







June's Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Mercy McMahon Terrace 3865 J Street, Sacramento, CA 95861 Supervisor: Belinda Prunty (916) 733-6524 Legend: Creative Activities Music/Singing Exercise Spiritual	1 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Fitness In The Afternoon 3:30 PM Drumming Circle w/Tandy 5:45 PM Arm Chair Nature	2 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Arm Chair Prime	3 9:00 AM Life Skills 10:45 AM Fun in the Kitchen Hydration/News Currents 1:30 PM Group Activities 2:00 PM Independence Day Celebration with Alvin* 3:15 PM Fitness In The Afternoon 5:45 PM Reminiscing 	4 Independence Day  9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 11:30 AM Balloons with Dilly Dally the Clown 1:00 PM Dunk Tank- Parking Lot 1:30 PM Cooking w/Elisa 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Round the Table Chat	5 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM Cracker Jack Social 2:30 PM Piano with Ellen 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Movies	6 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS	
7 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:30 PM Sax with Beny 3:45 PM Interfaith Service - Ali & Dennis 5:45 PM Arm Chair Travel	8 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 1:30PM Sing A long with Ned* 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Nature	9 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM Root Beer Float Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Arm Chair Prime	10 9:00 AM Life Skills 10:45 AM Fun in the Kitchen Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:30 PM Music with Alta 5:45 PM Reminiscing	11 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Creative Moment w/Elisa 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Round the Table Chat	12 9:00 AM Life Skills 10:00 AM Prayer w/Sr. Juliana 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Movies	13 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM Music with Uh-Oh The Back Row Band 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS	
14 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Music with Lifting Spirits' Soloist Belinda* 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Travel	15 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:15 PM Violin Concert with Antonio 1:30 PM Group Activities 2:30 PM June's Place Social 2:30 PM Yoga w/Craig  3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Nature	16 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Arm Chair Prime	17 9:00 AM Life Skills 10:45 AM Fun in the Kitchen Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Reminiscing	18 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Cooking w/Elisa 2:30 PM Fruit Smoothie Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 3:30 PM Drumming Circle w/Tandy 5:45 PM Round the Table Chat	19 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:15 PM Music with Mike 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Movies	20 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Organ Concert with Marc* 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS	
21 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Music with Mariachi Band* 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:45 PM Interfaith Service - Ali & Dennis 5:45 PM Arm Chair Travel	22 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Fitness In The Afternoon 4:00 PM Music with Nat 5:45 PM Arm Chair Nature	23 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Birthday Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Arm Chair Prime	24 9:00 AM Life Skills 10:00 AM Creative Moment w/Elisa 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Birthday Party with Alvin* 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Reminiscing 	25 9:00 AM Life Skills 10:30 AM Fitness w/Rowena 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Music with Bob and Kathy* 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Round the Table Chat	26 9:00 AM Life Skills 10:00 AM Prayer w/Sr. Juliana 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:00 PM Music with Billy 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Movies	27 9:00 AM Life Skills 10:00 AM Confession - Msgr. O'Connor 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 1:30 PM Music with Lifting Spirits' Soloist Chardonay 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS	
28 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Travel	29 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 1:30 PM Music with Bob* 2:30 PM June's Place Social 2:30 PM Yoga w/Craig 3:15 PM Fitness In The Afternoon 5:45 PM Arm Chair Nature	30 9:00 AM Life Skills 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM Banjo with Jack 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 3:15 PM Floral Arrangements 5:45 PM Arm Chair Prime	31 9:00 AM Life Skills 10:45 AM Fun in the Kitchen Hydration/News Currents 1:30 PM Music with Lifting Spirits' Soloist Chardonay * 2:30 PM June's Place Social 3:15 PM Fitness In The Afternoon 5:45 PM Reminiscing	 			* Activity in the Family Room On 1 st Floor