



CCFMCA

# Spat-Lite

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Photograph by Kevin Roland: Zion National Park UT, Virgin River "The Narrows"





## Tribute to Carl Gardenias of Perris California

June 15, 1944 - May 9, 2023

Carl Gardenias was RVing in Montana and passed away suddenly during an unexpected accident. He will be missed.

Carl was a California native raised in Redondo Beach and Perris, California. He valued education, earning an Associate of Arts in Business and a Bachelor of Arts in Business from Redlands University and Facility Management from the University of Riverside.



Carl was curious about electronics and became a Ham Radio Operator in 1969. His Amateur Radio Relay League community valued him as an ARRL Southwestern Division Orange Section Manager involved with numerous conventions. He supported Amateur Radio Expo amateurs who volunteered. Carl was involved as an ARRL Emergency Training Instructor, VE for ARRL, ARES program representative, and with the Amateur Radio Educational Foundation. His Amateur Radio Relay League accomplishments are more extensive than shown here.



Carl joined the United States Airforce in 1967 and retired in 1991 as a Master Sargent. His service training would later transfer to his abilities as a Ham operator. He joined the Air Force Military Auxiliary Radio System (MARS) team as a Base MARS Director from 1978 to 1980. As a director, Carl used his skills to connect airmen with their families and assisted in emergency operations while on active duty in South Dakota.

Carl's legacy of inspiring others to work together and exemplifying enthusiasm flowed into the recreational vehicle community. His efforts demonstrated partnerships and participation with RVing members, and he was elected as the 2020-2022 CCFMCA President. His organizational business skills lay the groundwork for his five key mission goals:

- Making new rally friends
- Make improvements and streamline the organization process
- Informal talks about RV life on the road
- Informative information, such as emergencies in your RV
- Increase membership, remember volunteers are the lifeblood of CCFMCA

Upon completing his presidency and becoming the Immediate Past President, he continued mentoring the newly elected CCFMCA President.

He and Cathy would finally move forward with their lives and newer RV to travel across the mid-west, enjoying retirement.

Carl's legacy will be missed, as his enthusiasm impacted all lives he encountered and will be greatly missed by family, friends, and CCFMCA members.





## Carl H. Gardenias

**6-15-1944 – 5-9-2023**

My love story with this man started in November of 1993. He asked me to dance and we have been dancing ever since. He retired Oct 1, 1991 (USAF – Ballistic Missiles). His whole career was dedicated to the missile maintenance, education and instructor of fellow soldiers and some very important responsibilities before the wall came down in Europe. During his 24 years in the Air Force, he got his Bachelor's degree in Business. He took a worldwide adventure hopping from one country to another, meeting new people and friends. During his previous marriage, he had two beautiful children, Michael who is now 53 and Jill who is 49. He has two Grand Children, Tyler and Hunter. During their time growing up, he was a Boy Scout Master and Michael was in his troop 211. He spent many years helping young men become strong, confident and responsible. For his daughter Jill, they joined Indian Princesses and he became a chief. There was never a dull moment teaching them how to drive and survive. He continued that activity with his grandsons when they both got involved in Sea Cadets, always giving them advice on becoming a better person. He even became a Bonus Grandpa to my grandson Harley.

When we met and dated, he didn't have a steady job due to California military industry was not hiring, so he worked as a handyman until he started his new careers. First, he went to work doing maintenance at Banning Unified School District while there the 4<sup>th</sup> grade teacher passed away and he finished the year from January to before school was finished teaching fourth grade students (they were sad to see him leave), they replaced him with a new teacher. He then moved on to Press Enterprise and helped as a self-employed person with a contractor who worked on all kinds of businesses. He was president of the local IFEMA group. He went to Riverside University Extended courses and got his Certificate in Building Maintenance and trades. After this he spent 10 years with the University of Irvine as Superintendent of trades. On October 1, 2010 he retired.

Carl was an Amateur Radio operator his hobby starting in 1969. He assisted in the 1973 South Dakota flood in Rapid City and also the April 4 quake that shook Easter in California, he deployed with the Salvation Army in El Centro California. Carl was also part of the Southern California DX Club, an organization that talks to people around the world on radio. It was our group. We volunteered our time putting on the International DX Convention every other year he worked his way up to Chair and Co-chair for many a year and me by his side. We had a blast meeting people who came from other countries for the weekend (to see the faces behind the voices was wonderful)

In 2003 he became the Orange Section Manager of the ARRL (it won't mean much to many unless you are an Amateur Radio Operator). He was responsible for 4 counties in California assisting hams with all kinds of issues related to radio. He retired that non-paid position 18 years later in 2021. Both he and I have worked side by side as volunteers to better Amateur Radio through education, testing, research and involving young people into the hobby or through programs at schools using our hobby to promote the STEM (now STEAM) program.

