



COMMONPOINT SUMMER TENNIS ACADEMY AT ALLEY POND

June 29 - September 4, 2026
Ages 4-16



MEET THE TEAM



PETROS GEORGIOU

Director of the High
Performance



AKI WOLFSON

Director of Tennis



RAEGAN KRITZER

Program Coordinator/Manager



JP PEREZ

Director of Junior Programs

DROP OFF AND PICK UP

- Campers can be dropped off at the Alley Pond Tennis and Athletic Center starting at 8:45 am. The drop-off location will be at the clubhouse. Please note that parents are not permitted to stay in the clubhouse during camp hours.
- Pick up time is exactly 4:00 pm
- We offer early drop off(7:30am) and late pick up (5:30pm) options for an additional fee of \$13, per day.
- If lateness to pickup is an issue we will be charging the late pick up fee.



FULL DAY ACADEMY SAMPLE SCHEDULE

7:30-9:00am	Early Care (Optional)
8:45-9:00am	Campers Arrival
9:00-9:30am	Tennis Warmups
9:30-10:00am	Demonstration of Stroke of the Day
10:00-12pm	Tennis Training
12:00-1:00pm	Lunch
1:00-1:30pm	Warmup and Team Challenges
1:30-3:45pm	Tennis Training*
3:45-4:00pm	Camp Sign Out**
4:00-5:30pm	After Camp Care (Optional)

*Additional sports such as soccer, pickleball, flag football, etc will be introduced.

**Players must be picked up by 4:15pm or you will be subject to an after care fee.



RED BALL HALF DAY ACADEMY SAMPLE SCHEDULE

7:30 - 9:00 am	Early Care (Optional)
8:45 - 9:00 am	Campers Arrival
9:00 - 9:30 am	Tennis Warmups
9:30 - 10:00 am	Demo of Stroke of the Day and Technical Drills
10:00 - 10:30 am	Snack Break
10:30 - 11:30 am	Tennis Training
11:30 - 12:00 pm	Full Camp Activity/Game
12:00 - 1:00 pm	Optional Lunch Add On (extra \$50/week)

*Red Ball players must be at least 4 years old and going into Kindergarten.



BUS SERVICE FROM FOREST HILLS

- **Pick-up location will be at Commonpoint Queens Central Queens (67-09 108th St. Forest Hills, NY 11375), in front of the building on the sidewalk.**
- **Look for our staff members wearing their unique, blue - Summer Tennis Academy t-shirts.**
- **Campers should arrive at the pick-up location by 7:40 am, as the bus will depart promptly at 8:00 am.**
- **Bus from Alley Pond to Forest Hills will arrive between 4:00 pm and 4:15 pm. You must be ready to pick up your child at 4pm.**



A kosher lunch is included in the cost of the program. Lunch options for Monday - Thursday are sent out via email the week before the camper's registered week for their selections. Fridays are Pizza days.

We are a peanut free program. Vegetarian and Gluten Free options are available.

LUNCH INCLUDED

MENU ON ALTERNATING WEEKS

WEEK A:

MONDAY - PENNE VODKA WITH FOCACCIA BREAD

TUESDAY - CHICKEN OR BEEF TACOS (TYPE OF MEAT WITH ALTERNATE) WITH RICE & SALSA

WEDNESDAY - BAKED ZITI WITH FOCACCIA BREAD

THURSDAY - HOT DOGS & HAMBURGERS WITH CORN

FRIDAYS - PIZZA

WEEK B:

MONDAY - MAC & CHEESE WITH FOCACCIA BREAD

TUESDAY - BAKED CHICKEN WITH RICE

WEDNESDAY - MOZZARELLA STICKS WITH FRIES

THURSDAY - CHICKEN TENDERS WITH ROASTED POTATOES

FRIDAY - PIZZA

PLAIN PASTA ALTERNATIVE EACH DAY

WHAT TO BRING?

- 1. Large Filled Water Bottle:** It is essential for campers to bring their own water bottles to stay hydrated throughout the day. We encourage reusable water bottles that can be refilled as needed.
- 2. Tennis Racquet:** Please ensure your child brings their own tennis racquet if they have one. If they do not bring a racquet, a loaner racquet will be provided.
- 3. Shoes Specific for Tennis:** For safety reasons, campers must wear shoes with white soles during camp activities. Players will NOT be allowed to play in non athletic shoes.
- 4. It is advised to pack a hat or sunglasses.** They are required to bring thier own sunscreen. This is an outdoor activity and will need to be protected from the sun.
- 5. Please label all clothing, racquets and water bottles.**

POOL DAYS

- Please note that pool days will be on Tuesday and Thursdays. Make sure your child brings appropriate swimwear, footwear and (1) towel.
- Pool days are free swim time supervised by our staff, we will not be providing swim instruction. There are lifeguards on duty, plus an abundance of supervision from our counselors and pool club staff.
- Children are divided into 2 groups where half the campers will be in the pool, while the other half will be in an air conditioned gym working on conditioning.
- We also recommend on pool days your child comes to the pool in their swimsuit, and that they pack their undergarments in a plastic zip lock bag which can later be used for their wet swimsuit.
- On Pool Days, parents must drop off their children at the Tanenbaum Family Pool, located at 58-25 Little Neck Parkway, Little Neck (across the street from the Commonpoint Sam Field)
- Our school bus service will bring the campers back to Alley Pond for lunch and the afternoon activities. Daily dismissal will be from Alley Pond*.

INCLEMENT WEATHER

- If severe weather or heavy rain is expected, or the courts are extremely wet due to earlier rain, we will run alternate indoor activities at the Clubhouse next to our tennis courts.
- Parents will be notified in the early morning if a full rain day is projected and camp will be held for the day at our alternative site, the Commonpoint Queens Sam Field Center in Little Neck.
- If that is the case, then campers would be dropped off at 9:00 am at the Sam Field Center, 58-20 Little Neck Parkway, Little Neck, that morning instead of Alley Pond. Families will be notified via email early that morning, therefore, please check your emails when there is bad weather or if we are expecting bad weather.

BEHAVIOR EXPECTATIONS

- 1. Listen and follow directions.**
- 2. Participate to the best of your ability.**
- 3. Communicate with your instructors and counselors**
- 4. Keep your hands and feet to yourself.**
- 5. Be safe and have fun!**

THE FOLLOWING BEHAVIORS COULD RESULT IN IMMEDIATE SUSPENSION OR DISMISSAL

- Any action that could threaten the physical or emotional safety of the youth, other youth or staff.
- Prohibited conduct may include, but is not limited to: abusive jokes, insults, slurs, threats, name-calling or intimidation
- Destructive behavior
- Behavior that is a violation of personal boundaries or is of a habitual nature and negatively impacts the program, and/or safety and enjoyment of others
- Behavior that is of a sexual nature
- If a camper is dismissed and asked to leave camp, there will be no refund of tuition.

Theme Days - On these days campers will be competing for the Commonpoint Queens Cup

- **Ninja Challenge - Campers will be divided into teams. Teams will compete against each other doing various skills, conditioning and agility challenges. These challenges will be on court or off court on the field.**
- **Olympics - Campers will compete on their teams playing various sports. Such sports will include, soccer, basketball, pickleball and tennis.**
- **Fed/Davis Cup Competition - Campers will have skills challenges all related to tennis. They will also play competitive tennis with modified scoring.**
- **All scores will be totalled for the week and the winning team will be announced for the Commonpoint Cup!**