

# St. Joseph Marian Center

The Albany Diocesan Division of  
THE WORLD APOSTOLATE OF FATIMA, U.S.A.



*"Family of Nazareth,  
Pray for Us"*

Father Jeffrey L'Arche, MS

## A Message from our Spiritual Director

Springtime Issue 2013

"Lent" is an old English word for 'Spring' and new beginnings. Though it seems to quickly follow the Christmas season, we are reminded that we are to be renewed in mind, body and spirit. We often use the expressions 'take care' or 'take care of yourself.' The best care we can take of ourselves is in the spiritual realm. The life of the soul is central to our life here on earth as well as to eternity. At the beginning of Lent we are reminded of our mortality and immortality with the imposition of ashes. The journey from ashes to Easter is an annual event and a spiritual pilgrimage. Take the time for reflection and meditation. May your moments of prayer and sacrament be uplifting and joyful. God's greatest desire is to save and restore. The whole mission of the church reflects that of Christ in the Gospel. As we associate ourselves with the passion and death of the Lord, renewed daily on our altars, we also anticipate our own resurrection patterned on the glorious Resurrection of Jesus. May God grant you all a blessed Easter based on the promises of Christ in the Gospels. **IN EVERYTHING GIVE THANKS FOR THE BEAUTY OF CREATION AND THE BEAUTY OF THE RISEN ONE!**



We mourn the death of Mr. Edward Breitenbach whose Liturgy of Christian Burial was held recently at St. Madeleine Sophie Church in Schenectady. Ed was the former president of the St. Joseph Marian Center. Both he and his wife, Millie, were instrumental in its founding and growth. We miss them both as promoters and friends of Our Lady of Fatima and the Apostolate.

We also note Fr. Walter Baniak's 97<sup>th</sup> birthday. Father Baniak was our longtime Chaplain to the St. Joseph Marian Center. He is now a resident at the St. Peter's Nursing Home in Albany. **AD MULTOS ANNOS Fr. Baniak!**

Fr. Jeff L'Arche, M.S., Chaplain

### **FATHER L'ARCHE'S**

#### **Schedule of Events LaSalette Shrine, Altamont, 2013**

March 30: 8pm, Easter Vigil, Sacred Heart Church  
March 31: 2pm, Troy, Solemnity of Easter  
May 8: 5:30pm, Vigil of Ascension Shrine  
May 18: 11am, Profession, OCDS, at St. Gabriel's Rotterdam  
June 23: 2 pm, St. Jean Baptiste, French Mass, Waterford  
July 13: 12pm, OCDS picnic-shrine  
August 15: 5:30pm, Assumption of Mary Shrine  
August 17: 5:30pm, Altamont Fair Mass at Fair Chapel  
Sept. 18: 5:30pm, LaSalette Feast Day at Shrine Chapel  
Nov. 1: 5:30pm, Vigil at All Saints Chapel  
Nov. 2: THE FAITHFUL DEPARTED  
Nov. 27: 5:30pm, THANKSGIVING LITURGY - Shrine  
Dec. 25: THE NATIVITY OF THE LORD

**Reverend Jeffrey L'Arche, MS, Chaplain**  
LaSalette Shrine, 1109 Berne-Altamont Road, Altamont NY 12009

**(Thank you for your donations for this newsletter)**  
Phone: 518-861-8159

# Importance of First Saturday Devotion by Tim O'Hara

## A Call to Action

**In the troubled times we are living in there is nothing more important we can participate in than 1st Saturday Devotion. (Let us continue Ed Breitenbach's mission. He supported 1st Saturdays at St. Madeleine Sophie Church at 9am.)** This devotion was revealed by the Blessed Virgin to three children, Francisco, Jacinta and Lucia to whom she appeared at Fatima, Portugal, in 1917. This observance is in honor of the Immaculate Heart of Mary and to make reparation to her heart for the sins of mankind.

