

SNAPSHOTS

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Goal: To provide an opportunity for children and teens to share memories of the person who died

Ages: All ages – adapt as needed

Supplies needed: prepared handout with a grid of up to 20 sections, each with a word at the top of an otherwise blank box

How the activity works:

Explain that snapshots are pictures that capture a brief moment in time. Most people don't have pictures for every memory or aspect of a person's life, but we can remember some details that are stored in our memory.

Pass out the handout. Invite everyone to look over it and fill in any sections that are relevant to them with a brief comment about a memory of the person that was evoked by that word.

Everyone is then invited to share what they wrote.

For young children, a grid of 4-6 sections works best.

Snapshots

Food	Clothes	Game	Toy
Dislike	Friend	Place	Movie
Book	Birthday	Holiday	Illness
Hair	Size	Animals	Vacations
Laughter	Feelings	Family	Outdoors

<p>Food</p>	<p>Laughter</p>	<p>Family</p>
<p>Friends</p>	<p>Birthday</p>	<p>Animals</p>