

## List of Counseling Agencies

### **Alcoholics Anonymous/Narcotics Anonymous (800) 711-6375**

AA (260) 471-6262 • NA (260) 460-4626 **(800) 234-0420**

(Substance Abuse)

- Support Groups for those trying to overcome drug and/or alcohol addiction – call for location near you

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### **Amani Family Services “Supporting Our Multicultural Community. 260-484-1414**

2456 Lake Ave Fort Wayne, IN 46805

(Addictions, Outreach and Awareness, Victim Care, Family Care, Community Partners)

- Individual and group sessions for educating, protecting, and safeguarding clients from future temptation with addiction.
- Individual and Family Counseling service
- Home-based Services
- Interpretation services and accompaniment.
- Parenting expectations in the United States.

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### **ARC of Northeast Indiana**

**260-456-4534**

4919 Coldwater Rd. Fort Wayne, IN 46825

- Home-based services (casework and therapy)

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### **Behavioral Health Care of Northern Indiana (800) 795-6252**

1800 N. Oak Rd., Plymouth, IN 46563

(Family Relations, Emotional Stability, Substance Abuse)

- Assessment and treatment recommendations for emotional problems relating to substance abuse, suicidal thoughts, depression, child and adolescent behavioral problems, psychotic episodes, anxiety and panic disorders, ADHD
- Acute inpatient care for children, adolescents, and adults (psychiatric care/substance abuse)
- Residential treatment care for children and adolescents
- Partial hospitalization for children, adolescents and adults (psychiatric care/substance abuse)
- Outpatient care for children, adolescents and adults
- Free initial evaluations on site or at a convenient location
- Help to persons in crisis 24/7
- Approved Medicaid provider for children and adolescents/accepts most major insurance programs

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### **Bowen Center (260) 471-3500**

2100 Goshen Rd., Ft. Wayne, IN 46808 **(800) 342-5653**

[www.bowencenter.org](http://www.bowencenter.org)

(Family Relations, Emotional Stability, Substance Abuse)

- Hours: Monday-Thursday 8:00 a.m. – 8:00 p.m., Friday 8:00 a.m. – 5:00 p.m.
- Behavioral health care services for children, adolescents, adults and seniors
- Adult and adolescent chemical dependency programs
- Free chemical dependency assessment
- Full range of mental health services available on an outpatient basis
- Intensive in-home case management (home based services) for children
- Variety of programs for adults with mental illness
- Access number provides assistance 24/7

- Approved Medicaid provider/accepts some insurance programs
- Services offered on a sliding fee scale

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**Brightpoint (260) 423-3546**

227 E. Washington Blvd., PO BOX 10570, Fort Wayne, IN 46853 **Fax: (260) 422-4041 or (260) 420-8067**

[mybrightpoint.org](http://mybrightpoint.org)

(Family Relations)

- Voluntary, in-home program of support services guiding families in using their strengths to accomplish goals. The program operates in Allen, DeKalb, LaGrange, Noble, Steuben, and Whitley counties
- Support services to families with newborn children. 'Healthy Family' is only available in Allen County
- Child care assistance with voucher program helping families afford quality child care. Parents must be working, going to school, or receiving job training to qualify
- CANI Head Start Program available to families below the federal poverty level. Children must be 3 years old and no more than 5 years old by June 1st to be eligible for preschool program (half day, full day and combination programs)
- Energy Assistance (EAP) helps pay a portion of a client's heating bills during winter months in the counties outlined above. To apply, proof of income and utility services are required
- Individual Development Accounts (IDA's), state and federally funded, are another way CANI helps economically disadvantaged families become more self-sufficient. This program helps individuals save money for a home, education (or a dependent's education), or even to start a business
- Housing Choice Voucher Program (HCVP) – CANI's HCVP allows low and moderate income households to have safe, affordable housing with rent based on a sliding scale
- Weatherization Program operates in the counties outlined above and offers ways to improve the energy efficiency of a home and help lower heating costs. Both renters and homeowners can be eligible, provided they meet the guidelines

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**Caring About People, Inc. (CAP) (260) 424-5814**

1417 N. Anthony Blvd., Ft. Wayne, IN 46805 **(800) 932-4213**

(Family Relations, Emotional Stability and Substance Abuse) **Fax (260) 424-6423**

