Date:        | Location:                        | _     |  |  |
| Pap smear                                                                                           | Date:        | Doctor:                          | _     |  |  |
| Bone Density                                                                                        | Date:        | Doctor:                          | _     |  |  |
| Eye Exam                                                                                            | Date:        | Doctor:                          | -     |  |  |
| Patient Signa                                                                                       | ture         |                                  | Date: |  |  |
| Please list the                                                                                     | NAME of any  | specialist listed below that you | see   |  |  |
| Asthma/PulmonaryCardiology                                                                          |              |                                  |       |  |  |
| Endocrinology Gastroenterolog                                                                       |              | у                                |       |  |  |
| OB/GYN                                                                                              |              | Ophthalmology                    | ·     |  |  |
| DermatologyOther                                                                                    |              |                                  |       |  |  |