

The Tickler



A Monthly Publication of Douglas-Carson Legal Professionals

July 2024

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Royalty Free from Deviant Art

Here come the hot summer months. I am writing this on the first day of summer and it's going to be hot. Hope you have some fun vacations planned for this summer.

I very much enjoyed the mental agility quiz in last month's Tickler. With my husband's help, we got all but one answer. Hope to see another one of these soon. I also love the word search puzzles and the quizzes. There is a lot of really great information in the Tickler and I hope you take the time to read it.

I also attended one of NALS on-line, free seminars on June 12. It was titled "A Paralegal Walks Into a Bar." What a great presentation and what a great, true story. It was quite the mess that this paralegal got herself into. Watch for these seminars and attend one. You will be happy you did.

Our speaker this month is Elizabeth Ann Brown. She is the Clerk of the Nevada Appellate Courts and will give us a presentation on court procedures.

Thank you for reading the Tickler and Happy Summer!
 Please join us Wednesday, July 3 at noon on Zoom!

Maria Nelson, PLS—DCLP President 



DCLP LIVE!!

No Reservation Needed

Via ZOOM **Wednesday, July 3, 2024 at 12 p.m.**

No charge for guests.

Meeting ID: 922 280 3023 Passcode: 412889

The next Lunch Bunch meet up will be on Wednesday, July 17 at noon at Yang's Kitchen located at 111 East Telegraph Street in Carson City. If you can get away, please join us! No official business or program... Just an opportunity to socialize and catch up with our members.





Douglas-Carson Legal Professionals

Presents

Elizabeth Ann Brown
Clerk of the Court

Nevada Appellate Courts

Elizabeth Ann Brown joined the central staff civil division as a staff attorney in January 2000. She left the Supreme Court later that year but returned to the central staff criminal division in June 2004. In 2007, she became the supervisor of the death penalty team. Ms. Brown was appointed as the 17th Clerk of Court for the Nevada Appellate Courts in October 2016.

Before her tenure with the Supreme Court, Ms. Brown served in the United States Air Force Judge Advocate General's Corps as an active duty attorney for more than eight years. Ms. Brown held several positions as an Air Force JAG including the Appellate Government Counsel Division in Washington D.C., where she argued cases before the Air Force Court of Appeals and the Court of Appeals for the Armed Forces. She also served as Chief of the Civil Law Division at Headquarters, 15th Air Force at Travis Air Force Base in California and as Chief of the Military Justice Division at Osan Air Base in Korea and Langley Air Force Base in Virginia.

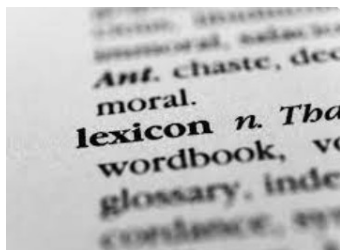
Prior to Ms. Brown's military service, she worked as a law clerk for the Honorable Jerry Woodard at the Eighth Court of Appeals in El Paso, Texas.

A Nevada lawyer since 2000, Ms. Brown is a 1990 graduate of Texas Tech University School of Law. She received bachelor's degrees in English and Journalism from the University of Texas at Austin in December 1986. Ms. Brown is also licensed to practice law in Texas and California.

Ms. Brown is an avid football fan and is particularly passionate about the University of Texas Longhorns. She and her husband Michael enjoy traveling and outdoor activities. Ms. Brown has one son who works in the financial industry in New York City.



