## LOVE MAPS QUESTIONNAIRE

The following questions are all about your partner. Please answer them to the best of your knowledge. You may not communicate with your partner during this exercise. When you are done, please exchange your sheet with your partner and score the responses based on the scoring instructions below.

- 1. My partner's best friends are (names) \_\_\_\_\_
- 2. Two of my partner's life dreams are \_\_\_\_\_&\_\_\_\_\_
- 3. My partner particularly enjoys \_\_\_\_\_(type of music; sporting activity; hobby. Be specific)
- 4. If my partner could spend freely on any one thing, it would be \_\_\_\_\_\_
- 5. Currently, my partner's greatest fear (or frustration) is \_\_\_\_\_\_
- 6. The accomplishment that my partner is most proud of is \_\_\_\_\_\_
- 7. My partner really enjoys it when I \_\_\_\_\_\_
- 8. My partner would say that \_\_\_\_\_\_ was what most attracted her/him to me
- 9. My partner is most at peace when \_\_\_\_\_\_
- 10. My partner deals with stress by
- 11. My partner gets really upset when I \_\_\_\_\_
- 12. One (positive or negative) childhood experience that still affects my partner is

PARTNER: Please place a score next to each question.

## Scoring:

Each completely true answer = 5

Each partially true answer = 3

Each incorrect answer or unanswered question = 0

Add individual scores and enter final score total in the box to the right

Return scored sheet to your spouse. Feel free to discuss your responses.

If you scored below 7, you can begin to strengthen your relationship by getting to know more about your partner.



Adapted from Gottman, John and Nan Silver: The Seven Principles For Making Marriage Work: A Practical Guide From the Country's Foremost Relationship Expert (New York: Three Rivers Press, 1999).