- Provides prevention, education, assessments, and counseling services for individuals and families
- Evaluations: Intervention, adult and adolescent alcohol/drug, and adolescent behavior
- Education: Puppets for Prevention, Alcohol & Drug Seminar, Family Alcohol & Drug Education, Theft Intervention Program, Stop Shoplifting, Adult and Adolescent Anger Management, Infant Parenting, 1,2,3,4 Parents, Active Parenting Today, Active Parenting of Teens, and Parents on Board
- Programs: Adult & Adolescent Outpatient Group, Personal Growth and Development, Adult Intensive Outpatient Group, Relapse Intervention Program, Individual & Family Therapy, Home Based Therapy, Adolescent & Adult Second Thoughts

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**Cates & Associates 260-493-3980**

2200 Lake Ave #260 Fort Wayne, IN 46805

- Medication Evaluation
- Sexually maladaptive youth assessments

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**Catholic Charities (260) 422-5625**

315 E. Washington Blvd., Ft. Wayne, IN 46802 **Fax (260) 422-5657**

(Family Relations and Emotional Stability)

- Licensed & accredited social services agency
  - Seven major service divisions: Pregnancy, Adoption, and Foster Care; Children's Services; Counseling; Hispanic Outreach; Case Management & Community Services; Refugee Resettlement And Immigration Services; and Older Adult Services
  - Services in the counseling division offered to individuals, couples, and families. Personal and interpersonal issues that can be addressed include marital and parent-child concerns, communication, grief and loss, anxiety management, recovery from traumatic events, life changes, and stress
  - Services offered on a sliding fee scale
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### **Center for Nonviolence (260) 456-4112**

235 W. Creighton Ave., Ft. Wayne, IN 46807

(Emotional Stability)

- Various programs offered for men, women, and children
  - Programs include anger management, as well as support and education for victims of violence
  - Thinking Errors program
  - Programs available in English and Spanish
  - Services offered on a sliding fee scale
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### **Community Counseling Center (260) 432-4346**

6319 Constitution Dr., Ft. Wayne, IN 46804

(Family Relations & Emotional Stability)

- Offers individual, group, family, and child counseling services
  - Specialties include ADHD and learning disabilities, adolescents, blended families, eating issues, motivating children, parenting, stress and women's issues
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### **Counseling Services & Consulting (260) 438-1828**

4660 West Jefferson, Suite 2000, Ft. Wayne **Fax (260) 960-9349**

[www.counselingservicesandconsulting.com](http://www.counselingservicesandconsulting.com)

(Family Relations, Emotional Stability and Substance Abuse)

- Affiliated with Prevention Research Institute (PRI), which is a private, not-for-profit organization with a mission to reduce alcohol and drug related problems in the United States and abroad. PRI website is [www.askpri.org](http://www.askpri.org)
  - One on one treatment, and referrals, for adolescents; specialties include anger management, impulse control, and ADHD.
  - Treatment plans based on individual needs. Plans developed for individual needs are based on cognitive behavioral concepts and are developed with the client
  - Prime for Life under 21 is a program for youth ages 13-20 who are already engaged in high-risk drinking or drug use or who are in a group that is likely to begin high-risk behaviors
  - High percentage of youth throughout the country are taught the Prime for Life under 21 via a curriculum through juvenile justice systems, underage DUI programs, Court diversion, school student assistance and similar programs
  - Offers group counseling for adults at various organizations: all therapists are state licensed and/or state certified as substance abuse counselors, trained to deal with complex issues related to alcohol and other drugs
  - Acceptance of most insurance programs, credit cards, and a sliding fee scale is available for clients based upon their income
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**Crossroad Child and Family Services****260-484-4153**

2525 Lake Ave Fort Wayne, IN 46805

- Individual and Family Counseling services
  - Home-based services(*Casework and therapy*)
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**Dockside Services INC.****260-203-9185**

126 W. Columbia St. Fort Wayne, IN 46802

**Fax 260-203-9187**

- Individual and Family counseling Services
  - Home-based Services (casework, therapy, and homemaker)
  - Substance abuse outpatient treatment
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**Dunn Associates (260) 484-5599**

