

~ Taking Your Power Back ~

Over the years that we have been planted here on this beautiful Earth, we have always been around people, whether it be parents, friends, peers from school, or even people you just didn't like!

Our personal approach is to "try to get along and communicate" to the best of our ability, and yet, many of us still do not feel we have been heard or even acknowledged.

If I were to tell you that you can be and have whatever you desire, you might say "yes, but..." The reality is that we have created a way to survive, and to live, that was in a comfort zone. May is the true beginning of Spring, which always brings new life, so I will give you a brief rundown of what the Universe has in store:

Right now, we have 3 heavy hitting planets in retrograde. That means it's time to take the information these planets are known for, and turn them back to our inner desires!

Pluto, the biggest transformational planet, takes longest to do a full run around the Sun. It takes 248 years to orbit the Sun, in fact. When it turns retrograde, the message is to really sense and feel the transformation within. Your actions, reactions, and non-action determine your ability to expand yourself. That might be as simple as changing old negative habits or thoughts.

Then there is Saturn. Wow! It begins today until September 18th. THAT one is fixed in so many ways, yet it is a protector. Saturn will help in making sure you know what to say and when. It doesn't like change, but being that it is a "fixed" sign, it will stop you in your tracks if something doesn't feel right.

Next there is Jupiter... this one is huge: the planet of expansion herself! Jupiter knows how to pull you out of your comfort zone and place you in a situation made to help open your mind. Everything this planet touches turns to fire.

ALL of them that are turned from sight (moving backwards) are retrograde. So when you take these meanings that I have provided, apply them to your life; you will see that the Universe has plans for you! **Taking your power back** means you align to your true nature, and only allow that which feels right within to move directly into for your own awareness. Change is not only good, it is totally necessary right now. Abundance, manifestation, living the dream are all possible at this crucial beginning in our lives by the day. Most importantly, love yourself. Try new ways to take a hold of that rubber band and stretch yourself into new directions. As they say... "Try it, you'll like it" -OR- "Reach for the stars... the sky's the limit!"

Happy Spring, and here's to YOUR New Life!
~Mona

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