MAP Direct Services Training Series

Workshop Day 1

The MAP System: Managing and Adapting Practice

PracticeWise®

www.practicewise.com

Copyright 2008-2019 PracticeWise, LLC

All rights reserved

Except as indicated, no part of these materials may be reproduced, translated, stored in a retrieval system, or transmitted, in any form or by any means electronic, mechanical, photocopying, microfilming, recording, or otherwise without permission in writing from the publisher.

LIMITED REPRODUCTION LICENSE

These materials are intended for use by qualified MAP Agency Supervisors, MAP Training Professionals, MAP Instructors and participants actively enrolled in a PracticeWise Supervision and Consultation Training Series.

PracticeWise grants to qualified users of this document nonassignable permission to use, store or reproduce presentation slides and/or handouts prepared from these materials for the purpose of performing your MAP role (i.e., Agency Supervisor, Training Professional, Instructor or Supervision and Consultation Trainee). This license is limited to the qualified user for use within the scope of practice associated by your MAP role. This license does not grant the right to reproduce these materials for resale, redistribution, or any other purposes (including but not limited to books, pamphlets, articles, video- or audiotapes, or public announcement). Permission to reproduce these materials for these and any other purposes must be obtained in writing from PracticeWise. Any reproduction of these materials must include this notice.

Training Team

Meet

- Natalie Ruth
  - Chestnut Health Systems
- Matt Buckman
  - Stress & Trauma Treatment Center

© 2019 PracticeWise, LLC

Day 1: Getting Started with MAP

- Access MAP resources at www.practicewise.com
- Introductions and goal setting
- What is MAP? Why should I learn about it?
- Therapist Portfolio

© 2019 PracticeWise, LLC

Day 1: Getting Started with MAP

- Concepts
  - EBS System Model
  - Focus-Interference
  - Connect-Cultivate-Consolidate
  - Clinical Event Structure
  - CARE Process
  - The MAP
- Resources
  - PWEBS Database
  - Practitioner Guides
  - Clinical Dashboards
- Applications
  - Assessment
  - Monitoring

© 2019 PracticeWise, LLC

Preview of the Week Ahead

Day Two:
Anxiety

Day Three:
Trauma and Depression

Day Four:
Conduct Problems

© 2019 PracticeWise, LLC

Day Five

- Review, consolidation, planning
  - Case simulation
  - Putting concepts together
  - Preparing for the consultation period

© 2019 PracticeWise, LLC

Training Progression

© 2019 PracticeWise, LLC

Question Chat

- At any point, you can put confidential questions into the Chat!

© 2019 PracticeWise, LLC

DAT STAT Account Access

© 2019 PracticeWise, LLC

Ice Breaker

Think of three statements about yourself:

2 statements must be true
1 statement must be false

The group will guess which statement is false!

© 2019 PracticeWise, LLC

Ice Breaker

Chat privately to Matt

- Two truths
- One lie
- Your name

- Your name
- Agency and location
- Service(s) you are most involved with
  - E.g., outpatient, school-based, in-home, day treatment, residential

© 2019 PracticeWise, LLC

Getting to Know You

- Name
- Agency
- Training background
  - MSW? Psychology? MFT?
- Practice setting
  - Clinic, Home, School, Residential?
- Other EBP experience?

We will also pass around a contact information verification form

© 2019 PracticeWise, LLC

Learning Objectives for Today

- Obtain basic knowledge of and rehearsal with MAP concepts
  - Evidence-Based Services (EBS) System Model
  - Focus-Interference Framework and Connect-Cultivate-Consolidate
  - Clinical Event Structure
  - CARE Process
  - The MAP

© 2019 PracticeWise, LLC

Learning Objectives for Today

- Receive both didactic instruction and hands on practice with MAP resources
  - PWEBS Database
  - Clinical Dashboard
  - Practitioner Guides
- Formulate preliminary goals for training and consultation

© 2019 PracticeWise, LLC

Why Are We Here?

- What is your knowledge of MAP coming into the training today?
- How do you envision this training connecting to your work or to the individuals and families you serve?

© 2019 PracticeWise, LLC

What is Managing and Adapting Practice (MAP)?

- A system for providing evidence-informed care

© 2019 PracticeWise, LLC

Included in the MAP System

- A variety of models to support assessment and planning and monitoring of care for a variety of problems
  - Coordination of care for cases with multiple problems
- Resources that help you manage and adapt practice
  - Database summarizing hundreds of treatment studies
  - Practitioner Guides that include the most common practices from the most successful treatments
  - A tool to track treatment history and client outcomes

© 2019 PracticeWise, LLC

The Bottom Line About MAP

- A single system designed to support your clinical decision-making using evidence
- Coordinates provider and family expertise (local knowledge) with findings from the evidence base (general knowledge) to guide and organize treatment
- More like a toolkit to build treatments, rather than a treatment itself

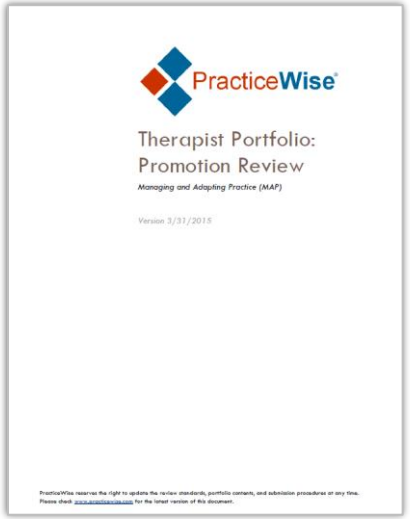
© 2019 PracticeWise, LLC

MAP Therapist Portfolio

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

- Forms
  - Submission Page
  - Direct Service Learning Record (Learning Record)
  - Direct Service Case Record (Case Record)
- Case Materials (for two cases)
  - PWEBS Summary of Youth Treatment
  - Clinical Dashboard (de-identified)



© 2019 PracticeWise, LLC

Direct Service Learning Record

- Designed for tracking learning experience and expertise achieved with each of the domains included in the MAP Direct Services curriculum
- Experience and Expertise levels attained are recorded on the form

© 2019 PracticeWise, LLC

Learning Record: Experience

- Experience comes in two forms
  - Reviewed
    - This was something you were taught
  - Rehearsed
    - This is something you practiced in an exercise, role play, or with a client

© 2019 PracticeWise, LLC

Experience

Standards for Completion	Experience	
	Review	Rehearsed
You have learned the content for the domain, either from a MAP professional (i.e., Instructor, Agency Supervisor, or Training Professional) or an approved online course.	✓	
You have rehearsed practices appropriate for the domain with or under direction of another MAP professional.	✓	✓

© 2019 PracticeWise, LLC

Learning Record: Expertise

- Practice Knowledge
  - Verbal Knowledge
  - “I know what this is.”
- Practice Production
  - Procedural Knowledge
  - “I can do it, but maybe not smoothly.”
- Practice Skill
  - Skilled Performance, Compilation
  - “I can do this smoothly and from memory.”
- Practice Habit
  - Automaticity, Overlearning, Automatic Practice
  - “I can do this without thinking or while multitasking.”

© 2019 PracticeWise, LLC

Expertise

Standards for Completion	Expertise Achieved			
	Knowledge	Production	Skill	Habit
You can define the domain, recall key points or steps in the domain, and identify when the domain content might be useful or relevant for direct service.	✓			
You can perform the activity in the domain (e.g., apply a concept, use a resource, or perform a practice) but you need to consciously think through the steps as you go.	✓	✓		
You can perform the activity in the domain rapidly, with less error, and without having to think through the steps in your head.	✓	✓	✓	
You can perform the domain skills automatically, and can even perform other activities at the same time without significantly decreasing quality. You readily identify opportunities to use the domain skills, and you adapt the skills to specific situations (This level of expertise may not be achievable for all domains.)	✓	✓	✓	✓

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☑	☑	☑	☐	☐	☐
CARE Process	☑	☑	☑	☐	☐	☐
The MAP	☑	☑	☑	☐	☐	☐
Connect-Cultivate-Consolidate	☑	☑	☑	☐	☐	☐
Focus-Interference	☑	☑	☑	☐	☐	☐
Clinical Event Structure	☑	☑	☑	☐	☐	☐
Embracing Diversity	☑	☑	☑	☑	☑	☐
RESOURCES	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☑	☑	☑	☑	☐	☐
Practitioner Guides	☑	☑	☑	☑	☐	☐
Clinical Dashboard	☑	☑	☑	☐	☐	☐
Treatment Pathways						
Focus Area 1: Anxiety	☑	☐	☑	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☑	☑	☑	☐	☐	☐
Monitoring	☑	☑	☑	☐	☐	☐
Planning	☑	☑	☑	☐	☐	☐
Practice Delivery						
Practice 1: Psychoed: Anx-Child	☑	☑	☑	☑	☐	☐
Practice 2: Self-Monitoring	☑	☑	☑	☑	☐	☐
Practice 3: Cognitive: Anxiety	☑	☑	☑	☑	☐	☐
Practice 4: Exposure	☑	☐	☑	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	✓	✓	✓	☐	☐	☐
CARE Process	✓	✓	✓	☐	☐	☐
The MAP	✓	✓	✓	☐	☐	☐
Connect-Cultivate-Consolidate	✓	✓	✓	☐	☐	☐
Focus-Interference	✓	✓	✓	☐	☐	☐
Clinical Event Structure	✓	✓	✓	☐	☐	☐
Embracing Diversity	✓	✓	✓	✓	✓	☐

RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	✓	✓	✓	✓	☐	☐
Practitioner Guides	✓	✓	✓	✓	☐	☐
Clinical Dashboard	✓	✓	✓	☐	☐	☐
Treatment Pathways						
Focus Area 1: Anxiety	✓	☐	✓	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐

APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	✓	✓	✓	☐	☐	☐
Monitoring	✓	✓	✓	☐	☐	☐
Planning	✓	✓	✓	☐	☐	☐
Practice Delivery						
Practice 1: Psychoed: Anx-Child	✓	✓	✓	✓	☐	☐
Practice 2: Self-Monitoring	✓	✓	✓	✓	☐	☐
Practice 3: Cognitive: Anxiety	✓	✓	✓	✓	☐	☐
Practice 4: Exposure	✓	☐	✓	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

Let's Get Started!

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

Case Example

- Maggie
  - 7-year-old African American female
  - Presents with
    - Depressive Sxs (irritability, daily crying outbursts, suicidal ideation, lack of interest in play)
    - Anxiety Sxs (separation fears, cannot sleep alone, worries about family members and future)
    - Disruptive Behavior ("attitude," non-compliance with adult commands, aggressive behavior towards siblings)
  - History of trauma and recent assault by male classmate who touched her inappropriately

© 2019 PracticeWise, LLC

Evidence-Based Services (EBS) System Model

© 2019 PracticeWise, LLC

EBS System Model

- A model for how a system is structured to provide a service, which outlines:
  - What decisions are being made
  - Who makes those decisions
  - What drives the decision-making
- Examining the EBS System Model helps us think about how we formulate a case and how to make informed decisions about clinical care

© 2019 PracticeWise, LLC

About the Focus on Evidence-Based

- Evidence
  - Is frequently available, but infrequently used
  - Holds us accountable
  - Helps us set priorities
  - Keeps us organized and grounded
  - Gives us ideas
  - Allows us to self-correct and develop as professionals
  - Helps us make better decisions

© 2019 PracticeWise, LLC

More About Decisions

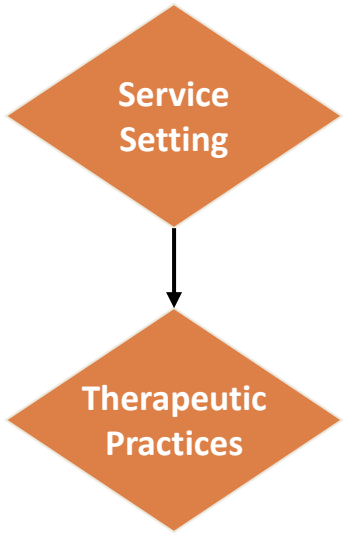
- Evidence
  - Is frequently available, but infrequently used
  - Holds us accountable
  - Helps us set priorities
  - Keeps us organized and grounded
  - Gives us ideas
  - Allows us to self-correct and develop as professionals
  - **Helps us make better decisions**

© 2019 PracticeWise, LLC

Where should we treat the youth?

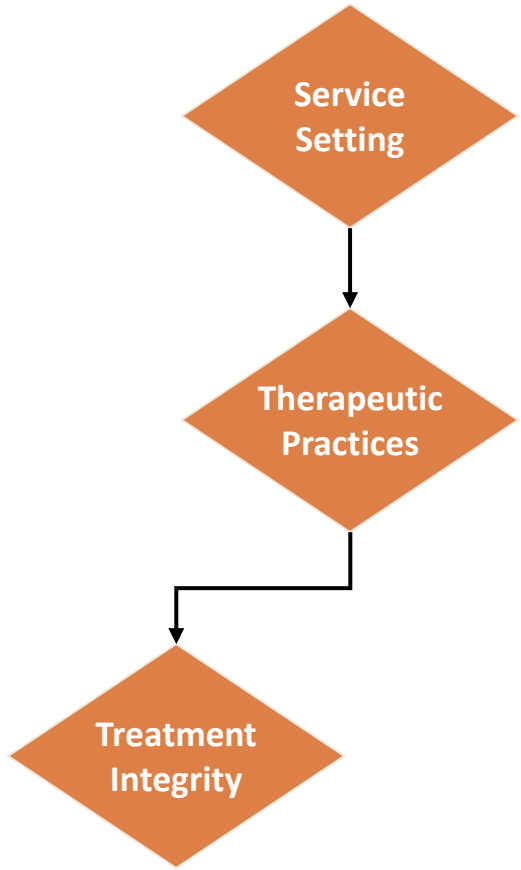
© 2019 PracticeWise, LLC

How should we treat the youth?



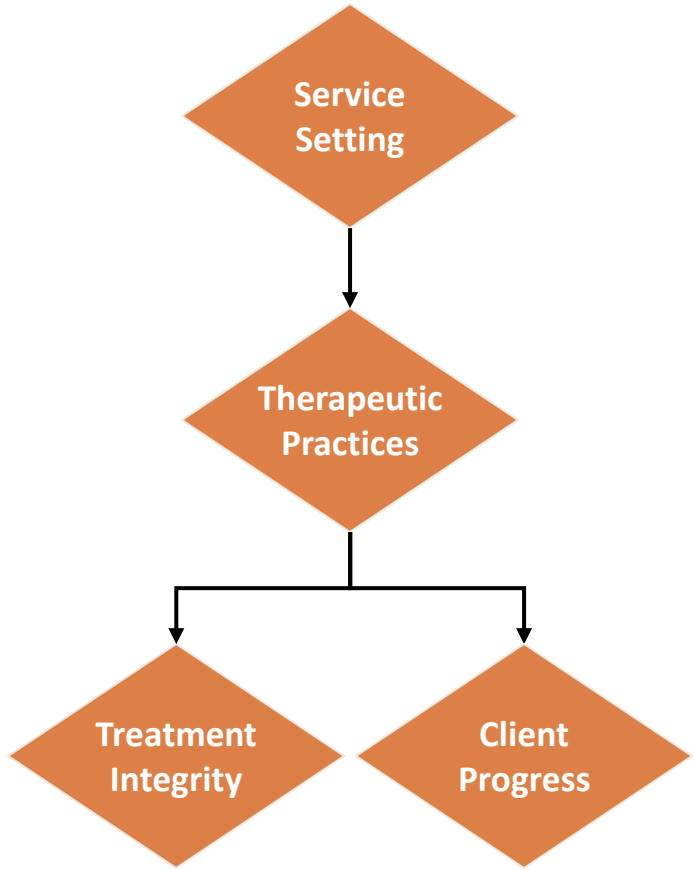
© 2019 PracticeWise, LLC

Are we providing quality services to the youth?



© 2019 PracticeWise, LLC

Is the youth getting better?



© 2019 PracticeWise, LLC

EBS System Model

- Targets and Goals
  - What are the treatment targets/main problem areas?
  - What are the goals of treatment?
  - These directly affect the rest of the content/structure
- Service Setting
  - Where is treatment provided?

© 2019 PracticeWise, LLC

EBS System Model

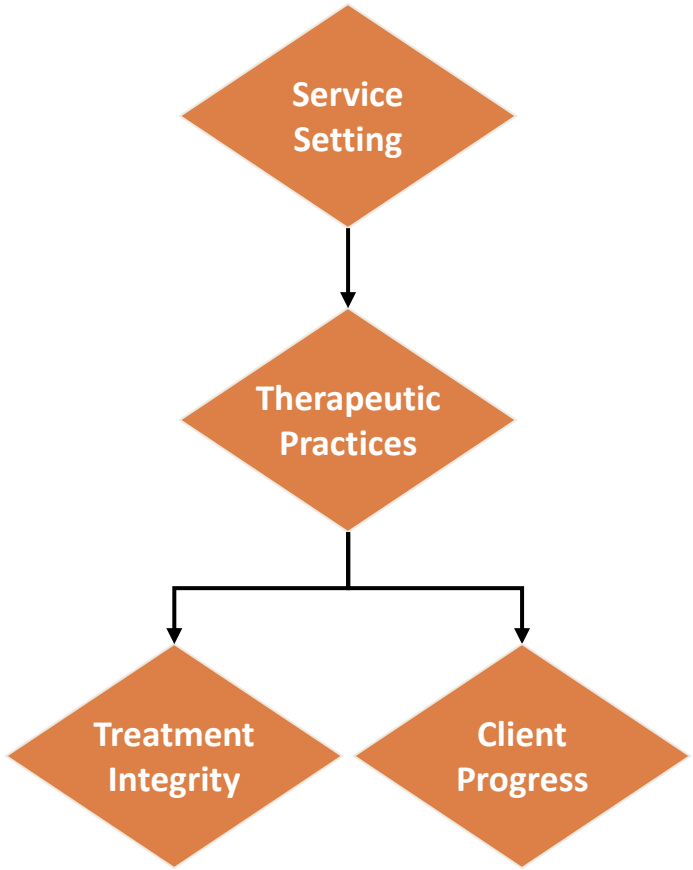
- Treatment Practices
  - What are the components of this treatment?
  - EBP sessions or Practice Elements
- Treatment Integrity
  - How do you know that you are keeping good fidelity to the treatment as it was intended to be implemented?
- Client Progress
  - Are there certain measures that are good indicators of treatment progress towards goals?

© 2019 PracticeWise, LLC

Who are the decision-makers?

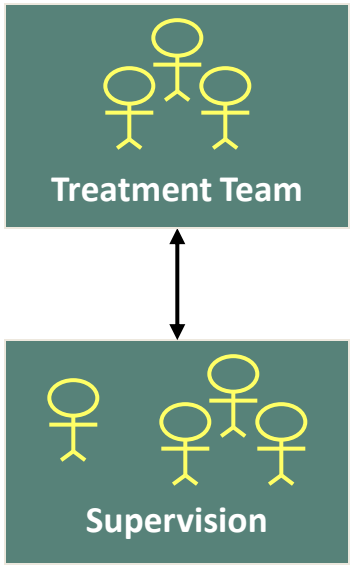
© 2019 PracticeWise, LLC

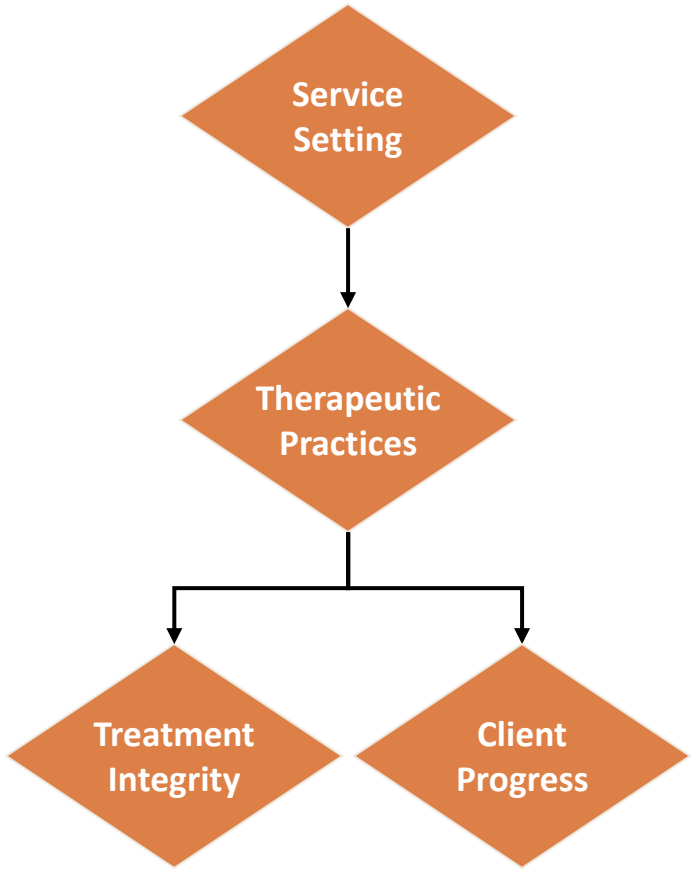
Who should treat the client?



© 2019 PracticeWise, LLC

How should we manage the treatment?





© 2019 PracticeWise, LLC

EBS System Model

People

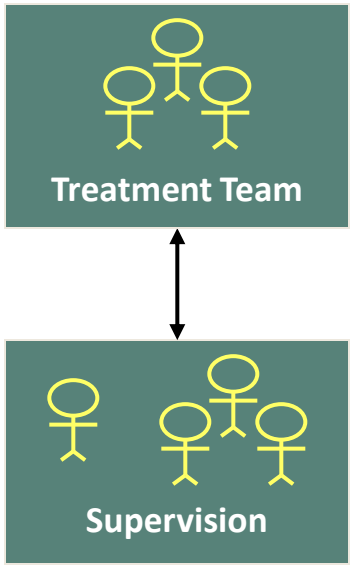
- Treatment Team
  - Who is involved in the treatment of the youth?
- Supervision
  - What does supervision look like for this EBP or type of organization?

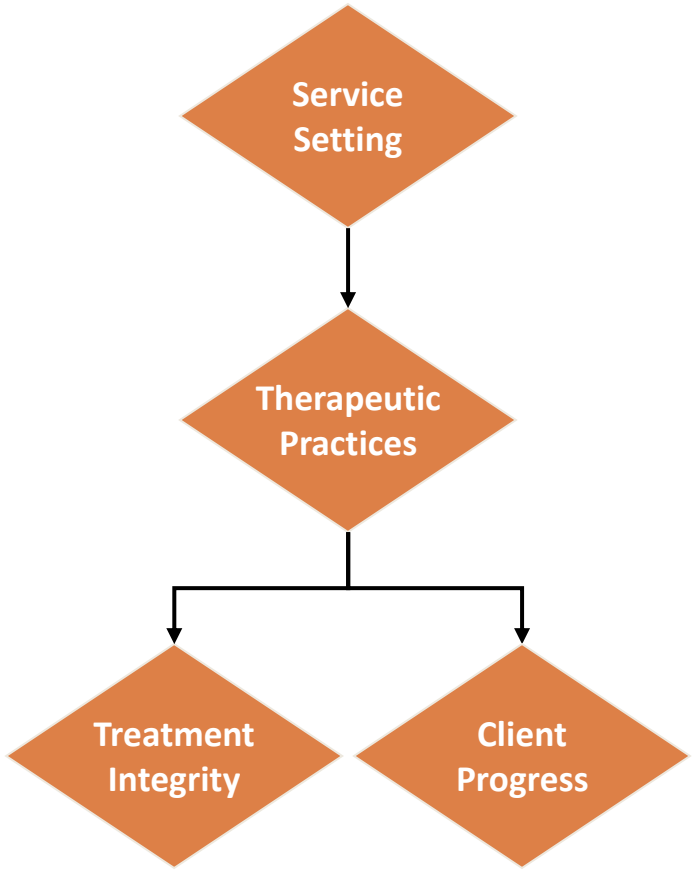
© 2019 PracticeWise, LLC

What drives decision-making?

© 2019 PracticeWise, LLC

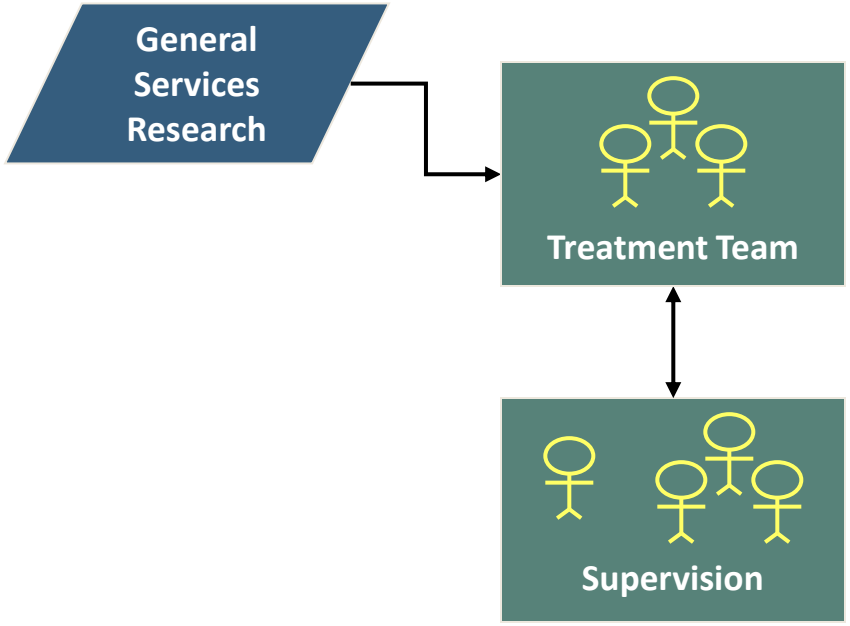
What evidence drives decisions?

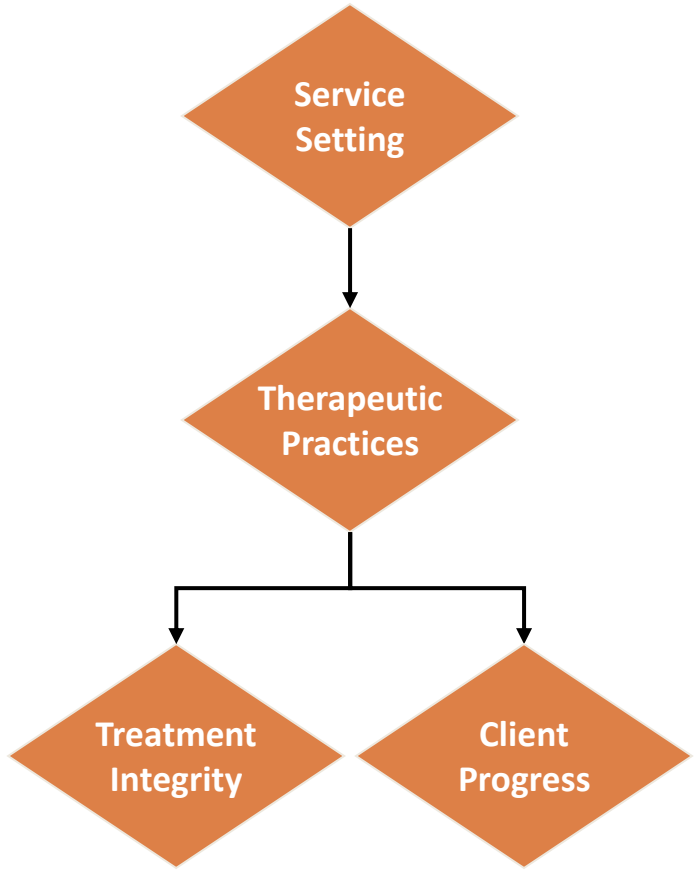




© 2019 PracticeWise, LLC

What evidence drives decisions?