1910 St. Joe Center Rd., Ft. Wayne, IN

(Family Relations, Emotional Stability, and Substance Abuse)

- Behavior health care services for children, adolescents, adults and seniors
  - Adult and adolescent drug/alcohol programs; Intensive Outpatient Group Services
  - Adoptive evaluations
  - Psychological counseling for anxiety, panic attacks, depression, ADHD, etc.
  - Therapy by psychologists and certified addictive behavior counselors
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**East Wayne Street Center (260) 422-6502**801 E. Wayne St., Ft. Wayne, IN 46802 **Fax (260) 422-2560**[www.ewscenter.org/](http://www.ewscenter.org/)

(Family Relations, Emotional Stability, and Substance Abuse)

- Not-for-profit organization focused on strengthening families and individuals to empower them to become self-sufficient
  - Project Solve
  - Community Home Repair
  - Head Start
  - Family Literacy Program
  - Family Mentor Program
  - Food Bank
  - Case Management Initiative – This program provides services to clients of the Center and helps individuals and families with knowledge of and access to resources in the community
  - ATOD Program
  - Self-sufficiency
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**Erin's House for Grieving Children (260) 423-2466**

3811 Illinois Rd., Ft. Wayne, IN 46804

(Emotional Stability)

- Grief counseling for children
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**Family Care Center (260) 493-0055**7407 Turkey Run, Ft. Wayne, IN 46815 **Fax (260) 493-2051**

(Family Relations, Emotional Stability and Substance Abuse)

- Wide range of Christian based counseling services (affiliated with Youth For Christ)
- Hours: Monday – Friday 9:00 a.m. to 4:30 p.m.
- Behavior health care services for children, adolescents, adults, and seniors
- Adult and adolescent chemical dependency programs
- Full range of mental health services available on outpatient basis

- Services offered on a sliding fee scale based on the number of people in the household and family income; Accepts insurance benefits, Medicaid not applicable
- Variety of programs for adult services

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**Gerard & Coslow Associates (260) 422-9372**

4656 W. Jefferson Blvd, Ste 285, Ft. Wayne, IN 46804 **Fax (260) 422-0843**

(Family Relations, Emotional Stability)

- Counseling services, including children, families and adults
- Management of mental health, relationship difficulties, legal problems, trauma recovery

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**Growing Minds Education Services****260-435-0712**

5310 Merchandise Dr. Fort Wayne, IN 46825

- Tutoring
- Day Treatment and Day Reporting

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**Hand In Hand Comprehensive Therapy Specialists (260) 497-0328**

2837 E. Dupont Road, Ft. Wayne, IN 46825 **Fax (260) 497-0904**

[www.handinhandtherapy.com](http://www.handinhandtherapy.com)

(Family Relations, Individual, Substance Abuse, Emotional Stability)

- Counseling services, including children, families and adults
- Management of mental health, relationship difficulties, legal problems, trauma recovery
- Addiction, Substance Abuse
- Anger Management
- Child Behavioral Management

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**Headwaters Counseling (260) 744-4326**

2712 S. Calhoun St., Ft. Wayne, IN 46808 **Fax (260) 744-0188**

(Family Relations, Emotional Stability and Substance Abuse)

- Private, not-for-profit agency. Clients are responsible for their fees, but may only have a co-pay based on family size, income, insurance or specialized funding. In some cases, fees may be waived, depending on the funding sources. A very large population of unemployed, underemployed, and special needs individuals are served.
- High quality professional services at affordable rates due to United Way affiliation and grants from local foundations. Hours: M-TH, 8:00 a.m. – 5:00 p.m., F – 8:00 a.m. – Noon
- The service offers general counseling and counseling for sexual, marital and compulsive and/or addictive behaviors.
- Extensive psycho-social assessments are done by request, in addition to consulting services to Individuals, groups, organizations and businesses
- In many cases employers have contracts with the Alliance for Children and Families, and Family and Children's Services (dba "Headwaters Counseling) is the provider for in the Allen County area
- Group and Individual counseling is offered to people who suffer from alcohol or drug abuse/dependency. This is approached from an emotional, biological and spiritual intervention.