DCLP presents
Cognitive Fitness



Definition: deride

transitive verb

1 : to laugh at or insult contemptuously

got derided by a carnival clown

2 : to subject to usually bitter or contemptuous ridicule or criticism

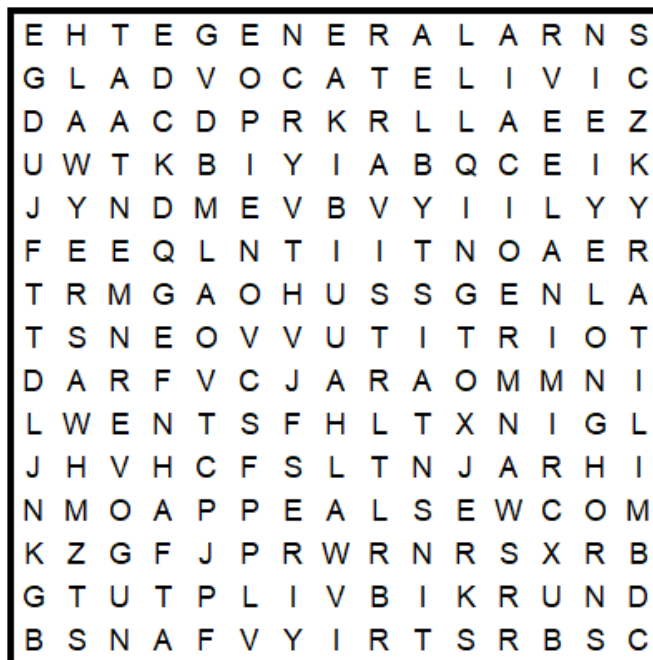
politicians deriding their opponents

3: to express a lack of respect or approval of

were derided as the weaker sex

Laughter may or may not be the best medicine—your mileage may vary—but it’s essential to understanding the verb *deride*. To deride someone or something is not merely to criticize or insult them, but to lower them (or attempt to lower them) in others’ esteem by making them appear ridiculous or worthy of mockery. This meaning is reflected in the word’s origins: *deride* comes from the Latin verb *deridēre*, a combination of the prefix *de-* (“to reduce or make lower”) and *ridēre*, meaning “to laugh.” *Ridēre* echoes in other English words as well, including *ridicule* and *ridiculous*. *Ridicule* functions as both verb (“to make fun of”) and noun (“the act of making fun of”), while *ridiculous* describes what arouses or deserves ridicule or mockery. More obscure than either of these *ridēre* descendants is the medical term *risorius*, which refers to a narrow band of muscle fibers in the face that reach to the corners of the mouth to make smiling possible. One does not necessarily need one’s risorius to deride something—people in the act of deriding may appear quite angry—but inspiring the bitter, contemptuous laughter of those within earshot is often the goal.

Word Search Puzzle for July



Circle the words below in the puzzle above. Words may be forwards, backwards, diagonal, horizontal or vertical. The answer to this puzzle will appear in the August issue of The Tickler.

- | | | |
|-----------|-----------|------------|
| APPELLATE | JUDGE | GENERAL |
| DIVISION | TRAVIS | CIVIL |
| LAWYER | LANGLEY | CRIMINAL |
| APPEALS | FOOTBALL | MILITARY |
| STAFF | LONGHORNS | JUSTICE |
| ATTORNEY | ADVOCATE | GOVERNMENT |



June’s Word Search Solution

Answers to June's Mental Agility Quiz

1.	26 = L. of the A.	Letters of the Alphabet
2.	7 = W. of the A.W.	Wonders of the Ancient World
3.	1,001 = A.N.	Arabian Nights
4.	12 = S. of the Z.	Signs of the Zodiac
5.	54 = C. in a D. (with the J.)	Cards in a Deck (with the Joker)
6.	9 = P. in the S.S.	Planets in the Solar System
7.	88 = P.K.	Piano Keys
8.	32 = D.F. at which W.F.	Degrees Fahrenheit at which Water Freezes
9.	13 = S. on the A.F.	Stripes on the American Flag
10.	18 = H. on a G.C.	Holes on a Golf Course
11.	90 = D. in a R.A.	Degrees in a Right Angle
12.	200 = D. for P.G. in M.	Dollars for Passing Go in Monopoly
13.	8 = S. on a S.S.	Sides on a Stop Sign
14.	3 = B.M. (S.H.T.R.)	Blind Mice (See How They Run)
15.	4 = Q. in a G.	Quarts in a Gallon
16.	24 = H. in a D.	Hours in a Day
17.	57 = H. V.	Heinz Varieties
18.	11 = P on a F. T.	Players on a Football Team
19.	1,000 = W. that a P. is W.	Words that a Picture is Worth
20.	29 = D. in F. in a L.Y.	Days in February in a Leap Year
21.	64 = S. on a C. B.	Squares on a Checker Board
22.	50 = W. T. L. Y. L.	Ways to Leave Your Lover
23.	40 = D. & N. of the G. F.	Days and Nights of the Great Flood
24.	99 = B. of B. on the W.	Bottles of Beer on the Wall
25.	7 = B. for S. B.	Brides for Seven Brothers
26.	21 = D. on a D.	Dots on a Die
27.	6 = D. of S.	Degrees of Separation
28.	60 = S. in a M.	Seconds in a Minute
29.	9 = J. on the S. C.	Justices on the Supreme Court
30.	1 = H. on a U.	Horn on a Unicorn

How did you do?



