



Carbondale Therapeutic Family Center

Birth-5 Mental Health Services

No Cost Therapeutic After Care Program for Birth-5 from 3-8 PM

Eligibility

- Citizen of Carbondale
- Families of Children Birth-5
- Children Birth-5 with early signs of mental health needs
- Children Birth-5 experienced adversity or trauma
- Children Birth-5 who have a sibling or caregiver involved in the justice system.
- Children removed from day care or Pre-K programs

**For more information please contact Maranda:
(618) 847-0046 • mpedigo@stressandtrauma.org**

Additional programs on-site

- Caregiver Self-Care & Respite
- Caregiver Mental Health Services
- Caregiver Vocational Training
- Siblings of 0-5 Mental Health Services
- Siblings of 0-5 Vocational Training

**Scan QR code and
fill out the form to learn more!**

