

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mercy McMahon Terrace Activities are subject to change Tami Moore Activity Director 916-733-6821	1 10:00am Morning Mass 1:30pm Balloon Volleyball with Manpreet 3:30pm Cranium Crunches with Manpreet 6:30pm Bingo <small>Canada Day</small>	2 10:00am Holy Communion and Rosary 10:30am Exercise with Tami 11:00am News & Knowledge 1:30pm V.I.S.I.T. Meeting 2:30pm Poker 6:00pm Cinema	3 10:00am Morning Mass 10:30am Exercise with Tami 1:30pm Art Reflections with Kaitlin 3:30pm Arm Chair Travel 6:30pm Bingo	Carnival Day 4 10:00am Caricature with Mike 11:00am Balloon Twister Dilly Dally the Clown 1:00pm Carnival Games 2:00pm Pinochle 6:00pm Cinema <small>Independence Day (US)</small>	5 10:30am Exercise with Tami 11:00am News & Knowledge 1:00pm Matinee 2:30pm Poker 6:30pm Bingo	6 10:30am Exercise with Tami 11:00am Crafts with Elisa 1:00pm Matinee 3:45pm Afternoon Mass 6:00pm Cinema
7 Shark Week 10:30am Documentary 1:30pm Ecumenical Service with Rev Jack McNary 3:00pm Shark Social 6:00pm Cinema	8 10:00am Morning Mass 11:00am Shark Race in the Courtyard 2:00pm Violin with Antonio 3:30pm Word Search with Manpreet 6:30pm Bingo	9 10:00am Holy Communion and Rosary 10:30am Exercise with Tami 11:00am News & Knowledge 1:30pm Ceramics with Elke 2:30pm Poker 6:00pm Cinema	10 10:00am Morning Mass 10:30am Exercise with Tami 1:30pm Art Reflections with Kaitlin 3:30pm Arm Chair Travel 6:30pm Bingo	11 10:30am Bookmobile with Neal 10:30am Exercise with Kara 1:30pm Resident Council 2:00pm Pinochle 3:30pm Social Hour with Andrii 6:00pm Cinema	12 10:30am Exercise with Tami 11:00am News & Knowledge 1:30pm Sing Along with Richard 2:30pm Poker 6:30pm Bingo	13 10:30am Exercise with Tami 11:00am Crafts with Elisa 1:00pm Matinee 3:45pm Afternoon Mass 6:00pm Cinema
14 10:30am Documentary 1:30pm Word Search with Manpreet 6:00pm Cinema	15 10:00am Morning Mass 1:30pm Meet and Greet 3:30pm Cranium Crunches with Manpreet 6:30pm Bingo	16 10:00am Holy Communion and Rosary 10:30am Exercise with Tami 11:00am News & Knowledge 1:30pm V.I.S.I.T. Meeting 2:30pm Poker 6:00pm Cinema	17 10:00am Morning Mass 10:30am Exercise with Tami 1:30pm Organ with Marc 3:30pm Arm Chair Travel 6:30pm Bingo	18 10:30am Exercise with Kara 1:30pm Town Hall Meeting 2:00pm Pinochle 3:30pm Social Hour 6:00pm Cinema	19 10:30am Exercise with Tami 11:00am News & Knowledge 1:00pm Matinee 2:30pm Poker 6:30pm Bingo	20 10:30am Exercise with Tami 11:00am Crafts with Elisa 1:00pm Matinee 3:45pm Afternoon Mass 6:00pm Cinema
21 10:30am Documentary 1:30pm Crafts with Melanie 1:30pm Ecumenical Service with Rev Jack McNary 6:00pm Cinema	22 10:00am Morning Mass 1:30pm Guitar with Mark 3:30pm Word Search with Manpreet 6:30pm Bingo	23 10:00am Holy Communion and Rosary 10:30am Exercise with Tami 11:00am News & Knowledge 1:30pm Ceramics with Elke 2:30pm Poker 6:00pm Cinema	24 10:00am Morning Mass 10:30am Exercise with Tami 1:30pm Music with Alvin 3:30pm Arm Chair Travel 6:30pm Bingo	25 10:30am Exercise with Kara 11:00am Food Committee Meeting 2:00pm Pinochle 3:30pm Social Hour 6:00pm Cinema	26 10:30am Exercise with Tami 11:00am News & Knowledge 1:00pm Matinee 2:30pm Poker 6:30pm Bingo	27 10:30am Exercise with Tami 11:00am Crafts with Elisa 1:00pm Matinee 3:45pm Afternoon Mass 6:00pm Cinema
28 10:30am Chair Zumba with Rhea 1:30pm Word Search with Manpreet 6:00pm Cinema	29 10:00am Morning Mass 11:00am Poetry Reading with Anara 1:30pm Balloon Volleyball with Manpreet 2:30pm Gardening with Lori Ann 6:30pm Bingo	30 10:00am Holy Communion and Rosary 10:30am Exercise with Tami 11:00am News & Knowledge 1:30pm V.I.S.I.T. Meeting 2:30pm Poker 6:00pm Cinema	31 10:00am Morning Mass 10:30am Exercise with Tami 1:30pm Birthday Party with the Evening Star Band 3:30pm Arm Chair Travel 6:30pm Bingo	<h1 style="color: red;">July</h1> <h1 style="color: green;">2024</h1>		