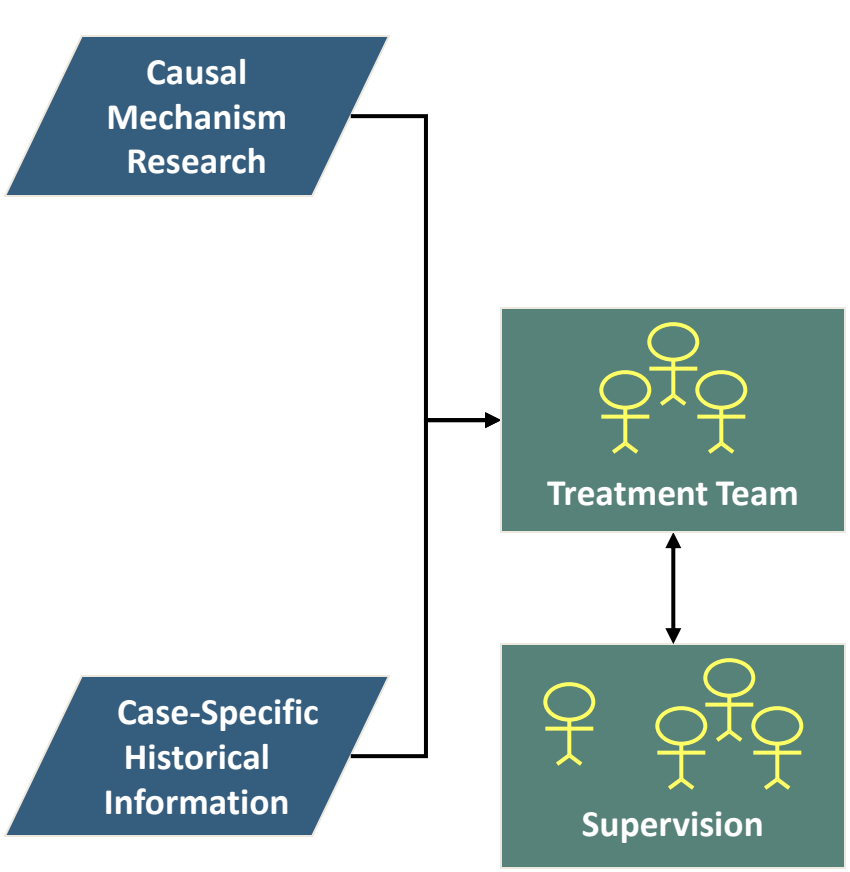


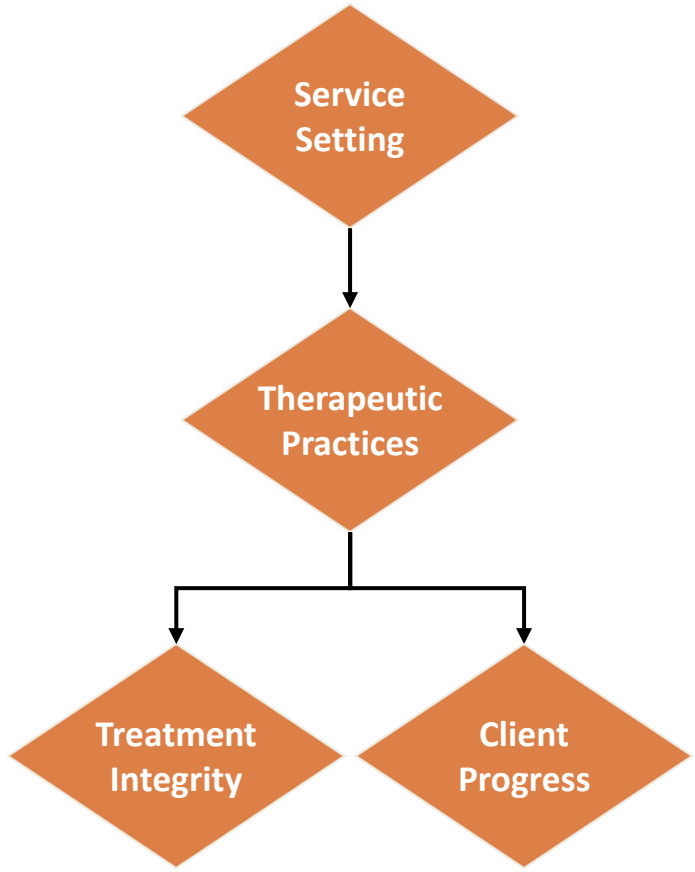


Evidence Based Treatment (EBT) Model

© 2019 PracticeWise, LLC

What evidence drives decisions?

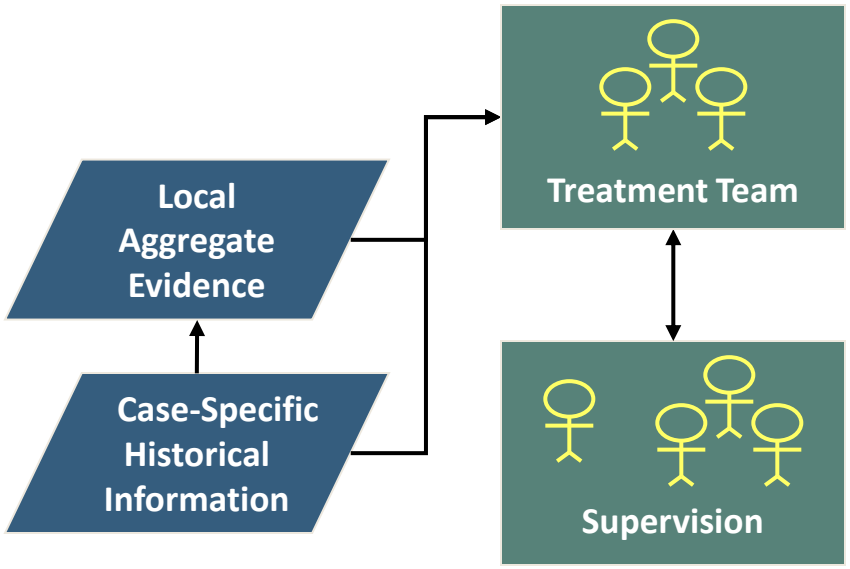


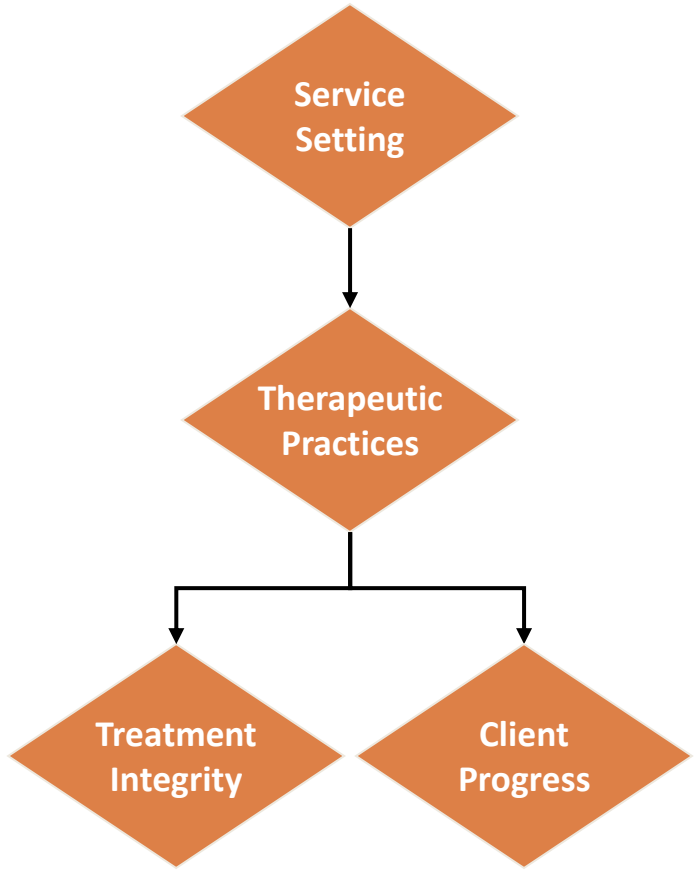


Individualized Case Conceptualization Model

© 2019 PracticeWise, LLC

What evidence drives decisions?

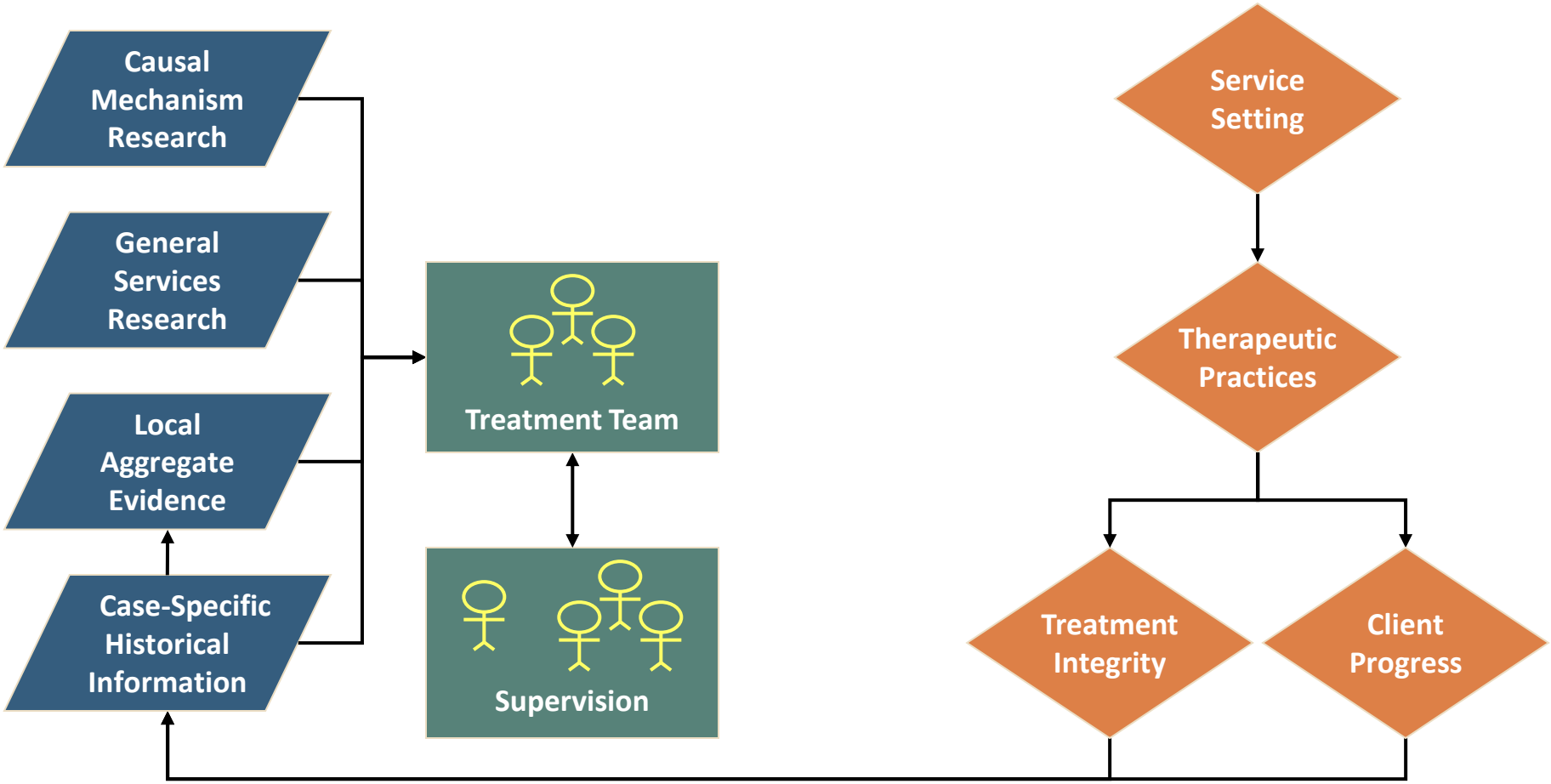




Practice-Based Evidence Model

© 2019 PracticeWise, LLC

Best to use all the evidence to drive decisions



© 2019 PracticeWise, LLC

EBS System Model

Sources of Information

- Causal Mechanism Research
  - Theory on psychopathology
  - Information on the etiology and development of mental health problems in youths and families
  - Basic knowledge about development, emotions, and behaviors
- General Services Research
  - Knowledge represented by all the studies of treatments that show what has worked for certain kinds of youth with particular mental health problems

© 2019 PracticeWise, LLC

EBS System Model

Sources of Information

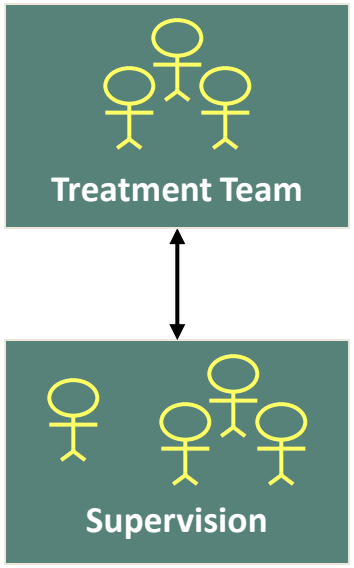
- Local Aggregate Evidence
  - Information grouped into units (e.g., caseloads, agencies, counties) summarizing averages, patterns, or trends on matters of interest (e.g., average test scores, effectiveness of treatments)
- Case-Specific Historical Information
  - The history of each youth or family, which can include
    - Practices received and progress ratings
    - Background information that describes the youth or family's characteristics and past experiences

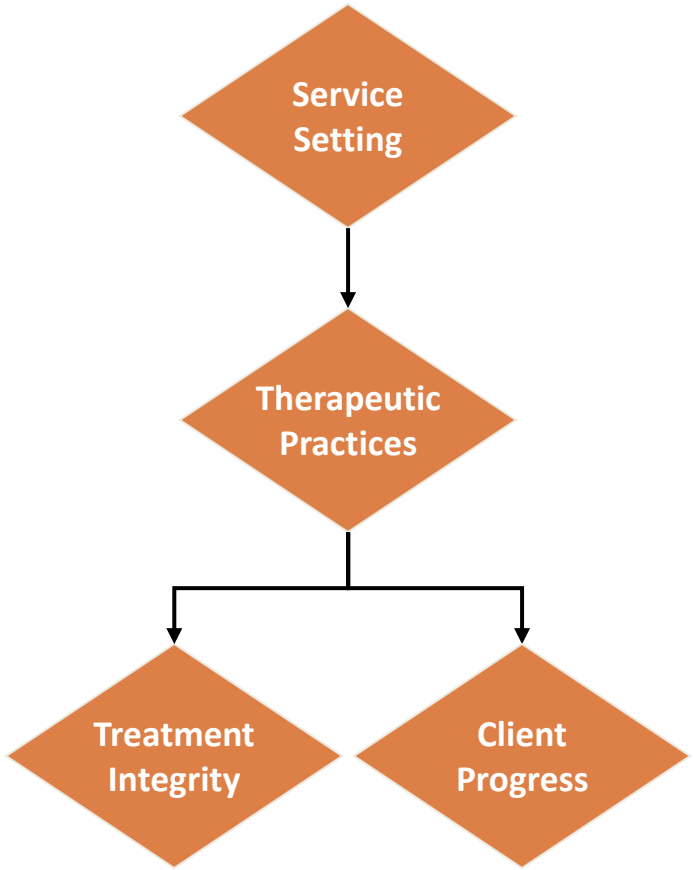
© 2019 PracticeWise, LLC

How are the decisions related?

© 2019 PracticeWise, LLC

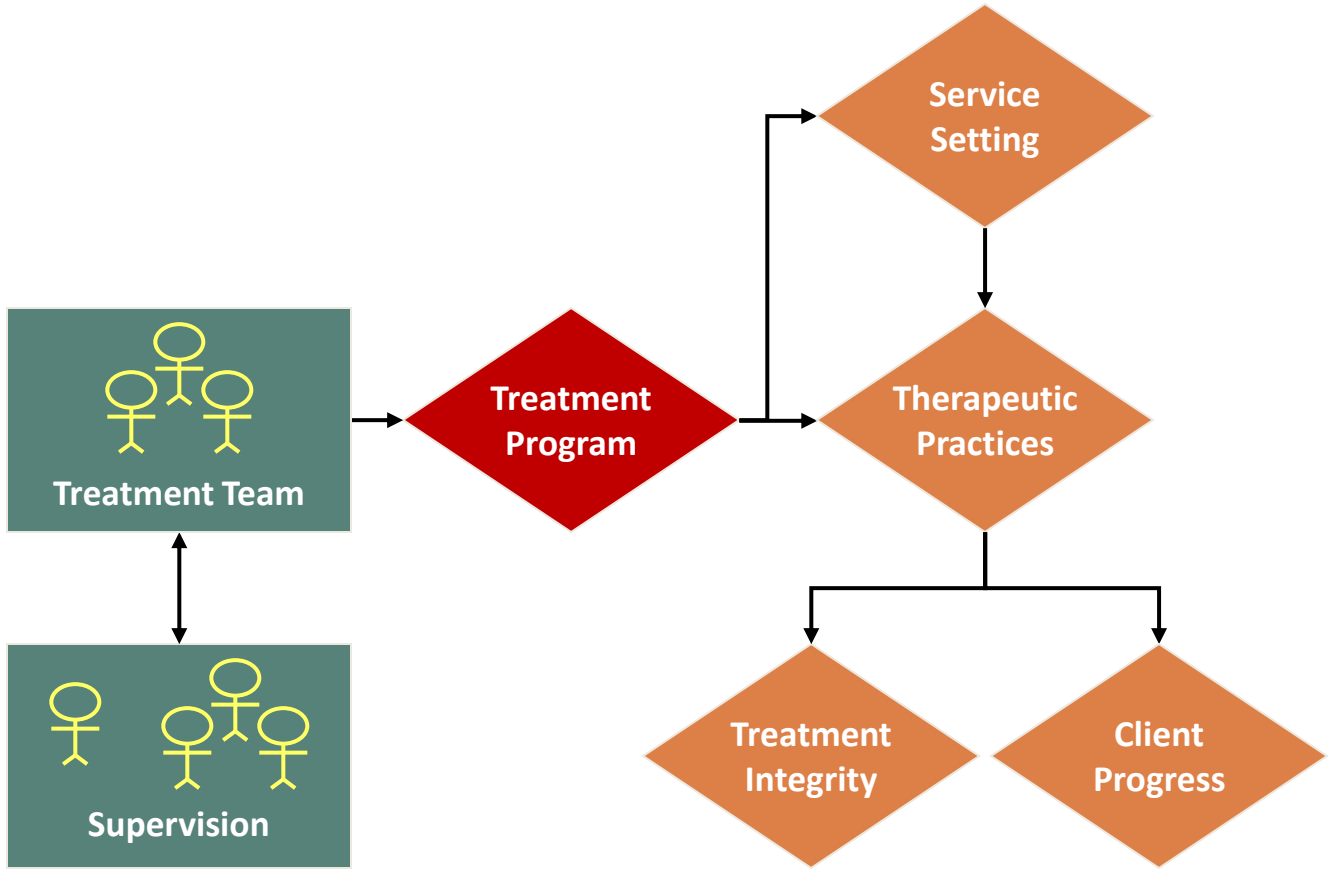
Often, treatment programs make many of the decisions for you in advance.





© 2019 PracticeWise, LLC

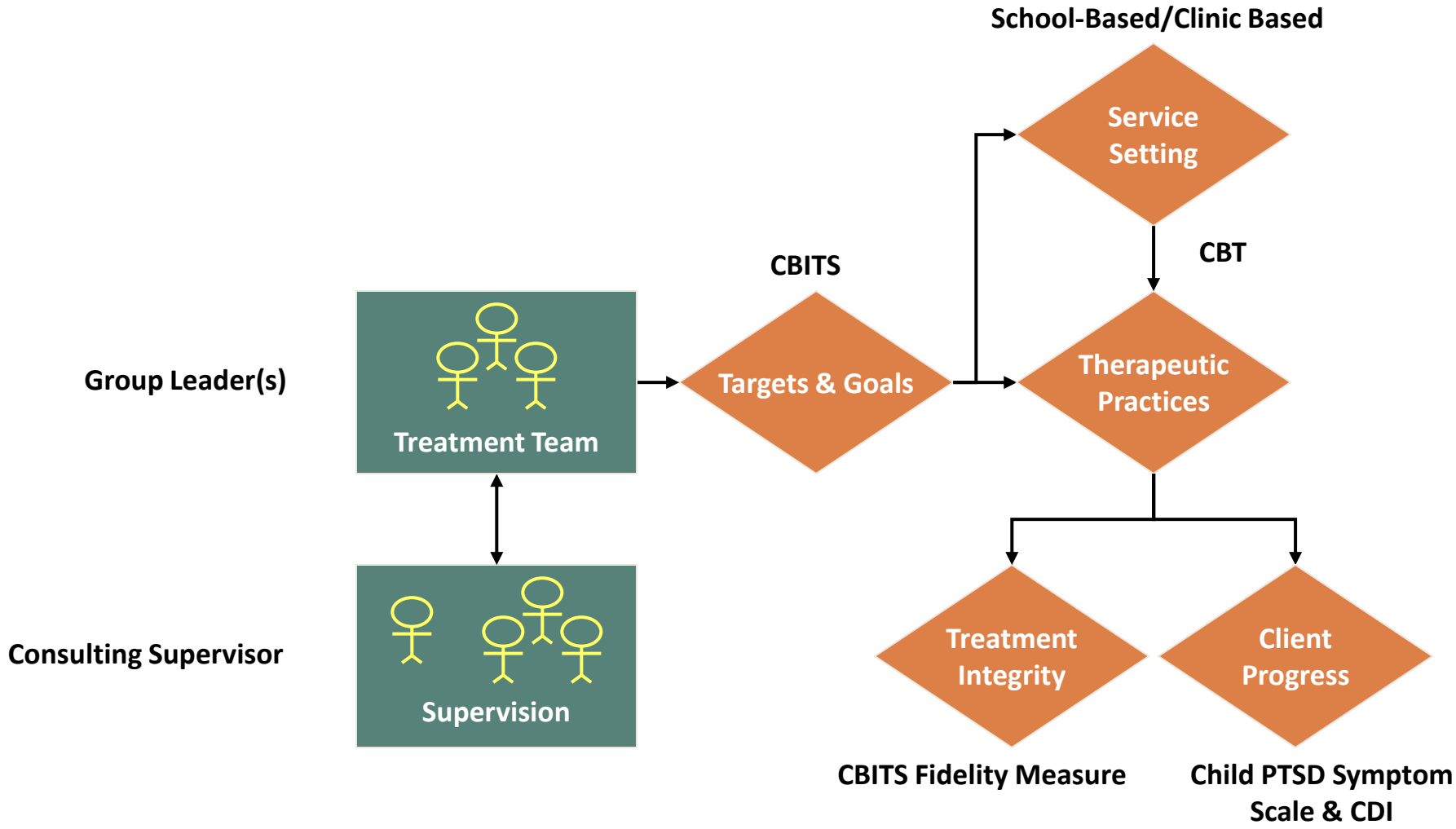
Selecting a treatment program will often dictate the setting, practices, integrity measures, progress measures, and even treatment team and supervision structure.



© 2019 PracticeWise, LLC

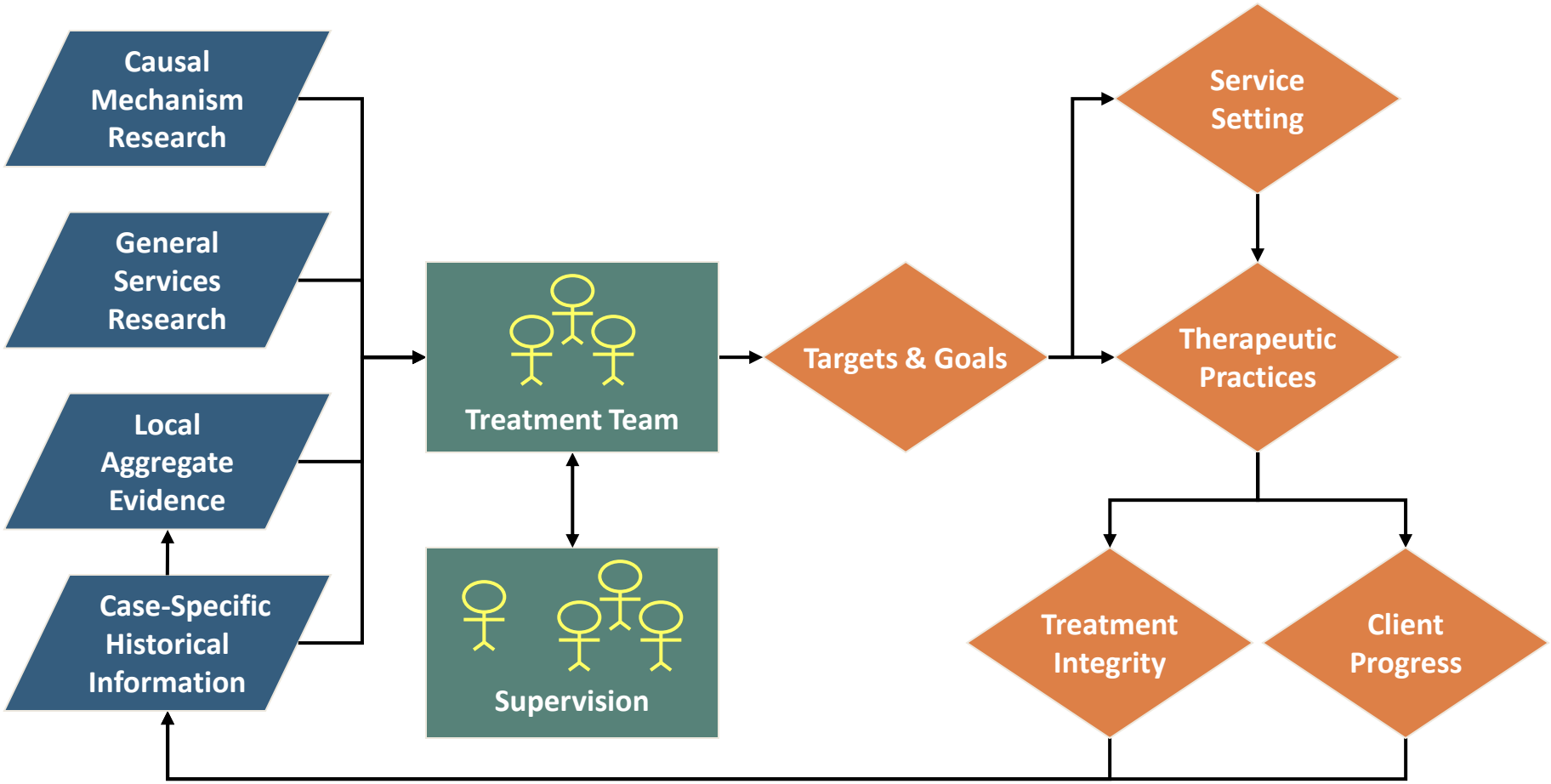
Example

CBITS: Cognitive Behavioral Intervention for Trauma in Schools



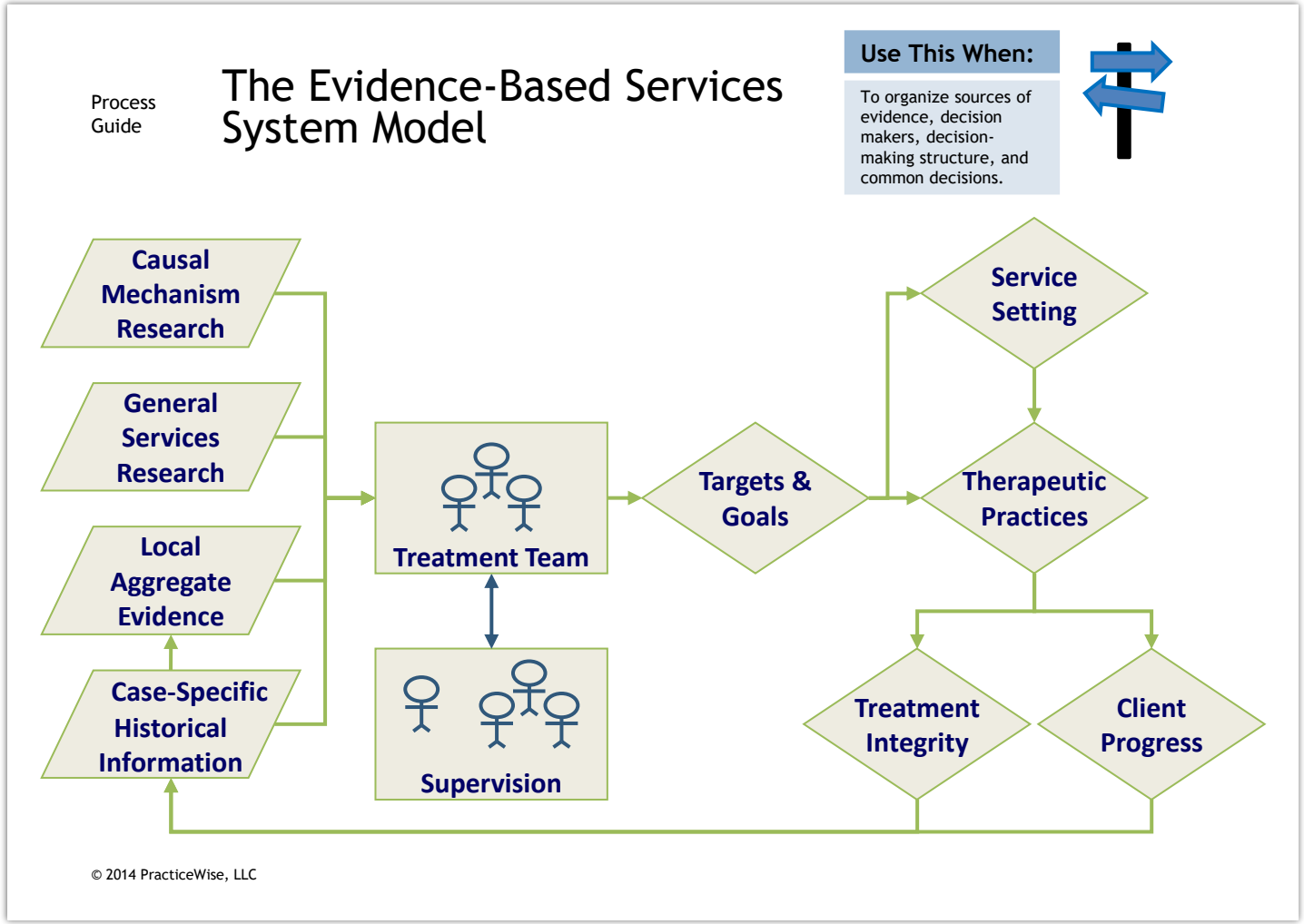
© 2019 PracticeWise, LLC

But these decisions can be “unbundled” by selecting targets and goals first and making other decisions in turn



