

Coaching Terms and Conditions

Health coaching should not be used as a substitute for advice from your GP, Consultant, mental healthcare provider or any other healthcare or legal advisor.

All new clients must complete and sign a client consent form 72 hours prior to the booking. Sessions will only take place if there are no contraindications to treatment. In some circumstances GP/Consultant permission may be required. If the signed consent form is not provided or there are contraindications to the treatment, I Health Coach Aneet Alang reserve the right to withdraw and refuse services.

Payments must be made 48 hours in advance of the booking for any consultations or sessions to take place.

Cancellations require 24 hours notice otherwise the full amount of the session will be charged. Late arrivals may mean that your appointment may need to be rescheduled and the full amount of your session will be charged. For health coaching packages your package session will be counted as a used session.

The Health Coach Aneet Alang reserves the right to cancel the session within 24 hours.

The Health Coach Aneet Alang reserves the right to cancel the treatment immediately for any inappropriate behaviour. The full amount for the session will be charged. For health coaching packages your package session will be counted as a used session.

All sessions for packages need to be used within three months. Refunds for health coaching packages (excluding the initial consultation) will be refunded as follows:

- £70 per session - Hormone Harmony Plan for the remaining sessions
- £70 per session - Women's Wellness Plan for the remaining sessions
- £70 per session - Hormone Optimisation Plan for the remaining sessions

7 days notice is required for the Hormone Harmony Plan, Hormone Optimisation Plan and Women's Wellness Plan.

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I, the Client understand that the Health Coach Aneet Alang will be holding my personal data, medical information, correspondence and information disclosed to me during treatment for a minimum of seven years.

I, the Client understand that that all information disclosed is confidential, except that is required by law or insurance purposes to disclose. The Health Coach Aneet Alang may disclose information if thought there is imminent danger evident towards herself, the client or to another person.

I, the Client will not sub-license, re-sell, rent, lend, copy, publish, gift or otherwise transfer or distribute materials (text and images) provided to me by the Health Coach Aneet Alang including (but not limited to) supporting guides and recipes.

I, the Client will not copy or use the business logo and trading name Wellness By Aneet and the name Aneet Alang.

I, the Client agree and consent to being contacted through phone calls, text messages, emails and WhatsApp.

I, the Client have completed this form to the best of my knowledge and agree to the Terms and Conditions as written above.

Client Name:

Signature:

Date: