

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>NOVEMBER</h1> <p>*Joint Activities are in the Family Room on the First Floor</p>						
3 Daylight Saving Time Ends 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Music with Carl* 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	4 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 11:00 AM Karaoke with Roxie 1:30 PM Music with Oscar* 2:30 PM Yoga w/Craig 3:30 PM Drumming Circle w/Tandy 5:45 PM Arm Chair Nature	5 10:15 AM Morning Stretch 11:00 AM Hydration / Chat Time 1:00 PM Walking Club 1:30 PM Bulletin Board Trivia 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Prime 	6 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:45 AM Fun in the Kitchen/News Currents 1:15 PM Sacred Heart Readers in June's Place 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Reminiscing	7 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Creative Moment w/Elisa 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Round the Table Chat	1 All Saints Day 10:00 AM Feast of all Saints Mass in the Chapel 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 2:30 PM Piano with Ellen 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Movies 	2 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Morning Stretch 11:00 AM Christmas Choir Rehearsal* 11:00 AM Hydration/Chat Time 1:30 PM Fancy Feet Dance Academy* 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
10 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Harpist* 2:30 PM June's Place Social 5:45 PM Arm Chair Travel	11 Veterans Day 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 11:00 AM Karaoke with Roxie 1:30 PM Sing A Long with Ned 2:30 PM Yoga w/Craig 3:00 PM Veteran's Day Facts 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	12 10:15 AM Morning Stretch 10:30 AM JP Outing 11:00 AM Hydration/Chat Time 1:00 PM Walking Club 1:30 PM Group Activities 2:30 PM June's Place Social 3:00 PM Concert-Billy 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Prime	13 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:45 AM Fun in the Kitchen/News Currents 11:00 AM Hydration Time 1:30 PM Music with the Country Club Aires* 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Reminiscing	14 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Cooking w/Elisa 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Round the Table Chat	15 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM This Was the Year... 1949 2:15 PM Music with Mike 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Movies 	16 10:15 AM Morning Stretch 11:00 AM Christmas Choir Rehearsal* 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
17 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 11:00 AM Thanksgiving Buffet 1:30 PM Group Activities 2:30 PM June's Place Social 5:45 PM Arm Chair Travel 	18 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 11:00 AM Karaoke with Roxie 1:15 PM Violin with Antonio 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Nature	19 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:00 PM Walking Club 1:30 PM Group Activities 1:30 PM Water Colors w/Marie 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Prime	20 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Exercise with Tami 10:45 AM Fun in the Kitchen/News Currents 11:00 AM Hydration Time 1:15 PM Sacred Heart Readers in June's Place 2:30 PM June's Place Social 3:30 PM Concert w/Alta 5:45 PM Reminiscing 	21 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Creative Moment w/Elisa 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:30 PM Drumming Circle w/Tandy 5:45 PM Round the Table Chat 	22 10:00 AM Prayer w/Sr. Juliana 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Movies	23 10:15 AM Morning Stretch 11:00 AM Christmas Choir Rehearsal* 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS
24 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Group Activities 2:30 PM Guitar With Julian 5:45 PM Arm Chair Travel 	25 10:00 AM Morning Mass with Msgr. O'Connor 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 11:00 AM Karaoke with Roxie 1:30 PM Group Activities 2:30 PM Yoga w/Craig 3:15 PM Movement in the Afternoon 4:00 PM Concert: w/Nat Brown 5:45 PM Arm Chair Nature	26 10:15 AM Morning Stretch 10:30 AM JP Outing 11:00 AM Hydration/Chat Time 1:00 PM Walking Club 1:30 PM Group Activities 1:30 PM Painting A Feather with Ali 2:30 PM June's Place Birthday Social 2:30 PM November Birthday Quiz 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Arm Chair Prime	27 10:00 AM Morning Mass with Msgr. O'Connor 10:45 AM Fun in the Kitchen/News Currents 11:00 AM Hydration Time 1:30 PM Group Activities 2:30 PM June's Place Social 3:15 PM Movement in the Afternoon 5:45 PM Reminiscing	28 Happy Thanksgiving 10:15 AM Morning Stretch 11:00 AM Hydration/Chat Time 1:30 PM Thanksgiving Day Trivia 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:15 PM Movement in the Afternoon 5:45 PM Round the Table Chat 	29 10:15 AM Morning Stretch 11:00 AM Hydration/News Currents 1:30 PM Group Activities 2:30 PM June's Place Social 3:00 PM Appetizers & Cocktails 5:45 PM Arm Chair Movies	30 10:15 AM Morning Stretch 11:00 AM Christmas Choir Rehearsal* 11:00 AM Hydration/Chat Time 1:30 PM Music with the Last Two Standing* 2:30 PM June's Place Social 3:15 PM Floral Arrangements 3:45 PM Mass in the Chapel 5:45 PM Arm Chair PBS