

Armonk Martial Arts

Pre K 3 - Preschool (age 3)

Pre K 4 - Preschool (ages 4 & 5)

Beginners - White Belts & Junior Belts (kindergarten)

Yellow - Yellow Belts

Intermediate - Advanced Yellow & Orange Belts

Advanced - Green Belts & Above

Teen/Adult - All Levels (ages 14 & up)

Boot Camp - Crunches & Punches Women's Boot Camp

Gray Shaded boxes indicate full or reserved classes

Class Schedule 2026-2027

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|---|
| Pre K 3 1:00 - 1:45 | Pre K 4 1:00 - 1:45 | Pre K 3 1:00 - 1:45 | Pre K 4 1:00 - 1:45 | Pre K 4 12:45 - 1:30 | Boot Camp 8:00 - 9:00 |
| Pre K 4 2:30 - 3:15 | Pre K 3 2:30 - 3:15 | Pre K 4 2:15 - 3:00 | Pre K 3 2:30 - 3:15 | Pre K 3 3:00 - 3:45 | Intermediate 9:30 - 10:20 |
| | | Pre K 4 3:10 - 3:55 | | | Yellow 10:30 - 11:15 |
| Yellow 3:40 - 4:25 | Beginners 4:00 - 4:45 | Yellow 4:00 - 4:45 | Yellow 3:45 - 4:30 | Beginners 4:00 - 4:45 | Private Lesson |
| Beginners 4:30 - 5:15 | Yellow 5:00 - 5:50 | Yellow 5:00 - 5:50 | Intermediate 4:40 - 5:30 | Yellow/Inter 4:50 - 5:40 | Beginners 12:00 - 12:45 |
| Intermediate 5:30 - 6:20 | Intermediate 6:00 - 6:50 | Intermediate 6:00 - 6:50 | Advanced 5:40 - 6:30 | Advanced 5:45 - 6:35 | Private Class 1:30 - 2:15 |
| Advanced 5:30 - 6:20 | Advanced 6:00 - 6:50 | Advanced 6:00 - 6:50 | Teen/Adult 6:40 - 7:40 | | Birthday Parties |
| Teen/Adult 6:30 - 7:30 | | | | | Saturdays after 3:00 & Sundays |

Classes will be updated as they fill. Click your link for availability.

Please return this portion with your payment.

Student's name _____

Parent's name _____

Parent's email: _____

Cell phone _____ Home phone _____

My child will attend class on: (Please circle the select time(s) under the day(s) of attendance.)

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|----------|-----------|----------|-----------|----------|
| PK3 1:00 | PK4 1:00 | PK3 1:00 | PK4 1:00 | PK4 12:45 | BC 8:00 |
| PK4 2:30 | PK3 2:30 | PK4 2:15 | PK3 2:30 | PK3 3:00 | I 9:30 |
| | | PK4 3:10 | | | Y 10:30 |
| Y 3:40 | B 4:00 | Y 4:00 | Y 3:45 | B 4:00 | Private |
| B 4:30 | Y 5:00 | Y 5:00 | I 4:40 | Y/I 4:45 | B 12:00 |
| I 5:30 | I 6:00 | I 6:00 | A 5:40 | A 5:45 | P 1:30 |
| A 5:30 | A 6:00 | A 6:00 | T/A 6:40 | | |
| T/A 6:30 | | | | | |

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