**On June 13, 1917, Our Lady specifically stated in speaking to Lucia:** "Jesus wants to make use of you to make me known and loved. He wants to establish in the world devotion to my Immaculate Heart." Our Lady repeated this in the July 13th apparition when, after the vision of Hell that was granted to the three children, she said: "You have seen Hell, where the souls of poor sinners go. To save them, God wishes to establish in the world devotion to my Immaculate Heart. **If what I say to you is done, many souls will be saved and there will be peace.**" Our Lady asks for reparation. "There are so many souls whom the Justice of God condemns for sins committed against me, that I have come to ask reparation."

**On December 10, 1925, Our Blessed Lady promised Sister Lucia,** *"Look, my daughter, at my Heart encircled by these thorns with which men pierce it at every moment by their blasphemies and*



*which men pierce it at every moment by their blasphemies and ingratitude."*

## Our Holy Mother's Promise

*Our Holy Mother said, "You, at least, strive to console me, and so I announce: **I promise to assist at the hour of death with the grace necessary for salvation all those who, with the intention of making reparation to me, will, on the first Saturday of five consecutive months:***

- Go to Confession (may be eight days before or after)
- Receive Holy Communion
- Recite Five Decades of the Rosary
- Meditate on the Mysteries of the Rosary for 15 minutes

The above exercises should be performed reverently on the first Saturday of five consecutive months with the intention of making reparation to the Immaculate Heart of Mary.

**To help prepare for the 100th anniversary of our Holy Mother's Apparition in Fatima,** the St. Joseph Marian Center is committed to bringing more First Saturday Devotions to the Albany, NY Diocese. How blessed we were to join the parishioners of St. Mary's Church in Ballston Spa, NY as they began First Saturday Devotion in November 2012.



Joanne O'Hara (WAF), Mary Beth (St. Mary's)

\*Pope John Paul II added the Luminous Mysteries  
Thank you for your donations for this newsletter.\*

**Bishop Decrees Plenary Indulgences for Each Visit to Shrine During  
The Year of Faith**



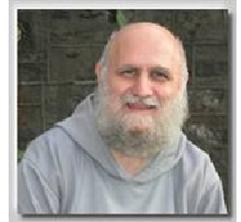
**Yankee Tours Bus Trip to  
“World Apostolate of Fatima Shrine”  
Washington, NJ**

**Monday, May 13, 2013**

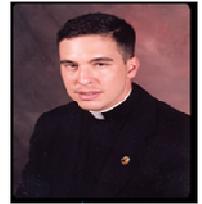
**96th Anniversary of Our Holy Mother’s Apparitions**

**Sponsored by St. Joseph Marian Center, World Apostolate of Fatima**

Ed and Millie Breitenbach were very active members of the Blue Army. Ed designed several of the Shrine buildings. Join us!



**Speaker**  
**Rev. Andrew Apostoli,**  
Franciscan Friars of  
the Renewal



**Celebrant**  
**Rev. James**  
**Miara**  
Spiritual Direc-  
tor, WAF NY

**Bus Leaves**

6:00 a.m.— St. Madeleine Sophie Church, 3500 Carman Rd.  
6:15 a.m. – Crossgates Common, Washington Ave. Ext.,  
behind Walmart, in front of Pet-Smart store

**Costs**

\$30.00 (for Bus Transportation only)  
\$??? (Tip for Driver, Food and Beverages)

**Return**

Leaving the Shrine at 5:00 pm. We will return to above locations  
in the evening, the same day

**Food and More**

If desired, bring a bag lunch and snacks for yourself. The bus makes  
rest stops during the trip for food, beverages and comfort stations.  
Also, wear comfortable shoes and bring a jacket or sweater.

**Celebration**

Morning - Confessions  
12:00 p.m. - Rosary Procession with Pilgrim Virgin Statue  
12:30 p.m. - Speaker  
1:00 p.m. - Holy Sacrifice of the Mass followed by  
Benediction, Fatima Farewell, Brown Scapular Enrollment.