Legal Trivia

Submitted by Dee Beardsley, Emeritus PP, PLS

Circle or highlight the correct answer to each question.

1. Which Rule of Civil Procedure governs the issuance of a summary judgment in federal court?
 - A. Rule 11
 - B. Rule 26
 - C. Rule 56
 - D. Rule 65
2. In a famous 1892 Michigan murder trial, a parrot named Polly was brought into the courtroom because it was believed to have repeated the victim's final words, "don't shoot!" Why was the parrot's testimony ultimately deemed inadmissible in court?
 - A. The parrot was considered an unreliable witness because it could not understand or communicate the truth.
 - B. The parrot was believed to be too frightened to speak during the trial
 - C. The defense argued that the parrot was coached to say specific phrases.
 - D. The judge determined that animal testimony is never admissible in court.
3. Which constitutional doctrine requires that laws not interfere with fundamental rights unless they serve a compelling state interest and are narrowly tailored to achieve that interest?
 - A. Rational Basis Review
 - B. Strict Scrutiny
 - C. Intermediate Scrutiny
 - D. Preemption
4. Which principle allows a court to dismiss a case if it believes another forum is more appropriate for the case?
 - A. Res judicata
 - B. Collateral estoppel
 - C. Forum non conveniens
 - D. Lex loci delicti
5. In 1952, the United States Supreme Court handed down a significant ruling that upheld the President's authority to detain individuals deemed to be threats to national security during times of war. What was the name of this case?
 - A. *Youngstown Sheet & Tube Co. v. Sawyer*
 - B. *Korematsu v. United States*
 - C. *Wickard v. Filburn*
 - D. *Ex parte Milligan*

Source: *Attorney At Law Magazine*



Answers
1c; 2a; 3b; 4c; 5a;

Active Listening

Actively listening to your friends, family, and coworkers shows you care — and helps you get more out of each conversation. But how do you become an active listener naturally?

Here are eight techniques to improve your active listening skills:

1. **Provide eye contact.** Maintaining eye contact might feel intimidating, but getting past the discomfort has enormous benefits. Looking people in the eye activates the limbic mirror system, creating an understanding between the other person and us because our brain mirrors the neurons going off in their brain. If their eyes communicate contentment, we feel content. If they express sadness, we feel sad. And when we share an emotional state with another person through active listening, our connection and empathy for one another deepen.

2. **Ask questions.** Asking questions shows you want to hear more about the person's experience and gives you more information to construct a thoughtful response. Open-ended questions are best so you gain detailed answers instead of a "yes" or "no" that shuts down the conversation.

Different questions serve different purposes, like helping us solve a problem, directing the flow of the conversation, or reaching closure. Here are some standard questions worth adding to your repertoire when practicing active listening:

- Why does this matter to you?
- What would improve if you had extra time to work on this?
- What can I do to help?
- If you could do it over, how would you change your approach?
- What have you learned from this?

3. **Pay attention to non-verbal cues.** Learning to read body language, voice tone, eye contact, and facial expressions is essential to understanding the more

understated parts of a conversation. We can adjust our approach to ease hostility, accommodate nerves, or cheer someone up. Attentive, open nonverbal cues also show we're actively listening to our audience.

4. **Avoid judging.** Non-judgmental active listening helps us empathize with the other person and makes them feel safe to share. We close ourselves off when we enter a conversation with preconceived notions, so keep an open mind and foster compassion to make the person feel validated.

5. **Don't interrupt** When we talk less and actively listen more, we show we're not distracted thinking about ourselves. We're also giving the other person room to think so they can express themselves without interruptions. Be patient and wait for your turn so your audience can finish their thoughts. This is especially important when discussing an issue — you can't solve a problem if you haven't gained all relevant information.

6. **Paraphrase.** Summarizing what the speaker said is an excellent way to show you're actively listening. Here are a few examples:

- "You're upset because when I don't say 'Thank you' you feel like I don't notice your efforts?"
- "You think the best organic growth strategy is diversifying our social media tactics?"