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**Hobson Psychiatric Services (Dr. Patel) (260) 483-3287**

2021 Hobson Rd., Ft. Wayne, IN 46805

(Emotional Stability and Substance Abuse)

- Wide range of counseling services, including substance abuse and addictive behaviors
  - Also offers a licensed and trained therapist on Thursdays for teenagers and adults, with an emphasis on eating disorders
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### **IPFW Community Counseling (260) 481-5479**

Dolnick Learning Center, 2101 E. Coliseum Blvd., Ft. Wayne, IN 46805

(Emotional Stability and Family Relations)

- Offers counseling for adults and children, couples, families with personal problems, adjustment reactions, or career counseling concerns
  - Office hours Monday 10 a.m. – 5 p.m., Tuesday 10 a.m. – 11 a.m., Wednesday & Thursday 10 a.m. – 4 p.m., and Friday 10 a.m. – 12 p.m.
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### **LifeLine Counseling and Diagnostic Services (800) 509-6884**

1117 S. Clinton Street, Ft. Wayne, IN 46802 **745-3322**

Individual and family counseling

(Emotional Stability, Substance Abuse and Family Relations)

- LifeLine also has home-based services providing comprehensive care in an effort to keep families together: crisis intervention, advocacy, reunification and education.
  - In addition to providing a 2 phase program for independent living, LifeLine provides a Sex Offender Program in Byrer Manor, Intermediate Care Program (ages 8-21 and 8-18 for anger management, substance abuse, basic decision making and problem solving) at Riverwood
  - Ranch, Blacklake South and Blacklake North. Blacklake also provides year round classes at an alternative school.
  - LifeLine is also pleased to announce a new 90 day summer program the is perfect for youth in foster care or institutional settings who must quickly acquire the tools necessary to be independent.
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### **Life Plan (260) 432-3327**

3225 N. Wells St., Ft. Wayne, IN 46808 **Fax (260) 432-4860**

[www.parkcenter.org/lifeplan](http://www.parkcenter.org/lifeplan)

(Emotional Stability, Family Relations and Substance Abuse)

- Life Plan is a division of Park Center, Inc. and is a contractual employee assistance program (EAP). The EAP benefit is prepaid by the employer so there is absolutely no charge to the employee. Also, the services offered remain confidential (the employer never knows who utilizes the program).
  - Life Plan covers a broad spectrum of counseling services including marital problems, family conflict, children with problems, stress, depression, anxiety, grief/loss, anger/violence, emotional tumuli, alcohol or drug abuse concerns, financial or legal problems, job-related difficulties and other concerns.
  - Confidential counseling services available 24 hours per day, 7 days per week
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### **Lutheran Social Services (260) 426-3347**

330 Madison St., Ft. Wayne, IN 46802 **Fax (260) 424-2248**

[www.lssin.org](http://www.lssin.org)

(Emotional Stability and Family Relations)

- Christian based counseling
- Provides adoption and family foster care services for placing homeless children into the families of the Lutheran community. Home assessments help families prepare for the adoption experience.
- Provides quality child care at subsidized rates for families with low income (ages 3-5)
- Licensed counselors are available to those looking for help with complex life issues
- Counseling services are provided on a sliding fee scale, taking into consideration a family's size and income
- Court mandated family preservation when substance abuse results in a child being removed from the home

- Emergency assistance providing individuals and families with direct assistance for utilities, rent or other life necessities (when public, tax supported help is inadequate or unavailable)
- Paint-A-Thon for seniors or persons with disabilities who have limited physical or financial means

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**M.A.P.P.S. (Midwest Addiction Psychiatric/Psychological Services) (260) 471-0632**

3010 E. State Blvd., Ft. Wayne, IN 46805

(Family, Emotional Stability and Substance Abuse)

- Drug/Alcohol assessments, Individual, Family and Substance Abuse Counseling
- Dr. Flores offers counseling in Spanish

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**Quality Counseling & Psychological Services (260) 739-7264**

10828 Coldwater Rd., Ft. Wayne, IN 46845

(Family, Emotional Stability and Substance Abuse)

- Individual, family and marital counseling
- Drug and Alcohol Assessments and treatment
- Adults, adolescents and children
- Saturday appointments available

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**Theresa Mihalbauer, PHD (260) 969-0915**