**Reservations - Call Joanne O’Hara (518) 355-3897 or Tim O’Hara (518) 669-8377**

**Send payment to 112 Drahos Drive, Altamont, NY 12009**

**Payments Due by April 30th – Make Check Payable to “St. Joseph Marian Center”**

*May we hang this flyer in your church?*

# Youth Activities Page



How much Deirdre's Rosary Garden has revealed about Our Lady's Messages and God's love. When the sun is out, it lights up the garden at night without obstacles. When the clouds are out, the solar lights don't light up as bright. Is this like what sin does? Not allowing God's love and blessing to shine through the clouds of sin to receive God's love, blessings and graces? **Join us in front of St. Madeleine Sophie School, 3500 Carman Rd, Schenectady, on the 13th of each month from June to September at**

**7:00pm. On October 13 @ 6pm, for Rosary and healing. Bring your family and children. Our Lady of Fatima, pray for us. Immaculate Heart of Mary I place our children and families in your Immaculate Heart's protection and trust in you. St. Michael the Archangel defend us in battle, pray for us and protect us from the challenges placed on families.** We are temples of the Holy Spirit. The Holy Spirit is like the lion within us driving out the devil. See you there!

## THE IMMACULATE HEART OF MARY IS THE GARDEN OF GOD

Our Lady said 'yes' to God. She first said 'yes' with her mind, then said 'yes' with her heart and then she said 'yes' with her body, nurturing life.

### Our Lady's Garden

**Soil**, the BVM's humility. **Oxygen**, the Holy Spirit, the breath of God  
**Seed**, the Word of God. **Sunlight**, Jesus is the light of the World.

**Water**, from the Old Testament when Moses staff hit the water striking a rock in Mirabah. The water that poured out of the rock is Christ, the well of the water of life. **Follow Our Lady of Fatima's mystical messages. Let us pray for , a priest who grew up in our diocese**, Father Corapi through the Holy Spirit, who in 2004 taught us The Garden of God, and placed us in the Immaculate Heart of Mary, asked us to put our children, family, co-workers, friends, in The Immaculate Heart of Mary. May we place our Bishop, Priests, and especially our new Pope Francis I in the Immaculate Heart of Mary to give them strength to persevere. "Immaculate Heart of Mary, I place my trust in you." May we also place our trust in our Lady.

**Listen to our St. Louis De Montfort's 33-Day Consecration for children and families on our local EWTN radio channel 89.9 WOPG from July 13 to August 15 at 8pm, To Jesus through Mary.**

**PAX-ET-BONUM-RADIO.ORG More about the St. Louis De Montfort Consecration in our June Newsletter. THANK YOU FOR YOUR DONATION THAT MAKE THIS NEWSLETTER POSSIBLE. Next one in June.**



## Spiritual Shopping: Our Lady of Grace Gift Shop

At Our Lady of Grace Gift Shop you will find solutions for all of your gift-giving needs including weddings, baptisms, graduations, birthdays, anniversaries and more. Choose from Catholic bibles, books, rosaries, statues and many more spiritual and gift items. Celebrate life's important occasions with faith

and gifts that inspire and strengthen the faith of your loved ones!

Our Lady of Grace continues to be our **Resource Center for materials.**

**Visit Our Lady of Grace Gift Shop at: 3637 Carman Road in Guilderland, or call 355-0139 for more information.**

Check us out on Facebook! Search: St. Joseph Marian Center, World Apostolate of Fatima Group.

[www.stjosephmariancenter.org](http://www.stjosephmariancenter.org)

email: [stjosephmariancenter@gmail.com](mailto:stjosephmariancenter@gmail.com)



## Spring Issue 2013

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Spiritual Director: Rev. Jeffrey L'Arche, MS