7. **Share similar experiences.** Sharing similar experiences shows vulnerability and compassion and creates a common bond. We feel less judged and more willing to trust those with similar experiences. When sharing a personal example to relate to your audience, make sure you don't hijack the conversation. Explain how the story relates to what they've said and quickly turn the conversation back to them. Here are a few ways to do this:

- "I can relate — returning to work as a new mom was so difficult for me. I also felt nervous leaving my son in daycare. But I'm sure you'll get in a groove quickly, and I'm happy to help wherever possible."



Active Listening (Cont'd)

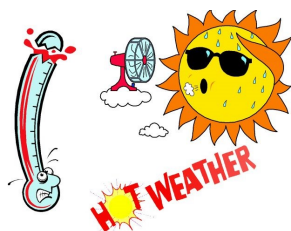
- “When I started my first job, I was so nervous. You’re more than qualified, so I’m sure you’ll settle in just fine!”
- “I’ve been to Paris as well. Knowing how much you love great food, you’ll have a fantastic trip.”

8. **Provide feedback.** Verbal feedback is an easy way to show you’re actively listening. If someone’s sharing happy news, validate their excitement with something like “That’s so exciting, you deserve it!” If they’re sharing something challenging, acknowledge their struggle by telling them, “That must be so difficult,” or “What a heavy experience, that’s a lot to take on.”

Actively listening improves conversations for all parties. You’ll retain important information and build trusting relationships with those around you, and they’ll feel cared for and heard.

You’re also setting an example for those around you. Once you put your active listening skills into practice, your family, friends, and coworkers may start listening more closely to what you have to say. When you give others the space to express themselves, they’ll want to do the same for you.

Source: <https://www.betterup.com/blog/effective-strategies-to-improve-your-communication-skills>



Ways to Stay Cool in Hot Weather

1. Alter your pattern of outdoor exercise to take advantage of cooler times (early morning or late evening). Wear loose-fitting clothing, preferably of a light color.
2. Cotton clothing will keep you cooler than many synthetics.
3. Fill a spray bottle with water and keep it in the refrigerator for a quick refreshing spray to your face after being outdoors.

4. Fans can help circulate air and make you feel cooler even in an air-conditioned house.
5. Try storing lotions or cosmetic toners in the refrigerator to use on hot, overtired feet.
6. Keep plastic bottles of water in the freezer; grab one when you’re ready to go outside. As the ice melts, you’ll have a supply of cold water with you.
7. Take frequent baths or showers with cool or tepid water.
8. Combat dehydration by drinking plenty of water along with sports drinks or other sources of electrolytes.
9. Some people swear by small, portable, battery-powered fans.
10. If you’re wearing a cap or hat, remove it and pour a bit of ice cold water into the hat, then quickly invert it and place on your head.
11. Avoid caffeine and alcohol as these will promote dehydration.
12. Instead of hot foods, try lighter summer fare including frequent small meals or snacks containing cold fruit or low fat dairy products.
13. If you don’t have air-conditioning, arrange to spend at least parts of the day in a shopping mall, public library, movie theater, or other public space that is cool.
14. Finally, use common sense. If the heat is intolerable, stay indoors when you can and avoid activities in direct sunlight or on hot asphalt surfaces. Pay special attention to the elderly, infants, and anyone with a chronic illness, as they may dehydrate easily and be more susceptible to heat-related illnesses. Don’t forget that pets also need protection from dehydration and heat-related illnesses too.

Content provided by MedicineNet



CAR TEMPERATURE DOG SAFETY CHART

Running into the store for “just a minute”
can be fatal for a dog left in the car!

IF IT’S THIS HOT OUTSIDE:	IT ONLY TAKES THIS LONG:	TO REACH THIS INSIDE:
75°	10 Min.	100°
75°	30 Min.	120°
85°	5 Min.	90°
85°	7-8 Min.	100°
100°	15 Min.	140°

DON’T LEAVE YOUR DOG IN
THE CAR THIS SUMMER!

95TH ANNUAL NALS CONFERENCE



Registration for NALS 95th Annual Legal Education Conference in Portland, OR is now open. The conference will begin the afternoon of Sunday, October 13 and conclude the evening of Tuesday, October 15.