Now onto to our adventures, I retired in August of 2021 and our journeys began. We were already members of CCFMCA and met new friends had great times and yes, Carl being Carl needed to be president of the group and I followed. So off we went, packed up the RV and traveled to Utah, Wyoming, Montana, North and South Dakota, Colorado, Oklahoma, Texas, Alabama, Tennessee, Mississippi, Missouri, Nevada and Arizona. We met new relatives and old relatives and friends and we were into National Parks and did pretty good on checking them off. We also went to Europe and did



the River Cruise from Amsterdam to Hungary and as always, we met wonderful people.

Carl was the friendliest, kindest, respectful, loving, helpful, fun-loving human I have ever known I will miss him terribly, I will continue our journeys as we had planned and his memories will be with me forever.

See you later my soulmate, friend, love, traveling companion until we meet again with our Lord.

Love you

Snuggles (Cathy)



**President's Travel Journal***Leonard Wahlquist, President*

Hello everyone.

The May rally at Bonelli Bluffs was a lot of fun. We had great weather for games and bike rides. We had an old-fashioned BBQ with hamburgers, hotdogs, and brisket. And of course potato salad, watermelon and don't forget the ice cream. Thanks to Kriss and Joe for helping with the BBQing. Even the ducks and a coyote showed up.

It was with great sadness to hear of Carl Gardenias' unexpected passing. He will be missed in our chapter and other groups as well. I was fortunate to be able to spend time with him. Our hearts go out to Cathy and their family. Please give them their requests for privacy at this time.

Beth and I are off on our annual trip to Washington with stops in Roseburg, Oregon, to visit Beth's son and then to the FMCA rally in Albany, Oregon. We had a great time there and met a ton of new people. Then spend time with my family and go fishing in Sekiu.

For those with diesel motorhomes, the California Air Resource Board has developed new Heavy Duty Inspections and Maintenance Program (HD I/M) regulations that will affect us starting in 2024. Not exactly sure what they will be yet. I am on an Email list for updates to try and stay informed, and I will pass on any information I receive. You can go on the website to get information online.

Enjoy your summer, and see you in September at Shadow Hills RV Resort in Indio.

"Life does not come with instructions on how to live, but it does come with trees, sunsets, smiles, and laughter, so enjoy your day." - Debbie Shapiro

**From CCFMCA National Director***Sonny Gillespie*

Hope all our members have had a wonderful start for this new summer. As I continue continuity with FMCA headquarters not much has happened in the last few months. They are concentrating on prepping for the Gillette, Wyoming rally.

**Rallies:**

- **FMCA's 107th International Convention & RV Expo CAM-PLEX Multi vent Facilities, Gillette WY, August 23-26 2023.** Check back for registration. . [Register Online Mail-in Form](#)
- **Rocky Mountain Area Rally (719) 499-9740, mmasrvp@gmail.com; Pima County Fairgrounds, Tucson, AZ - October 24-28, 2023 Rally Cancelled**
- **Western Area Rally - January 10-14, 2024**



(661) 599-3548, [rgolk@outlook.com](mailto:rgolk@outlook.com)  
Riverside County Fairgrounds, Indio, CA  
Registration Coming Soon  
Information: <https://www.wafmca.com>

- **FMCA's 108th International Convention & RV Expo Pima County Fairgrounds, Tucson, AZ, March 20-23, 2024**

**Treasurer, Web & Database Coordinator***Tracy Lenocker*

Our chapter Bylaws with amended Standing Rules are located on the chapters website for your reference. The website has some updates, and there will be a few more based upon rally attendance and acquired photos and other activities to share.

The database is updated and current. A few former members no longer have a motorhome and therefore cannot be regular members of our chapter. Their membership will continue until the end of the current year. A few former members wish to be on the email list for the newsletter, so a separate list is maintained for those few. There is also a classification called Family Associate member for a person who does not own RVs.

**Membership & Hospitality News***Carol Jones*

Our friend, and past CCFMCA President Carl Gardenias passed away unexpectedly in an unexpected accident while camping in Montana. Our condolences go out to Cathy and family.

Please keep me informed of our members who need well wishes or cheering!

New Members - We have a few new members:

- Alan and Jody Kinard - Loma Linda, CA.
- Howard and Patricia Berry - Ranch Santa Margarita, CA.

We look forward to having them join us at the upcoming rallies.

**BEST WISHES TO ALL OF OUR CCFMCA MEMBERS!**

958 Dahlia Ave, Costa Mesa, CA 92626  
Ph #:909-859-9650

**THE SPOT-LITE EDITOR***John Seguin*

Summer has arrived, and this is the time for RV traveling on the camping scene. Our rally calendar allows us to travel independently and see those sites we have not visited.

Have an enjoyable time, as this edition will be very light reading. Our members gathered at Bonelli Bluffs RV Resort for a wonderful time in May. Our rally schedule will start up again in September, so check out the website calendar for the September through November rallies. Kathie and I should be getting on the road again with the return of our rig - a big struggle with the part supply chain and other unforeseeable problems. So stay in touch through the communications methods below to see what comes next in the chapter's rally calendar.