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## Welcome Pope Francis I

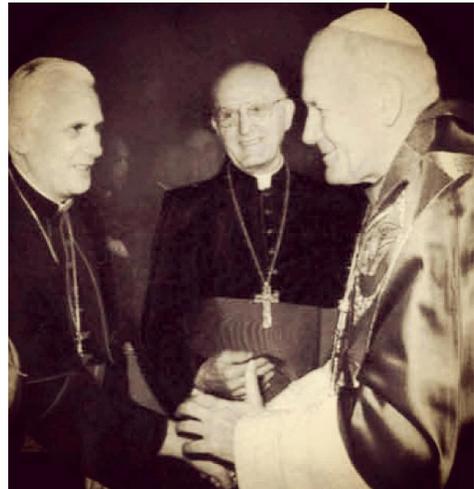
**How glorious God is to give us his faithful holy humble Pope.**

The Conclave elected Pope Francis I on 3/13/13 at 2:05pm EST and appeared to us during the Divine Mercy Hour at about 3:13 pm. Thank you Holy Spirit.

Our new Pope, absorbed the view and the faithful, from the balcony.

He asked, in his opening statement, blessings of Blessed Mother, St. Michael, and St. Peter and St. Paul and the Holy Spirit.

How humble of him to ask us to bless him and his Papacy, before blessing us. Pope Francis I is a Theologian, a man of the poor. A true servant of the Lord he would celebrate his inaugural Mass on St. Joseph's Feast Day, Patron of the Church. May we pray for Pope Francis I and give thanks as he begins his journey with the Lord guiding us, Shepherding his flock. May he guide us to save souls, and help us bring World Peace.



**\*\*\*Please join us for our Annual Board meeting on Saturday, April 13 @ 9:30 am at St. Madeleine Sophie Church, 3500 Carman Rd, Schenectady, NY 12303. We appreciate your ideas.\*\*\***

[www.stjosephmariancenter.org](http://www.stjosephmariancenter.org)

email: [stjosephmariancenter@gmail.com](mailto:stjosephmariancenter@gmail.com)

## IN THE END...MY IMMACULATE HEART WILL TRIUMPH

**IN FATIMA, PORTUGAL, ON MAY 13, 2010, POPE BENEDICT XVI reminded us that we are mistaken to think that the prophetic messages of Fatima are complete. He hopes Her Immaculate Heart will Triumph before the 100th anniversary of Fatima in 2017.**

What glorious times we live in. We are the hands and feet of Christ through the Body of the Church Jesus started. We are blessed to be part of salvation history.

Do you know why we say the St. Michael's Prayer, especially after low Mass? Father Jason Brooks, L.C. tells us, in Lighthouse Catholic Media CD, "Fatima, Living the Message." On Oct. 13, 1884, Pope Leo XIII heard God and the devil talking in the Tabernacle after celebrating Low Mass in his private chapel with fellow priests. The devil was given 100 years to try to ruin souls. So Pope Leo XIII wrote the 'St. Michael the Archangel' prayer to be said after every low Mass. (This reminds me of the test of Job in Revelation.)

**What happened since then?** Mother Russia was called that because it was under Our Lady. A man named Rasputin portrayed himself as a holy man and fooled the royal family. The royal family was killed. This is when Communism and atheism began. There were more Christians martyred in the 20th century than all the other centuries combined.

God answered this prayer to St. Michael. God sent St. Michael, the patron saint of Portugal, to Fatima in 1916 to the three shepherd children to prepare them for Our Lady's visit. He told them "to pray, pray very much." He greeted them with, "Do not be afraid, I am the Angel of Peace." He taught them the 'Pardon Prayer', the importance of the Eucharist in the 'Angel's Prayer', and the importance of reparations.

At the same time while Russia's faith was under attack, World War I began and Pope Benedict the XV prayed an 8 day novena for Blessed Mother to come down to help our world because this was considered to be the war to end all wars. Blessed Mother answered the Pope's prayer by coming down to Fatima on the 8th day of the novena, to teach the children how to pray, to say the Rosary, to offer up our everyday duties and sufferings for poor souls, and to do 1st Saturday devotion for world peace. She also asked Russia to be consecrated to her Immaculate Heart during the time of Pope Pius XI. If not a second world war would come. This was not done. Russia spread her errors throughout the world. (Several popes tried to do the consecration from 1939 to 1981, but were not successful) World War II followed. Two world powers emerged after World War II, U.S.S.R spreading atheism and the United States (with allies) to stop the spread of communism and atheism.

