

Creating Fulfillment in Your Relationships

Our work together is tailor-made to meet your needs. Please check those areas that most apply to you.

- ☐ Conflicts with a friend, family member or co-worker
- ☐ Enhancing or improving relationships with spouse, partner, children, family or friends
- ☐ Resolving issues in a relationship
- ☐ Being a better parent / spouse / partner / sibling
- ☐ Fears and insecurities around relationships
- ☐ Communicating more effectively what I need
- ☐ Setting boundaries and saying no
- ☐ Looking for the love of my life
- ☐ Need for dating coaching
- ☐ Having closer friendships or greater sense of community
- ☐ Creating new friendships
- ☐ Parenting issues
- ☐ Creating quality time for relationships
- ☐ Other _____
- _____

What is your timetable for making those changes?

What specifically would you like to achieve in the next 90 days with your relationships?