



Gymnastics Classes

Ages 2 ½ and up

Junior Gym is a quality gymnastics program, that has been offered in area schools and preschools for over 30 years. Our program is a fun and positive experience, which will teach your child gymnastics and movement basics. We believe it is important to build a sound basis for physical activity in the early years. Gymnastics is a great activity for boys and girls, and our program is designed to improve their gross motor development, coordination, balance, strength, flexibility and body awareness. Activities include:

WARM-UP EXERCISES * TUMBLING * CHEESE MAT * HOOPS
OCTAGON MAT * SOFT STEPS WITH HOOP * FUN TUNNEL MAT
BALANCE BEAM * MAILBOX MAT * PARACHUTE & SCARVES
STRETCHING AND CONDITIONING EXERCISES

To enroll in Junior Gym, please fill out the form below and return it to the school office. The fee is \$40 per month and is due on the 1st of each month. After the tenth, the fee is \$45. Please visit our website, jrgymtally.com, to make an online payment. You may also leave a check (made payable to Jr. Gym), money order or cash (clearly marked) at the school. Our 30-minute classes are scheduled one day per week, with four (4) lessons given each month. No special outfits required. Junior Gym t-shirts are available for purchase (\$15). The program is directed by Ashley Peebles. If you have any questions or comments, you can reach Ashley by email at ashley@jrgymtally.com, or call 850-445-1491.

Enjoy the convenience of this quality program brought to your child's school!

Junior Gym Gymnastics Registration

Child's Name _____ School _____ Teacher/Class # _____

Parent's Names _____

Address _____ Zip Code _____

Phone Numbers: Mother's Cell _____ Father's Cell _____

Email Address _____

Child's Age _____ Child's Birth Date _____

**Jr Gym has my permission to post photos of my child(ren) on their website: Please Circle YES or NO

Please explain any disabilities or health problems your child has, and any limitations they may impose:

My son or daughter _____ has my permission to participate in the "Junior Gym" gymnastics program. I understand that by participating in this activity, there is a possibility of accidental physical injury. I agree to assume the risk of any adverse effects on him or her due to participation in this activity.

Signature of Parent/Guardian

Date