

# Walking Into the Future

I'm sure many of us have been questioning where we are going in this world? What will be the destiny of America? How will we individually make it if...??

There are so many questions and not many answers if we only come from the 3D world, as it's all wrapped up in chaos and confusion.

What if I told you there is another viewpoint, perception, and way to live inside that will get you more peace, less intensity, and even more clarity?

With all the clients I have had lately, I must say we seem to be ready, as a collective, to achieve a new way of living! Let's face it... the past is *not* as motivational or exciting as it once was. It can be fun, however, to look back on old movies and think back to how they made us feel. Some make us question why we even watched them in the first place, and actually *liked* them! Ha!

It seems we are always getting nudges from the Universe at just the right time! (Of course... how else would the Universe work?) Right now we are heading for a full moon in Aquarius. Aquarius is innovative, unique, and likes its independence.

The energy of a full moon is felt three days before and three days after as the moon waxes and wanes. Therefore, we are feeling a bit different at this time. Some are tired, exhausted, and others have more energy! Some are experiencing hyped-up dreams, and not all are pleasant. Others are feeling their temperature shift and oddly go up and down. Our nervous systems are on alert and are showing a type of "front and center" behavior as we are having to take a good look at what is causing these shifts. We are noticing things coming up to come out. Here is where we can identify our reactions to everyday life and experiences to old emotions. At one time, we might have reacted with anger or frustration to a certain issue (or if someone said something to trigger us). Yet, these days, while it may seem odd, a reaction can be less dramatic and less intense. If you are noticing that, you are definitely on track to how this energy is setting your new direction.

Mars is going to stay in its home sign, Aries, until the end of the year. Depending on where this aspect is in your personal star chart, it may be a challenge to keep your cool, or not react to those who are obviously angry about everything these days. Mars in Aries could affect your mood, and also develop a voice within you that's been waiting to come out for a lifetime! This

could lead to personal leadership as you find yourself speaking up. Not all signs and aspects of the zodiac have to be challenging. They seem to always have another side for growth and prosperity.

So, this month of August, we will see many interesting, explosive events from small to large. Just know it's part of what needs to "come up to come out" and to heal for the sake of "walking into the future" for everyone!

Be blessed and stay healthy!

~***Mona***