Education and Networking Schedule *

📅	Sunday Oct 13th
🕒	1:00 PM - 5:00 PM
📅	Monday Oct 14th
🕒	8:00 AM - 5:00 PM
📅	Tuesday Oct 15th
🕒	8:00 AM - 5:00 PM

* See detailed schedule on following page.

Hotel

Hyatt Regency Portland at the Convention Center
375 NE Holladay Street, Portland, OR 97232

NALS attendees can choose between a standard room for **\$159/night + tax** or **\$174/night + tax** for a room with south-facing city, river, and mountain views. This rate is available through **September 20, 2024**.

The conference will begin the afternoon of Sunday, October 13 and conclude the evening of Tuesday, October 15.

Book 2 nights before or after the conference at the NALS rate (pending hotel availability) to explore the city!

Types of Attendees	Early	Standard	Late	On-site
	May 31st - Aug. 18	Aug. 19 - Sept. 15	Sept. 16 - Oct. 7	Oct. 13 - 15
Full Conference (Sun., Mon., & Tues.)				
NALS Member	\$420	\$470	\$510	\$530
Non-member	\$520	\$570	\$610	\$630
Student or Retired Member	\$320	\$370	\$410	\$430
One Day Pass (Sun., Mon., or Tues.)				
NALS Member	\$220	\$250	\$280	\$310
Non-member	\$270	\$300	\$330	\$360
Student or Retired Member	\$170	\$200	\$230	\$260
Add-Ons				
Welcome Reception Guest	\$40	\$45	\$50	\$55
Awards Lunch Guest	\$40	\$45	\$50	\$55

95TH ANNUAL NALS CONFERENCE—SCHEDULE

View our [conference app](#) to stay up to date on all things conference!

Sunday, October 13

11:00 AM Registration Open
to 8:00 PM Deschutes Foyer

1:00 PM Legal Writing for Paralegals and Legal Assistants

3:10 PM They Did What?! Ethical Situations: How to
Handle Them, and How to Avoid Them

5:30 PM Welcome Reception

Monday, October 14

7:30 AM Registration Open
to 5:30 PM Deschutes Foyer

8:00 AM Two People Separated by a Common
Language—Communication Styles

9:45 AM Immigration Hot Topics

Or

9:45 AM You've Been Served...Liability Risks and
Mitigation Strategies When Hiring and Using a
Process Server

11:00 AM Inside the Attorney Disciplinary System

Or

11:00 AM Weaving the Web: Integrating Digital Forensics
into Legal Case Management

1:30 PM E-Discovery & The Digital Law Firm

Or

1:30 PM Education Session with Estelle Pete
Tribal Law

3:00 PM Education Session with Anderson Beals

Or

3:00 PM Legal Tech & AI: "What You Need to Know"

4:15 PM Electronic Notarization, Compliance, and the
Changing Landscape of Fraud

Or

4:15 PM Sharpening the Axe: Mindfulness,
Professionalism, and Showing Up as the
Professionals We Want to Be.

7:00 PM NALS Foundation Event

Tuesday, October 15

7:30 AM Registration Open
to 5:30 PM Deschutes Foyer

8:00 AM Relating to Difference

9:15 AM Introducing Licensed Paralegals in Oregon

Or

9:15 AM Talk Softly and Carry a Big Stick: Options for
Businesses in Financial Distress

95TH ANNUAL NALS CONFERENCE—SCHEDULE (cont'd)

View our [conference app](#) to stay up to date on all things conference!

Tuesday, October 15 (cont'd)

10:45 AM CYA from the CTA (Corporate Transparency Act):
It Affects ALL Businesses and the Attorneys/
Paralegals that Form Them

Or

10:45 AM Tribal Courts, Indian Law, and Native Culture
Relevant to the Practice of Law

1:30 PM Guardianships: Creation and Transfer Among the
States

Or

1:30 PM Lessons from Lasso: Ethics, Emotional
Intelligence and Leadership

3:00 PM A Holistic Approach to Estate Planning

Or

3:00 PM My Path to Freelance

4:15 PM Closing Keynote

THINGS TO DO IN PORTLAND

Pioneer Courthouse Square, 701 SW 6th Avenue
Affectionately known as Portland's living room. Located in the
heart of downtown.