**CCFMCA communication methods:**

1. *Emails* - Instances will occur occasionally when there is a need to communicate with chapter members instead of waiting for the next Spot-Lite Edition.
2. *CCFMCA Spot-Lite* - The chapter's bi-monthly Spot-Lite newsletter highlights new and previous rallies, includes maintenance information, CCFMCA Food for Thought, FMCA National News, etc. Any President or Board of Directors updates, as well on website, and information on future rallies. Registrations forms and calendar are no longer being published in future newsletters. They are on the [CCFMCA](http://www.ccfmca.org) website.
3. *CCFMCA Website* - The third communication effort is through the chapter's website.

**The "Game Over Man" Guy***Kriss Lewis*

Glad to be organizing and enjoying so far and there is more to come. So "The *Game Is Over Man*."

**The Sheriff***Kathie Seguin*

Hi Everyone - Summer in progress and time to get on the road once again. So, remember your badges to help us to say hello to fellow members. wear that badge, smile, and say "Hello" when meeting our members. Just remember Jodi, our Deputy Sheriff, is also on the prowl for badges at our events.

**The Deputy Sheriff***Jodi Lewis*

I keep hearing, "The Sheriff is coming back, so they didn't shoot the Sheriff." Although we miss the Sheriff, I assure you, "they didn't shoot the Sheriff!" This last rally at Bonelli Bluff was full of laughter and fun. We played

day time games on the RV grounds and dined on yummy BBQ from Leonard. As the deputy sheriff, I was on the watch for forgotten badges. So, thank you to all who participated in making this event memorable, looking forward to our next rally! Don't forget those badges!

**2023 Wagon Master and Event Comments***Dede Hermon, Wagon Master*

**The next three rally registration forms are on the chapter website, [www.ccfmca.org](http://www.ccfmca.org). These registration forms were sent in an email by the webmaster to membership on May 24, 2023.**

What a beautiful summer it has been in Big Bear so far! I hope everyone is enjoying their summer as much as we are here on the mountain. After a week in the Santa Ynez Valley camping at Lake Cachuma and traveling to a few places in the Arizona mountains, it's time that I focus on the CCFMCA fall rallies.

As you will see on the registration forms, many RV resorts are switching to having attendees book their own extra nights before and after the rally. I will work with you to make sure you know the site you are assigned after I receive your check. It will then be possible for you to contact the resort to request your extra nights. I'm unsure if this makes it easier or more difficult for us, but the RV resorts seem to think it works best for them.

Remember, I only reserve 20 spaces for each rally, so submit your reservations as soon as possible to guarantee your site. Sometimes we can add additional RV sites, but certainly not for the holiday weekend.

All of the fall rally registration forms are currently posted on the website. We have:

- September 21- 24 @ Shadow Hills in Indio
- October 12-15 @ Caliente Springs in Desert Hot Springs (55+ resort)
- November 9-12 @ The Springs at Borrego (Veterans Day weekend and CCFMCA Elections)

Our incredible Trail Boss, Beth Smith, has been working on the details. We had some very nice bike rides in the past at Shadow Hills. Our visit to Caliente Springs will be (see page 5)



the first, where some of our members own park homes. Lutz has assured us that he will teach us about some German traditions and food for a simple Oktoberfest celebration. I personally always love The Springs at Borrego due to the proximity to the statues scattered throughout the desert, and then we break our bike ride for lunch at the country club. The farmers' market is usually a highlight as well.

Make sure to plan and attend the November rally, which will be the year for elections for the entire board. We'll have nominations in October and vote at the November rally. Terms are for two years.

Our May rally at Bonelli Bluff was one of our most relaxing. Perched on the side of the lake, we could all meet for meals, games, and chats at Leonard and Beth's site. Beth (and Leonard) did a fantastic job planning for our second annual BBQ to kick off the summer season. Thanks to everyone who helped cook, prep, serve, and clean up.

Booked already in 2024 are Newport Dunes and Bonelli Lake. Newport will allow for a few days of travel for anyone heading to Tucson for the FMCA rally the following weekend.

March 14-17 @ Newport Dunes

May 16 – 19 @ Bonelli Bluffs

If you have a favorite RV resort you think we should plan a 2024 rally; please let me know.

I look forward to seeing everyone this fall and hope more of you will join us!

**Trial Boss / Co-Trial Boss Note !**

All Trial Boss and Co Trial Boss RV rally documents are located on the CCFMCA website under a [Trail Boss Documents](#) header tab. But for any additional Trial Boss information contact the Wagon Master - Dede Hermon at [dedek6ddz@gmail.com](mailto:dedek6ddz@gmail.com) or phone 909-878-3456.

My email is [dedek6DDZ@gmail.com](mailto:dedek6DDZ@gmail.com), and I am always happy to respond to requests for information (909 878-3456).