Within 100 years later, on March 25, 1984, Pope John Paul II successfully consecrated Russia and all the world affected by the spread of atheism to Our Lady's Immaculate Heart. In 1984 the Berlin Wall came down, General Secretary Gorbachev met with Pope John Paul II and, in 1990, the Soviet Union ended its reign. In 2010 Putin declared July 28th a National Day of Prayer in Russia. Prayer is now taught in public schools. Churches are being built. Abortion is illegal. **How could this have happened without Divine Intervention? Does the U.S need Divine intervention? Let us pray and offer it up.** In the USA ,religious liberties are under attack. Fatima is the key. The answer through the Eucharist and Our Lady. Pray the Rosary everyday. Offer up all sufferings and trials and our daily duties. We are experiencing a spiritual battle. Now is the time. Now is the time for salvation. Go on bus trip and learn more.

- Listen to EWTN local radio channel 89.9 FM WORG to nourish your faith and hear Mass at 8a.m.
- On EWTN tv, Mother Angelica prays the St. Michael Chaplet everyday at 7 am, on Sun. at 6:30 am.
- On EWTN Saturday mornings, there is a great youth program called "The Knights Of St. Michael, from 10:30-11am. I bought the 5 year series to learn more and teach my youngest, Deirdre, how much God loves us to send angels to protect us and how the devil tempts us in our weaknesses.



Photo taken, Fatima, Portugal



## March for Life, Washington, D.C.—2013 The one Prophecy that has not happened from Our Lady in Fatima is the Annihilation of Countries.

This gives the impression that the annihilation will come from war, or a terrorist attack. However, what if annihilation is something our societies have done as a consequence of sin? In Genesis 4:9, God asked, “Cain, where is your brother (Abel). 4:10 What have you done? The voice of your brother’s blood cries out to me

from the soil!” Is America’s soil crying out to the Lord our God?

When watching the special on EWTN called ‘Demographic Winter’ experts from all backgrounds found that many countries are seeing a decrease in population due to years of abortion. When we read the newspaper we see we don’t have enough people to pay taxes to support the larger number of baby boomers retiring. The 55 million missing people in our society, from abortions, could have made a difference in our families, in our churches and in supporting future generations. In Genesis 4:15 God protected Cain from others vengeance. Let us pray for the Sanctity of life from birth to natural death. And pray Theresa’s prayer below. **A third of our children’s generation is missing.**

Joanne, Deirdre and Tim O’Hara went on a bus trip to the **March For Life** in Washington, DC on the 40th anniversary of the 1973 Roe vs. Wade decision. We listened to what was being said to the over 650,000 in attendance from priests, politicians and to those witnesses who experienced abortions. We were reassured even listening to those with the side effects and life long regrets from abortions. To hear the chants of a group of awesome Canadians,



a priest leading youth in prayer, such a blessing. So many youth! We joined in with priests saying the rosary as we approached the Supreme Court. This

march was one of the most special events we have ever attended. A friend in Christ, Theresa Schweigert, wrote a beautiful prayer and gave us permission to share it with you. **Let us pray...**



**Dear Mother Mary,** Virgin of Guadalupe, you bore the Crucified Christ, Son of the Living God, in your womb. Look with mercy upon our nation that crucifies Him daily through the abortion deaths of thousands of pre-born children. Hear their silent cries, O Sorrowful Mother of God, and pray for the Holy Spirit’s triumph in winning their

mother’s souls for the Savior. Ask our Heavenly Father to forgive and convert all those who advocate or practice child sacrifice and pray for us, too, dear Lady of Guadalupe, that we may be worthy foot soldiers in this Battle for Life. **Amen.** (written by Theresa Schweigert)

**To continue in our June newsletter.**

### **O GOD OUR CREATOR, (USCCB)**

from your provident hand we have received our right to life, liberty, and the pursuit of happiness. You have called us as your people and given us the right and the duty to worship you, the only true God, and your Son, Jesus Christ.

