## Moose Lake News by

## Jim Onarheim

Two weeks ago, this past Friday, fishing guide John Myhre and I went for our last afternoon of fishing on Lost Land and Teal Lake before freeze up. It got up to 45 degrees that day so we thought we should take advantage of the nice afternoon. We got on the water in the early part of the afternoon on the 14<sup>th</sup> of November. We launched John's boat at the boat launch off Landing Camp Road. This is on Lost Land Lake. We fished Lost Land first but had no luck. We tried many different fishing spots, but we did not find any active fish. The fish we saw on John's electronics were very tight to the bottom and just did not want to cooperate.

John and I thought that we should try to get over to Teal Lake. We were hoping that the channel was not frozen. When we entered the channel, we saw some ice but we went slow. There was open water until we got halfway to Teal Lake where we found a thin layer of ice. The water temperature was in the upper 30's with some ice now all around us. While going through this part of the channel we did have to break some thin ice with John's boat. When we got within one hundred yards of the opening to Teal Lake, the ice was gone.

We fished Teal Lake for about one hour or until 4:15. We then made our way back to the boat landing and called it a day. Only one walleye for our efforts that afternoon but that is fishing. It was fun to be on the open water one last time in 2025.

Attention Pool Players: Our first fall evening of pool at Christina's Y Pines will be Thursday December 4th at 6:30 PM. We will discuss if we need to start earlier that evening. Hope to see everyone for some exciting games of pool again this fall/winter.

The Christmas Tree Lighting took place at 6 PM November 29th at Christina's Y-Pines. There was free hot chocolate, appetizers and plenty of food served to everyone. There was also a Kids Raffle with over twenty prizes given to the lucky winners. The raffle took place last Saturday at noon. Both days were a lot of fun for all in attendance.

Remember if any child would like to write a letter to Santa Clause it must be dropped off at Christina's Y-Pines, by Saturday December 6th. Do not forget Christina's annual Christmas party at Y-Pines on Saturday December 13<sup>th</sup> from 11 AM until 3 PM. Santa will be there to hand out Christmas gifts to the children.

As some of you may know, our three bar/restaurants in the Moose Lake area have an Automatic External Defibrillators (AED's) available in each of their businesses. Two of these AED's were purchased by the MLIA and the other by the Round Lake Fire Department. Worldwide AEDs are known to have saved many lives. An AED is a portable device that can be used to treat a person whose heart has suddenly stopped beating. This condition is called sudden cardiac arrest.

AEDs are available in many public places, such as government buildings, schools, airports, restaurants, and other community spaces. Small, lightweight AEDs are available without a prescription for use at home or at your business. People with severe heart disease who are at risk of sudden cardiac arrest might consider having an AED at home. Talk to your healthcare professional about whether you should buy an AED for your home or business.

When is an AED needed? An AED is used to revive someone from sudden cardiac arrest. This usually happens when there is a problem with the heart's electrical activity which causes a dangerously irregular heartbeat. The irregular heartbeat prevents the heart from pumping as it should and causes the heart to stop. When this happens, the brain and other organs do not get the blood and oxygen they need. Treatment is needed within minutes to prevent death. The sooner the heartbeat is restored, the greater the chance there will not be permanent damage to the brain and other organs. If a person is in cardiac arrest call 911 and start CPR first.

All AEDs include instructions on when and how to use them. Training in the proper use of an AED is recommended. (I will have training on Dec. 8<sup>th</sup>. Keep reading for details.) Using the AED could save a life. Cardiopulmonary resuscitation (CPR) after cardiac arrest can keep blood flowing to the heart and brain for a time. But often only defibrillation can restore the heartbeat. Together these treatments can improve the chances of survival.

How to use an AED: Check to see if the person is breathing and has a pulse. If you cannot feel a pulse and the person is not breathing, call for emergency help. If you are alone, call 911 or emergency services first to make sure help is on the way. If another person is present, one person can call 911 while the other prepares the AED. If other people can help, one person can begin CPR while the AED is being prepared.

Turn on the AED: The AED gives step-by-step voice instructions. It tells you how to check for breathing and a pulse. It tells you how and where to place the AED pads on the person's bare chest.

Stand clear and deliver the shock. When the pads are in place, do not touch the person while the AED measures the person's heartbeat. If the machine thinks a shock is needed, it tells the user to stand back and push a button to deliver the shock. Make sure you or no one else is touching the person. Say "stand clear" loudly and then push the shock button. The AED only delivers a shock when needed.

Begin CPR after the shock is delivered if CPR is still needed. The AED will also guide users through CPR. The process can be repeated as needed until emergency medical teams take over. AEDs offer a way to save a life. Before buying one, talk to a healthcare professional and do research. And do not forget to learn the basics, such as CPR.

On Monday December 8<sup>th</sup> the MLIA will sponsor an AED CPR introductory class at the Round Lake Town Hall at 6:30. This is not a certification class. All are welcome.

Birthday greetings this week go to Joe Dwyer & Carys Sanders on the 3<sup>rd</sup> of December. Fred Haak on the fifth, Jack Sorenson on the sixth, Anita Halbleib & Marion Off both have birthdays on the seventh. Rob Sparhawk, Bonnie Miller & Chad Iverson all have their special day on the ninth. Maty McFerson and Tory McFerson have birthdays on the 10<sup>th</sup>. Lynn Durand & Jana Reeg-Steidinger on the 15<sup>th</sup>. Our last birthday wish goes to Muriel Janitschke on December 16<sup>th</sup>. We have two anniversaries this week. Joel and Sara Miller have their anniversary on the fifth. Richard and Peggy Perry on Dec. 8<sup>th</sup>.

Stay safe everyone and enjoy your week with cool fall wintery weather. Please send your items of interest to my e-mail address at emta984@gmail.com or call my landline at 715-462-4448 or my cell at 715-577-8880. Moose Lake Improvement association website is http://mliahaywardwi.org The Town of Round Lake Web site is https://www.townofroundlakewi.org and the Round Lake Fire Department website is https://townofroundlakefire-rescue.org JO.