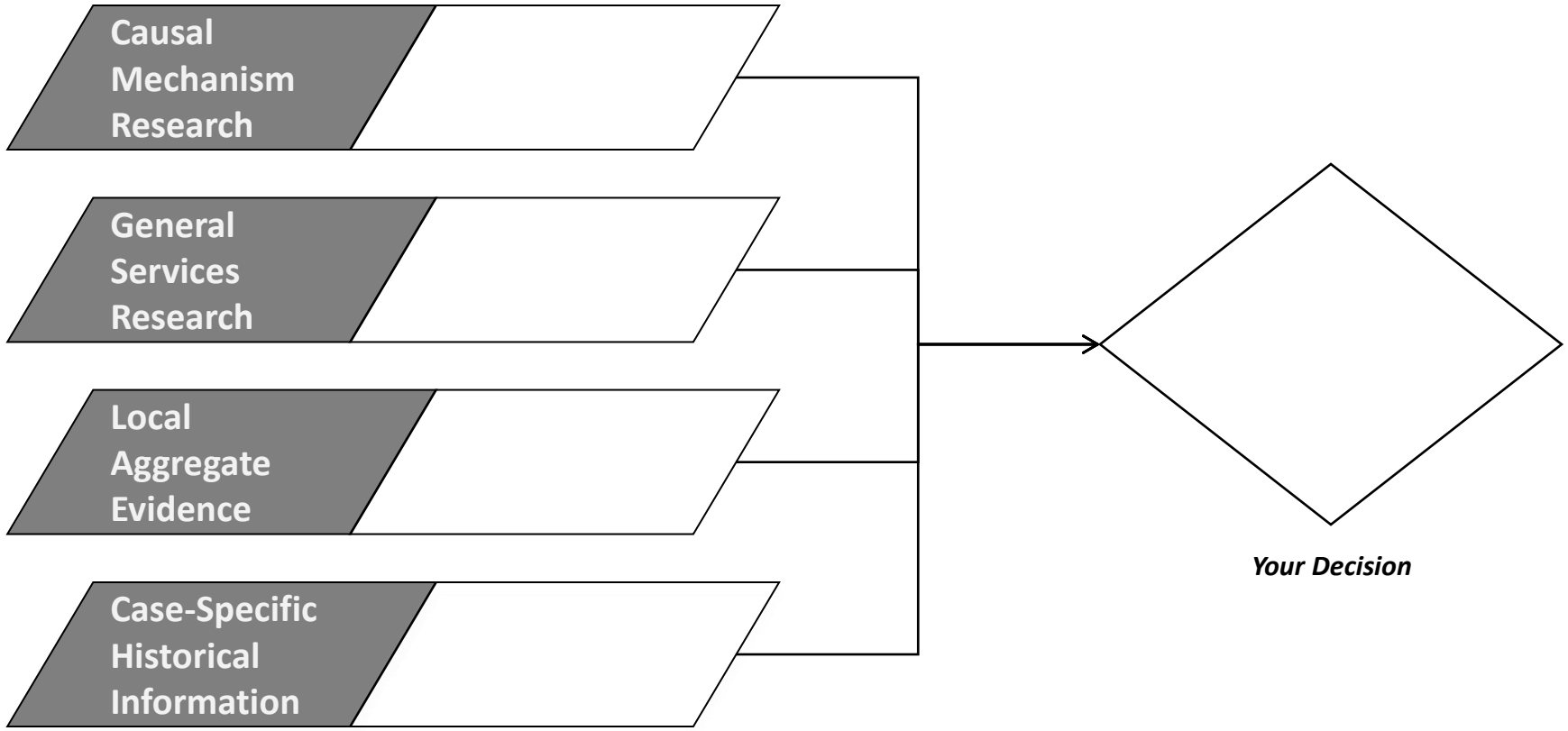
© 2019 PracticeWise, LLC

Process Guide



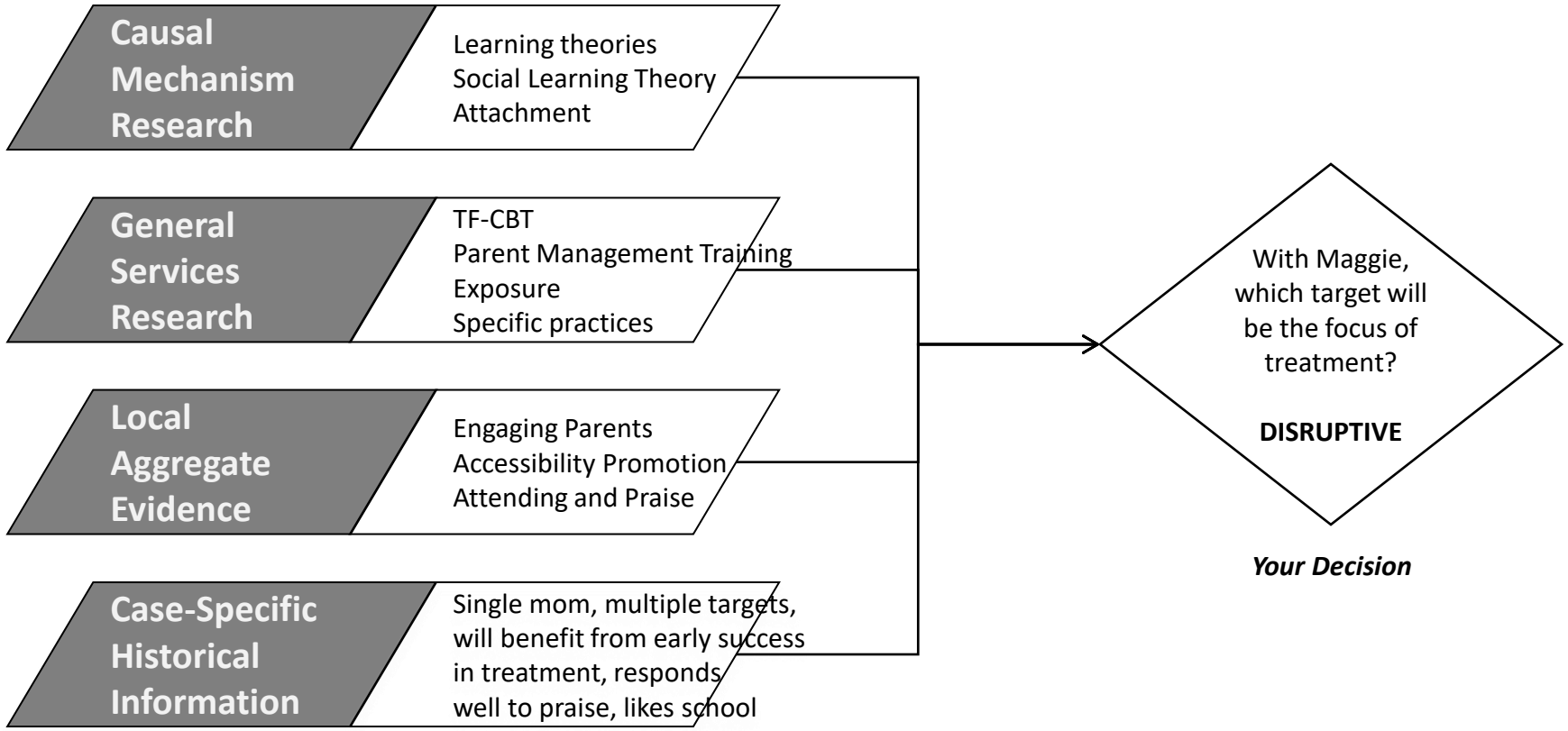
© 2019 PracticeWise, LLC

Evidence-Based Services (EBS) System Model



© 2019 PracticeWise, LLC

Evidence-Based Services (EBS) System Model



© 2019 PracticeWise, LLC

Activity

Process Guide: EBS System Model

© 2019 PracticeWise, LLC

EBS System Model Activity, Part 1

- 10-minute reflection
- Tasks:
  - Consider a case on your current or past caseload
  - Come up with a key question/decision
    - E.g., What practices should I use? When should I finish treatment?
  - Fill in the boxes of your process guide to show what evidence you used from each category in making one of your clinical decisions

© 2019 PracticeWise, LLC

EBS System Model Activity, Part 2

- 10-minute rehearsal, explaining your use of evidence
- Tasks (work with a partner):
  - Rehearse explaining how you thought through your treatment plan using the EBS System Model; each person gets 5 minutes to discuss
  - Describe how you made decisions about each section and clarify which data sources you used for your choice
  - Describe your thinking concerning
    - Assessment
    - Planning
    - Monitoring

© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

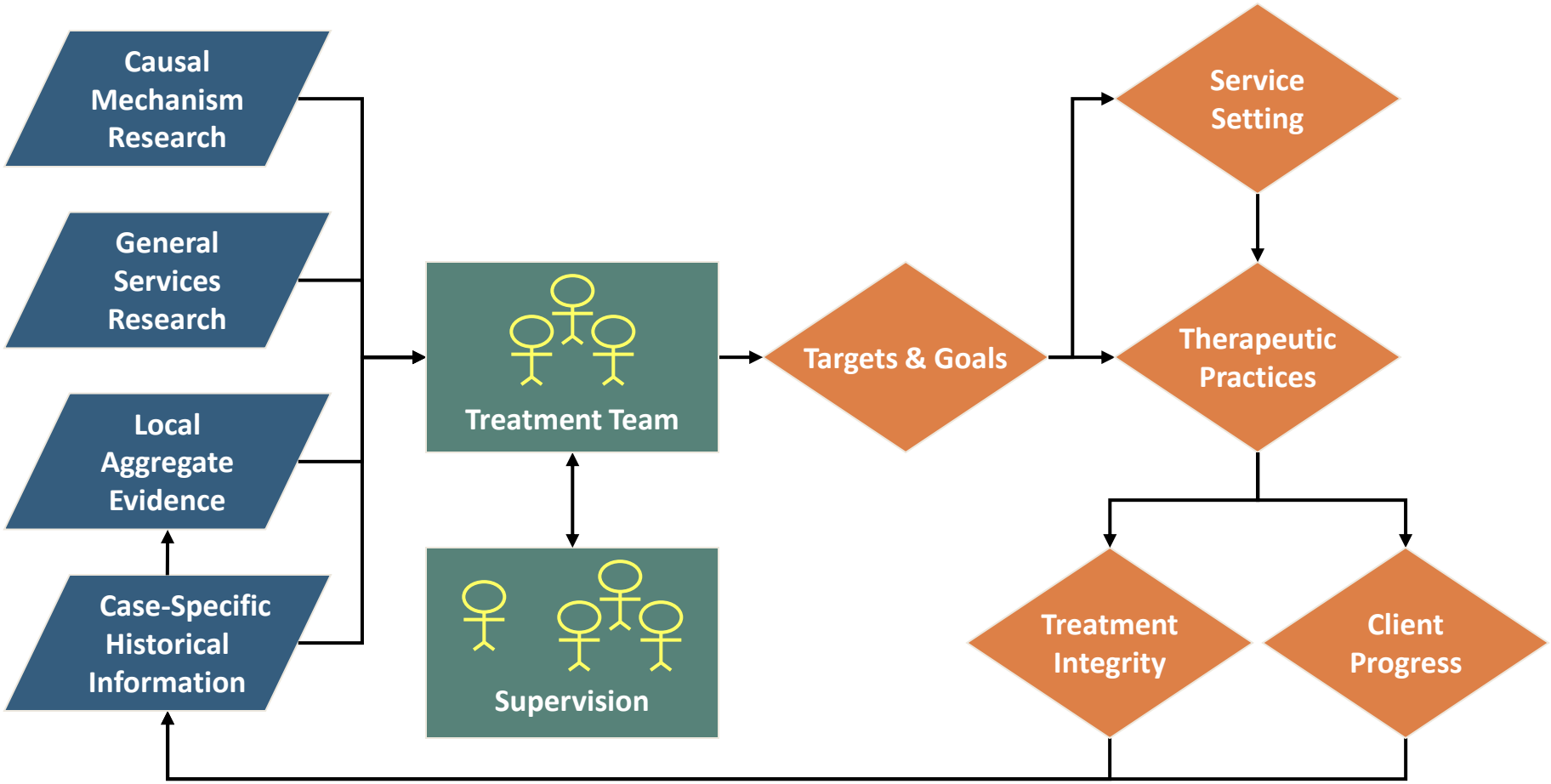
© 2019 PracticeWise, LLC

PWEBS Database

Practice**W**ise **E**vidence-**B**ased **S**ervices Database

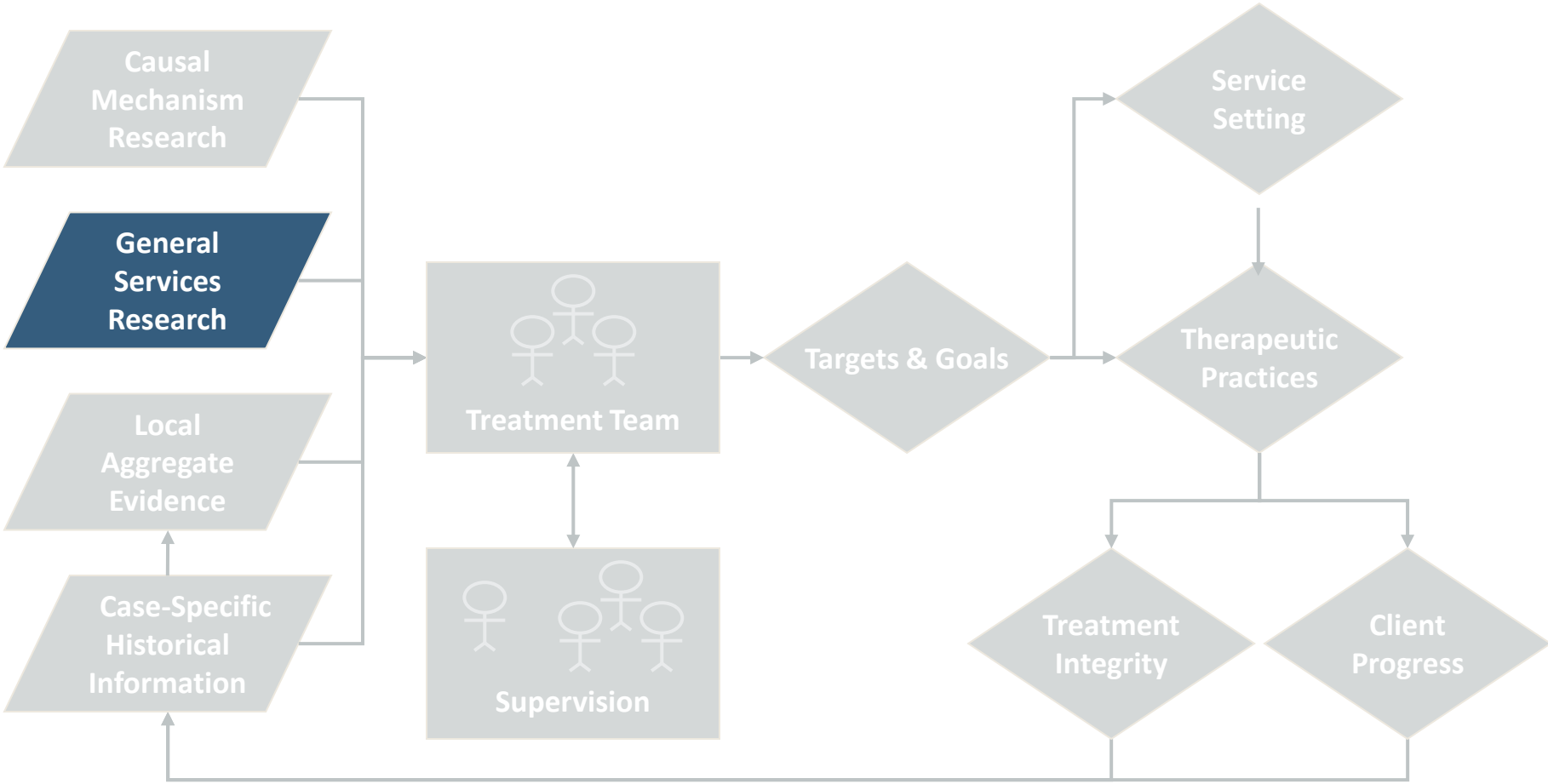
© 2019 PracticeWise, LLC

EBS System Model



© 2019 PracticeWise, LLC

EBS System Model



© 2019 PracticeWise, LLC

What is in the treatment literature?

General Services Research

- Hundreds of studies
- Over a thousand treatment protocols
- Tens of thousands of youth participants

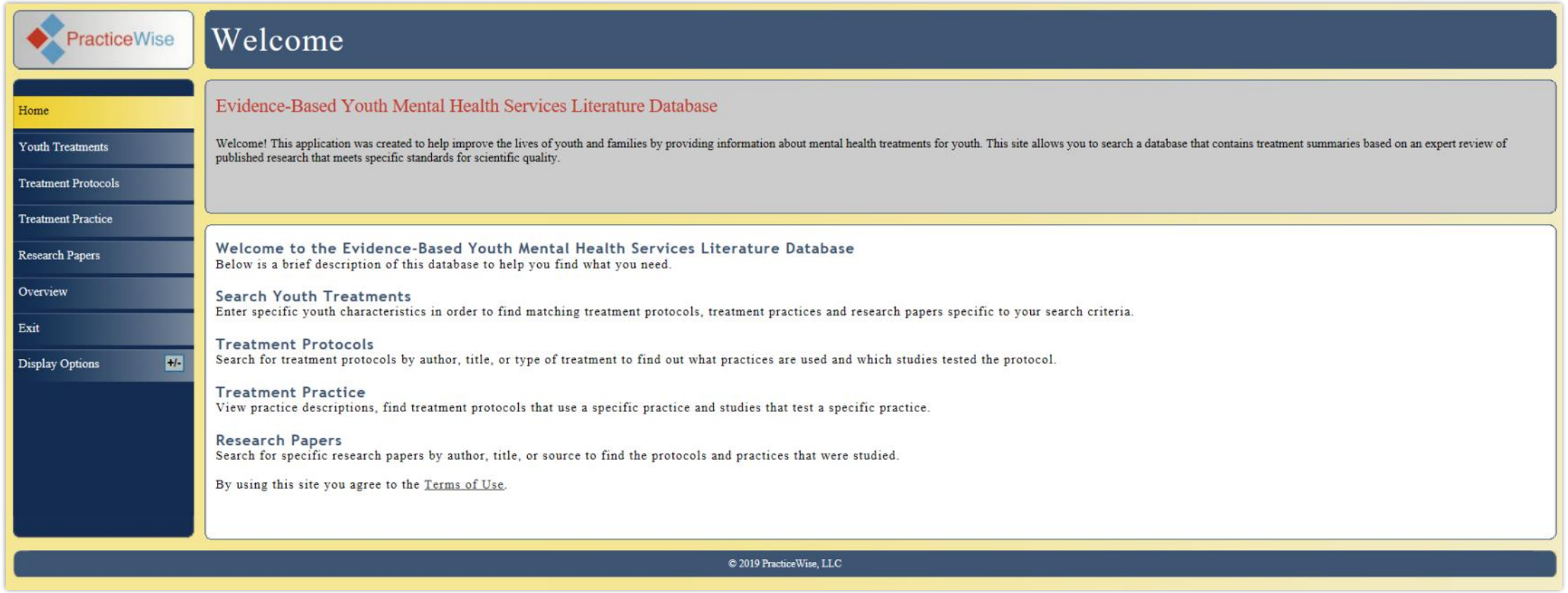
© 2019 PracticeWise, LLC

Information Overload

Good to see you, Maggie. As soon as I finish reading these papers, we can start our session today.

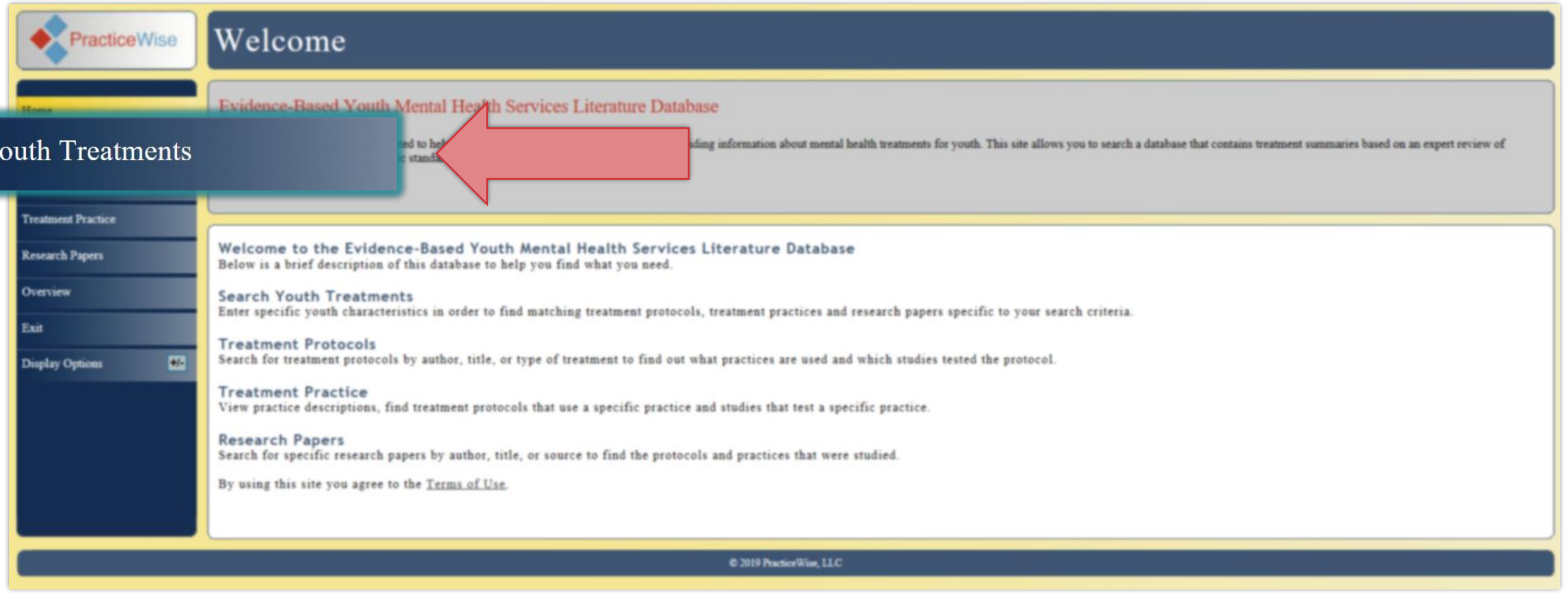
© 2019 PracticeWise, LLC

PWEBS Database



© 2019 PracticeWise, LLC

PWEBS: Youth Treatments Search



© 2019 PracticeWise, LLC

PWEBS: Youth Treatments Search

YOU CAN SELECT

- Strength of Evidence
- Problem Type
- Age or Grade
- Gender
- Race or Ethnicity
- Service Settings
- Diagnosis

YOU GET BACK

- Treatment Families
  - Types of treatments that have been shown to work
- Settings and Formats
  - Where/how the treatments took place
- Practice Elements
  - Components of the treatments

© 2019 PracticeWise, LLC

Strength of Evidence

- A classification of treatments according to the quality and quantity of evidence behind them
- More evidence usually is associated with greater confidence in that treatment
- Guided by standards set by APA Division 12

© 2019 PracticeWise, LLC

Best Support: Level 1

- Two or more studies showing
  - Treatment was better than another treatment or placebo

  OR
  - Equal to an established treatment (with n > 30 per group)
- Treatment manual needed
- Sample characteristics clearly specified
- Multiple investigator teams

© 2019 PracticeWise, LLC

Good Support: Level 2

- Two or more studies showing
  - Treatment was better than waitlist or no treatment

OR

- One study with
  - Manuals

  AND

    - Treatment was better than another treatment or placebo

    OR

    - Equal to an established treatment (with n > 30 per group)

© 2019 PracticeWise, LLC

Moderate Support: Level 3

- One study shows treatment is
  - Better than another treatment or placebo

  OR
  - Equal to established treatment (with n>30 per group)

© 2019 PracticeWise, LLC

Minimal Support: Level 4

- One study shows treatment is
  - Better than a waitlist

  OR
  - No treatment control group

© 2019 PracticeWise, LLC

No Support: Level 5

- Tested in at least one study, but failed to meet criteria for levels 1 through 4

© 2019 PracticeWise, LLC

Problem Types Reviewed

- Anxiety
- Attention Problems
- Autism Spectrum
- Depression
- Disruptive Behavior
- Eating
- Elimination
- Mania
- Substance Use
- Suicidality
- Traumatic Stress

© 2019 PracticeWise, LLC

PWEBS in Action

Let’s go online!

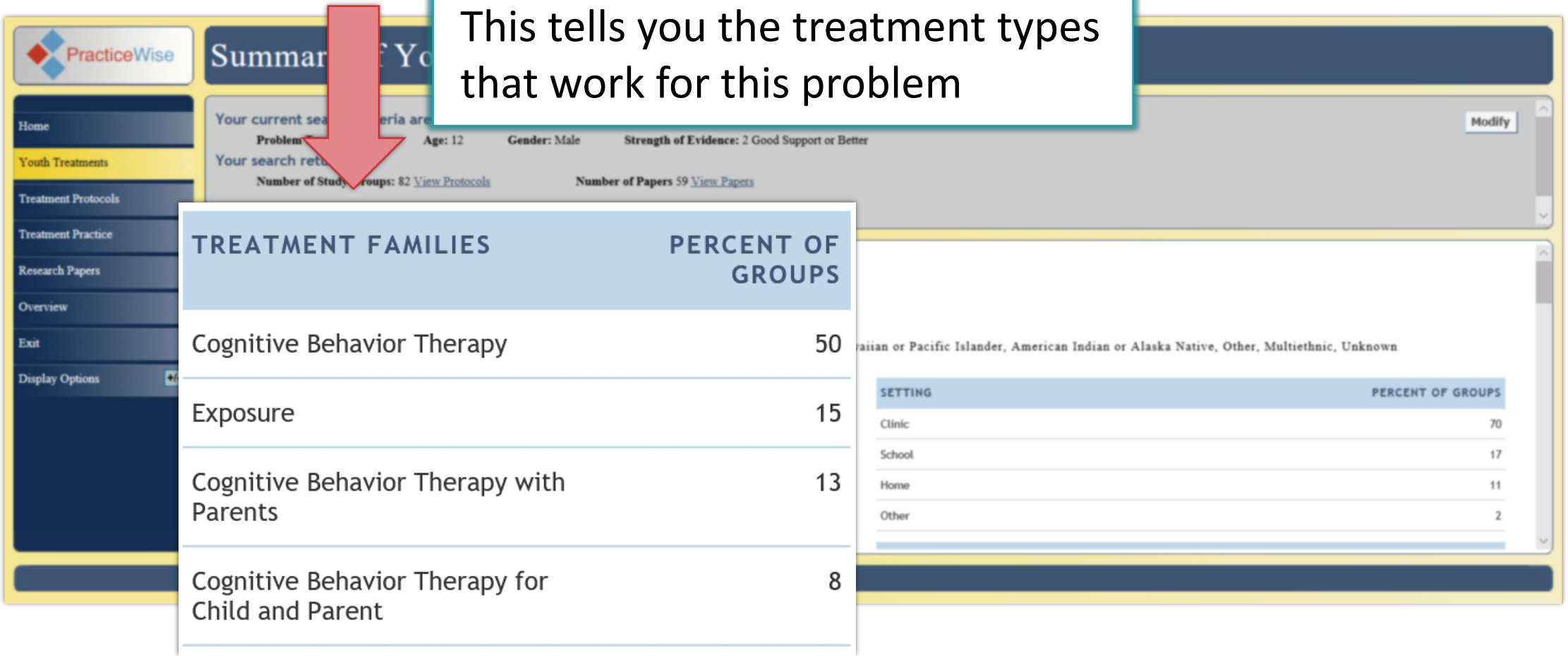
© 2019 PracticeWise, LLC

PWEBS Youth Treatments Search

© 2019 PracticeWise, LLC

PWEBS Youth Treatments Search

This tells you the treatment types that work for this problem

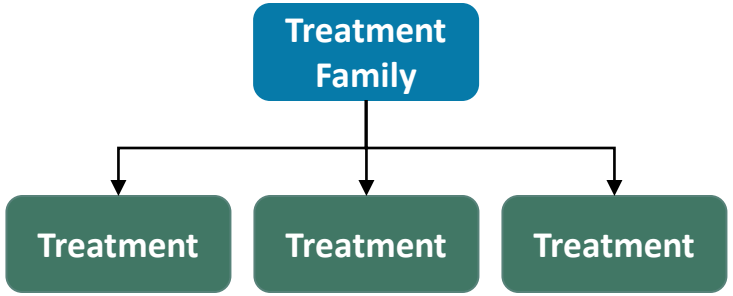


© 2019 PracticeWise, LLC

How exactly do I do these treatments?