## FMCA Bulletin

Attention all California RV owners,

The State of California recently updated its **Heavy-Duty Inspection and Maintenance Program (HD I/M)**. Under these new regulations, motorhomes registered outside California are not subject to the HD I/M Program, but California-registered motorhomes will be required to undergo compliance testing once annually when the periodic testing requirements phase in during 2024. This decision will have an extreme adverse impact on many of our members who proudly reside in California. These residents enjoy traveling within their state and spending their tourism dollars there, but this regulation may well cause many of them to abandon camping entirely.

Unlike commercial vehicles, motorhomes are generally owned by individuals of relatively modest means, and many can still be in use after 20 to 25 years. The cost to retrofit these engines to meet the new standards would, in many cases, be completely out of reach for these individual owners. Many older people love to travel but are no longer capable of "tent camping" or other more strenuous methods. Some have medical devices such as oxygen generators or CPAP machines that require a steady supply of electricity. Others have breathing issues that preclude their sleeping in hot weather without air conditioning. Their motorhomes are essential to their enjoyment of camping and travel.

Furthermore, I submit that air quality will not be significantly improved by requiring the motorhomes to comply with these regulations. While California DMV shows over 12,658,000 commercial and privately owned trucks registered in California, it does not appear to maintain data on the number of motorhomes. The best data available was from the RV Industry Association (RVIA), which reports that 11% of the households in California own some type of recreational vehicle (RV) (note this is all RVs, not just motorhomes.) So, the maximum number of RVs in the state would be 1,453,934, and the number of motorhomes would be significantly less.

The emissions from this relatively small number of motorhomes, used sporadically by vacationers, would pale in comparison to the emissions of over 12 million trucks used daily in commerce and deliveries. While I understand the concerns in California about air quality and support overall efforts to improve it, inclusion of motorhomes in these requirements will result in a definite hardship to California residents without a corresponding increase in air quality.

It has been requested that the California Air Resources Board reconsider the inclusion of motorhomes registered in California in the Heavy-Duty Inspection and Maintenance Program.

Chairman, Governmental and Legislative Affairs Committee

### Call To Action

The best way to you to help is to contact your state legislators. [Find Address \(ca.gov\)](#).

[CARB - Fact Sheets & FAQs Links](#)

Vehicle Owner Basics

Background and Regulation Basic

[Periodic Testing Requirements](#)

Tester Training and Examination

On-Board Diagnostics (OBD) Testing Devices



## Heavy-Duty Inspection and Maintenance (HD I/M) Regulation: Periodic HD I/M Testing Requirements



October 31, 2022

This Fact Sheet presents information on the HD I/M regulation applicable to heavy-duty vehicles operating in California and describes requirements for periodic compliance testing. These requirements will not begin before January 2024 and only after the California Air Resources Board (CARB) has provided advance public notification. A separate Fact Sheet presents background information on the HD I/M regulation and describes requirements that start in January 2023.

### **PERIODIC TESTING REQUIREMENTS**

#### **How will I know when periodic HD I/M compliance testing begins?**

HD I/M periodic compliance testing for all vehicles that operate in California will start no earlier than January 1, 2024. Before these requirements can take effect and be enforced, CARB will provide at least 90 calendar days advance notice on the California Regulatory Notice Register and on CARB's website. CARB will also notify vehicle owners through outreach activities such as training sessions, targeted email campaigns, and program announcements delivered straight to your email inbox when you subscribe to receive HD I/M program updates. We strongly recommend you subscribe to receive these updates at: <https://public.govdelivery.com/accounts/CARB/subscriber/new?topic=hdim>

#### **How often will my vehicles require a periodic HD I/M compliance test?**

Upon implementation of HD I/M periodic compliance testing, nearly all vehicles will be required to undergo twice per year testing with results submitted to CARB. On-road agricultural vehicles and California-registered motorhomes only will be required to undergo testing once per year.

Three years after the start of HD I/M periodic compliance testing, on board diagnostics (OBD) equipped vehicles will be required to undergo testing four times per year. On-road agricultural vehicles and California-registered motorhomes will remain on the once per year testing frequency, even if equipped with OBD.

#### **What are the due dates for my vehicles' periodic compliance testing?**

For California-registered vehicles, the due dates, called compliance testing deadlines, are linked to each vehicle's DMV registration expiration/renewal date. Passing HD I/M test results may be submitted up to 90 days before a compliance deadline.

As an example for twice per year testing, if a vehicle's registration renewal date is March 15, the first compliance test results may be submitted up to 90 days before March 15, but no later than that date. The second compliance test results would be due 6 months later by September 15 and could also be submitted up to 90 days ahead of that date.

#### **What are the compliance deadlines for out-of-state vehicles and other vehicles not registered in California?**

For vehicles registered outside of California and for vehicles exempt from DMV registration requirements (e.g., public agency vehicles, some federal vehicles), compliance deadlines are based on the last number of a vehicle's VIN as shown in the table below. Passing HD I/M test results may be submitted up to 90 days before a compliance deadline.

