



Gymnastics Classes

Ages 2 ½ and up

Junior Gym is a quality gymnastics program, that has been offered in area schools and preschools for over 30 years. Our program is a fun and positive experience, which will teach your child gymnastics and movement basics. We believe it is important to build a sound basis for physical activity in the early years. Gymnastics is a great activity for boys and girls, and our program is designed to improve their gross motor development, coordination, balance, strength, flexibility and body awareness. Activities include:

WARM-UP EXERCISES * TUMBLING * CHEESE MAT * HOOPS
 OCTAGON MAT * SOFT STEPS WITH HOOP * FUN TUNNEL MAT
 BALANCE BEAM * MAILBOX MAT * PARACHUTE & SCARVES
 STRETCHING AND CONDITIONING EXERCISES

To enroll in Junior Gym, please fill out the form below and return it to the school office. Fall classes start the week of August 15th with a prorated fee of \$20. Beginning September, the fee is \$40 per month and is due on the 1st of each month. After the tenth, the fee is \$45. Please visit our website, jrgymtally.com, to make an online payment. You may also leave a check (made payable to Jr. Gym), money order or cash (clearly marked) at the school. Our 30-minute classes are scheduled one day per week, with four (4) lessons given each month. No special outfits required. Junior Gym t-shirts are available for purchase (\$10). The program is directed by Ashley Peeples. If you have any questions or comments, you can reach Ashley by email at ashley@jrgymtally.com, or call 850-445-1491.

Enjoy the convenience of this quality program brought to your child's school!

Junior Gym Gymnastics Registration

Child's Name _____ School _____ Teacher/Class # _____

Parent's Names _____

Address _____ Zip Code _____

Phone Numbers: Mother's Cell _____ Father's Cell _____

Email Address _____

Child's Age _____ Child's Birth Date _____

**Jr Gym has my permission to post photos of my child(ren) on their website: Please Circle YES or NO

Please explain any disabilities or health problems your child has, and any limitations they may impose:

My son or daughter _____ has my permission to participate in the "Junior Gym" gymnastics program. I understand that by participating in this activity, there is a possibility of accidental physical injury. I agree to assume the risk of any adverse effects on him or her due to participation in this activity.

Signature of Parent/Guardian

Date