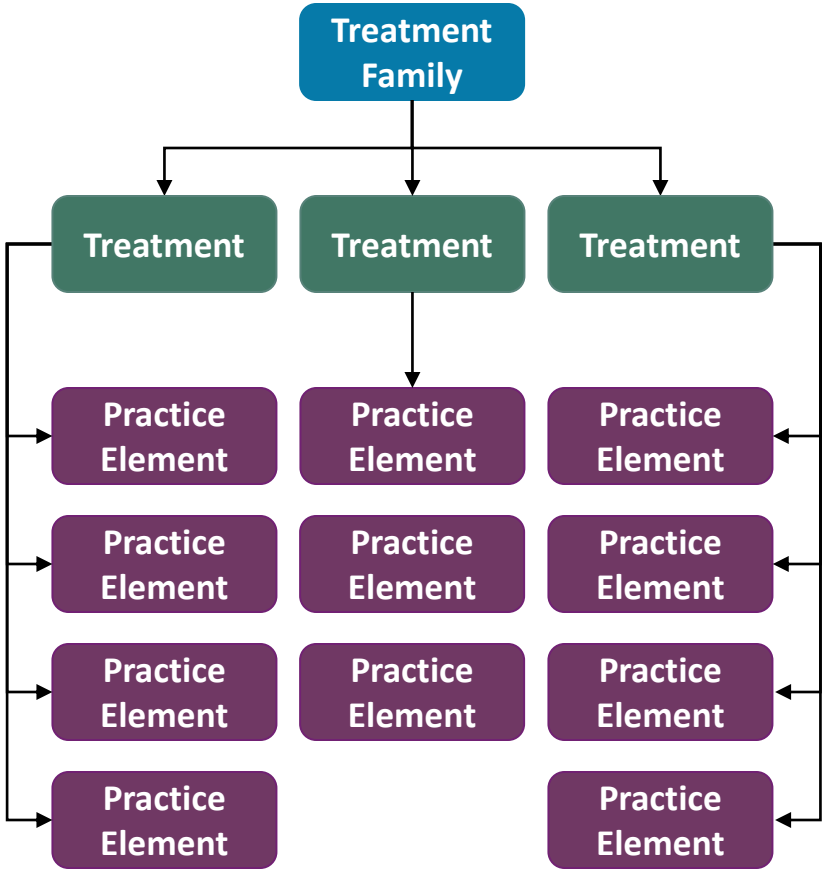
© 2019 PracticeWise, LLC

Practice Elements



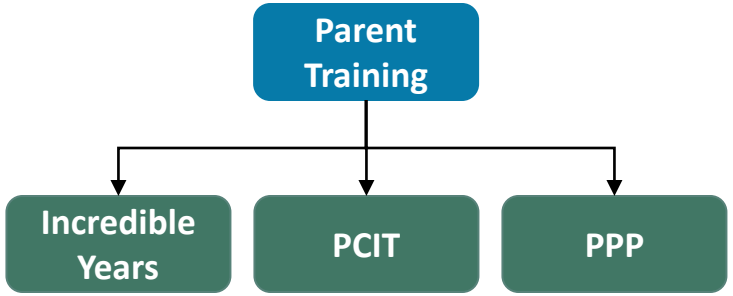
© 2019 PracticeWise, LLC

Practice Elements



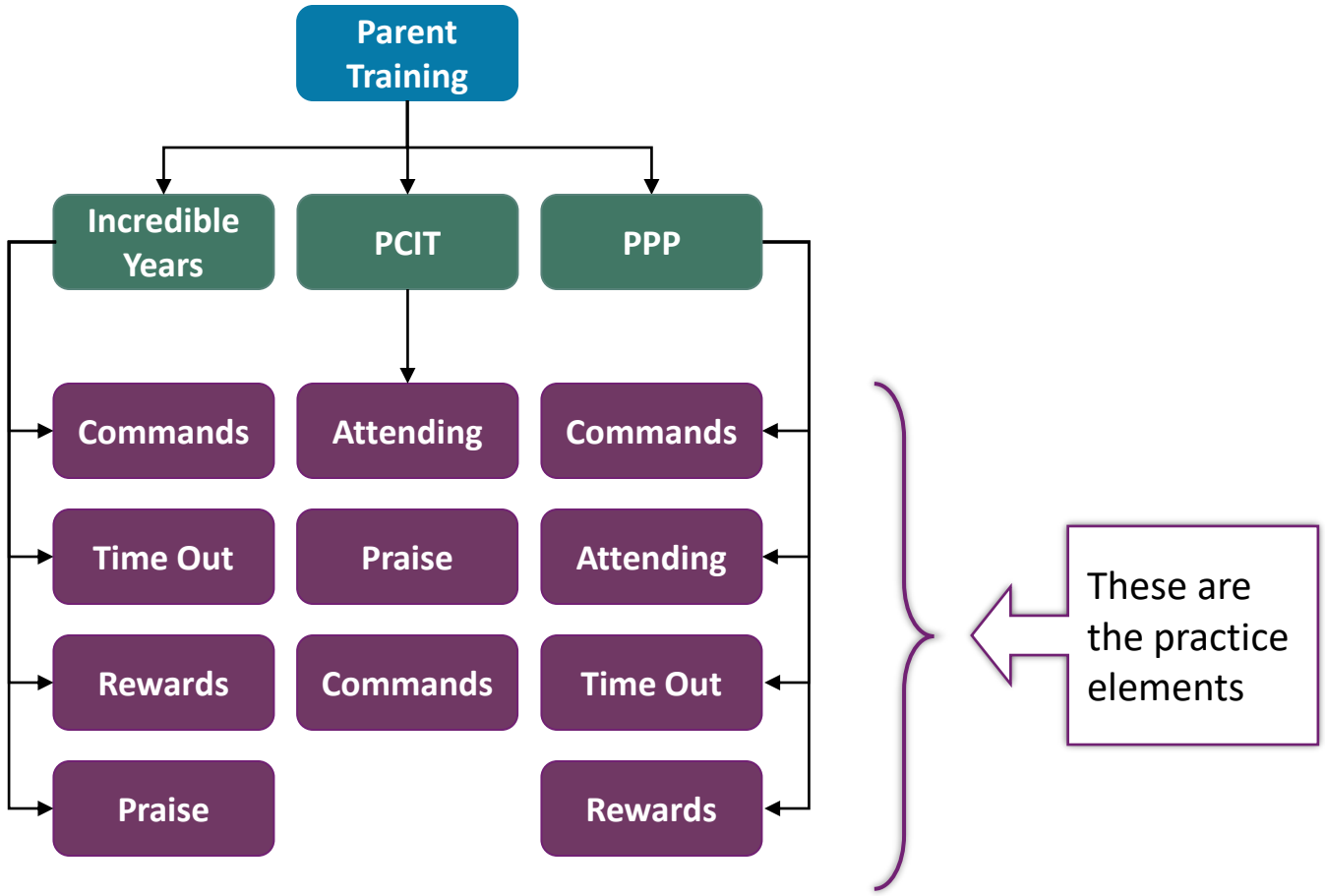
© 2019 PracticeWise, LLC

Practice Elements



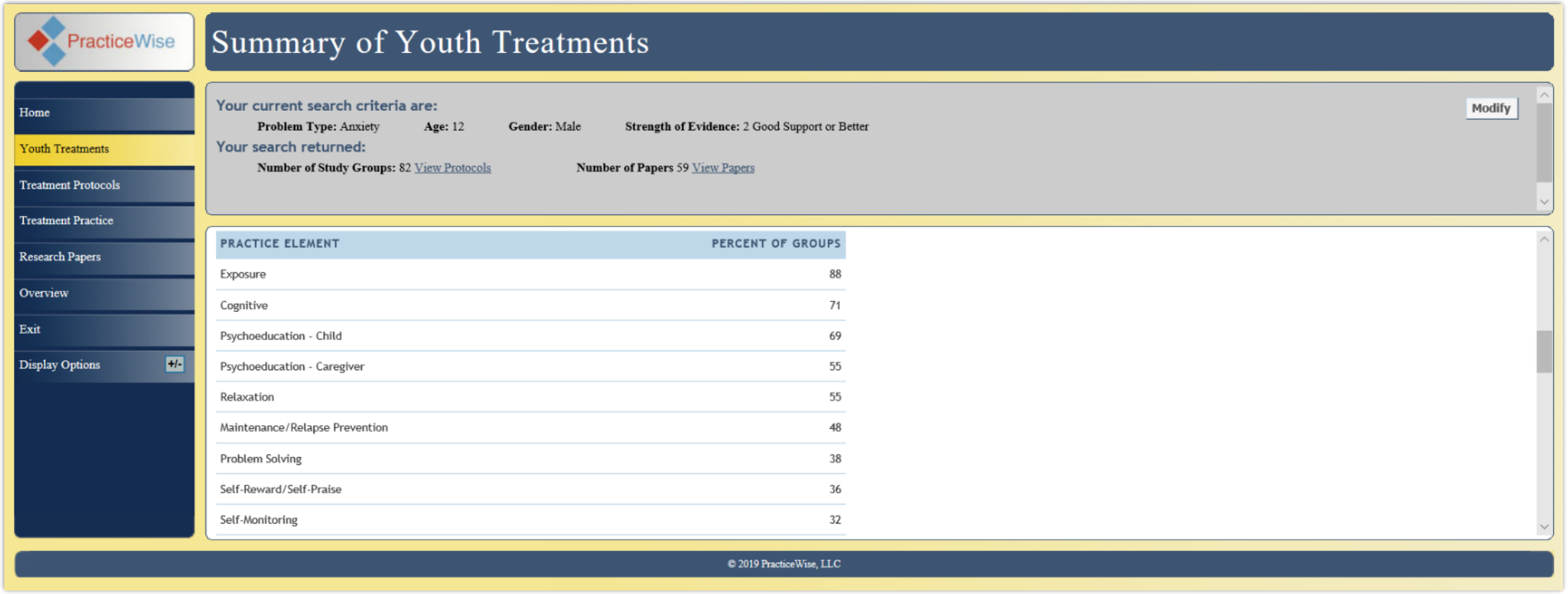
© 2019 PracticeWise, LLC

Practice Elements



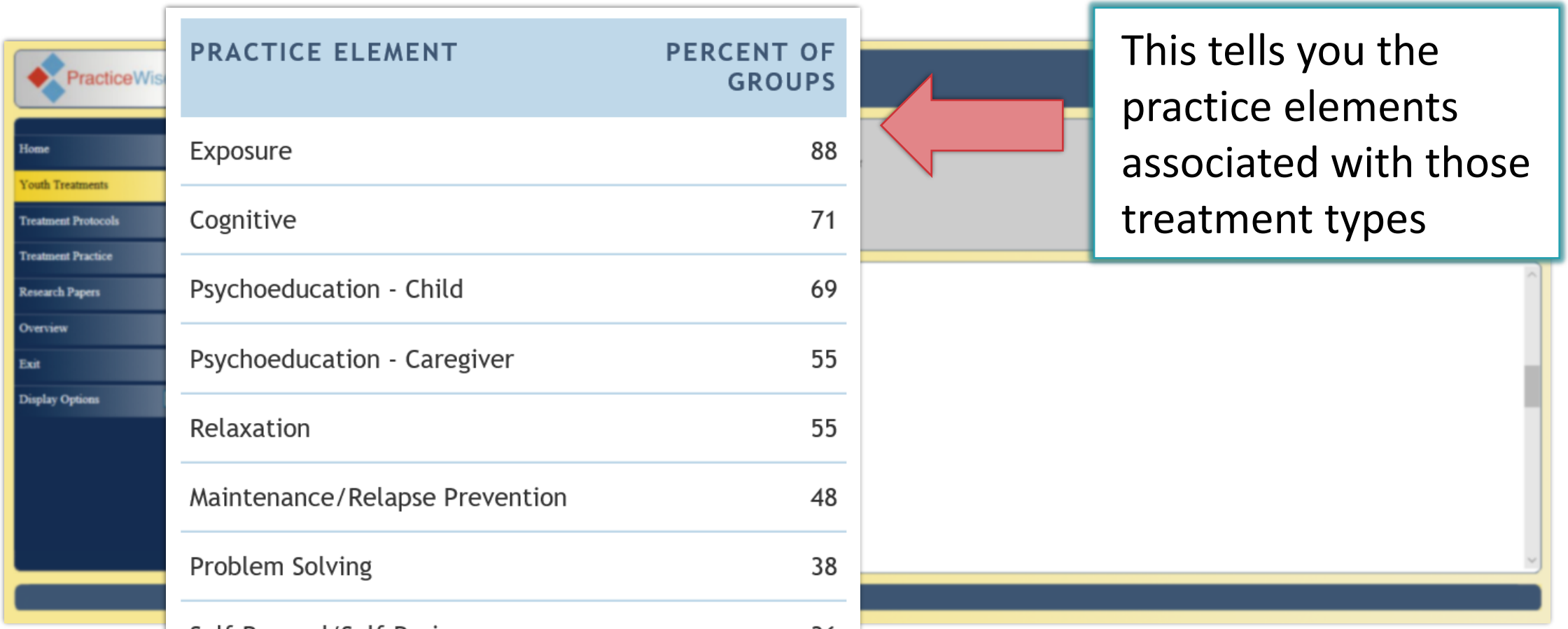
© 2019 PracticeWise, LLC

Practice Elements



© 2019 PracticeWise, LLC

Practice Elements



PRACTICE ELEMENT	PERCENT OF GROUPS
Exposure	88
Cognitive	71
Psychoeducation - Child	69
Psychoeducation - Caregiver	55
Relaxation	55
Maintenance/Relapse Prevention	48
Problem Solving	38
Self-Reward/Self-Praise	36

This tells you the practice elements associated with those treatment types

© 2019 PracticeWise, LLC

Practice

It’s your turn to use PWEBS!

© 2019 PracticeWise, LLC

Tips for Practicing

- Start at Level 2 Support
- Search one problem area at a time
- Do not put in too many demographics at once
- Example search criteria for Maggie
  - Level 2 Support
  - Depression
  - African American

© 2019 PracticeWise, LLC

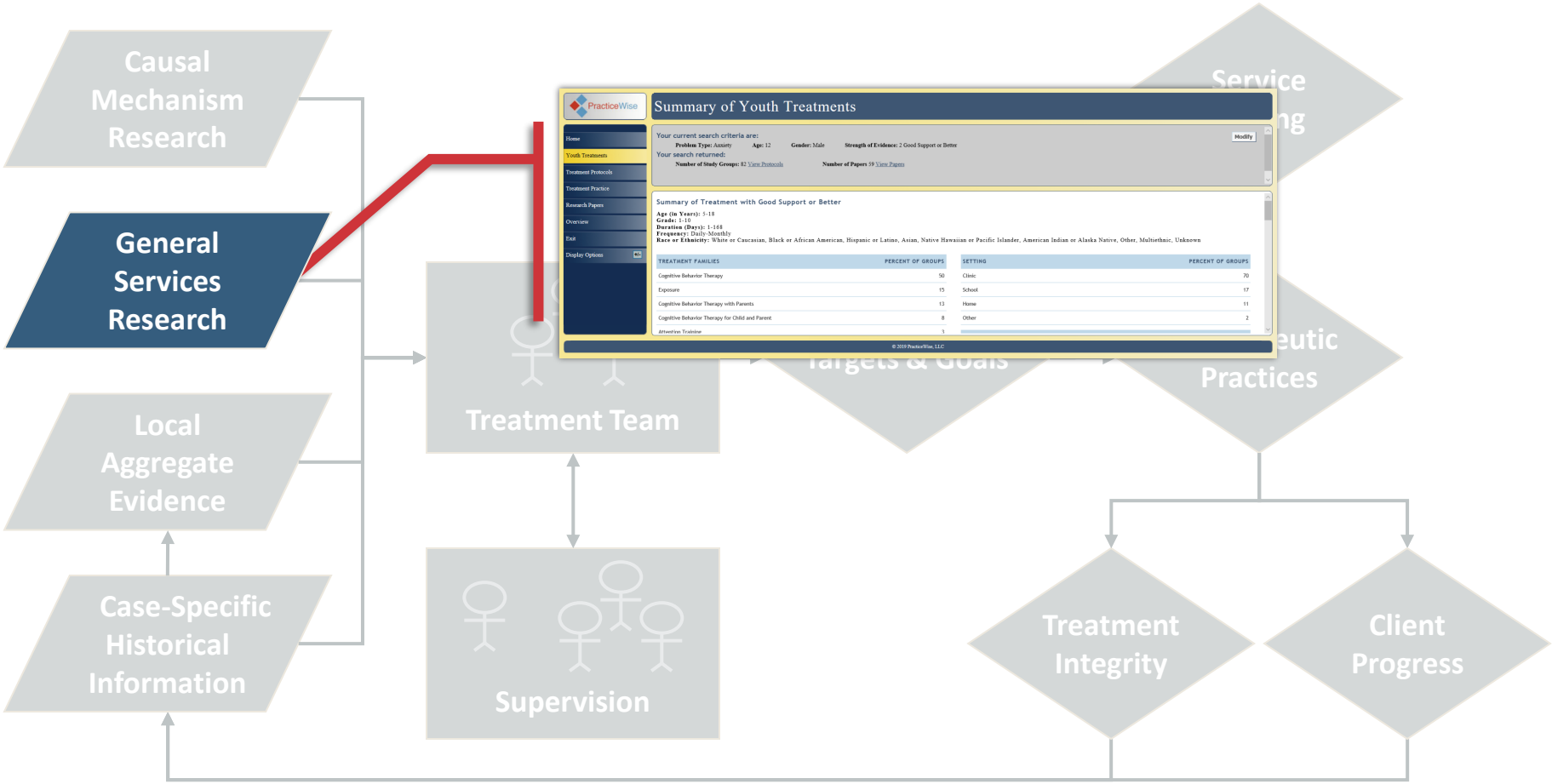
Other Things to Know

- Advanced search features
  - Service Setting
  - Diagnosis
- Display options
  - Resizing the screen
  - Turning descriptions on and off

If you think we missed an article, email it to: nominations@practicewise.com

© 2019 PracticeWise, LLC

PWEBS and the EBS System Model



© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

Treatment Planner

Focus-Interference Framework

Connect-Cultivate-Consolidate

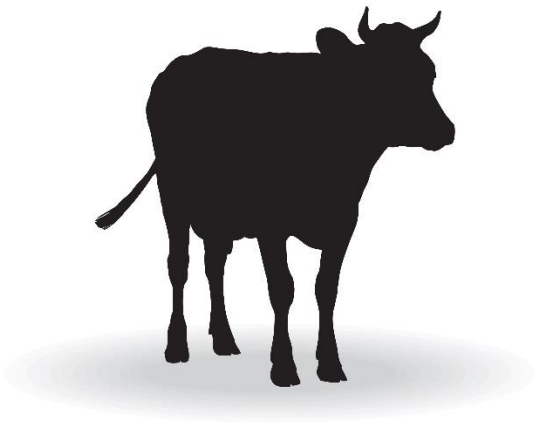
© 2019 PracticeWise, LLC

Focus-Interference Framework

- Successful treatments are often characterized by a strong therapeutic focus
  - They involve a plan and stick to the plan
  - Focus can shift, but it should be strategic and not haphazard
  - They are not continually reacting or chasing the crisis of the week

© 2019 PracticeWise, LLC

Beware of the COW (Crisis of the Week)



COWs must be addressed and acknowledged, but should not destroy the plan

© 2019 PracticeWise, LLC

Treatment Planner

Focus

This is where your plan is…

Interference

Issues that threaten the plan go here…

including me!

© 2019 PracticeWise, LLC

Interference: What Could Threaten the Plan?

- Problems we can search for on PWEBS
  - Even if its not an active problem now, we can do a PWEBS search for it and have some practices ready
- Others kinds of problems
  - How do we get an evidence-informed idea of what to do about problems like mom and dad arguing?
- Some interference areas will be in place at intake and some will emerge later on
  - Chronic and acute interference

© 2019 PracticeWise, LLC

Example

Focus

Working on depressed mood, using strategies to increase positive feelings and behaviors

Interference

Mom and Dad arguing lately

© 2019 PracticeWise, LLC

Connect-Cultivate-Consolidate

Connect

- Assess
- Engage
- Educate
- Orient

Cultivate

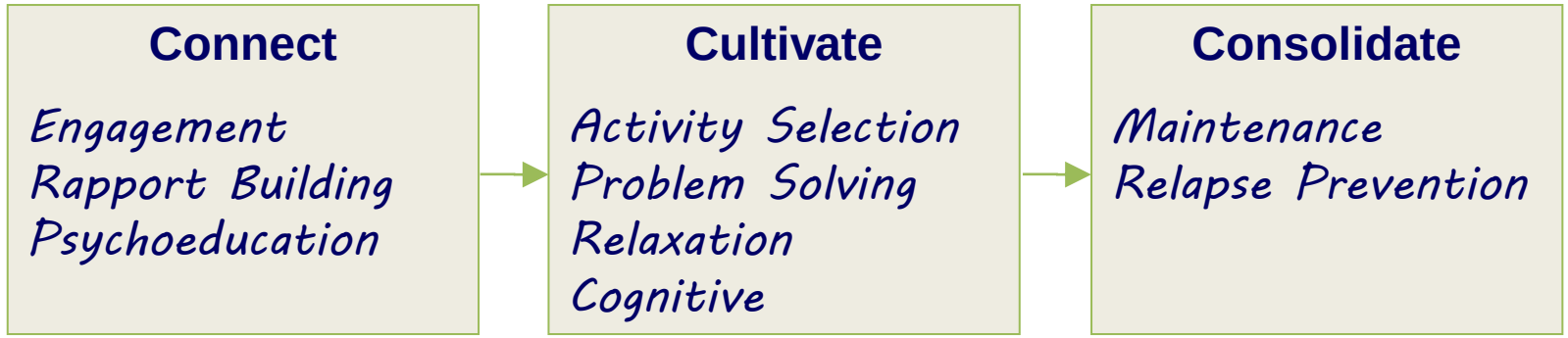
- Build new skills
- Teaching
- Rehearsal

Consolidate

- Review
- Answer questions
- Try skills in new situations or with less help
- Build independence
- Prepare for termination

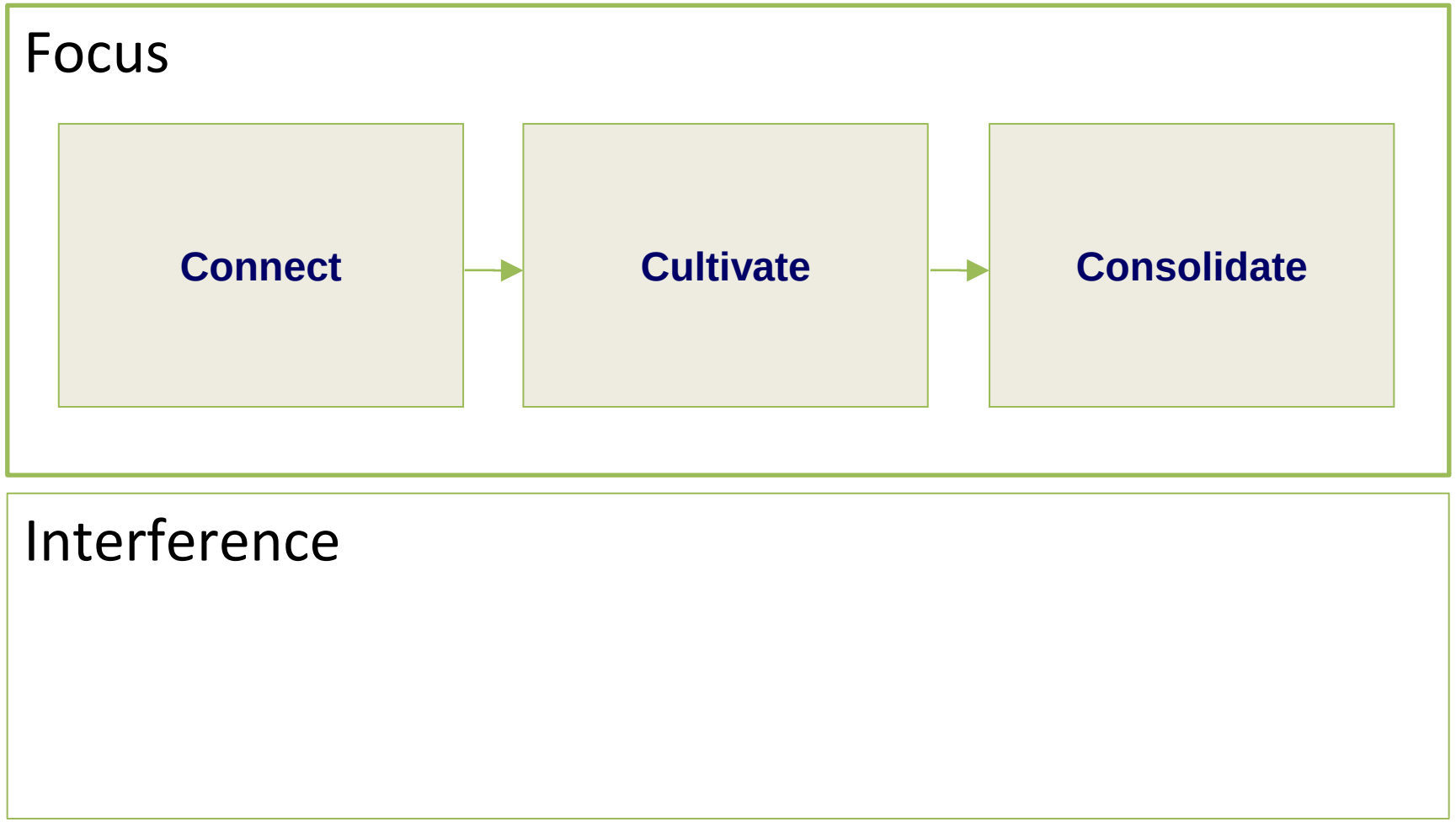
© 2019 PracticeWise, LLC

Example for Depression



© 2019 PracticeWise, LLC

Treatment Planner



© 2019 PracticeWise, LLC

Process Guide

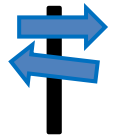
Process Guide

The Treatment Planner

(Focus-Interference & Connect-Cultivate-Consolidate)

Use This When:

To plan and coordinate an episode of care.



