

CROSSFIRE GYMNASTICS & CHEER

2021 - Schedule of Classes

Class Type		MON	TUES	WED	THURS	FRI
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Gymnastics Classes:

KinderGym (Boys & Girls ages 3-4)	45 min	5:30 6:45	11:00 3:15 6:30	4:30 5:30	1:00 3:15 5:30 6:30	
Girls Progressive (Ages 5+ / Levels 1-2)	1 hr	4:15 5:30	4:15 5:30 6:45	4:15	1:00 3:00 4:15	6:00
Girls Advanced (Levels 3 & up)	1.5 hr		4-5:30		4-5:30	
Boys Skills 5 + years	1 hr		6:45			

Tumbling & Cheer Skills:

Beginner/PeeWee (ages 5-8)	1 hr		3:15		5:30	
Intermediate/Youth Backwalkovers/BHS	1 hr		3:15 5:30	5:30	6:45	
Advanced Backtucks/Layouts/Fulls	1 hr	6:45		6:45		