

JEFFERY THOMPSON MD MPH

Profile

Applying business & value based strategies that result in better access to quality affordable health care.

Selected Achievements

- ♦ Senior Health Consultant to small, mid, large, and jumbo employers.
- ♦ Leading employer value based interventions and contracting
- ♦ Multiple ACO contracts sold and implements accros the United States
- ♦ Established a value-based purchasing model for benefit contracting resulting in reduced member cost and better outcomes (e.g. lower c-section rates in WA).
- ♦ Linked evidence based guidelines to actuarial models & time loss improving return to work & employer risk.
- ♦ Managed 80 FTEs with \$3.2M budget UM/UR medical and pharmacy in WA Medicaid
- ♦ \$89M savings in a preferred drug list with improved brand & generic utilization & cost controls.
- ♦ \$12M savings through reduced morbidity & mortality with selective hospital contracting.
- ♦ \$1.4M savings by changing community standards for treating ADHD.
- ♦ \$10M savings with changing medical necessity for entral nutrition benefits.

Experience

2023 – Present

CEO Value Base Payment Strategies

Our company’s mission is to make ACO contracting for Employers and Health Systems “easy and affordable” with predictable PMPM savings and better outcomes for members.

2015 - 2019

Senior Director Willis Towers Watson. Accountable Care and direct contracting between large employers and helath systems accros the United States. Lead consultant for Willis Towers Watson in contract development, actuarial forecasting, risk management and clinical outcomes setting for multi year risk contracts. Additional sales and implementation included Center of Excellence contracts, Medical/Drug Benefits, Risk and Cost Management consulting to employers and health systems.

2012 - 2015

Senior Health Consultant Mercer. Directing employer lead supply side discussions with hospitals and health systems to reduce variation, ACOs development, medical tourism, bundled payments programs, national and regional centers of excellence/experience programs, clinical auditing and assessments of care management, building utilization and disease management programs, pharmacy integration, and developing evidence based benefits, reviewing vender programs, and contracts to achieve the Triple Aim – better health, better care and lower costs.

- 2003 - 2012** ***Chief Medical Officer. WA State Health Care Authority.***
 Developing policy, programs & health benefits for Medicaid (medical, pharmacy, mental health & dental) for Medicaid, Basic Health and State Employee benefits. Developing statutes & codes for health care delivery. Teaming across State and Federal agencies to improve integration of maternity health, foster care, mental health & improved health outcomes. Directing a \$500 million dollar pharmacy program & preferred drug list. Developing utilization management & review processes for hospitalizations, out-patient services & drugs.
- 2001 - 2003** ***Medical Director / Director of Policy & Purchasing. Health Care Authority, Olympic, Wa.*** Managed purchasing for ~ 500,000 public employees & Basic Health Plan members of WA ~ \$1B . Audited & directed contracting of managed care health plans. Managed policy, purchasing & quality staff with a budget of ~ \$2M. Delivered improved costs in health care through value based purchasing.
- 2000 - 2001** ***Associate Editor. Milliman USA, Seattle Washington.***
 Developed integrated Disability Management & Workers' Compensation guidelines. Developed an actuarial and time loss model for evidence based guidelines.
- 1995 - 2000** ***Corporate Medical Director. Weyerhaeuser.*** Consulted in occupational and health benefits, workers compensation plan, ADA/FMLA policy to 40,000-employee population worldwide. Developed business models for disease & demand management, health benefit data warehousing & analysis, & substance abuse management.
- 1993 - 2000** ***Assistant Clinical Professor. University of Washington, Seattle Washington.*** Taught occupational medicine, disability management, risk management, & industrial hygiene. Researched safety, ergonomics, health outcome & benefits. Provided care, workers compensation and IMEs for injured workers. Researched Workplace Peer Support & Drug Testing (Principle Investigator for \$900,000 SAMSHA grant).
- 1989 - 1991** ***Director of Occupational Health Services. Moffett Naval Air Station.*** Lieutenant Commander Medical Corps stationed on USNS Mercy during Persian Gulf War (1991). Managed Occupational Health services at Moffet Naval Air Station including industrial hygiene & medical surveillance. Monitored occupational & environmental medicine for Naval Aviation. Practiced in general internal medicine clinic.
- 1975 - 1983** ***United State Navy Corpsman.***

Education

- 1982** ***BA. San Jose State***
- 1989** ***Doctorate of Medicine. University of Nebraska***
- 1995** ***Masters of Public Health. University of Washington***
- 1993** ***Residency in Internal Medicine. Stanford University***

Professional Organizations

- *AHRQ National Advisory Council. Past Board Member.*
- *Washington State Bree Collaborative. Past Advisor.*
- *Medicaid Medical Director Learning Network. Past Chair & Committee Member.*
- *Medicaid Representative to National CMS HCPCS Selection Committee. Past Member.*
- *Medicaid Representative to National Quality Technical Advisory Group. Past Committee Member.*
- *Northwest Occupational Environmental Medicine. Past President.*
- *Foundation for Health Care Quality, Cardiac & Surgical Clinical Outcomes Assessment Program. Past Advisor.*
- *Corporate Achievement Award. Past Examiner.*

Publications

*Thompson, J. **Antipsychotic Medication Use in Medicaid Children and Adolescents: Report and Resource Guide from a 16-State Study. Medicaid Medical Directors Learning Network and Rutgers Center for Education and Research on Mental Health Therapeutics.** MMDLN/Rutgers CERTs Publication #1. July 2010. Distributed by Rutgers CERTs at <http://rci.rutgers.edu/~cseap/MMDLNAPKIDS.html>.*

*Thompson, J. Varley, C., McClellan, J., Hilt, R., Lee, T., Kwan, A., Lee, T., Trupin, E., **Second Opinions Improve ADHD Prescribing in a Medicaid-Insured Community Population.** Journal American Academy Child Adolescent Psychiatry, 48:7, July 2009*

*Thompson, J., Chealdle, A., Bombardier, C., Kyes, K.. **Evaluation of a Peer Support Program to Reduce Substance Abuse Within a Large Manufacturing Company.** Journal of Employee Assistance, Volume 35 Issue 3 Pages 1-13(6).*

*Thompson, J., Brodtkin, D., Neighbor, W., Kyes, K.. **Use of a Questionnaire to Enhance the Occupational and Environmental History Taking in Family Practice Clinic.** JOEM, 2000, 42:12 1188-1194.*

*Burgess, J. L., Kovalchick, D., Kyes, L., Thompson J., Barnhart, S.. **Hyperventilation Following a Large-Scale Hazardous Materials Incident.** IJOEH, 1999:5:194-197.*

*Burgess, J. L., Kovalchick, D., Kyes, K., Harter, L., Thompson, J. 1998. **Hazardous Materials Incidents: An Industrial Comparison.** JOEM*