FONDNESS AND ADMIRATION QUESTIONNAIRE

Check TRUE or FALSE in response to each of the following statements:

STATEMENT	TRUE	FALSE
1. I can easily list the three things I most admire about my partner.		
2. When we are apart, I often think fondly of my partner.		
3. I will often find some way to tell my partner "I love you."		
4. I often touch or kiss my partner affectionately.		
5. My partner really respects me.		
6. I feel loved and cared for in this relationship		
7. I feel accepted and liked by my partner.		
8. My partner finds me sexy and attractive.		
9. My partner turns me on sexually.		
10. There is a fire and passion in this relationship.		
11. Romance is definitely still a part of our relationship.		
12. I am really proud of my partner.		
13. My partner really enjoys my achievements and accomplishments.		
14. I can easily tell you why I wanted to marry my partner.		
15. If I had it all to do over again, I would.		
16. We rarely part from each other without showing some sign of love and affection.		
17. When I come into a room, my partner is glad to see me.		
18. My partner appreciates the things I do in this relationship.		
19. My spouse generally likes my personality.		
20. Our life is generally satisfying.		

(2) Scoring: 10 and above is good while 10 and below shows room for improvement	S.

Gottman, John and Nan Silver: The Seven Principles For Making Marriage Work: A Practical Guide From the Country's Foremost Relationship Expert (New York: Three Rivers Press, 1999)