Through the power and working of your Holy Spirit, you call us to live out our faith in the midst of the world, bringing the light and the saving truth of the Gospel to every corner of society.

We ask you to bless us in our vigilance for the gift of religious liberty. Give us the strength of mind and heart to readily defend our freedoms when they are threatened; give us courage in making our voices heard on behalf of the rights of your Church and the freedom of conscience of all people of faith.

Grant. We pray, O heavenly Father, a clear and united voice to all your sons and daughters gathered in your Church in this decisive hour in the history of our nation, so that, with every trial withstood and every danger overcome— for the sake of our children, our grandchildren, and all who come after us— this great land will always be “one nation under God, indivisible, with liberty and justice for all.” We ask this through Christ our Lord.

**THANK YOU FOR YOUR DONATIONS THAT MAKE THIS NEWSLETTER POSSIBLE.**

[www.stjosephmariancenter.org](http://www.stjosephmariancenter.org)

email: [stjosephmariancenter@gmail.com](mailto:stjosephmariancenter@gmail.com)

## THE CHILDREN'S CADET PROGRAM

We continue to ask Our Lady of Fatima and St. Michael's help by introducing you to the late Father Robert J. Fox's wonderful program called:  
**BLUE ARMY CADETS OF OUR LADY OF FATIMA**

Father Fox wrote, "Pope Pius XII said The Fatima Apostolate is viewed as a 'reaffirmation of the Gospels'. Fatima is not isolated from the authentic teachings of the church."

The Blue Army Children's program is divided into three memberships:

- 1) Apostolate Cadets
- 2) Cadet Crusaders
- 3) Cadet Eucharistic Crusaders

Why Blue Army Cadets? To strive for personal holiness, under the guidance of your Pastor.

The program concentrates on the Fatima messages, leaders seek the will of God and heed his Mother when she said, "Do whatever He tells you."

Lets focus today on the **first level** of membership, **Apostolate Cadets**. To introduce you and your children/grandchildren to young Cadet prayers:

(Opening Prayer) **Prayer to the Sacred Heart of Jesus and the Immaculate Heart of Mary.**  
O Sacred Heart of Jesus, I love You. Immaculate Heart of Mary, be my salvation. My God, I love You with my whole heart and soul. Our Lady of Fatima, pray for me now as I spend this time with you in the love of Jesus, your Son. Together with my friends, I offer this time to comfort your sweet heart, O Mary. In this way, I will console my God( like Francisco's Prayer).

**PRAYER TO ST. MICHAEL, Commander of the Blue Army Cadets.**  
Glorious St. Michael, Prince of the Heavenly Court, pray for us now and at the hour of our death. Amen.

### **SPIRITUAL COMMUNION.**

My Jesus, I know You are really present in the Tabernacle of my parish Church. I would like to receive You now in Holy Communion. Come to me, O Jesus. I come to You. (pause for a personal and silent visit with Jesus.)

**Next Newsletter, we will share the Children's Blue Army Pledge,**  
"I want to do everything you asked us to do at Fatima..."

Isn't it awesome how our former Spiritual Director of Blue Army, Father Fox, designed this with St. Michael as Commander?

Let us read Ephesians 6 where we are to put on the Armor of Christ.

- Our Lady recommends the Brown Scapular, Our Shield.
- Padre Pio once said, "Get me my weapon!" He was calling for his Rosary saying it is the strongest weapon. Our sword.

Children love to belong to something. They like to know they can help and can have control for the good. They like to be God's

helper under Jesus' Mom's teachings. Thank you for teaching our children to pray.

More in our June Newsletter. **Thank you for your generous donations that make this possible.**



Artist: Brother Donald



9" figure Purchased at Our Lady of Grace Gift Shop, made by Dicksons  
"Put on the full armor of God"