As an example for twice per year testing, if a vehicle's VIN ends in 9, the first compliance test results would be due by the last day of July, and the second compliance test results would be due six months later by the last day of January.

Last Number of	0	1	2	3	4	5	6	7	8	9
Month	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July

### How must my vehicles be tested?

The type of HD I/M compliance test your vehicle will undergo does not change. The testing requirements depend on whether your vehicle/engine is equipped with OBD or not.

OBD equipped vehicles are required to undergo a scan of the engines' OBD data using a CARB-validated OBD test device.

Non-OBD vehicles, i.e., those that don't meet the engine model year requirements above, are required to undergo a smoke opacity test and a visual inspection of the vehicle's emissions control equipment, referred to in this program as the Vehicle Emissions Control Equipment Inspection. The smoke opacity test is the same SAE J1667 snap acceleration smoke inspection used to comply with CARB's Periodic Smoke Inspection Program (PSIP).

### Which vehicles have OBD systems?

Diesel vehicles (including hybrids) with 2013 and newer model year engines have OBD. Alternative fuel vehicles (including hybrids) with 2018 and newer model year engines have OBD.

## OTHER REQUIREMENTS

### Is screening for high-emitting vehicles still in effect?

Yes, high-emitter vehicle screening that began in January 2023 using roadside emissions monitoring devices remains in effect. Even if your vehicle passes its periodic compliance tests, it still may be identified as a potential high emitter in between testing intervals. If you receive a Notice to Submit to Testing (NST), a passing HD I/M compliance test must be submitted to CARB within 30 calendar days of receipt. Be sure to follow the instructions in the letter you receive from CARB and don't wait until the last day to get your vehicle tested and submit test results to CARB. Once CARB determines your vehicle is compliant, there is nothing more you will need to do in response to the NST.

### Do I still need to perform annual PSIP inspections once HD I/M periodic testing starts?

No. CARB will sunset PSIP when periodic compliance testing goes into effect within the HD I/M program.

### What if I add or remove a vehicle from my fleet?

Vehicle owners are responsible for maintaining accurate account information and must update vehicle information within 30 calendar days of a transaction to add or remove a vehicle.

## HOW TO GET MORE INFORMATION ON THE HD I/M REGULATION

### How can I receive updates on HD I/M program activities?

To receive automatic email updates on HD I/M program implementation and other activities, sign up on the GovDelivery list at [California Air Resources Board \(govdelivery.com\)](https://www.govdelivery.com/accounts/CA-AIR).



## Where do I get additional HD I/M program information?

For more information, go to: <https://ww2.arb.ca.gov/sites/default/files/truckstop/hdim/hdim.html> or <https://ww2.arb.ca.gov/our-work/programs/heavy-duty-inspection-and-maintenance-program>.

You may also view CARB's training modules developed for the HD I/M Tester Training Course at: <https://ww2.arb.ca.gov/sites/default/files/truckstop/azregs/training.html>. Scroll to the Helpful Videos section to view them. These modules provide more in-depth information on the requirements of the HD I/M regulation and testing procedures that may be helpful to vehicle owners.

## Where can I find the text of the final HD I/M regulation?

The HD I/M regulation, referred to as the final regulation order, is in title 13, California Code of Regulations, sections 2195 - 2199.1 and is available here: <https://ww2.arb.ca.gov/sites/default/files/barcu/regact/2021/hdim2021/hdi-mfroatta-1.pdf>.

## If I have additional questions, how do I contact CARB?

Please email staff at [hdim@arb.ca.gov](mailto:hdim@arb.ca.gov). We generally respond within three to five business days.



# CCFMCA's Backyard RV Mech



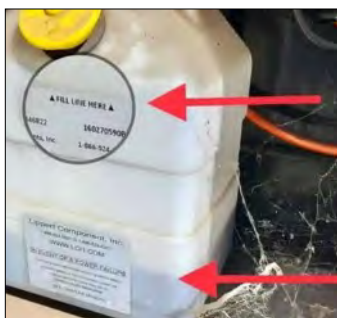
## RV Hydraulic System Maintenance

By Dustin Simpson

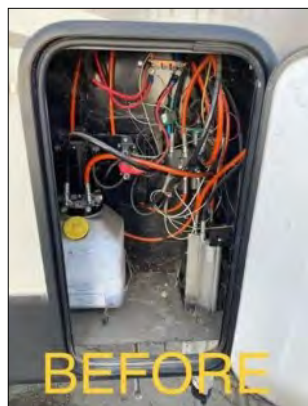
If your RV has hydraulic leveling jacks or a slideout system, you want to have RV hydraulic maintenance performed periodically. This will check the hydraulic fluid level in your reservoir for low fluid, leaks and damage.

### Check Fluid Levels

To ensure that everything is functioning properly, the fluid levels should stay consistent. If the fluid level looks low in the reservoir, this could indicate a potential unseen issue or leak somewhere in the system.