4656 W. Jefferson Blvd., Suite 200, Ft. Wayne, IN 46804

(Family, Emotional Stability and Substance Abuse)

- Specializing in children's behaviors, including the mentally challenged
- Individual and family counseling

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**Neuropsychiatric Associates PC (260) 432-5181 x 500**

2410 N. Glendale Dr., Ft. Wayne, IN 46804

(Family Relations and Emotional Stability)

- Child/adolescent/adult psychiatry specializing in anxiety, panic attacks, depression, ADHD, etc.
- No Drug and Alcohol Programs

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**Park Center, Inc. (260) 481-2700 or (866) 481-2700**

909 E. State Blvd., Ft. Wayne, IN 46805 **Fax (260) 481-2719 Administration**

[www.parkcenter.org](http://www.parkcenter.org) **Fax (260) 481-2739 Medical Records**

(Emotional Stability, Family Relations and Substance Abuse)

- **Child and Adolescent Services:** Offers assessment, and counseling (individual and group), and psychiatric services for youth, including home-based and diversion services, youth residential, and intensive day treatment programs for preschool through high school age groups, in both full day and half day formats.
  - **Adult Services:** The primary services available are medical services, inpatient and subacute care, case management services, residential services, day treatment, employment services, addiction treatment, and outpatient counseling.
  - Park Center holds accreditation through the Commission of Rehabilitation Facilities (CARF), which ensures the best standards and quality of care are met.
  - Fees are based on the cost of providing services and are competitively priced in the three county service areas. Some individuals may be eligible for a fee adjustment in some programs and services if they meet certain income guidelines and/or qualify for State and Federal aid/entitlement programs. Third party insurance may be accepted, and payment plans can be designed if needed.
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**Parkview Behavioral Health (260) 373-7500 or (800) 284-8439**

1720 Beacon Street, Ft. Wayne, IN 46805 Fax (260) 373-7679

(Family, Emotional Stability and Substance Abuse)

- Behavioral healthcare services for children, adolescents, and adults
- Adolescent/Children's Inpatient Hospitalization Programs: adolescent will attend school two (2) hours a day with remainder of day spent in group sessions. Appointments can be scheduled by calling 373-7602.
- Children's age requirements: 5-12 years of age
- Adolescent's age requirements: 13-18 years of age
- Outpatient psychiatrists for medication management
- No Court ordered assessment

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**Phoenix Associates, Inc. (260) 424-0411**

2200 Lake Avenue, Suite 260, Ft. Wayne, IN 46805 Fax (260) 424-3530

(Family, Emotional Stability and Substance Abuse)

- Offers assessments and individual, family and substance abuse counseling, including perpetrators and victims of sexual abuse (ASOP).
- Office is open Monday through Friday
- The ASOP program consists of five (5) phases, with each phase lasting 3-6 months. The first phase following the offender's assessment is the most intense. Because of the group nature of the program, adolescents based on psychosexual assessment and admission criteria are admitted. The program criteria do not allow admission of severely violent, sadistic, or antisocial types of offenders, nor individuals characterized by major thought disorders and sexually obsessive/compulsive thought processes related to multiple paraphilia's.
- Age range of adolescents admitted to group programs is 12-14 for the younger group, and 15-18 for the older group. Children under the age of 12 who meet criteria will be considered for individualized program services.
- Phoenix and Park Center offer collaborative group home services for adolescent sex offenders who require more structure and supervision, require other Court services, or have other criminal history and are returning to the community from residential treatment facilities and require transitional structure.
- Phoenix ASOP began in 1990 as a collaboration project between Phoenix and the Allen County Juvenile Probation Department as a means to enhance alternatives for the Courts to meet the needs of this particular adolescent population. The focus was to keep adolescents in the community in order to strengthen family and parental involvement in the treatment and supervision of these young people.
- Boundaries group for children under 12 with problem sexual behaviors, inappropriate sexual contact issues/allegations, or difficulty understanding sexual boundaries.
- Insurance and Medicaid benefits are accepted

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**PK Counseling Services (260) 385-0713**

2200 Lake Avenue, Suite 123, Ft. Wayne, IN 46805

(Family Relations, Emotional Stability and Substance Abuse)

