June's Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 AM Sacred Heart RCIA 10:15 AM Morning Stretch 11:00 AM Girl Scout Cookies 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	2 10:00 AM Morning Mass with Fr. Cormack 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 11:00 AM Karaoke with Roxie 1:30 PM Group Activities 1:30 PM Music with Carsen and Mike* 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	3 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 3:30 PM Drumming Circle w/Tandy	4 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:45 AM Fun in the Kitchen 11:00 AM Hydration/News Currents 1:30 PM Group Activities 1:30 PM Ice Cream Social with Alvin* 2:30 PM June's Place Social 2:30 PM Music with Alvin 3:15 PM Movement in the Afternoon 5:45 PM Reminiscing	5 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Creative Moment w/Elisa 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Round the Table Chat	6 10:15 AM Morning Stretch 1:30 PM Group Activities 1:30 PM Piano with Ellen* 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Movies	7 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
8 Daylight Saving Time Begins 10:00 AM Sacred Heart RCIA 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	9 10:00 AM Morning Mass with Fr. Cormack 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 1:30 PM Sing-A-Long with Ned 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	10 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM This was the year 1953 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon	11 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:45 AM Fun in the Kitchen 11:00 AM Hydration/News Currents 1:30 PM Group Activities 1:30 PM Massages and Mimosas In The Courtyard* 2:30 PM Chocolate Chip Social 3:15 PM Movement in the Afternoon 3:30 PM Music with Alta 5:45 PM Reminiscing	12 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Baking w/Elisa 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Round the Table Chat	13 10:00 AM Prayer w/Sr. Juliana 10:15 AM Morning Stretch 1:30 PM Group Activities 1:30 PM Interfaith with Ali and Dennis 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Movies	14 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM St. Patrick's Day Music* 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
15 10:00 AM Sacred Heart RCIA 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM St. Patty's Day Social* 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	16 10:00 AM Morning Mass with Fr. Cormack 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 11:00 AM Karaoke with Roxie 1:15 PM Violin with Antonio 1:30 PM Group Activities 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	17 St. Patrick's Day 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Water Colors w/Marie 2:30 PM St. Patty's Day Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon	18 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:30 AM Anointing of the Sick 10:45 AM Fun in the Kitchen 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Reminiscing	19 Spring Begins 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Creative Moment w/Elisa 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 3:30 PM Drumming Circle w/Tandy 5:45 PM Round the Table Chat	20 10:15 AM Morning Stretch 1:30 PM Group Activities 2:15 PM Music with Mike 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Movies	21 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Organ with Marc* 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
10:00 AM Sacred Heart RCIA 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	23 10:00 AM Mass with Fr. Cormack 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM Guitar With Julian 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	24 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:00 PM Walking Club 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon	25 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:45 AM Fun in the Kitchen 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place B-Day Social 3:15 PM Movement in the Afternoon 5:45 PM Reminiscing	26 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Baking w/Elisa 2:30 PM Banjo with Jack 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Round the Table Chat	27 10:00 AM Prayer w/Sr. Juliana 10:15 AM Morning Stretch 1:30 PM Group Activities 1:30 PM Interfaith with Ali and Dennis 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 1:30 PM Irish Dancers* 5:45 PM Arm Chair Movies	28 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
29 10:00 AM Sacred Heart RCIA 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Sax with Ava* 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	30 10:00 AM Mass with Fr. Cormack 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 11:00 AM Karaoke with Roxie 1:30 PM Group Activities 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	31 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Music with The Songbird Trio* 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon	March Marker Target 2965 M			Astinities And Located On 1st Floor

Mercy McMahon Terrace

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Belinda Prunty (916) 733-6524

*Joint Activities Are Located On 1st Floor