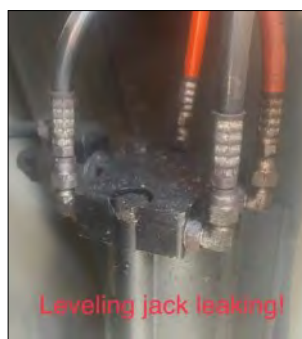
You will want to have the leveling jacks and slideout mechanisms inspected regularly and, if necessary, repaired. You will be made aware of what is going on with your leveling jacks and slideout system by keeping an eye on their condition and functionality.



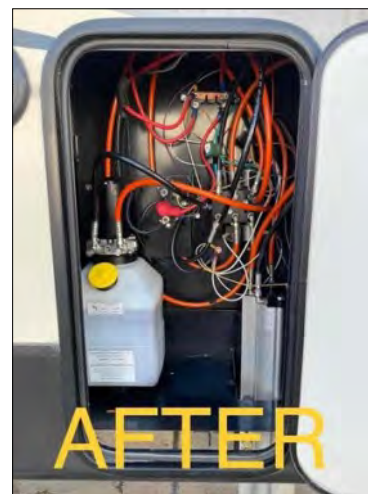
By performing regular maintenance on your RV hydraulic system, it can help prevent the unwanted stress of leaving you stranded on the road, in a

campground or in your storage lot.

Whether you live in your unit full time and leave your jacks down and/or the slideout rooms open for long periods of time, or you leave your unit in storage at



length, take this as your reminder to open and close the rooms as well as operate the jacks monthly.



Make sure to review your owner's manual for your maintenance recommendations. Each manufacturer's recommendations are different. I hope this information helps you to prevent damage and protect your investment.

*Dustin owns and operates California RV Specialists, an independent RV repair shop located in Lodi, CA. He thrives on sharing his knowledge and enthusiasm of RV repair and maintenance with his team, customers, and virtual friends.*



# CCFMCA Food for Thought

## Gaucha Steak with Four-Herb Chimichurri

AUTHOR: Guy Fieri



**Time:** 30 minutes, plus marinating time. The flavor in this dish, like Guy Fieri himself, just doesn't stop. The sharp, slightly herby marinade tenderizes and flavors the meat and makes a great bridge to the chimichurri. If you want to cook the steak on the second day of your trip, freeze it in the marinade at home and let it defrost in the cooler while you're at camp.

### Ingredients

- Marinade
- 1 minced garlic clove
- 1/4 cup cilantro leaves
- 2 tablespoons olive oil
- 3 tablespoons tequila
- 1 tablespoon fresh lemon juice
- 1 tablespoon fresh lime juice
- 1/2 teaspoon salt
- 1 teaspoon freshly ground black pepper
- 1 1/2 pounds skirt steak
- <https://www.sunset.com/recipe/four-herb-chimichurri>

### How to Make It

- **At home:** Whirl garlic, cilantro, oil, tequila, lem-

on and lime juices, salt, and pepper in a blender or food processor. Transfer to a large resealable plastic bag. When ready to marinate steak (at least 1 and up to 24 hours before cooking), add steak to bag, shake to coat with marinade, re-seal, and chill.

- **At campsite:** Prepare a gas or charcoal grill for high heat (450° to 550°; you can hold your hand 5 in. above cooking grate only 2 to 4 seconds). Grill steak over direct heat (cover if using gas), about 4 minutes per side for medium-rare. Let sit 10 minutes, then cut across the grain into 1/2-in.-thick slices. Serve with Four-Herb Chimichurri.
- **Note:** Nutritional analysis is per serving of steak only.

### Nutrition Facts

Amount Per Serving

Calories 171Calories from Fat 53

% Daily Value \*

Total Fat 10g16%

Saturated Fat 3.5g18%

Cholesterol 41mg14%

Sodium 147mg7%

Total Carbohydrate 0.4g1%

Dietary Fiber 0.1g1%

Protein 18g36%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

<https://www.sunset.com/recipes>

# CCFMCA's Food for Thought

## *Jicama Slaw*

AUTHOR: Guy Fieri



The trick to doing camp food well, Guy Fieri has learned, is to plan and prep at home. This dish is the perfect example. Cut the vegetables and make the dressing before you leave for your trip, then toss everything together when you're ready to eat. Use a handheld slicer (like a Mandoline or a Benriner) to make cutting the vegetables easier.

Cut the vegetables at home, make the dressing, then toss everything together when you're ready to eat. Use a handheld slicer (like a Mandoline or a Benriner) to make cutting the vegetables easier.