- A team of social workers concerned about teenage anger and substance abuse in schools
- PK Counseling has a goal to educate and redirect the behaviors and choices of young people before the problem escalates to the adult level
- Specializing in drug/alcohol assessments, individual counseling, anger management or defiant behavior, as well as substance abuse awareness classes
- Drug/alcohol assessment with 3-5 working days turn around
- Group counseling – per person 1.5 hours
- 6 weeks of educational substance abuse awareness held in group



- All groups will be open-end and conducted at the office location

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**Project Impact USA (260) 426-0646**

2200 Lake Avenue, Suite 105, Ft. Wayne, IN 46805 **Fax (260) 969-0517**

(Family Relations, Emotional Stability and Substance Abuse)

- Program and support services include drug/alcohol counseling, individual/family counseling, job training and placement, life-skills training, school drop-out prevention, advocacy, ongoing mentoring, parent education training, behavioral modification program and case coordination.
- There will be a charge for drug/alcohol assessments which are not referred by Department of Children's Services (DCS) and/or qualification through these services.
- Commencing January 1, 2008, a \$20.00 co-pay will be required to attend all groups.
- Office hours are by appointment. Weekend and evening appointments are available.

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**Right Relations (260) 436-7578**

2513 Calhoun St., Fort Wayne, IN, 46807 **Fax (260) 407-7579**

[inquire@rightrelations.org](mailto:inquire@rightrelations.org)

(Family Relations and Emotional Stability)

- The Family Enrichment Series (FES) is designed to empower individuals to create healthy relationships in all areas of their lives. The classes present timeless, core principles, virtues, values and universal laws that hold relationships, families and communities together. This comprehensive 16-week is open to parents; divorced, separated or never married; teen or adult, non-parents, grandparents, anyone who would like a foundation on which to heal or improve their relationships. Classes meet for 1 ½ hour sessions. Call to register Monday through Friday from 9 a.m. to 4 p.m.

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**Stop Child Abuse & Neglect (SCAN)**

**260-421-5000**

500 W. Main St. Fort Wayne, IN 46802

- Individual and Family Counseling
- Home-based Services and Homemaker Services

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**Take Charge Counseling and Consulting Services (260) 415-5967**

9417 St. Joe Center Rd., Suite 200, Ft. Wayne, IN 46835

[www.takechargecounseling.org](http://www.takechargecounseling.org)

(Family Relations and Emotional Stability)

- Healthy Relationships/Families, Personal Management, Stress/Anxiety and Mood Management, Improving Morale and Self Confidence, Conflict Resolution and Leadership

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**We Care Counseling (260) 415-5967**

509 W. Washington Blvd., Ft. Wayne, IN 46802 **Fax (260) 422-3691**

[dthomas@wecarecounseling.com](mailto:dthomas@wecarecounseling.com)

(Family Relations, Emotional Stability, and Substance Abuse)

- Adult and adolescent chemical dependency programs; counseling for depression, anxiety, panic disorders and addiction issues; counseling for the "Silver-Lining Circle", a program for seniors and the physically challenged; counseling for the mentally retarded and their families; and counseling for survivors of physical and emotional abuse, as well as sexual abuse. Insurance coverage by many insurance companies, Medicare and/or Indiana Medicaid.
  - Behavioral health care services for children, adolescents, adults and seniors
  - Psychiatric referrals
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**Whittington Homes & Services**

2423 Fairfield Ave. Ft. Wayne, IN 46807

[www.whittington.org](http://www.whittington.org)

**260-745-9431**

**Fax 260-745-0734**

*(Family Relations, Emotional Stability, Abuse Recovery,*

- Home-based family centered casework is a strength based service that identifies areas of need and sets goals to reduce safety risks for children.
- Home-base therapy services provide a combination of conflict management, communication skills, anger management, behavior modification, grief work, and relapse prevention for individuals and families.
- Homemaker services are provided to families who are unable to fulfill their parenting and/or homemaking functions.
- Visitation Facilitation is provided to families who have been separated due to abuse or neglect or involvement with juvenile probation.
- Mental Health Wraparound allows families with children and youth with serious emotional problems to receive extra help.

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**Women's Bureau**

2417 Fairfield Ave Fort Wayne, IN 46807

**260-424-7977**

- Parent Education