Focus

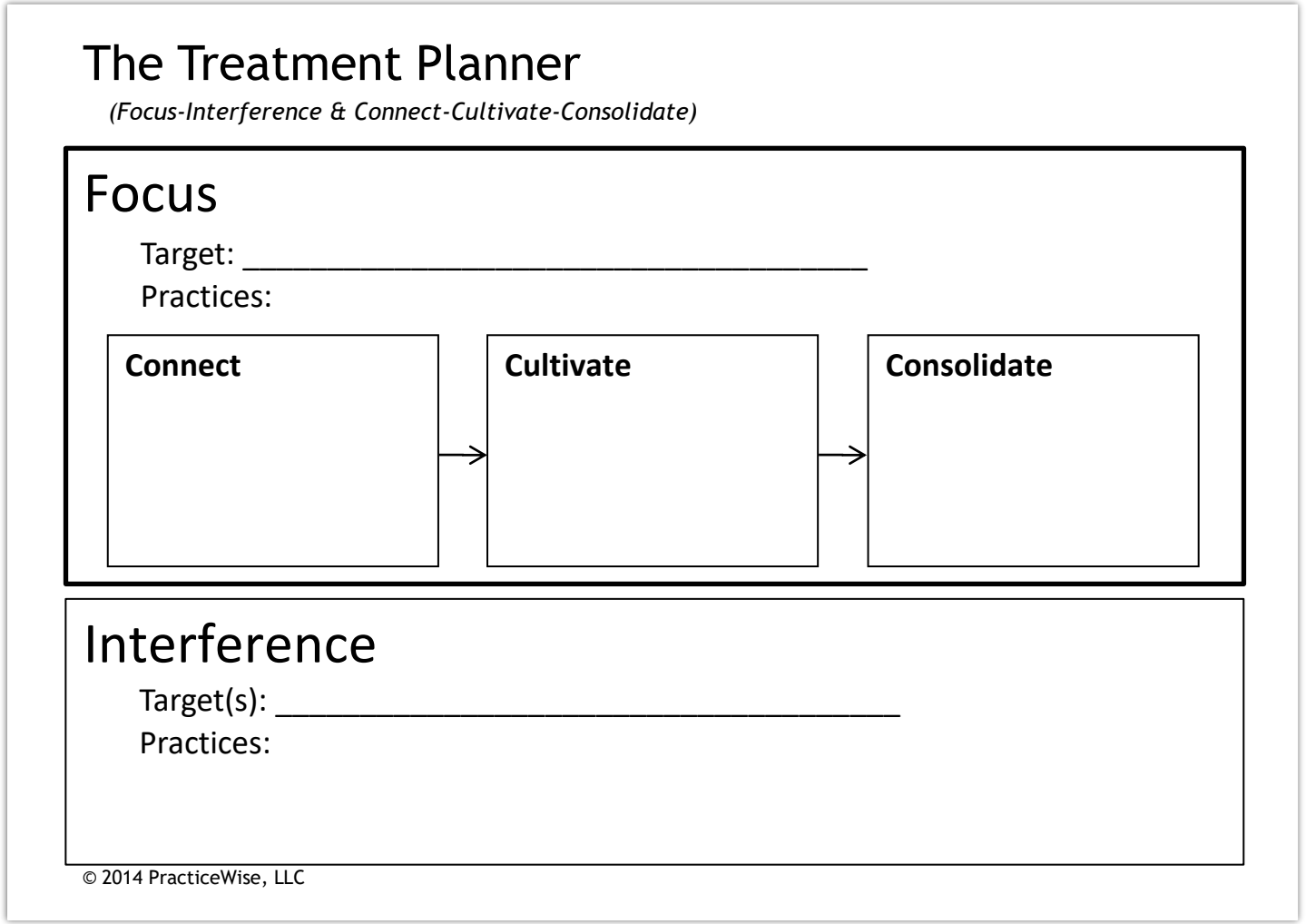
Connect → **Cultivate** → **Consolidate**

Interference

© 2014 PracticeWise, LLC

© 2019 PracticeWise, LLC

Worksheet



© 2019 PracticeWise, LLC

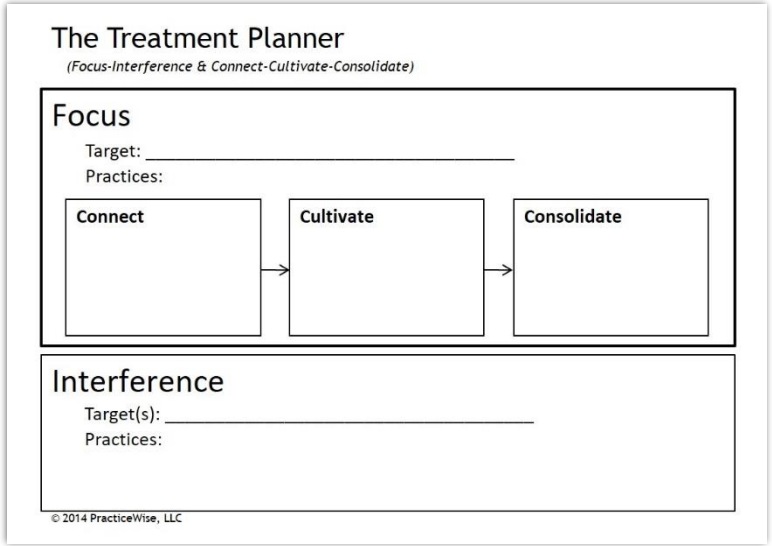
Practice

Let’s work with the Treatment Planner

© 2019 PracticeWise, LLC

Practice Activity

- Pick the focus
- Identify possible interference
- Do a PWEBS search for the focus target
- Write at least one practice element in each C-C-C box
- Do a PWEBS search for interference
- Write at least one practice element in the interference box


The Treatment Planner

(Focus-Interference & Connect-Cultivate-Consolidate)

Focus

Target: _____

Practices:

Connect → Cultivate → Consolidate

Interference

Target(s): _____

Practices:

© 2014 PracticeWise, LLC

© 2019 PracticeWise, LLC

The Treatment Planner

(Focus-Interference & Connect-Cultivate-Consolidate)

Focus

Target: Depression

Practices:

Connect	Cultivate	Consolidate
Engagement Psychoeducation - Child	Activity Selection Problem Solving Relaxation Cognitive	Maintenance Relapse Prevention

Interference

Target(s): Disruptive Behavior

Practices:

Commands
Time Out

© 2014 PracticeWise, LLC

© 2019 PracticeWise, LLC

Treatment Planner Summary

- Focus-Interference Framework
- Connect-Cultivate-Consolidate
- A “scratch pad” for planning which elements will be of best use during what phase of treatment
- Not “required paperwork,” but many people report that this framework is helpful for organizing their ideas

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Connect-Cultivate-Consolidate	✓	✓	✓			
Focus-Interference	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

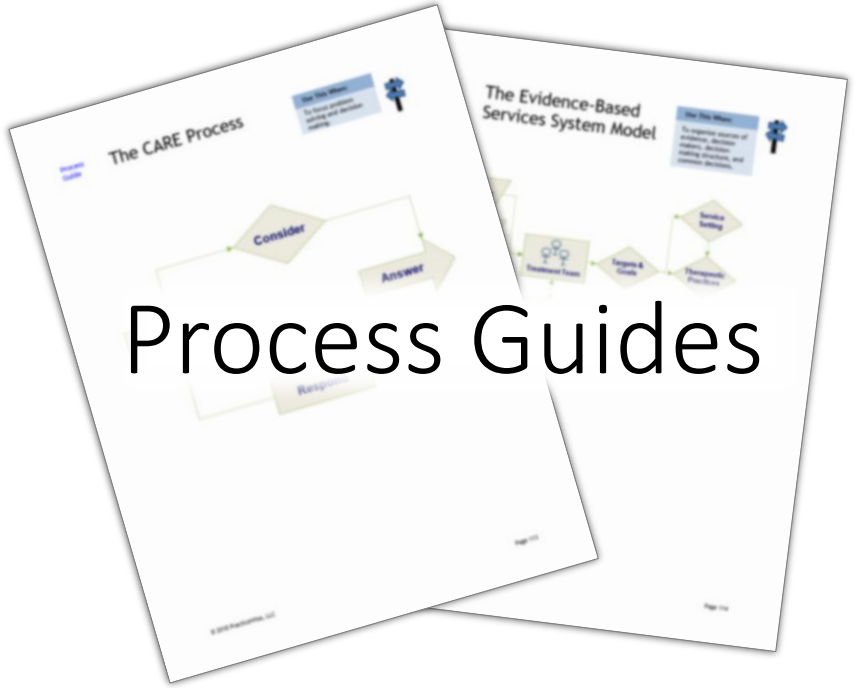
CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	**Experience**		**Expertise Achieved**			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

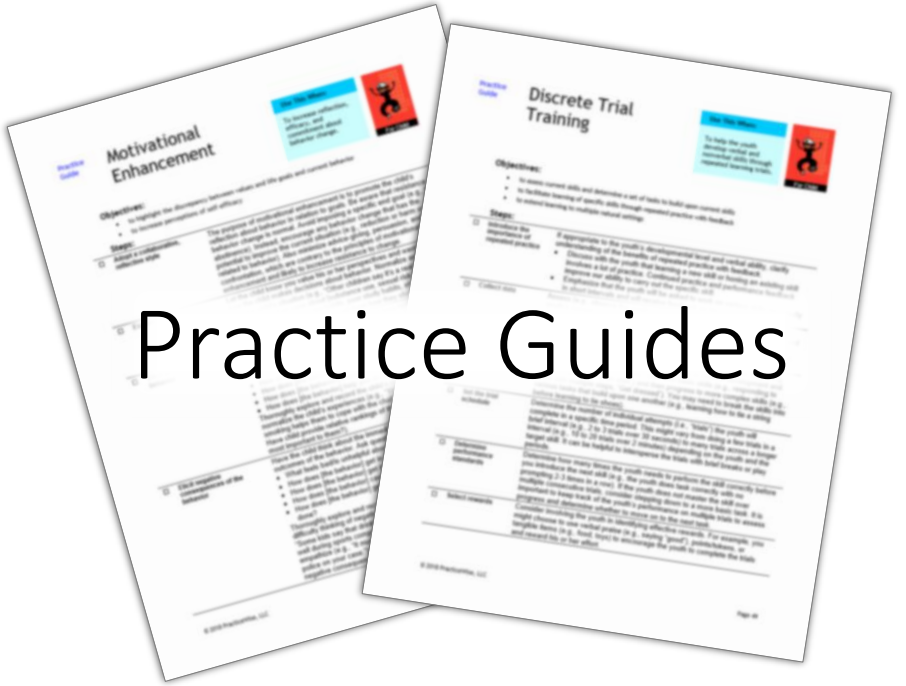
Practitioner Guides

© 2019 PracticeWise, LLC

What Are Practitioner Guides?



Process Guides



Practice Guides

© 2019 PracticeWise, LLC

Practitioner Guides

- Process Guides
  - Visual models of the core frameworks for MAP
- Practice Guides
  - A convenient set of instructions for the most common practice elements amongst evidence-based treatments for youth
  - Includes “generic” versions of these common practice elements
- Accessible online and downloadable to your desktop

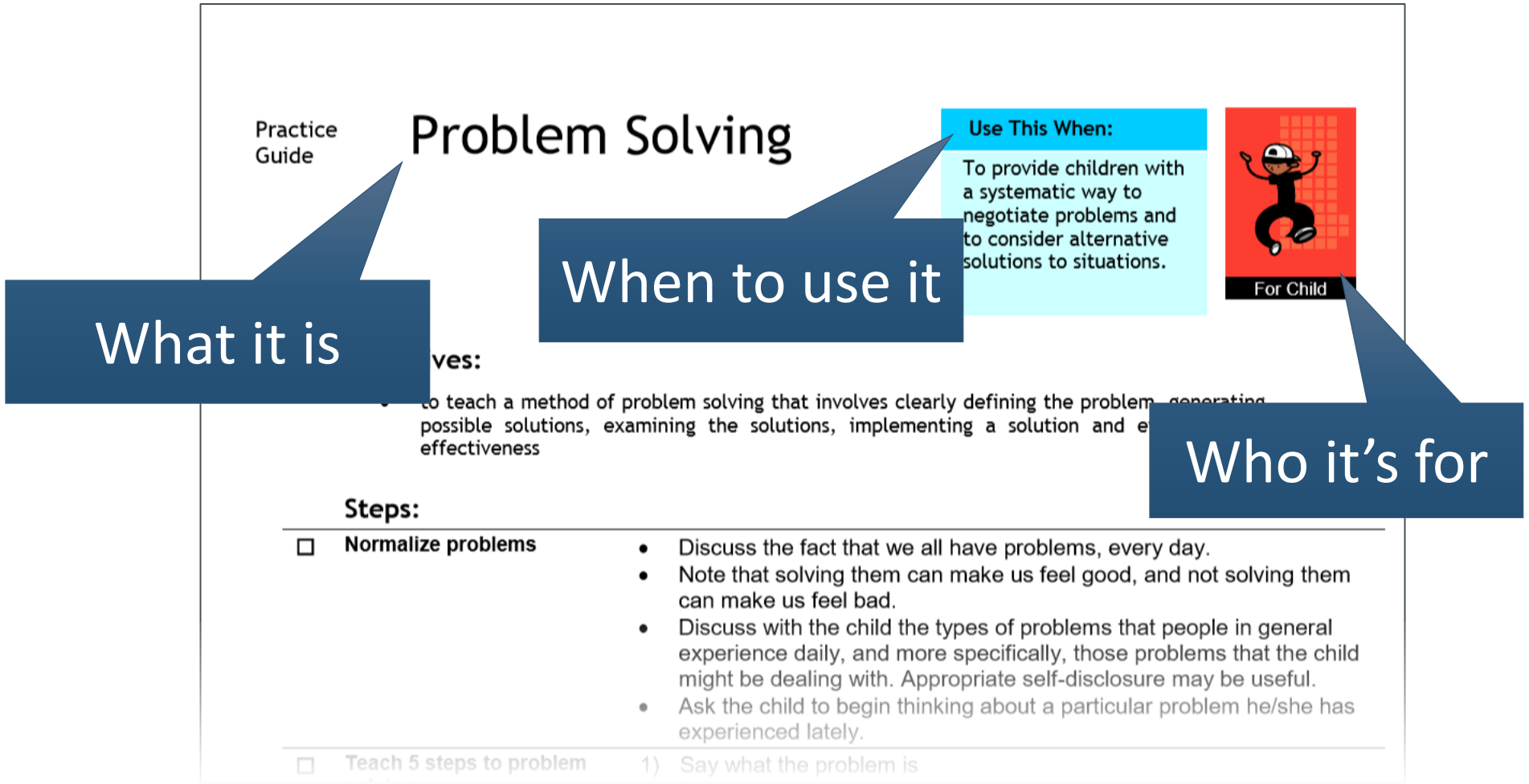
© 2019 PracticeWise, LLC

Practitioner Guides

- We've already seen some Process Guides
  - EBS System Model
  - Treatment Planner
- Let's take a closer look at a Practice Guide…

© 2019 PracticeWise, LLC

Anatomy of a Practice Guide



© 2019 PracticeWise, LLC

Anatomy of a Practice Guide

Objectives

Steps

Practice Guide

Problem Solving

Use This When:

To provide children with a systematic way to negotiate problems and to consider alternative solutions to situations.

For Child

Objectives:

- to teach a method of problem solving that involves clearly defining the problem, generating possible solutions, examining the solutions, implementing a solution and evaluating its effectiveness

Steps:

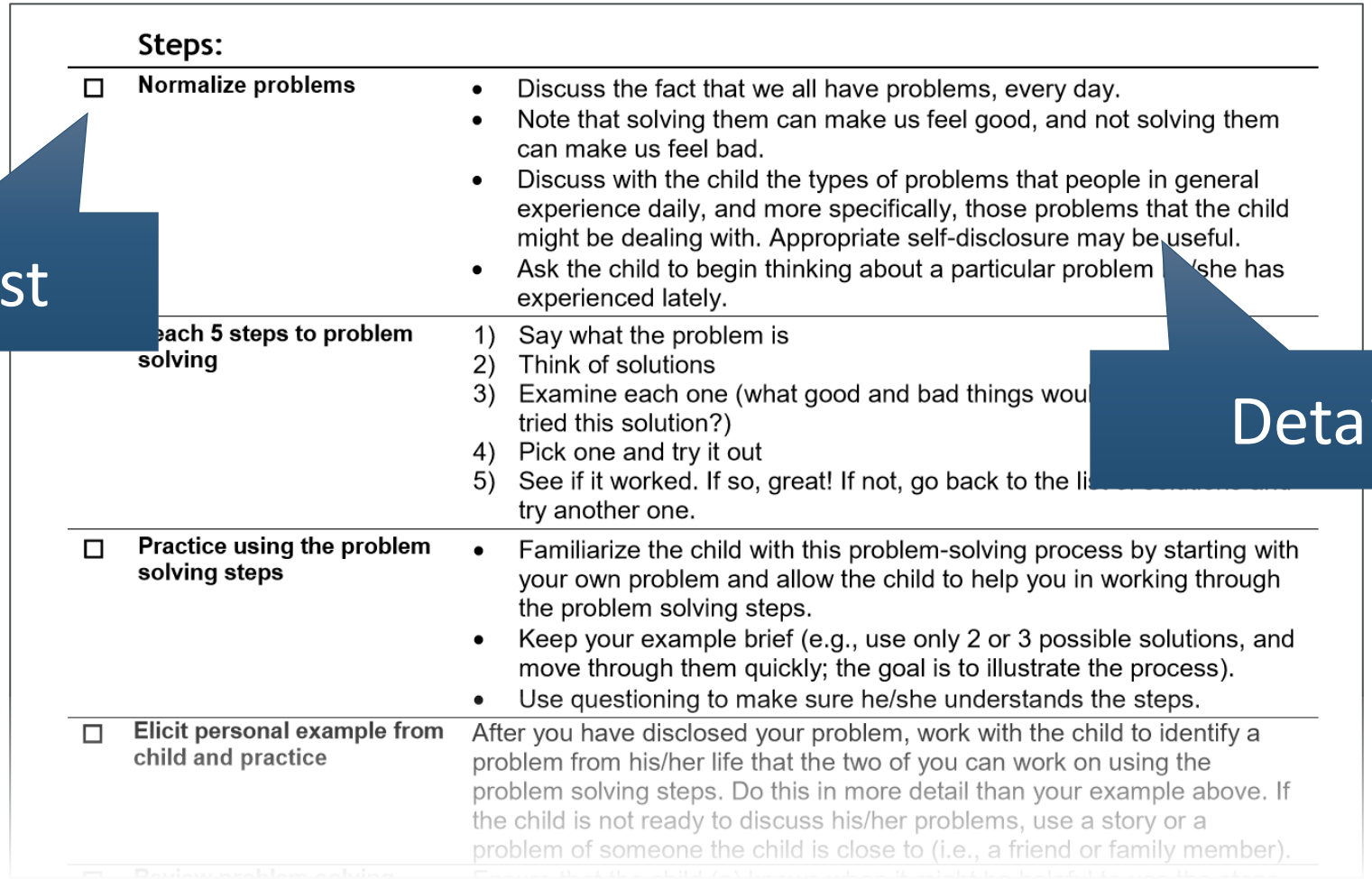
Normalize problems	• Discuss the fact that we all have problems, every day. • Note that solving them can make us feel good, and not solving them can make us feel bad. • Discuss with the child the types of problems that people in general experience daily, and more specifically, those problems that the child might be dealing with. Appropriate self-disclosure may be useful. • Ask the child to begin thinking about a particular problem he/she has experienced lately.
☐ Teach 5 steps to problem	1) Say what the problem is

© 2019 PracticeWise, LLC

About the Steps

Checklist

Details



Steps:

☐	**Normalize problems**	• Discuss the fact that we all have problems, every day. • Note that solving them can make us feel good, and not solving them can make us feel bad. • Discuss with the child the types of problems that people in general experience daily, and more specifically, those problems that the child might be dealing with. Appropriate self-disclosure may be useful. • Ask the child to begin thinking about a particular problem he/she has experienced lately.
	each 5 steps to problem solving	1) Say what the problem is 2) Think of solutions 3) Examine each one (what good and bad things wou tried this solution?) 4) Pick one and try it out 5) See if it worked. If so, great! If not, go back to the li try another one.
☐	**Practice using the problem solving steps**	• Familiarize the child with this problem-solving process by starting with your own problem and allow the child to help you in working through the problem solving steps. • Keep your example brief (e.g., use only 2 or 3 possible solutions, and move through them quickly; the goal is to illustrate the process). • Use questioning to make sure he/she understands the steps.
☐	**Elicit personal example from child and practice**	After you have disclosed your problem, work with the child to identify a problem from his/her life that the two of you can work on using the problem solving steps. Do this in more detail than your example above. If the child is not ready to discuss his/her problems, use a story or a problem of someone the child is close to (i.e., a friend or family member).

© 2019 PracticeWise, LLC

Increasing Practice Expertise

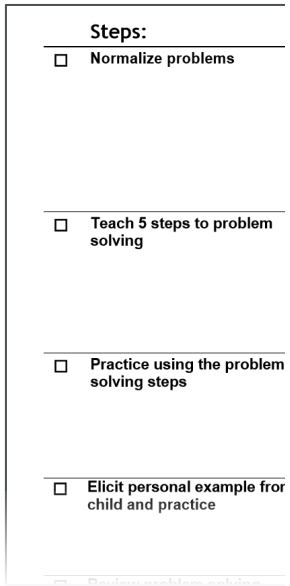
Practice Delivery	Expertise Achieved			
	Knowledge	Production	Skill	Habit
Problem Solving	✓	✓		

	Steps:	
☐	**Normalize problems**	• Discuss the fact that we all have problems, every day. • Note that solving them can make us feel good, and not solving them can make us feel bad. • Discuss with the child the types of problems that people in general experience daily, and more specifically, those problems that the child might be dealing with. Appropriate self-disclosure may be useful. • Ask the child to begin thinking about a particular problem he/she has experienced lately.
☐	**Teach 5 steps to problem solving**	1) Say what the problem is 2) Think of solutions 3) Examine each one (what good and bad things would happen if he/she tried this solution?) 4) Pick one and try it out 5) See if it worked. If so, great! If not, go back to the list of solutions and try another one.
☐	**Practice using the problem solving steps**	• Familiarize the child with this problem-solving process by starting with your own problem and allow the child to help you in working through the problem solving steps. • Keep your example brief (e.g., use only 2 or 3 possible solutions, and move through them quickly; the goal is to illustrate the process). • Use questioning to make sure he/she understands the steps.
☐	**Elicit personal example from child and practice**	After you have disclosed your problem, work with the child to identify a problem from his/her life that the two of you can work on using the problem solving steps. Do this in more detail than your example above. If the child is not ready to discuss his/her problems, use a story or a problem of someone the child is close to (i.e., a friend or family member).

© 2019 PracticeWise, LLC

Increasing Practice Expertise

Practice Delivery	Expertise Achieved			
	Knowledge	Production	Skill	Habit
Problem Solving	✓	✓	✓	


Steps:

- ☐ Normalize problems
- ☐ Teach 5 steps to problem solving
- ☐ Practice using the problem solving steps
- ☐ Elicit personal example fror child and practice

More skilled users might reference the checklist only

© 2019 PracticeWise, LLC

Increasing Practice Expertise

Practice Delivery	Expertise Achieved			
	Knowledge	Production	Skill	Habit
Problem Solving	✓	✓	✓	✓

When the practice becomes a habit…

You might know the guide by heart!

© 2019 PracticeWise, LLC

Practitioner Guides Online

- Accessing the guides
  - Interactive version
    - Can manipulate the view to see as little or as much as you wish
  - Downloading PDF
- Please note:
  - MAP does not stipulate how much time/how many sessions you spend on each Practitioner Guide

© 2019 PracticeWise, LLC

Maggie's Example

- Given her age and presenting concerns, an important practice will be Engagement with Caregiver
- Let's examine the Practice Guide to see what is included
  - How is this similar or different from your current practice?

© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Practitioner Guides	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

The Session Planner

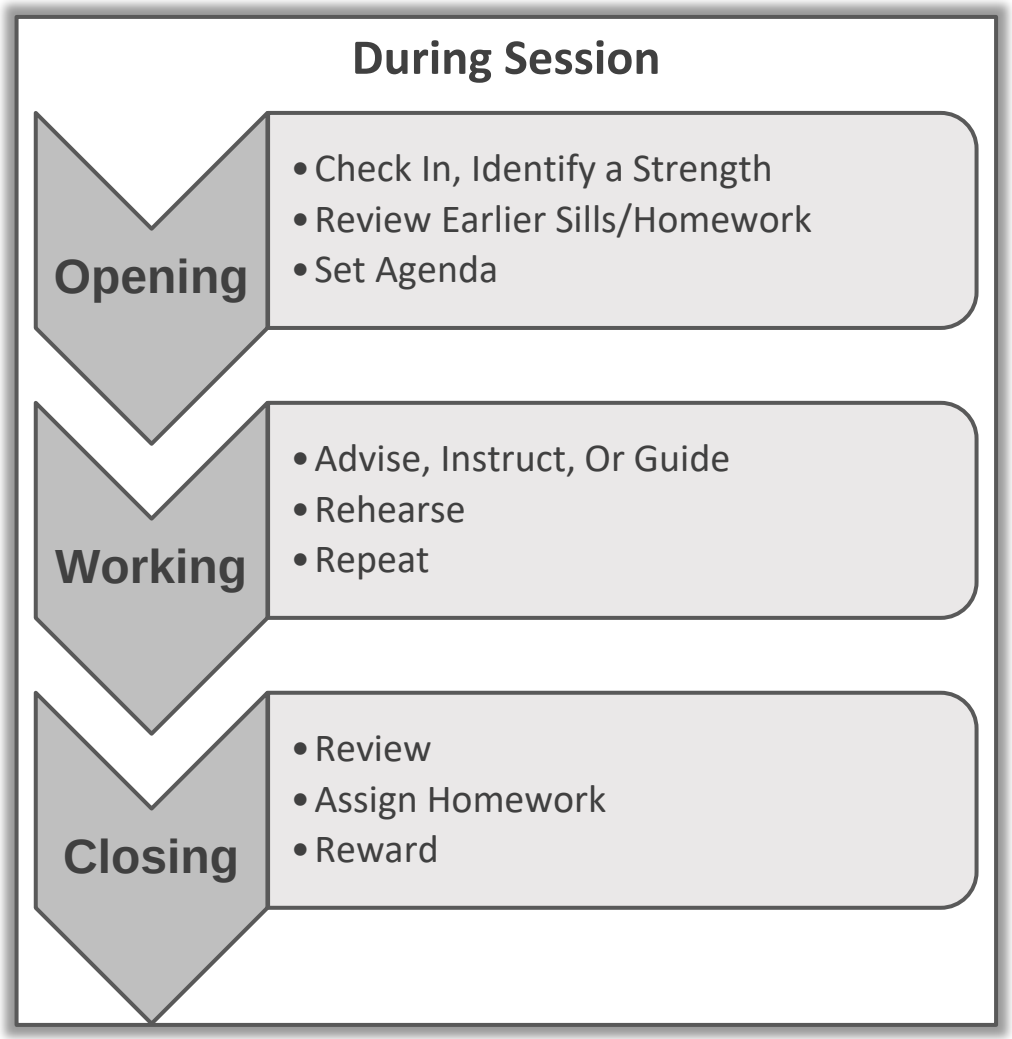
Clinical Event Structure

© 2019 PracticeWise, LLC

How do I structure a session once I have selected a guide?

© 2019 PracticeWise, LLC

The Phases of a Session



© 2019 PracticeWise, LLC

Getting Ready Beforehand

Before Session

- ❑ Remind client and obtain commitment
- ❑ Review dashboard to assess progress and practice history
- ❑ Review notes on previously assigned homework
- ❑ Identify next practice(s) that will be the focus
- ❑ Review the Practice Guide(s)
- ❑ Establish session plan and choose rehearsal activity
- ❑ Check in with supervisor if needed

During Session

Opening
- Check In, Identify a Strength
- Review Earlier Sills/Homework
- Set Agenda

Working
- Advise, Instruct, Or Guide
- Rehearse
- Repeat

Closing
- Review
- Assign Homework
- Reward

© 2019 PracticeWise, LLC

Following Through

Before Session

- ❑ Remind client and obtain commitment
- ❑ Review dashboard to assess progress and practice history
- ❑ Review notes on previously assigned homework
- ❑ Identify next practice(s) that will be the focus
- ❑ Review the Practice Guide(s)
- ❑ Establish session plan and choose rehearsal activity
- ❑ Check in with supervisor if needed

During Session

Opening

- Check In, Identify a Strength
- Review Earlier Sills/Homework
- Set Agenda

Working

- Advise, Instruct, Or Guide
- Rehearse
- Repeat

Closing

- Review
- Assign Homework
- Reward

After Session

- ❑ Record progress ratings and practice(s) performed
- ❑ Review Practice Guide(s) to determine if any steps were missed that should be covered next time
- ❑ Note any homework that was assigned
- ❑ Note any new stressors or obstacles
- ❑ Check in with supervisor if needed

© 2019 PracticeWise, LLC

Session Planner

Before Session

- ❑ Remind client and obtain commitment
- ❑ Review dashboard to assess progress and practice history
- ❑ Review notes on previously assigned homework
- ❑ Identify next practice(s) that will be the focus
- ❑ Review the Practice Guide(s)
- ❑ Establish session plan and choose rehearsal activity
- ❑ Check in with supervisor if needed

During Session

Opening

- Check In, Identify a Strength
- Review Earlier Sills/Homework
- Set Agenda

Working

- Advise, Instruct, Or Guide
- Rehearse
- Repeat

Closing

- Review
- Assign Homework
- Reward

After Session

- ❑ Record progress ratings and practice(s) performed
- ❑ Review Practice Guide(s) to determine if any steps were missed that should be covered next time
- ❑ Note any homework that was assigned
- ❑ Note any new stressors or obstacles
- ❑ Check in with supervisor if needed

© 2019 PracticeWise, LLC

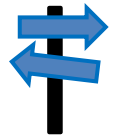
Process Guide

Process Guide

The Session Planner
(Clinical Event Structure)

Use This When:

To plan and coordinate a service interaction.



