



Happiness Helps Counselling Agreement

Between _____ and _____.
Our initial agreement is to meet on _____.

Sessions will last between 50 and 60 minutes on a weekly basis unless arranged otherwise.

Should you not be able to attend your session please inform me as soon as possible. 07360 012122.

Confidentiality

All sessions are confidential, but there are legal limits to confidentiality:

Harm to yourself, ie suicide.
Harm to others, a serious threat to others.
Activites covered by the Terrorism Act 2006.
Abuse to a minor.

Should any of the above arise in session, firstly, I shall talk with you and explain the options available. Should I feel that I must report this further, I will do, however you will always be informed of my actions; the only exception is abuse to minors and acts of terrorism.

I am also duty bound by the NCS to engage in supervision in relation to the work carried out with my clients.

Paperwork

Assessment forms and attendance logs will be kept in a secure manner and you are able to view these on request. I am the only person with access to this information and it would only be shared with a third party in the eventuality of a legal authority requesting these documents.

My work is conducted in accordance with the ethical framework of the NCS.

By signing this agreement, you are accepting the above.

Signed: _____ **Client**

Signed: _____ **Counsellor.**