

The Caribbean Safety Agency conducted a Zoom Session for the ladies of St. Thomas Parish Church, Barbados, in September 2025 at the request of a friend on the topic, **Smart. Safe. Empowered: A Modern Woman's Guide to Personal Safety.**

What can I say?

They (Tony, Angelus and David) were professional.

They were enlightening.

They were patient.

They were inspiring.

They were real!

They answered all our questions and understood our concerns.

The presentation was such that I was motivated to check my own safety protocols or lack thereof and make some adjustments before it was even completed.

I cannot thank them enough for their service to us!

I therefore recommend Caribbean Safety Agency's services to everyone, so that you too can be encouraged to take steps to keep yourselves safe, especially in this digital age.

Rev. Audrey Griffith

Priest-in-charge