

~Achieving Your Wildest Dreams~

Albert Einstein was not only a brilliant scientist, he was also an amazing visionary. He is quoted for understanding what makes the Universe tick, but admitted he would never understand it all. My favorite quote by him is "Imagination is more important than knowledge."

Through the years and experience of working with people every day, I must agree with Einstein. We are so capable of nearly anything we desire. Our senses tell us what signals in our body are relating to our desires, which means that we are already engaging in that desire merely through the concept of what we want to happen. It is also why we can experience a memory and feel happy inside, and why we can still be afraid. Experiences tend to take priority and we can feel victimized by them. This, however, isn't necessarily the lesson we truly desire to incorporate into our life.

We can turn traumas into teachings that help other people. We can also detach from the pain of a trauma simply by realizing that every moment is not only a learning lesson, but also a new moment to reinvent yourself. Flexibility in your new world today can change your self-inflicted destiny into an elaborate new beginning. In quantum physics, nothing is actually real until we give it meaning. Our minds like to be in control by acknowledging experiences through emotions; however, the drama can seem stronger than the peace because it is meant to be understood and be learned from. YOU are so powerful, that just by closing your eyes, you can transport yourself to the ocean, feel the breeze, and smell the air. If our senses are this strong to alleviate stress, it's a wonder why more people aren't attributing them to life-changing experiences.

Our bodies flow with unconditional love. If we can remember that this is the priority that we need to experience, we'll soon catch up to the reality that life is joyful. Life always finds a way to shift, change, transmute, reincarnate, etc. Using this truth can exemplify your senses to become brilliant and natural, relieving your stress, finding new pathways to develop and experience, and soon you'll be living your wildest dreams without any blockage of past memory to hold you back. Expansion and flexibility are the keys to freedom. What you can imagine, you can achieve.

Here's to the Eclipse month of July and all your wildest dreams coming true!

Much Love and Many Blessings,
Mona~

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