Powell's City of Books, 1005 W Burnside St.
One of the largest independent bookstores in the world, three
stories tall and taking up an entire city block. Nearly daily
events. Lots of famous writers have left their signature on one
of the pillars inside.

Washington Park, 611 SW Kingston Avenue
Explore the 12 acres of architecturally stunning Japanese
gardens and take part in a traditional tea ceremony at the
Kashintei Tea House.

Portland Aerial Tram, 3303 SW Bond Avenue
Take a 4 minute-long ride above the city for some incredible
panoramic views. Once atop, take in exceptional views of
downtown Portland and, on a clear day, Mt. Hood and
Mt. St. Helens.

Pearl District, located in the heart of downtown
A trendy area of Portland, brimming with art galleries, fashion
boutiques, and fine dining.


Portland Mercado, 7238 SE Foster Road
Famous for its collection of food trucks serving all the best
Mexican, Central and South American food.



Free image from rawpixel.com



Be sure to check for the special CLE code you will receive when renewing your membership in 2024.

And  to use it!!

If you are unsure of your renewal date visit nals.org OR contact VP Sharon Coates, PP, CLP

New to Zoom?

You can join DCLP's meetings as a participant without creating a Zoom account.

Windows or Mac

1. Open the **Zoom** desktop client.
2. **Join** a meeting using one of these methods: (a) Click **Join a Meeting** if you want to **join without** signing in, or (b) sign in to Zoom and then click **Join**.
3. Enter the **meeting** ID number and your display name. If you're signed in, you can change your display name. If you're not signed in, enter a display name.
4. Select if you would like to connect to audio and/or video and click **join**.

For other devices, visit:

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-meeting>



July 25 — Stephanie Pauley



NALS Code of Ethics & Professional Responsibility

Members of NALS are bound by the objectives of this association and the standards of conduct required of the legal profession. Every member shall:

- Encourage respect for the law and administration of justice
- Observe rules governing privileged communications and confidential information
- Promote and exemplify high standards of loyalty, cooperation, and courtesy
- Perform all duties of the profession with integrity and competence
- Pursue a high order of professional attainment

Integrity and high standards of conduct are fundamental to the success of our professional association. This Code is promulgated by NALS and accepted by its members to accomplish these ends.

Canon 1. Members of this association shall maintain a high degree of competency and integrity through continuing education to better assist the legal profession in fulfilling its duty to provide quality legal services to the public.

Canon 2. Members of this association shall maintain a high standard of ethical conduct and shall contribute to the integrity of the association and the legal profession.

Canon 3. Members of this association shall avoid a conflict of interest pertaining to a client matter.

Canon 4. Members of this association shall preserve and protect the confidences and privileged communications of a client.

Canon 5. Members of this association shall exercise care in using independent professional judgment and in determining the extent to which a client may be assisted without the presence of a lawyer and shall not act in matters involving professional legal judgment.

Canon 6. Members of this association shall not solicit legal business on behalf of a lawyer.

Canon 7. Members of this association, unless permitted by law, shall not perform legal functions except under the direct

supervision of a lawyer and shall not advertise or contract with members of the general public for the performance of paralegal functions.

Canon 8. Members of this association, unless permitted by law, shall not perform any of the duties restricted to lawyers or do things which lawyers themselves may not do and shall assist in preventing the unauthorized practice of law.

Canon 9. Members of this association not licensed to practice law shall not engage in the practice of law as defined by statutes or court decisions.

Canon 10. Members of this association shall do all other things incidental, necessary, or expedient to enhance professional responsibility and participation in the administration of justice and public service in cooperation with the legal profession.



The NALS Legal Brief is a biweekly newsletter that delivers to you the trends, updates, and news from around the legal industry that is necessary to help you succeed in your career. Along with some association news, the NALS Legal Brief will give you a rundown of the current state of the legal support world by giving you a list of relevant industry-focused articles to educate and inform you.

[View past publications](#) of the NALS Legal News Brief



@Law, the NALS eMagazine for Legal Professionals, has been published for over 50 years. Each digital issue of @Law contains articles chosen by the Editorial Board, a committee of individuals in the legal support profession. It contains content to assist legal support professionals in their duties and recognizes NALS members for their achievements.

Requires NALS Membership or Subscription to Access