Before Session

- ❑ Remind client and obtain commitment
- ❑ Review dashboard to assess progress and practice history
- ❑ Review notes on previously assigned homework
- ❑ Identify next practice(s) that will be the focus
- ❑ Review the Practice Guide(s)
- ❑ Establish session plan and choose rehearsal activity
- ❑ Check in with supervisor if needed

During Session

Opening
- •Check In, Identify a Strength
- •Review Earlier Skills/Homework
- •Set Agenda

Working
- •Advise, Instruct, Or Guide
- •Rehearse
- •Repeat

Closing
- •Review
- •Assign Homework
- •Reward

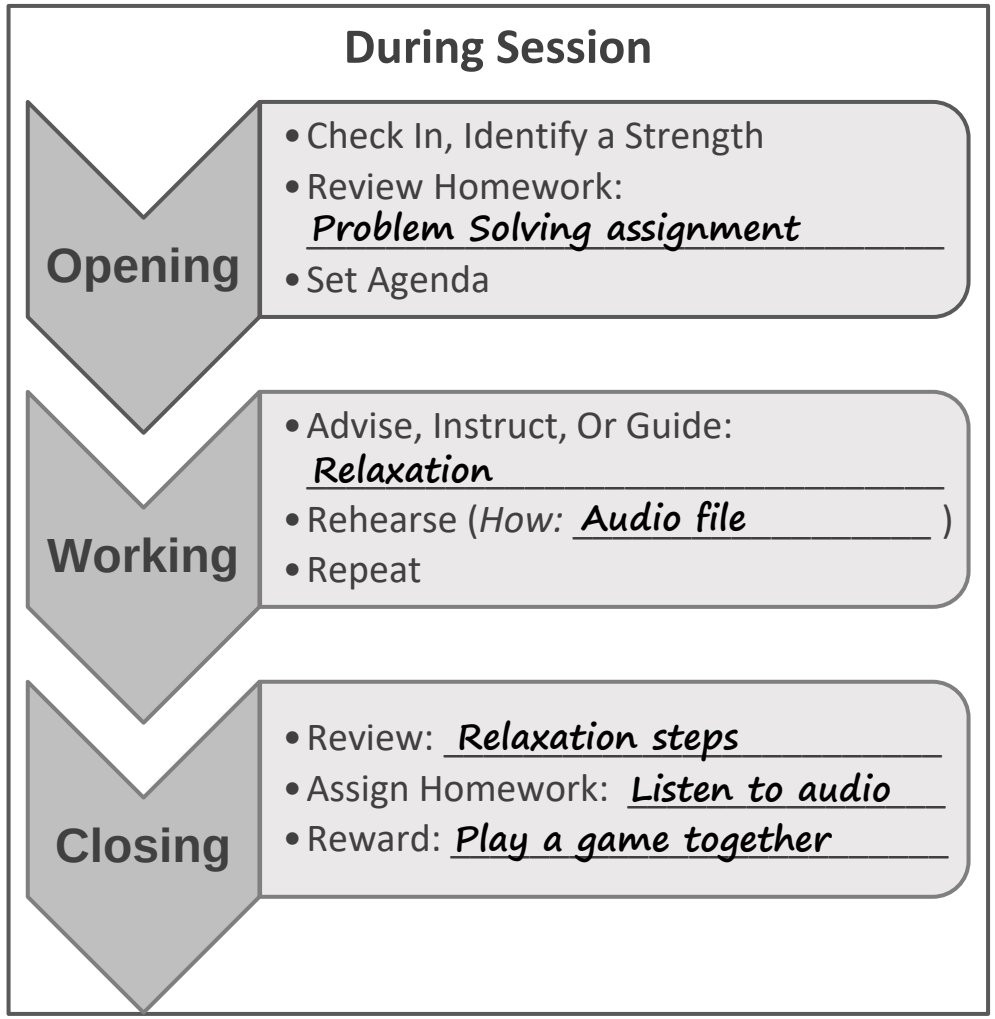
After Session

- ❑ Record progress ratings and practice(s) performed
- ❑ Review Practice Guide(s) to determine if any steps were missed that should be covered next time
- ❑ Note any homework that was assigned
- ❑ Note any new stressors or obstacles
- ❑ Check in with supervisor if needed

© 2014 PracticeWise, LLC

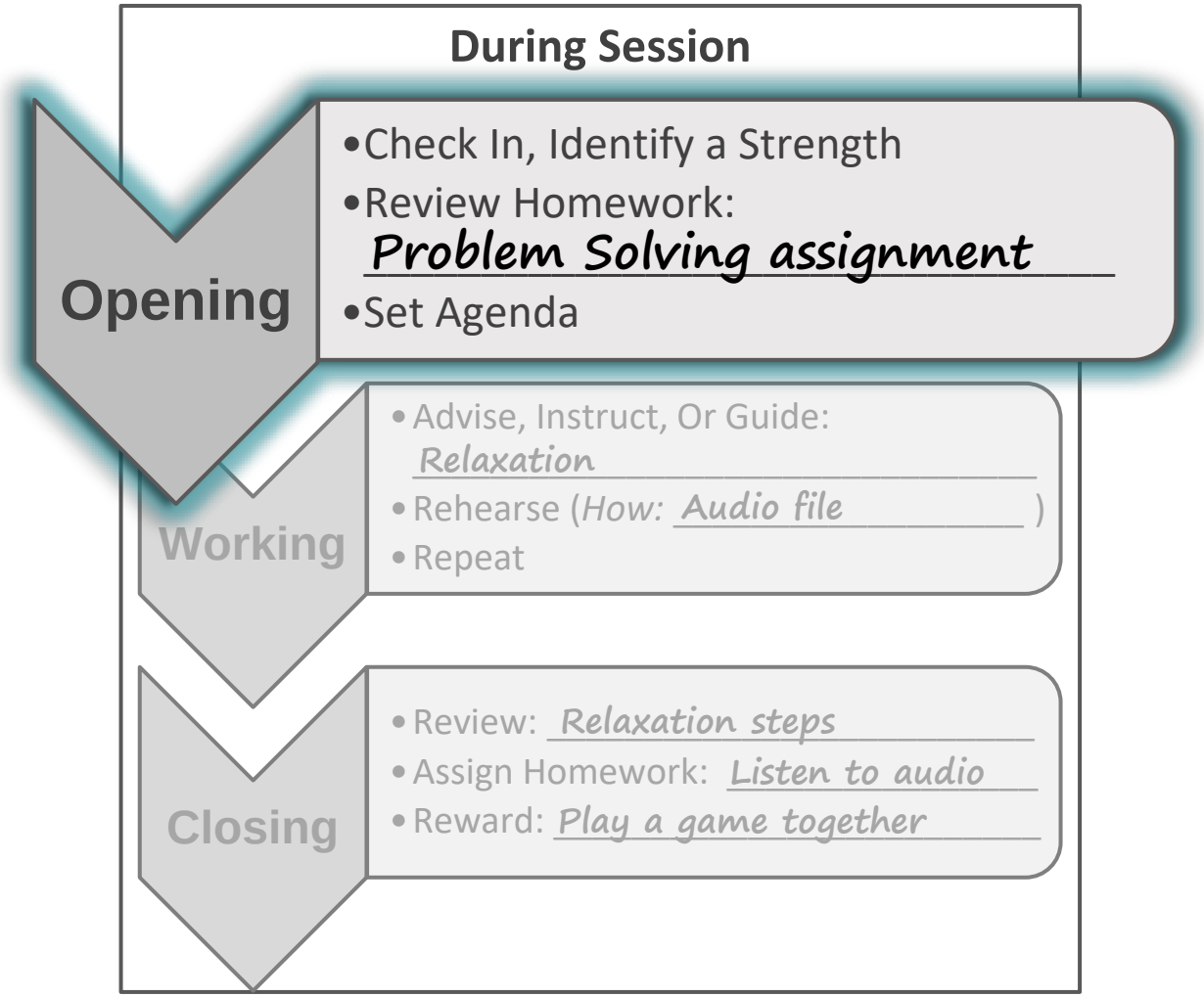
© 2019 PracticeWise, LLC

Example for Maggie



© 2019 PracticeWise, LLC

Example for Maggie

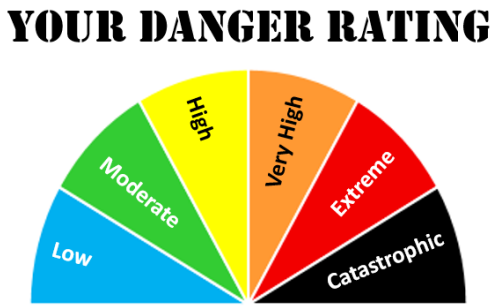


© 2019 PracticeWise, LLC

Activity

Challenge by Choice

Comfort Zone – Learning Zone – Danger Zone



© 2019 PracticeWise, LLC

Challenge by Choice!

- For today, which of these best describes your “learning zone?”
  - Role play as a therapist in front of the room
  - Role play with a co-therapist in front of the room
  - Role play as a therapist in a table role play
  - Role play as co-therapist in a table role play
  - Role play as therapist in a dyad role play
  - Observe role play

© 2019 PracticeWise, LLC

Role Play Guidelines

- We will be circulating to observe
- We will not answer questions
- Please just do your best

FEEDBACK

Public: (Some of) the good work

Private: More as requested

© 2019 PracticeWise, LLC

Model and Role Play

- Transition from check-in to session
- Client is 7-year-old Maggie
  - You have seen her for 6 sessions
  - Her last homework was to practice problem solving
    - Maggie completed the homework
- Your task
  - Greet client and check-in
  - Transition to homework review
  - Praise compliance and note changes in ratings
  - Move to set agenda (“Today, I planned to do X…etc.”)
  - And scene!

© 2019 PracticeWise, LLC

Model and Role Play

- Your task
  - Greet client and check-in
  - Transition to homework review
  - Praise compliance and note changes in ratings
  - Move to set agenda (“Today, I planned to do X…, etc.”)

© 2019 PracticeWise, LLC

Other Questions About Sessions

- How much of one PG can I complete in a single session?
- How else might I personalize this PG for my youth?
- Can I use more than one PG per session in some cases?

© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Clinical Event Structure	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐

RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐

APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

Clinical Dashboards

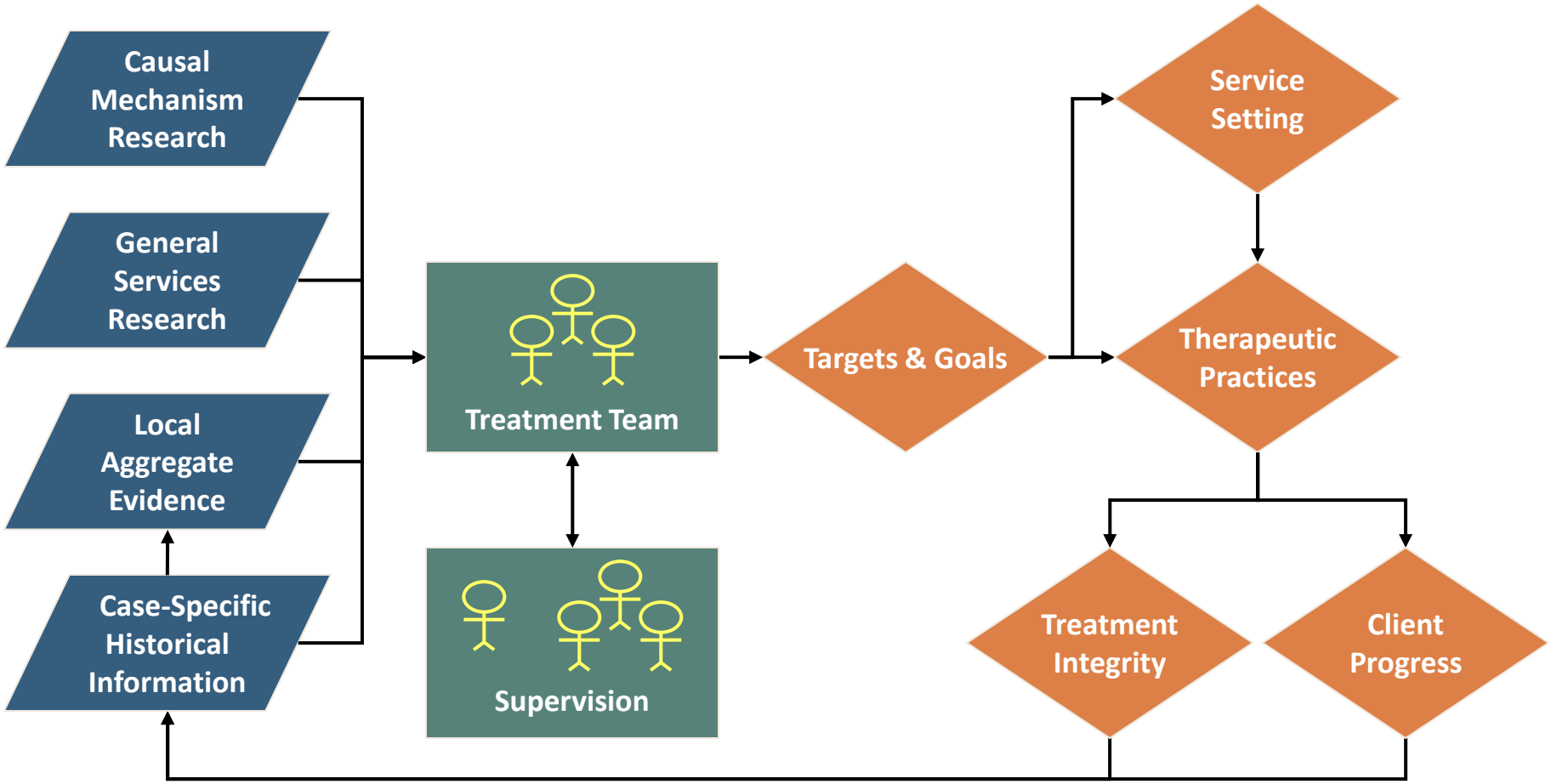
Keeping Track of Progress and Practice

© 2019 PracticeWise, LLC

How do I keep track?

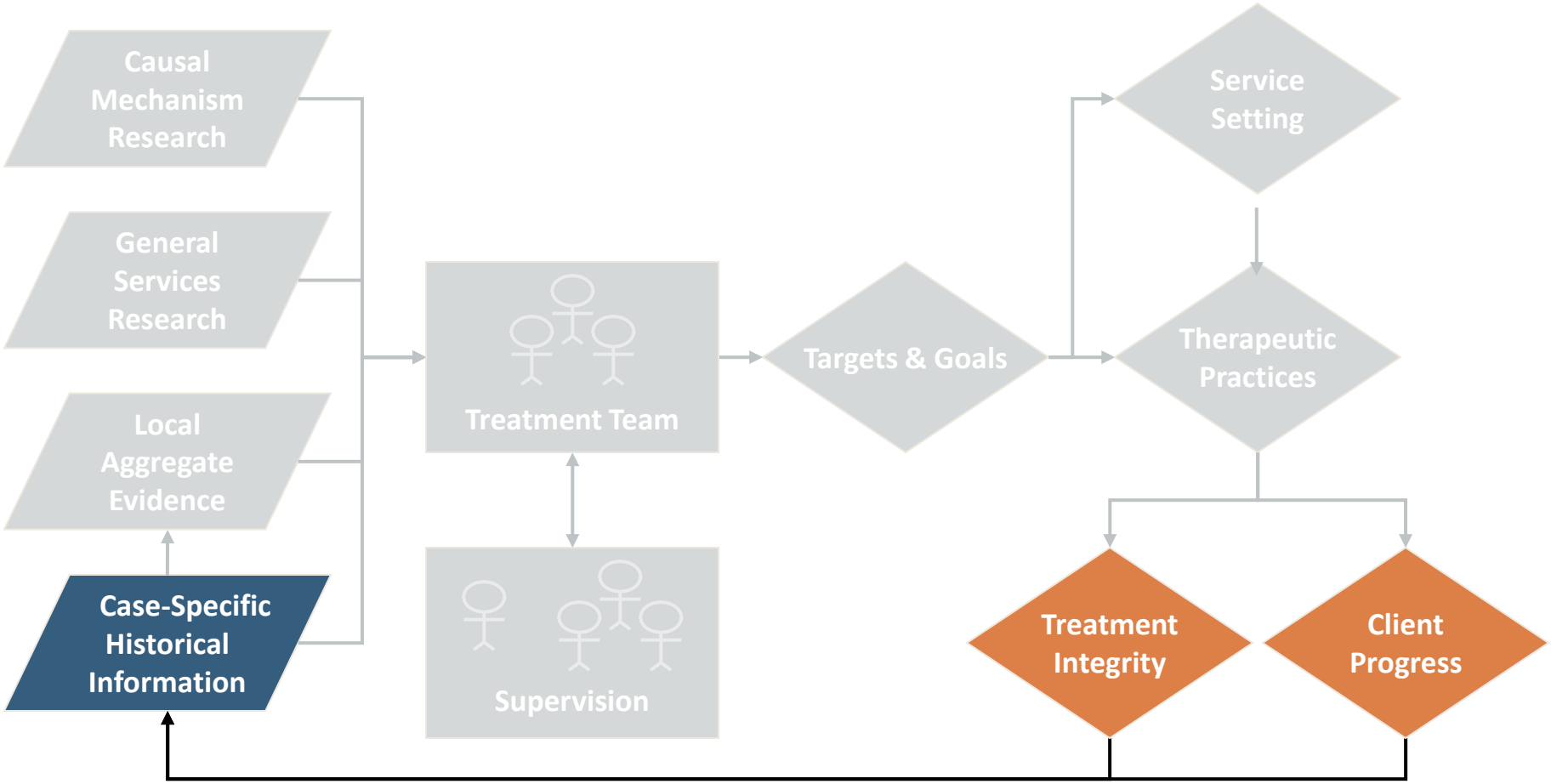
© 2019 PracticeWise, LLC

EBS System Model



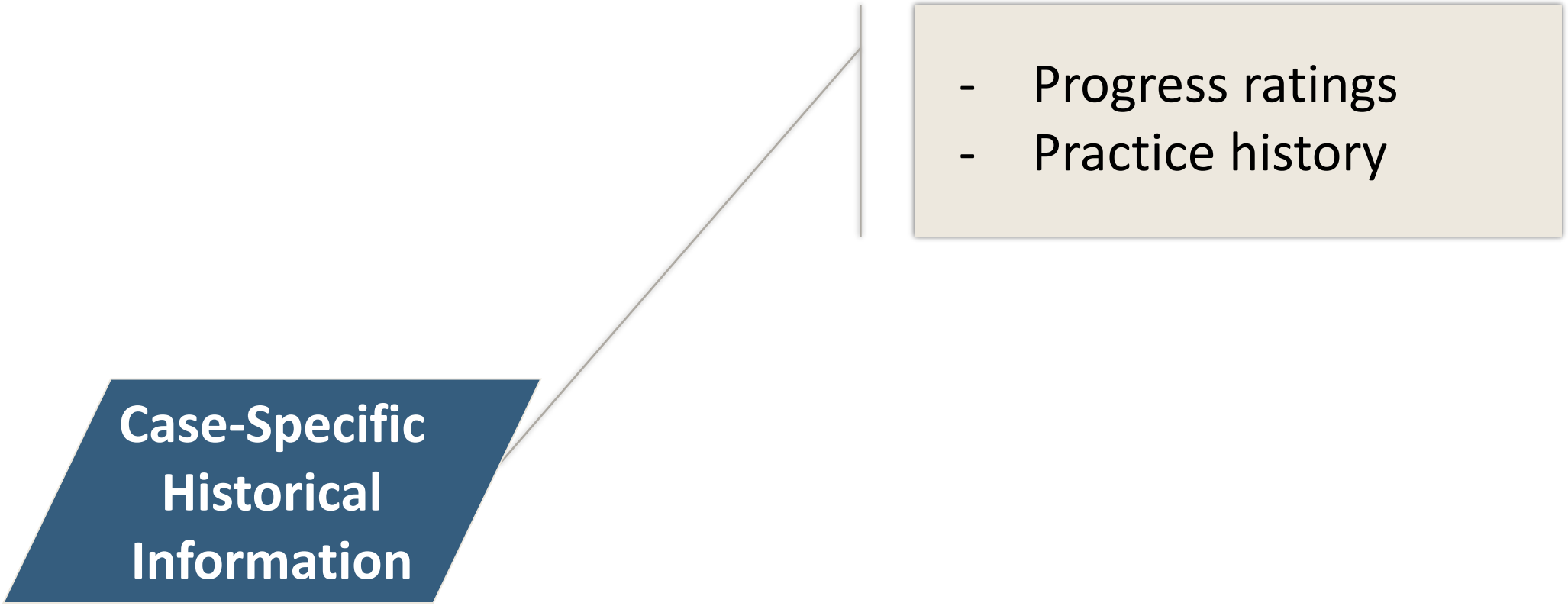
© 2019 PracticeWise, LLC

EBS System Model



© 2019 PracticeWise, LLC

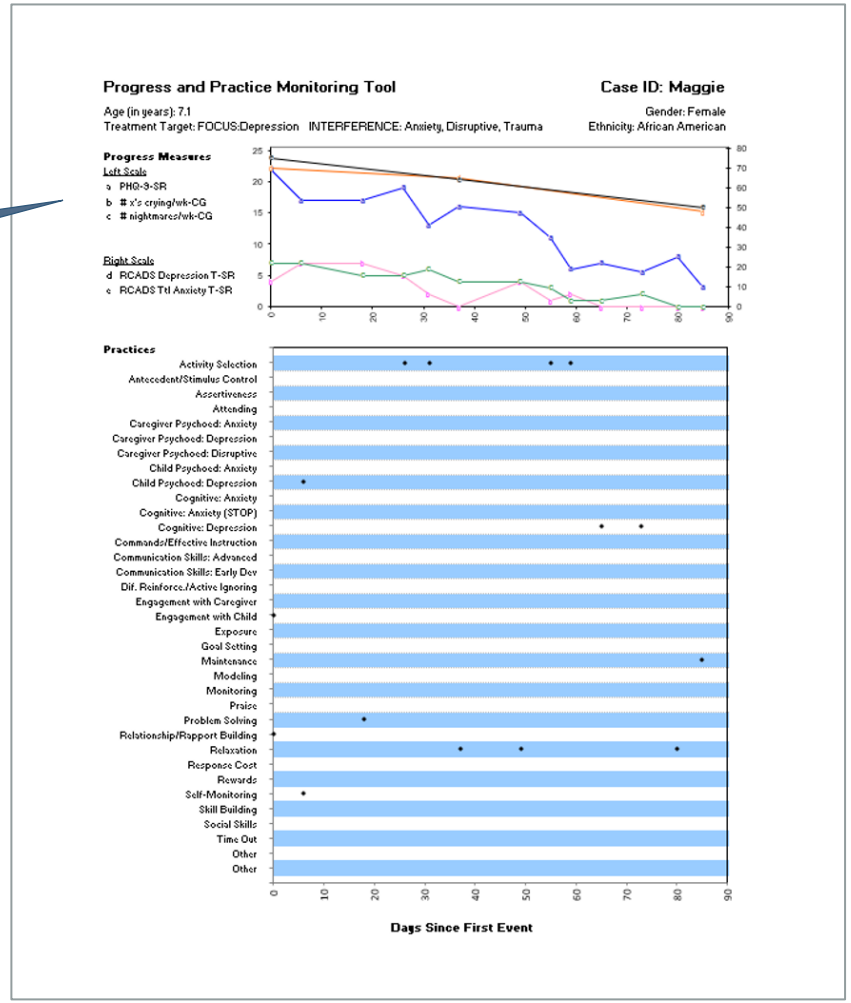
How do I keep track?



© 2019 PracticeWise, LLC

Clinical Dashboard

Progress

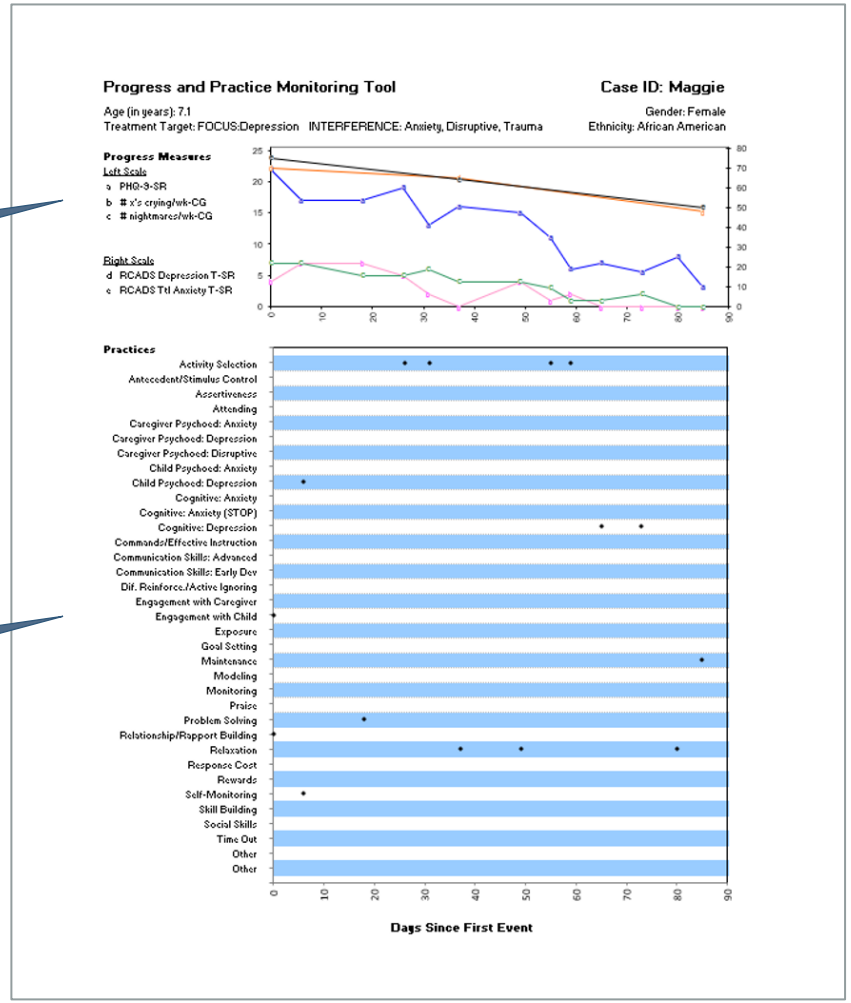


© 2019 PracticeWise, LLC

Clinical Dashboard

Progress

Practice



© 2019 PracticeWise, LLC

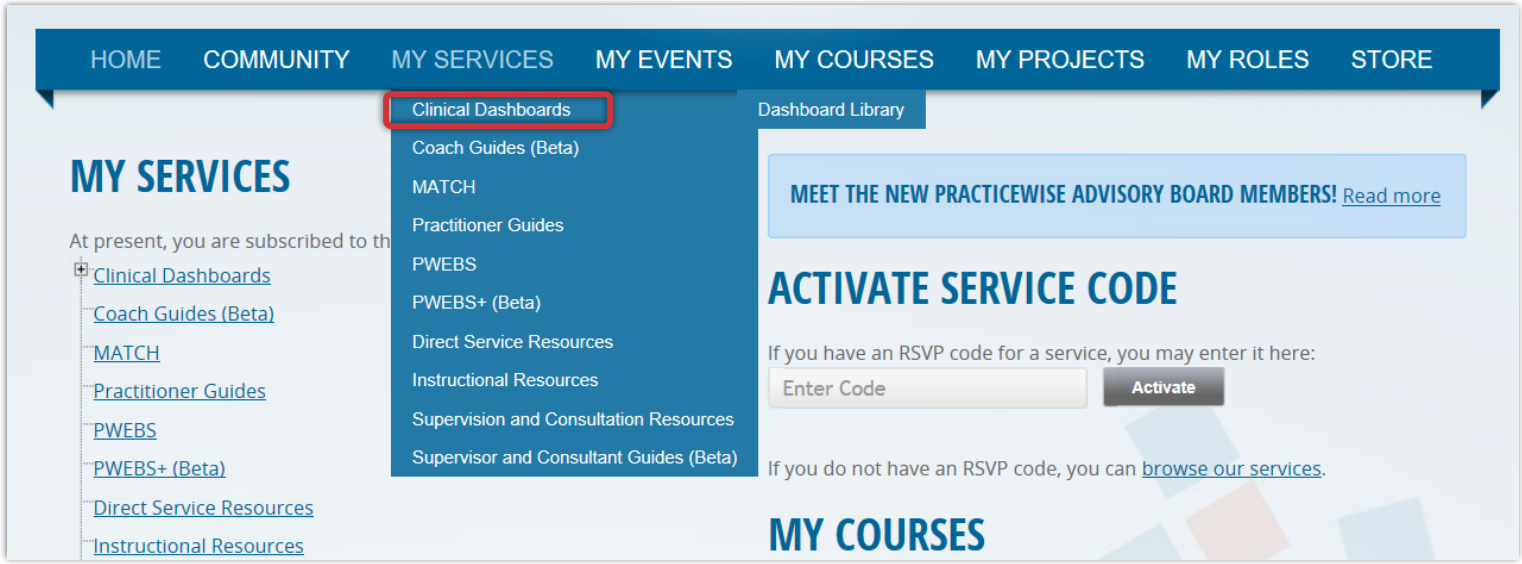
Excel® Comfort Scale

Rating	Comfort Level	
10	Extreme comfort	“I wrote code for Excel®.”
7	Moderate comfort	“I use Excel® with ease.”
5	Some comfort	“I have used Excel® some.”
3	Little comfort	“What is Excel®?”
0	No comfort	“Which one is the computer?”