### Ingredients

- 2 carrots, peeled and julienned
- 1 small jicama (about 1 1/4 lbs.), peeled and julienned
- 1 large red bell pepper, cored and very thinly sliced
- 1/4 head red cabbage, cored and very thinly sliced
- 1/2 red onion, halved lengthwise and very thinly sliced lengthwise, rinsed, and patted dry
- 6 tablespoons olive oil
- 6 tablespoons unseasoned rice vinegar
- 3 tablespoons fresh lime juice
- 1 tablespoon minced cilantro leaves, plus more for garnish
- 1 teaspoon salt

- 1 teaspoon freshly ground black pepper
- 1 teaspoon sugar
- 1/2 teaspoon chili powder
- 1/2 teaspoon red chili flakes

### How to Make It

- At home: Put cut vegetables in a large resealable plastic bag. Keep, chilled, up to 2 days.
- At home: Combine oil, vinegar, lime juice, minced cilantro, salt, pepper, sugar, chili powder, and chile flakes in a small resealable plastic bag or container. Keep, chilled, up to 2 days.
- At campsite: Add dressing to vegetables, shake to combine well, and let sit 15 minutes, stirring 2 or 3 times. Serve garnished with cilantro, if you like.
- Note: Nutritional analysis is per serving of steak only.

### Nutrition Facts

Amount Per Serving

Calories 142Calories from Fat 63

% Daily Value \*

Total Fat 10g16%

Saturated Fat 1.4g7%

Cholesterol 0.0mg0%

Sodium 306mg13%

Total Carbohydrate 12g4%

Dietary Fiber 4.8g20%

Protein 1.3g3%

Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.



## CLASSIFIEDS



**Suncoast Designers** is America's #1 RV Glass Specialists! We are proud of our work and stand

strongly behind all of our repairs. Suncoast Designers specializes in the repair and replacement of all types of RV windows. We service windows in motor homes, travel trailers, 5th wheels, and many others! [Suncoast Designers | RV Window Repair Specialists in Hudson, FL](#)



**Temecula Olive Oil Company:** 100% California Fresh-Squeezed Extra Virgin Olive Oil. When you buy olive oil online from us, you also buy our quality guarantee. We are not just the sellers, we are the growers! Since the beginning, Temecula Olive Oil Company has been family-owned and operated, committed to using only the highest quality olives to make the best California olive oil products. On [our Olive View California olive ranch](#), we practice regenerative agriculture, growing and harvesting a wide variety of olives, which we cold-press using traditional methods to produce fresh, full-flavored extra virgin olive oil. [Taste the difference.](#)



**Air intake shut off valves** provide emergency overspeed shutdown protection for diesel engines and are the most effective way of preventing a runaway situation. The valves completely block the engine air intake system, cutting off an uncontrolled external fuel source and the air required to keep the engine running. AMOT has an extensive range of fully automatic and manual positive air shut off systems (PASS) designed to fit engines of all sizes. Our products include AMOT, Chalwyn, Rigsaver and Roda Deaco brands. [https://www.amot.com/en/products/diesel-engine-safety-products/air-intake-shutoff-valves/valves-filtering-database/?overall\\_applications=5706](https://www.amot.com/en/products/diesel-engine-safety-products/air-intake-shutoff-valves/valves-filtering-database/?overall_applications=5706)



**Unlimited RV Internet.** Internet that travels with you, no commitments, cancel anytime.

- Stream movies, TV shows, and music without worrying about running out of data
- Browse the web, check your email, and stay connected with friends and family on social media without any restrictions or limitations
- Video chat and make conference calls from anywhere

Play online games without worrying about data caps or restrictions. <https://travlfy.com/>



**Roadtrippers Plus RV GPS** now includes RV-friendly GPS. If you own a rig, you can effortlessly find routes tailored specifically for your RV. Simply input your RV's height and propane

restrictions into the app, and our new RV GPS will put you on the right path. Join Roadtrippers Plus today to access RV-specific navigation, save on fuel this summer, and gain access to other exclusive member offerings.

[Get RV GPS with Roadtrippers Plus](#)



A GPS Designed by RVers, for RVers. Turn your phone into an RV Safe GPS. No more worrying about steep mountain passes, low clearances, bridge weight limits, or propane-restricted tunnels. Get RV Safe GPS directions custom tailored to the height & weight of your RV. Turn-by-turn navigation, including voice- and lane-guidance, work even when you're offline. [RV LIFE Pro - We make RVing simple](#)



The hot season is here, and we have a solution to keep your RV's power system cool as the temperatures climb! Start Your Compressor Smoothly:

During initial startup, your RV roof air conditioner compressor can spike to over 52 amps which could overload a traditional 30-amp circuit and cause the breaker to trip.



With **SoftStart RV** technology you can reduce the initial amp draw by over 70% which means you can run two roof air conditioners on a 30-amp circuit or even one roof air on a residential 20-amp circuit. <https://www.softstartrv.com/>

6 reasons why RV Air is your first line of defense against airborne contaminants.