© 2019 PracticeWise, LLC

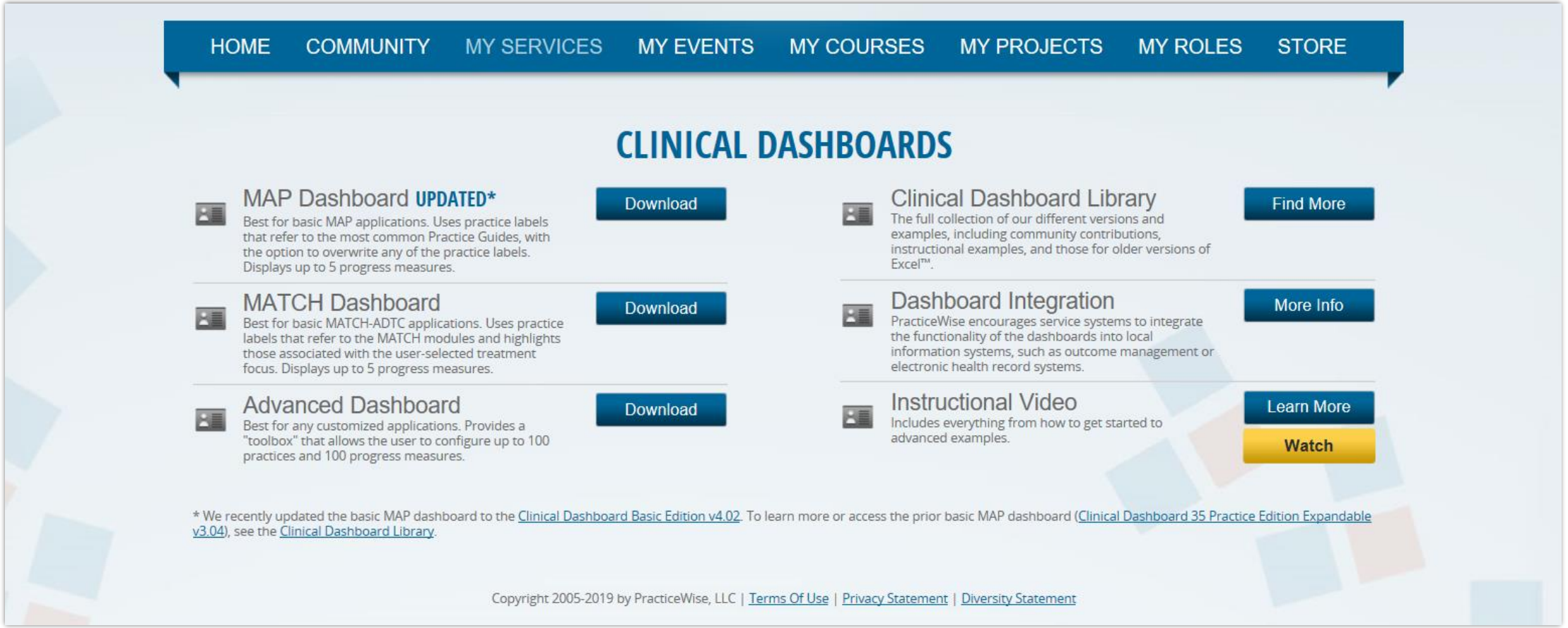
How to Access Clinical Dashboards

1. www.practicewise.com
   - My Services > Clinical Dashboards
   - MAP Dashboard → Download
     - PracticeWise_Clinical_Dashboard_Basic_v4_02



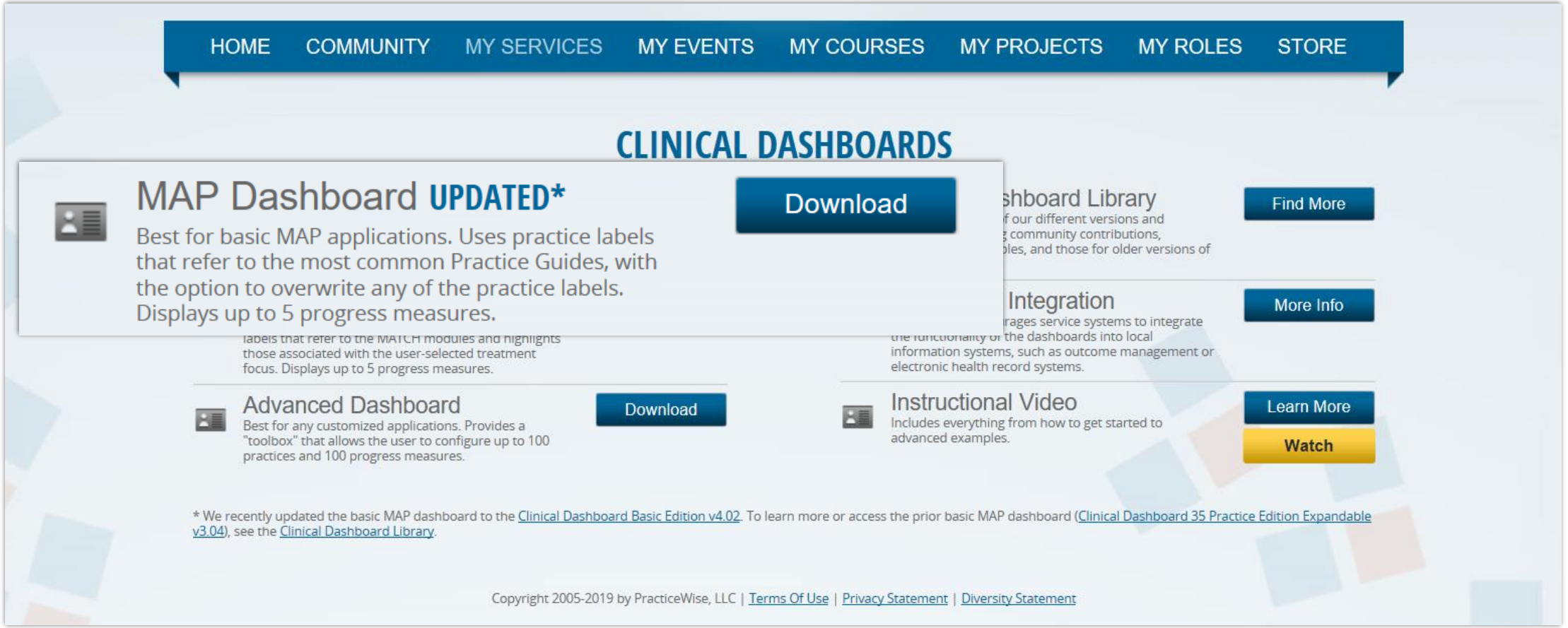
© 2019 PracticeWise, LLC

Two Ways to Access Clinical Dashboards



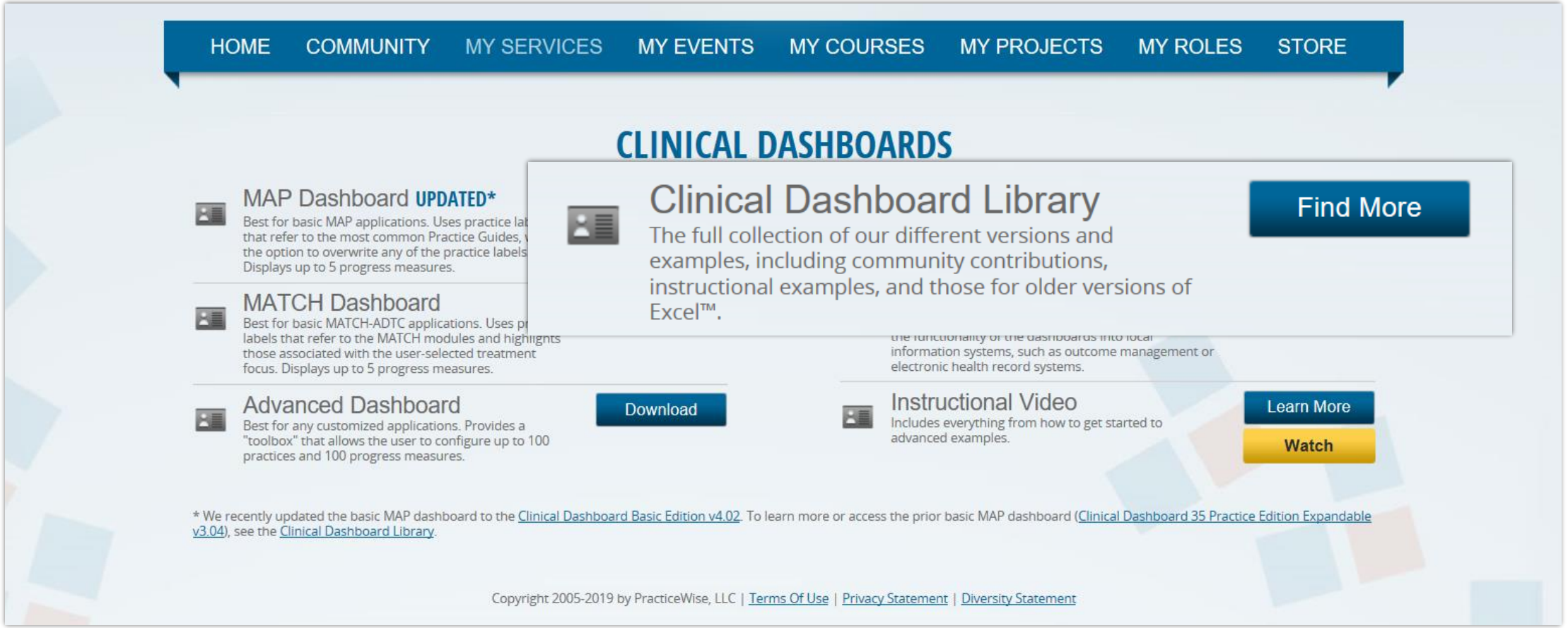
© 2019 PracticeWise, LLC

1. Download the MAP Dashboard



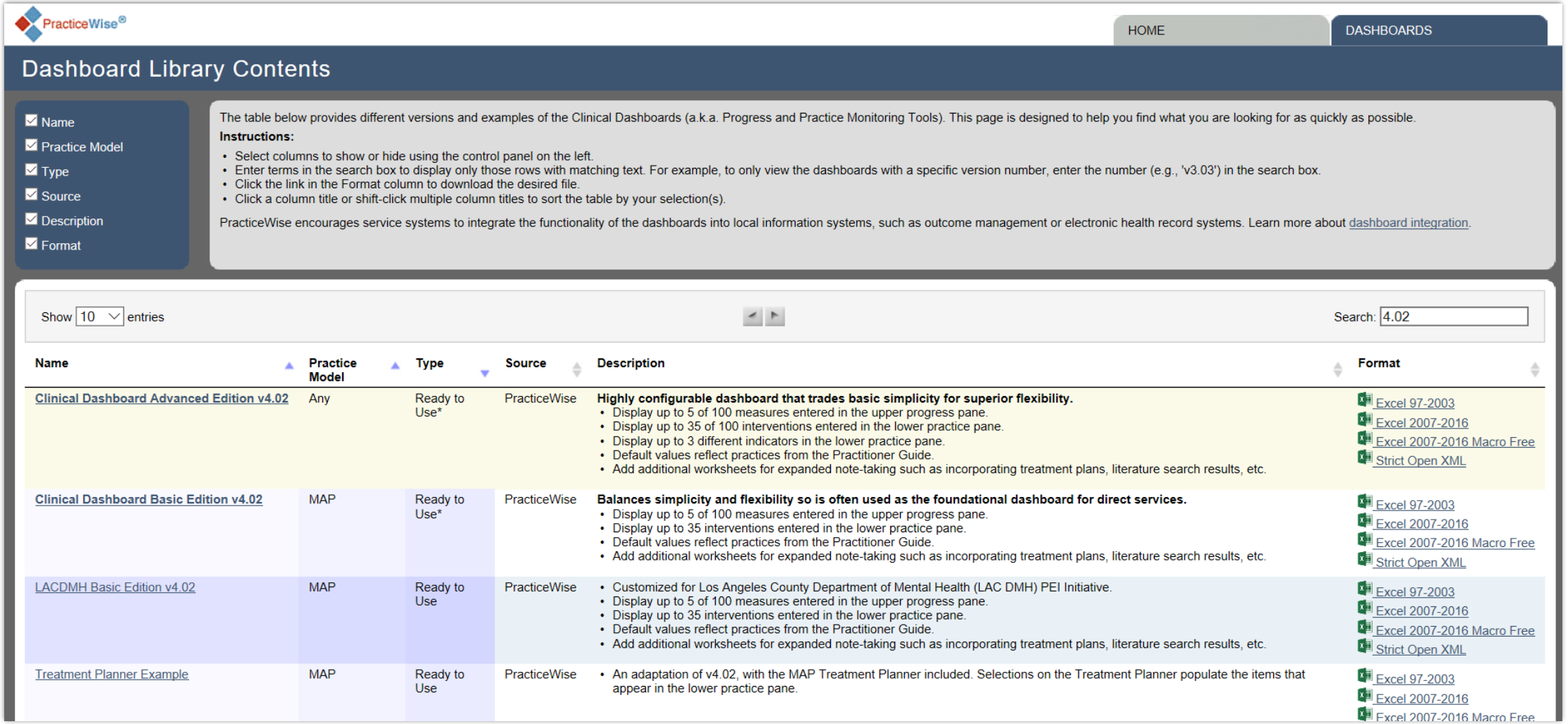
© 2019 PracticeWise, LLC

2. Search the Clinical Dashboard Library



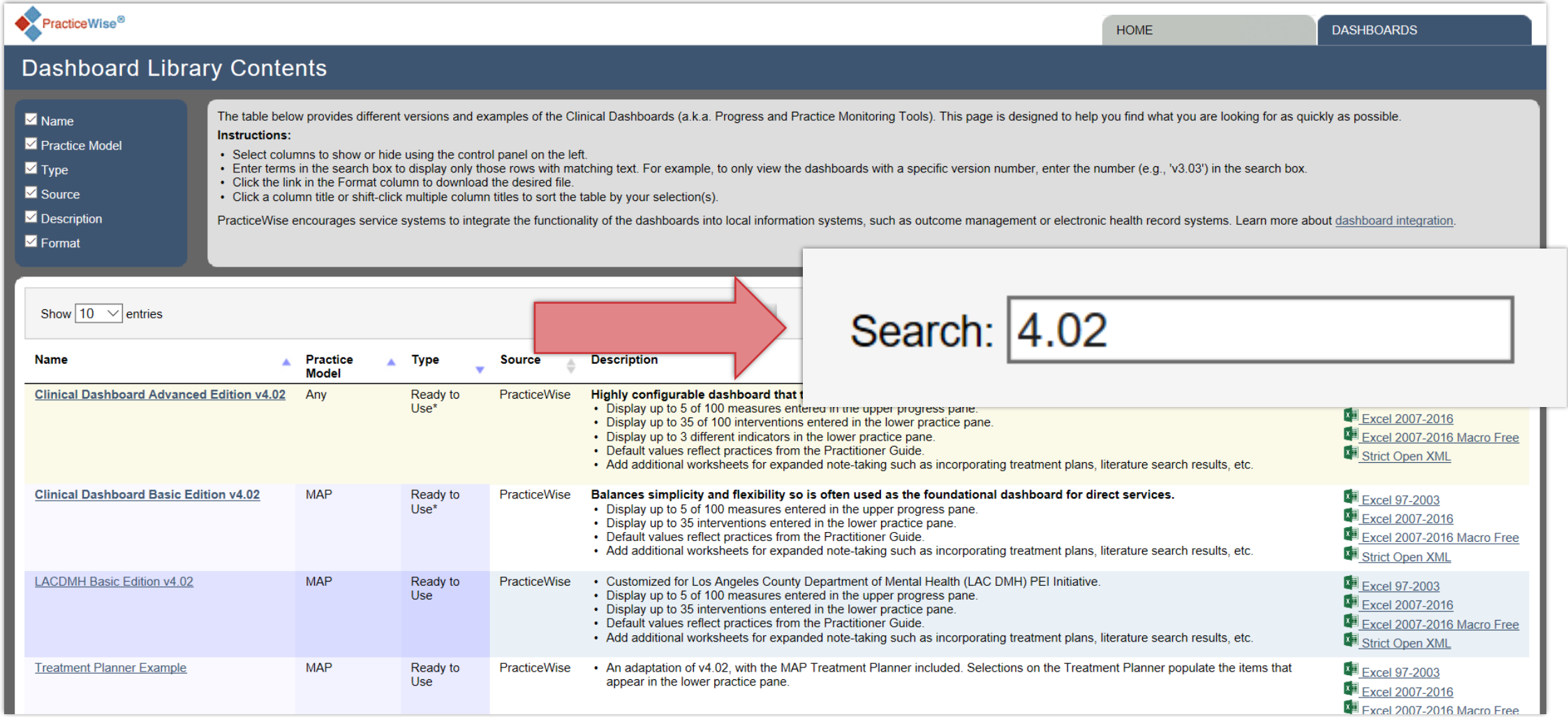
© 2019 PracticeWise, LLC

2. Search Clinical Dashboard Library



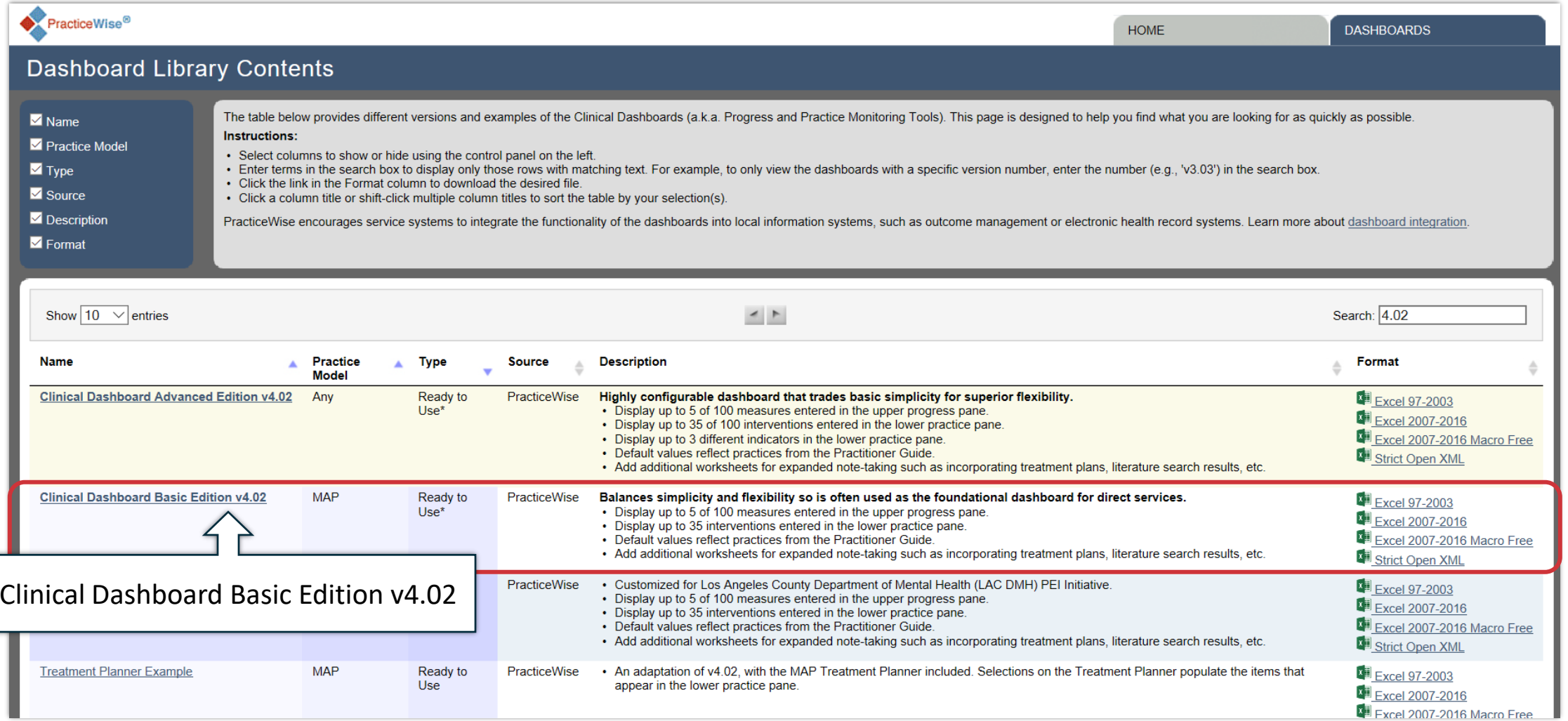
© 2019 PracticeWise, LLC

2. Search Clinical Dashboard Library



© 2019 PracticeWise, LLC

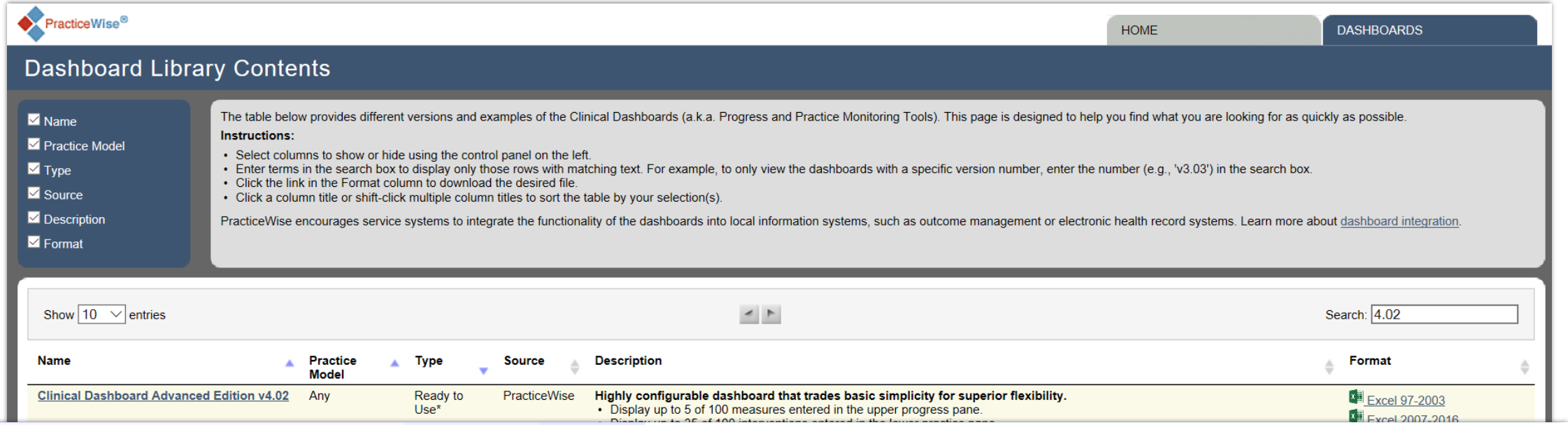
2. Search Clinical Dashboard Library



Clinical Dashboard Basic Edition v4.02

© 2019 PracticeWise, LLC

Clinical Dashboard Basic Edition v4.02

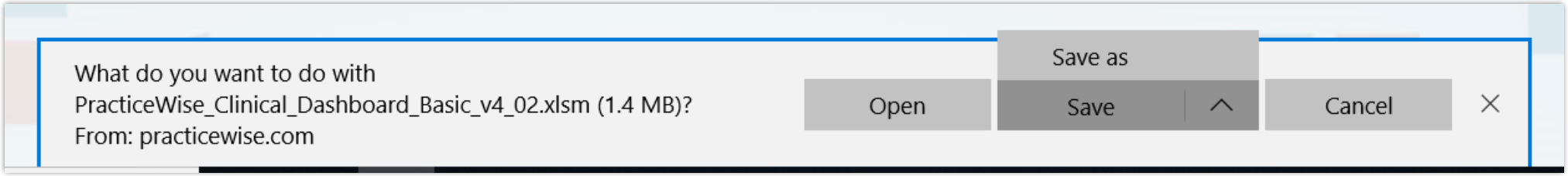


Clinical Dashboard Basic Edition v4.02	MAP	Ready to Use*	PracticeWise	**Balances simplicity and flexibility so is often used as the foundational dashboard for direct services.** • Display up to 5 of 100 measures entered in the upper progress pane. • Display up to 35 interventions entered in the lower practice pane. • Default values reflect practices from the Practitioner Guide. • Add additional worksheets for expanded note-taking such as incorporating treatment plans, literature search results, etc.	Excel 97-2003 Excel 2007-2016 Excel 2007-2016 Macro Free Strict Open XML

© 2019 PracticeWise, LLC

How to Access Clinical Dashboards (continued)

2. Use “Save As” to create a dashboard for the new case
   A. TherapistLastName_CaseNickname_Date
   B. Cromley_ScoobyDoo_2018-01-10
   C. NOTE: No identifying information



3. Enter your data in the various sheets (NOT YET!)

© 2019 PracticeWise, LLC

Demonstration of Dashboard Menu

- There are a number of different dashboards within your menu
- We can discuss the utility for the other dashboards later this week

© 2019 PracticeWise, LLC

What Goes Into the Dashboard?

- Let’s get acquainted with the functions of the dashboard by creating one for Maggie
- If you wish, you can build Maggie’s dashboard along with us or follow along as we build it

© 2019 PracticeWise, LLC

What Is a Sheet?

- A “sheet” is like a sheet of paper in the spreadsheet file
- Each sheet is represented by a tab at the bottom of the Excel screen
- Each sheet of the dashboard is labeled

© 2019 PracticeWise, LLC

Exploring the Dashboard Sheets

- Instructions
- Presentation-Results
- Notes
- Data-Progress
- Data-Practices
- Data-ClientInfo

© 2019 PracticeWise, LLC

Instructions Sheet

- The instructions sheet provides detailed instructions for using the dashboard
- The instructions describe how to
  - Enter client information
  - Enter progress data
  - Enter practice data
  - View results

© 2019 PracticeWise, LLC

Data-ClientInfo

- Client Data Information fields
  - De-identified name
  - Date of Birth
    - (DO NOT enter true DOB if you will be sending over the internet or on a public computer)
  - Gender
  - Ethnicity
  - Treatment Target

© 2019 PracticeWise, LLC

Data-Progress Sheet

- On this sheet, enter assessment dates along with the score(s)
- Enter the name of the measure in the column that says “Measure Description” (Column C)
- Enter minimum (Column E) and maximum (Column F) value for scores on the measure
- Enter the dates of assessment in Row 3, beginning at Column G
- Scores are entered along the Measure’s row, under the date of administration

© 2019 PracticeWise, LLC

Progress Sheet FAQs

- What should I measure?
- I don’t think I can measure anything with my client, what should I do?
- How often do I measure?
- What if I want to add new measures?

© 2019 PracticeWise, LLC

Data-Practices Sheet

- On this sheet, enter session dates and practice elements you used
- Practice names appear under Event Description (Column C)
  - Practices in template can be edited or rearranged
- Indicate use of a practice by entering(or using pull-down menu to select) “Yes” in the appropriate box
- Enter the dates in Row 3, beginning at Column G

© 2019 PracticeWise, LLC

When Have I Used a Practice?

- Spent most of session on the practice?
  - YES
- Taught and/or rehearsed the practice?
  - YES
- Reviewed the practice for a few minutes?
  - NO

© 2019 PracticeWise, LLC

When Have I Used a Practice?

- Discussed practice as part of homework?
  - NO
- Did the practice myself with the child (e.g., rewards, attending)?
  - NO
- Should have done the practice but forgot?
  - NO

© 2019 PracticeWise, LLC

Presentation-Results Sheet

- This sheet provides a snapshot of the progress of the case
- The sheet summarizes all of the data entered in the remaining three data sheets
- You cannot type into this sheet, but you can choose different options to customize the display
  - Use pull-down menus to select:
    - Measures (up to 5)
    - Style of data display (e.g., dotted line, dashed line)
    - Side of graph to display measure scale (left or right)

© 2019 PracticeWise, LLC

What Are Scales?