- Bacteria
- Pollen
- Pet Dander
- Mites
- Mold
- Pollution

**GoSun Sport Solar Oven.** This solar oven is pretty incredible. You can bake, roast, or steam a meal for two people in minutes simply by using the energy of the sun. Temperatures reach up to 550°F (290°C), so you can even make yourself a fried dish. <https://gosun.co/collections/solar-ovens>





## CCFMCA Organization

FMCA Web Site: [www.fmca.com](http://www.fmca.com)

FMCA Business: 808-543-3622

California Chapter FMCA Web Site: [www.ccfmca.org](http://www.ccfmca.org)

Western Area FMCA Web Site: [www.wafmca.com](http://www.wafmca.com)

### CCFMCA Officers



**President:**

Leonard Wahlquist - 951-218-5643



**Vice President / CCFMCA National Director:**

Sonny Gillespie - 951-492-0787



**Secretary:**

Denise Loxton - 818-800-7717



**Treasurer, Webmaster & Data Coordinator**

Tracy Lenocker - 909-337-0315



**Wagonmaster:**

Dede Hermon - 909-878-3456

### Appointed Officers



**Membership / Hospitality**

Carol Jones - 909-859-9650



**Sheriff**

Kathie Seguin - 619-938-0838



**Deputy Sheriff**

Jodi Lewis - 909-586-4766



**Spot-Lite Editor**

John Seguin - 619-938-0838



**Game Guy**

Kriss Lewis - 909-586-4766

**Immediate Past President:**



**CCFMCA Alternate National Director:**

Beth Smith - 951-217-0276

***Send all changes to the Webmaster and Database Coordinator at the address below:***

California Chapter of FMCA  
Tracy Lenocker  
PO Box 2672  
Lake Arrowhead, CA 92352  
[tracy@lenocker.com](mailto:tracy@lenocker.com); 909-337-0315





**CALIFORNIA CHAPTER OF THE FAMILY MOTOR COACH  
ASSOCIATION (CCFMCA) INC.**  
**NEW MEMBERSHIP APPLICATION**

Applicant must be a member of the Family Motor Coach Association (FMCA), or must have applied for or be applying for membership in FMCA simultaneously with this application to be eligible for membership in CCFMCA. Please provide your FMCA number: F \_\_\_\_\_

As members, we / I agree to abide by the provisions of the Family Motor Coach Association Inc, "Code of Ethics" to foster a wholesome public image for all family motorcoach owners.

Last Name\*: \_\_\_\_\_ First Name\*: \_\_\_\_\_ and \_\_\_\_\_

Address\*: \_\_\_\_\_

City\*: \_\_\_\_\_ State\*: \_\_\_\_\_ Zip Code\*: \_\_\_\_\_ + \_\_\_\_\_

Phone\*: \_\_\_\_\_ Cell Phone\*: \_\_\_\_\_

e-Mail Address\*: \_\_\_\_\_

RV Brand: \_\_\_\_\_ Length: \_\_\_\_\_ Slide-Out(s): Yes \_\_\_\_\_ / NO \_\_\_\_\_ Number: Left \_\_\_\_\_ Right \_\_\_\_\_

- Our fiscal year is January 1st through December 31st. Annual dues are \$25.00 (due January 1st each year).
- The New Member CCFMCA initiation fee together with the first year's dues for two (2) people is \$50. For one (1) person it is \$30. This covers the cost of badges, postage and materials. Those joining between October 1st and December 31st will have their dues applied to the remainder of the year and the following year.
- Additional Badges are \$12.00 each (names): \_\_\_\_\_  
DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_
- Would you like to list your e-mail address on the roster? YES \_\_\_\_\_ NO \_\_\_\_\_. **Note:** The e-mail roster is available only to chapter members.
- The Spot-Lite (newsletter) is sent to you at no additional cost by e-mail. Would you rather have it sent via USPS for an additional fee? YES \_\_\_\_\_ NO \_\_\_\_\_. The newsletter and up to 10 past issues are available for free on the CCFMCA website: [www.ccfmca.org](http://www.ccfmca.org).

Please make check payable to **CCFMCA** and return both the *New Membership Application* and your payment to:

Carol A. Jones (CCFMCA Membership)  
958 Dahlia Ave  
Costa Mesa, CA 92626

	2 PEOPLE	or	1 PERSON
INITIATION FEE:	\$ 50.00		\$ 30.00
EXTRA BADGES:	\$ _____		\$ _____
TOTAL ENCLOSED:	\$ _____		\$ _____

**CALIFORNIA CHAPTER OF THE FAMILY MOTOR COACH ASSOCIATION INC.**  
**MEMBERSHIP RENEWAL**

The **Membership Renewal** is \$25.00 per coach. Please update your information in the New Membership area where **Red Asterisks** indicate.

Please make check payable to **CCFMCA** and return both the *Membership Renewal* and payment to:

Carol A. Jones (CCFMCA Membership)  
958 Dahlia Ave  
Costa Mesa, CA 92626

RENEWAL FEE (Per Coach): \$25.00

TOTAL ENCLOSED: \$ \_\_\_\_\_

*Revised 12-29-2022*