- Note that you may have up to two different “scales” represented in the graph (left vs. right display)
- Keep similarly-scaled measures on the same side
  - Examples
    - Measures that range between 1-100 on one side
      - T-scores
      - “Percentage of week that client did ____”
    - Measure that range between 1-10 on the other side
      - Mood rating

© 2019 PracticeWise, LLC

Notes Sheet

- This sheet allows you to enter any notes you may want to enter
- You can use this as a place to jot down critical incidents so you can remember them when reviewing the dashboard
- This is a good place to specify more information about your measures
  - Who was the reporter?
  - What was your metric? (Frequency Count, Severity Rating, T-Score, etc.)

© 2019 PracticeWise, LLC

Other Uses for Notes Page

- List of definitions of measures
- Write in Crises of the Week (COWs) with further detail
- Medication information
- Treatment goals

© 2019 PracticeWise, LLC

Common Problems

- Help: I cannot open the file!
- Help: I don’t see all the sheets!
- I don’t get the different scales (left and right).
- My dashboard looks likes stuff is missing.
- I want to change what I am measuring—how do I do that?

© 2019 PracticeWise, LLC

More Q&A on Dashboards

© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Clinical Dashboard	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

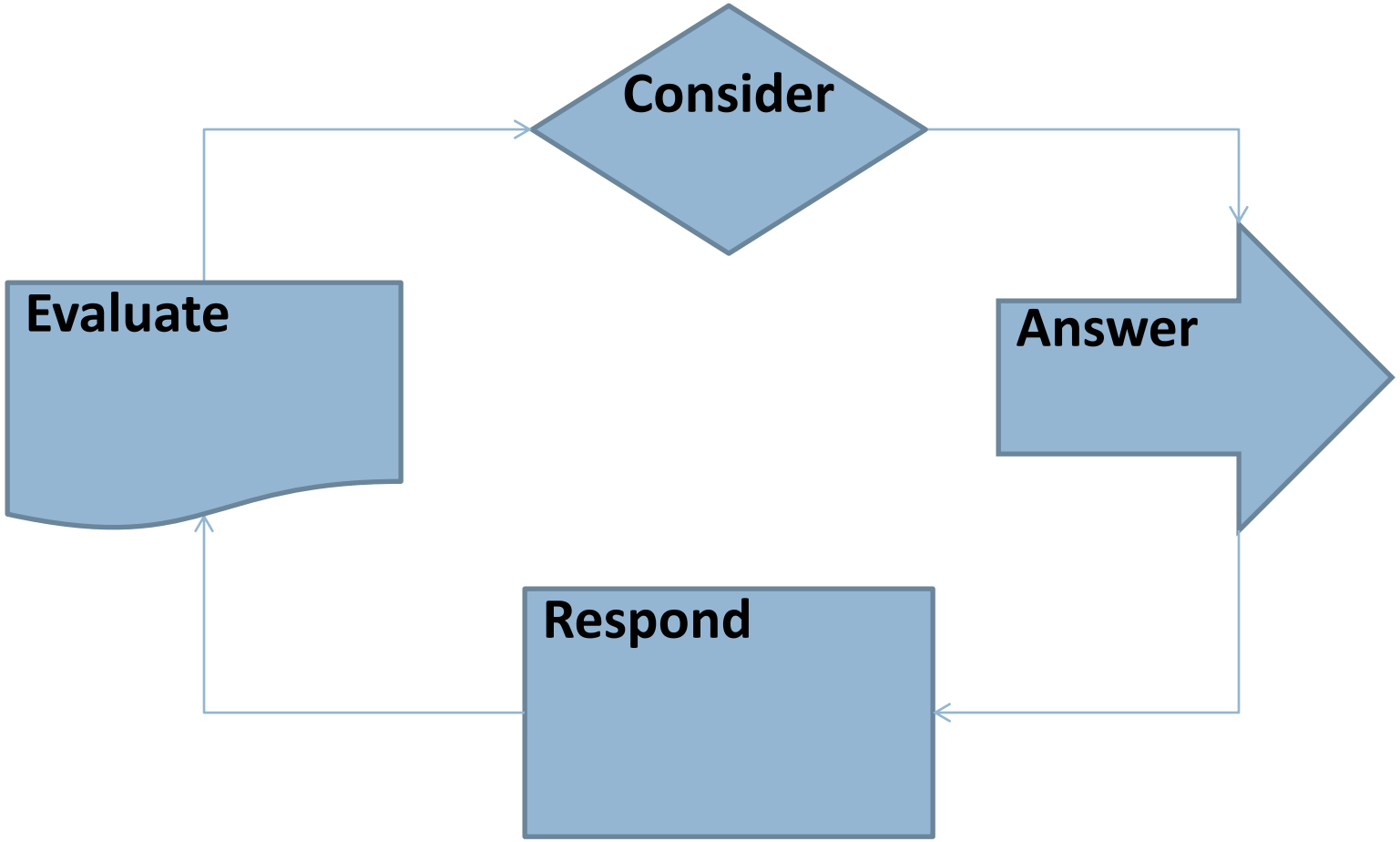
© 2019 PracticeWise, LLC

CARE Process

Clinical Problem Solving

© 2019 PracticeWise, LLC

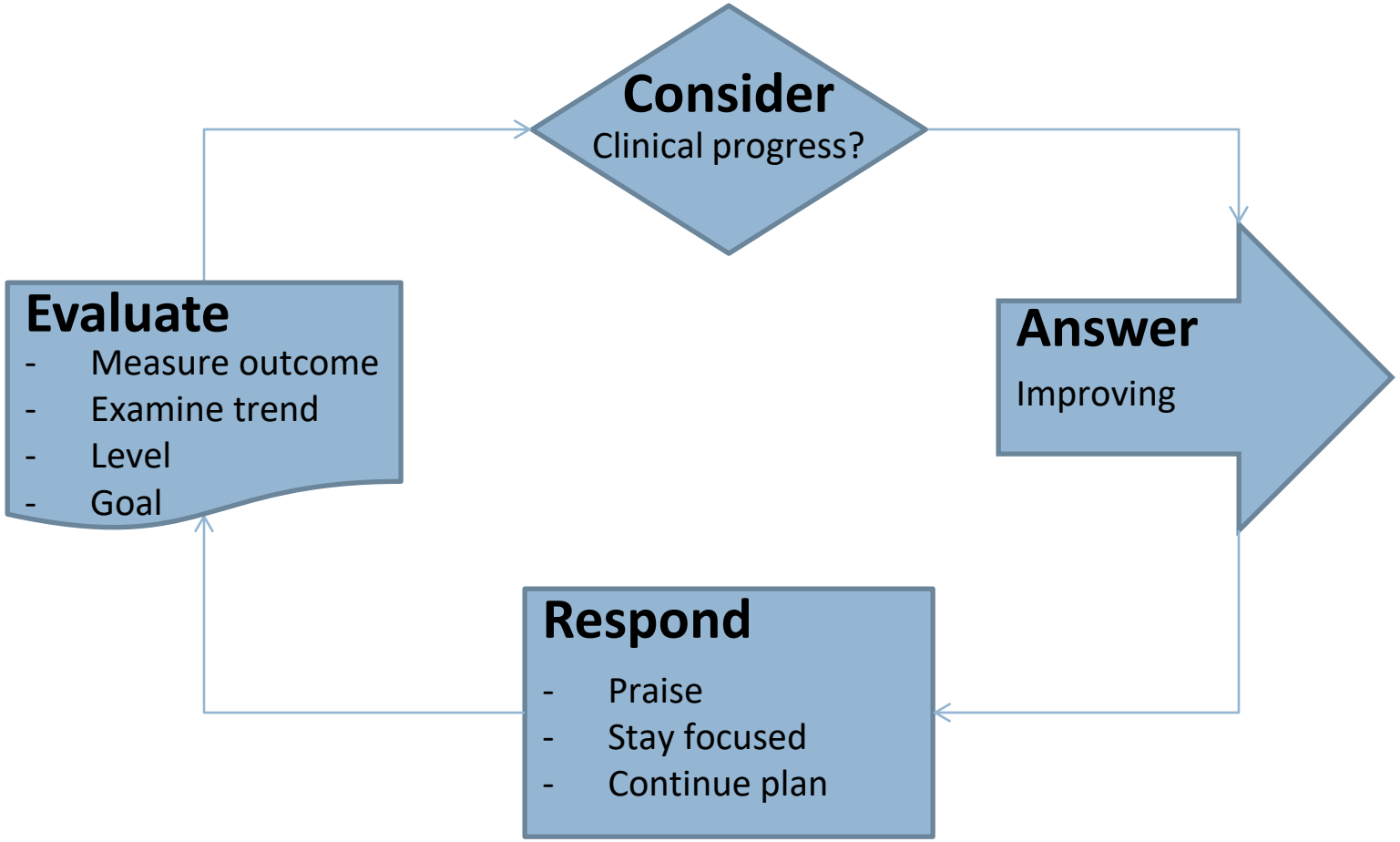
CARE Process



© 2019 PracticeWise, LLC

CARE Process

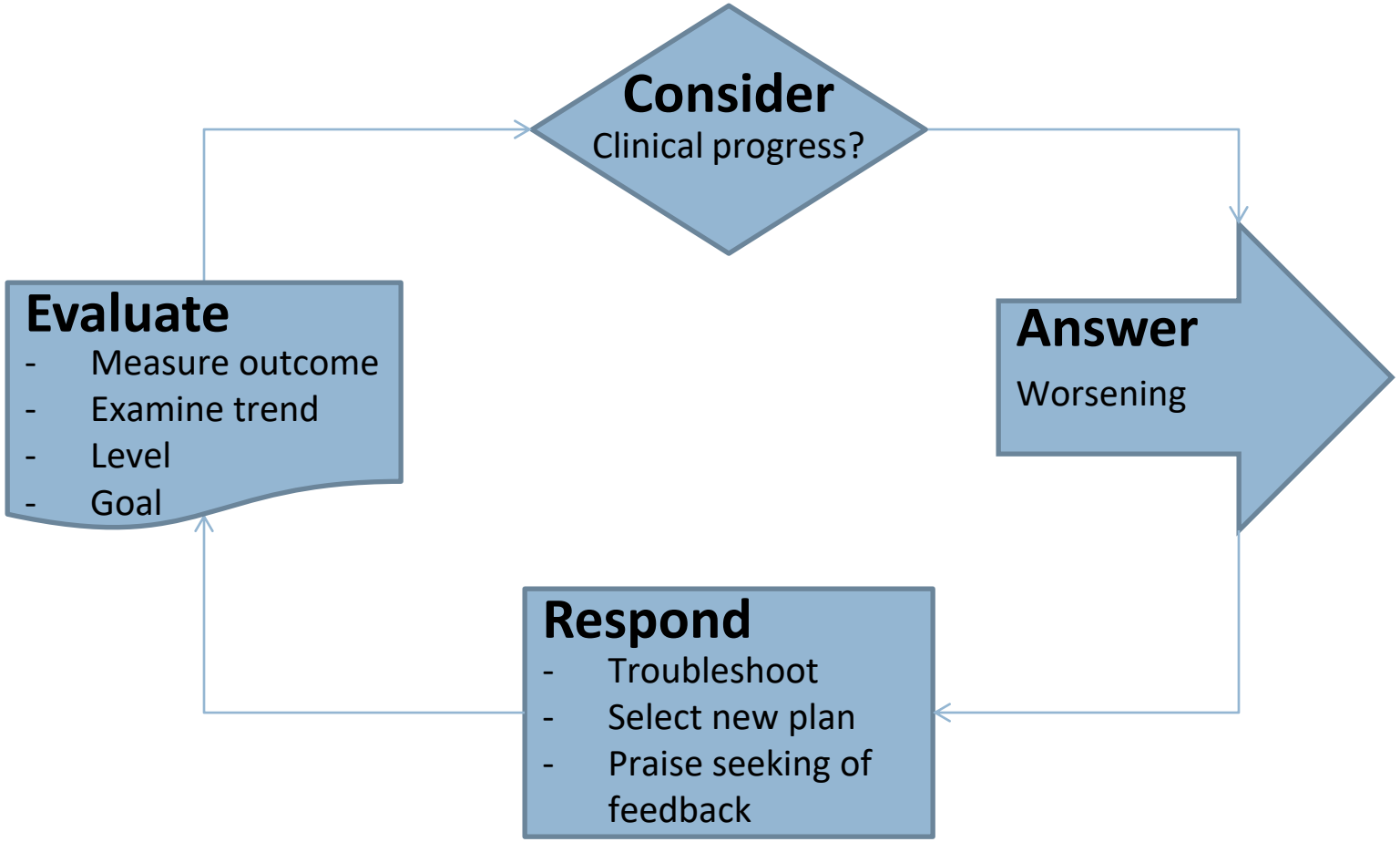
Clinical Progress Example 1



© 2019 PracticeWise, LLC

CARE Process

Clinical Progress Example 2



© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
CARE Process	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

The MAP

Putting it All Together

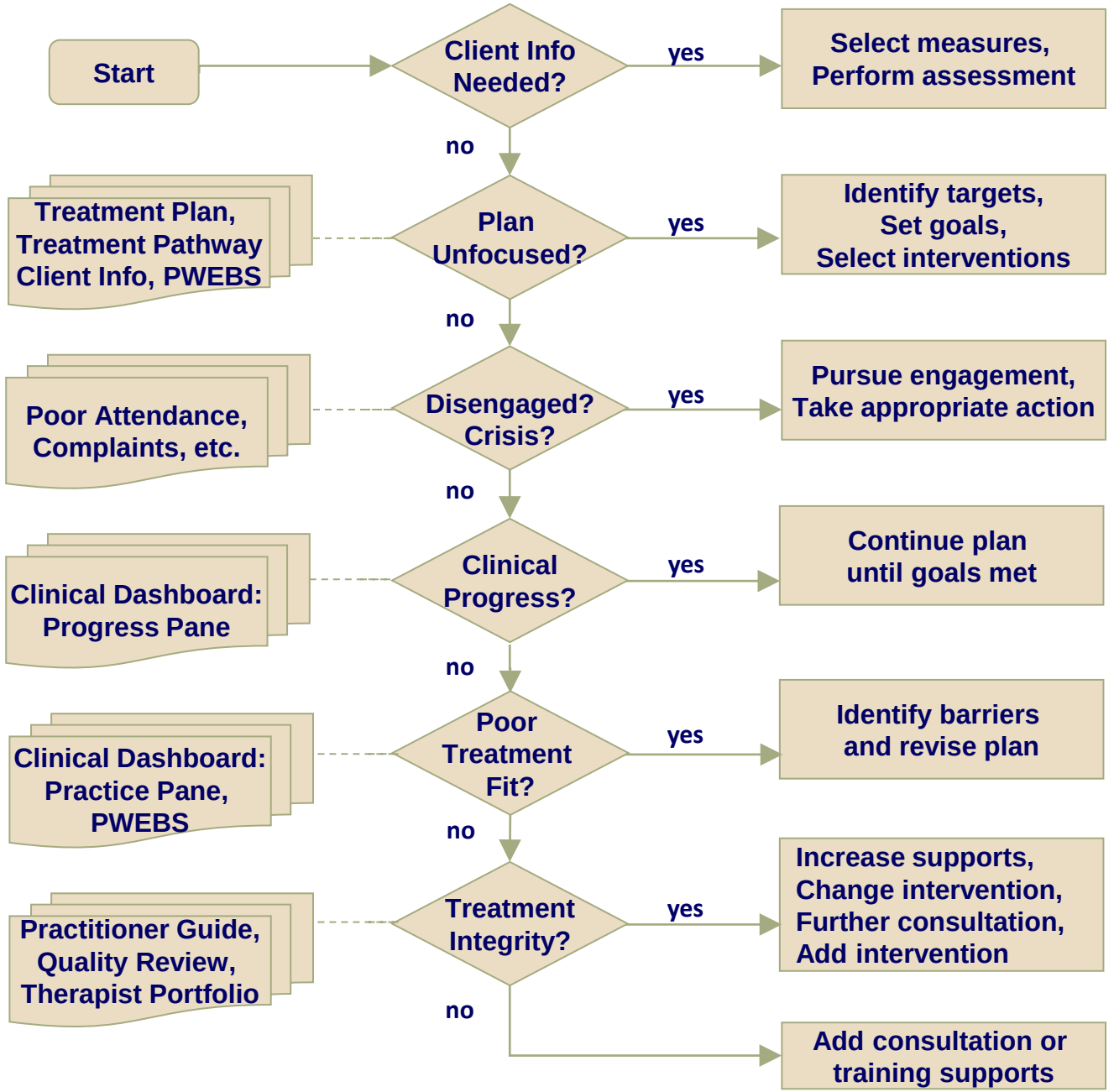
© 2019 PracticeWise, LLC

The MAP Process Guide

- The MAP process guide is an outline of clinical decisions that are made during clinical care
- Knowing where you are on The MAP is an important skill

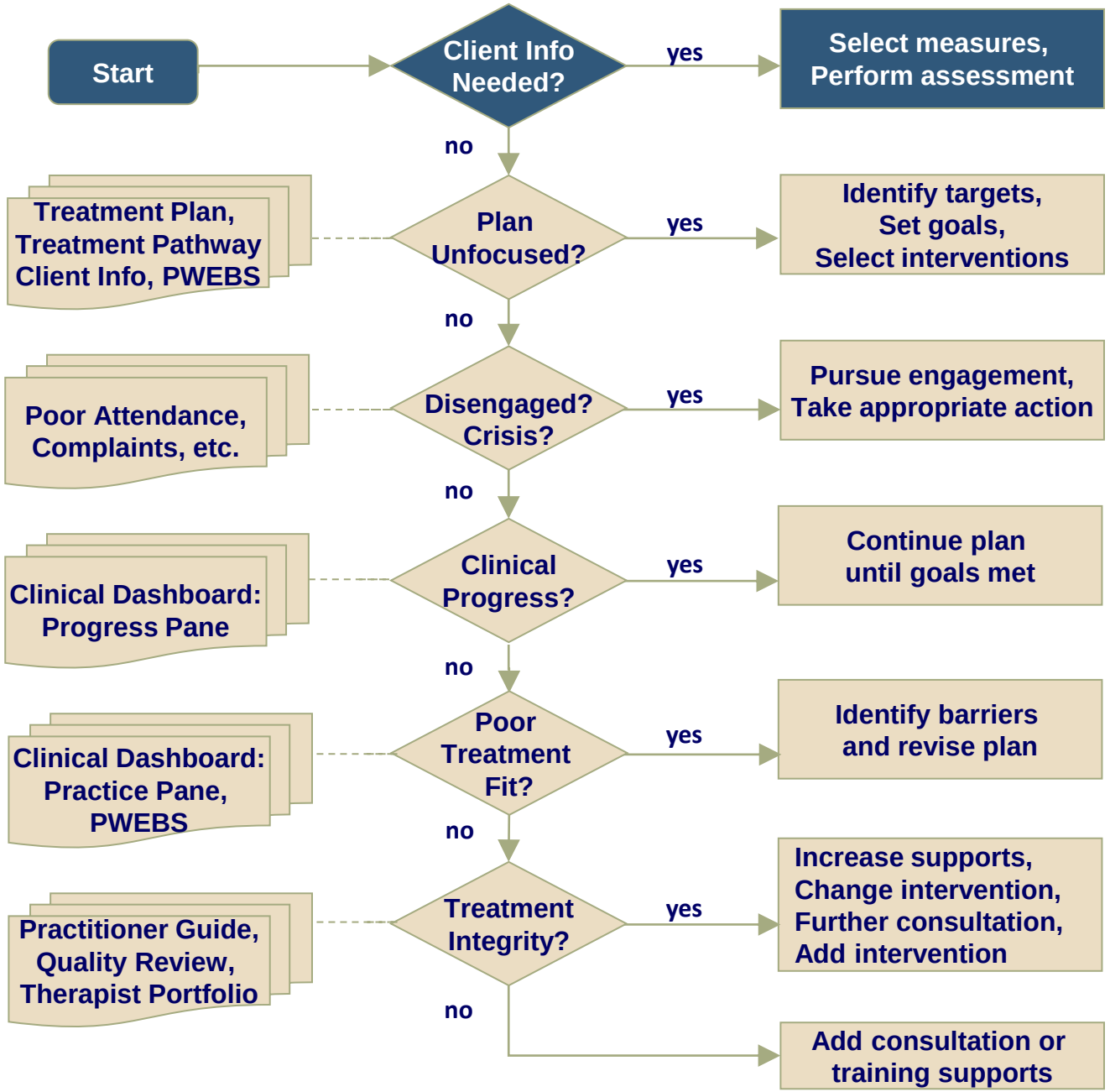
© 2019 PracticeWise, LLC

The MAP



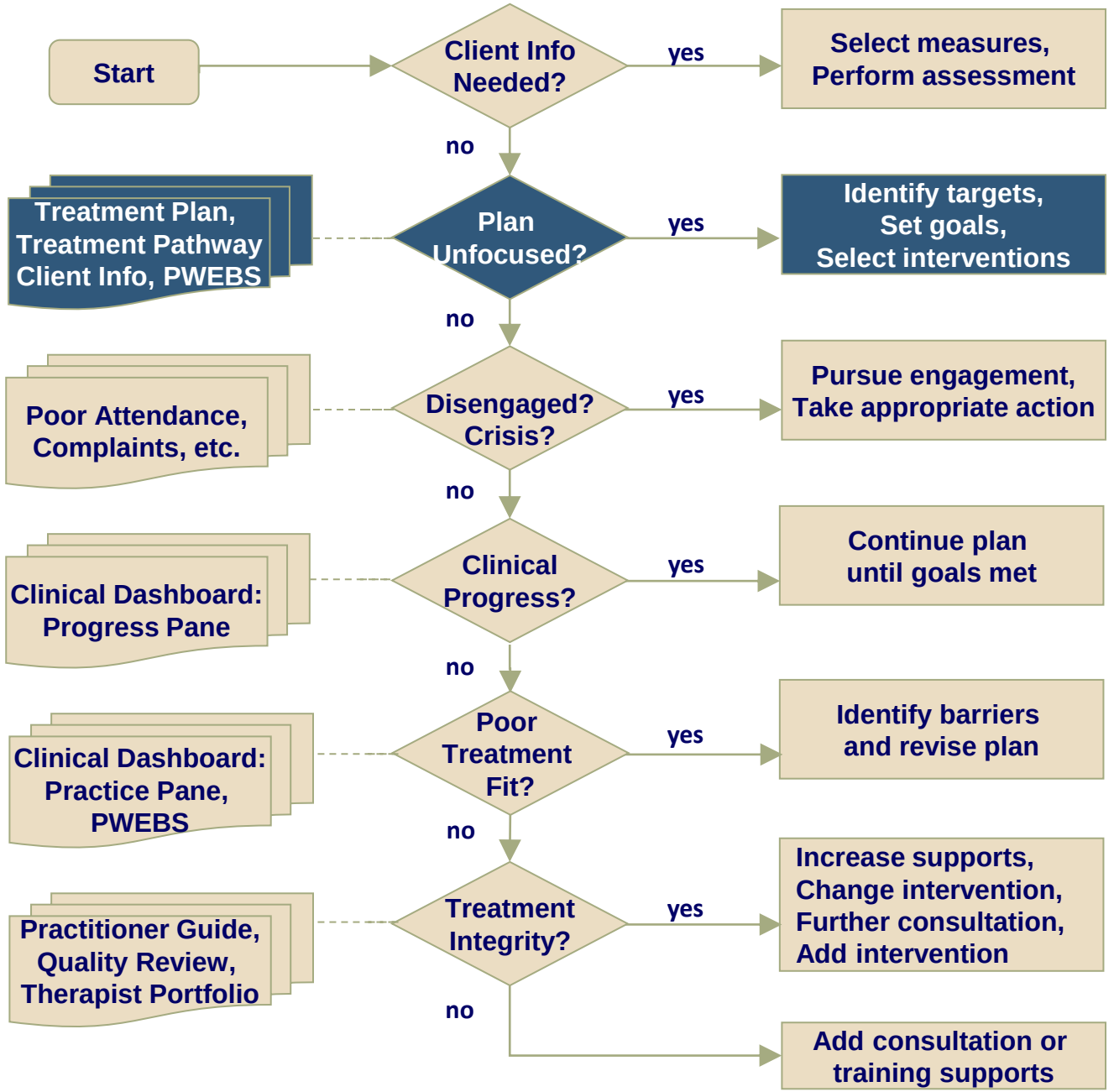
© 2019 PracticeWise, LLC

The MAP



© 2019 PracticeWise, LLC

The MAP



© 2019 PracticeWise, LLC

Sample PWEBS Results for Maggie

Practice Elements for Depression

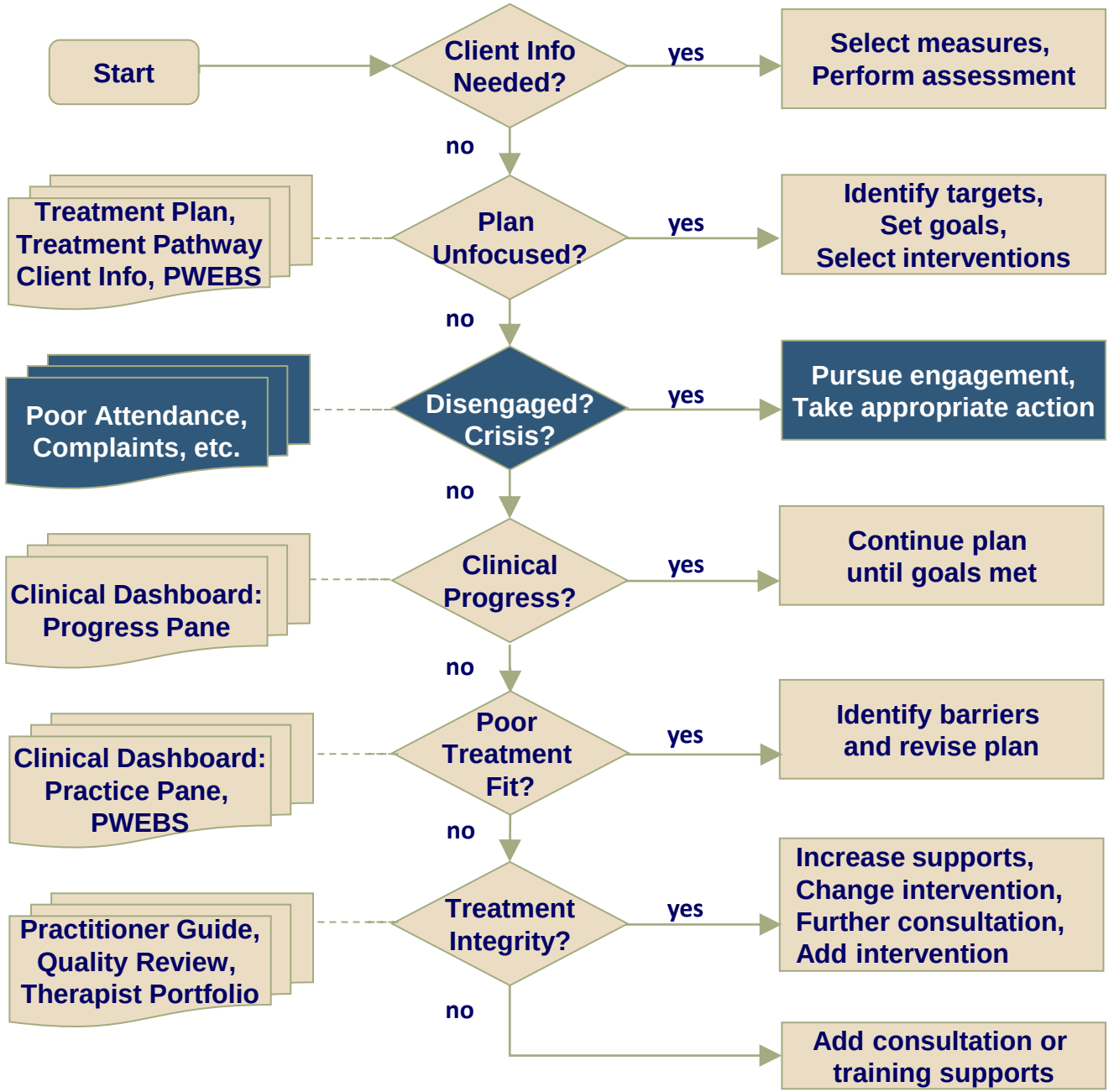
- Psychoeducation
- Relaxation
- Problem Solving

Practice Elements for Disruptive Behavior

- Praise
- Rewards
- Commands

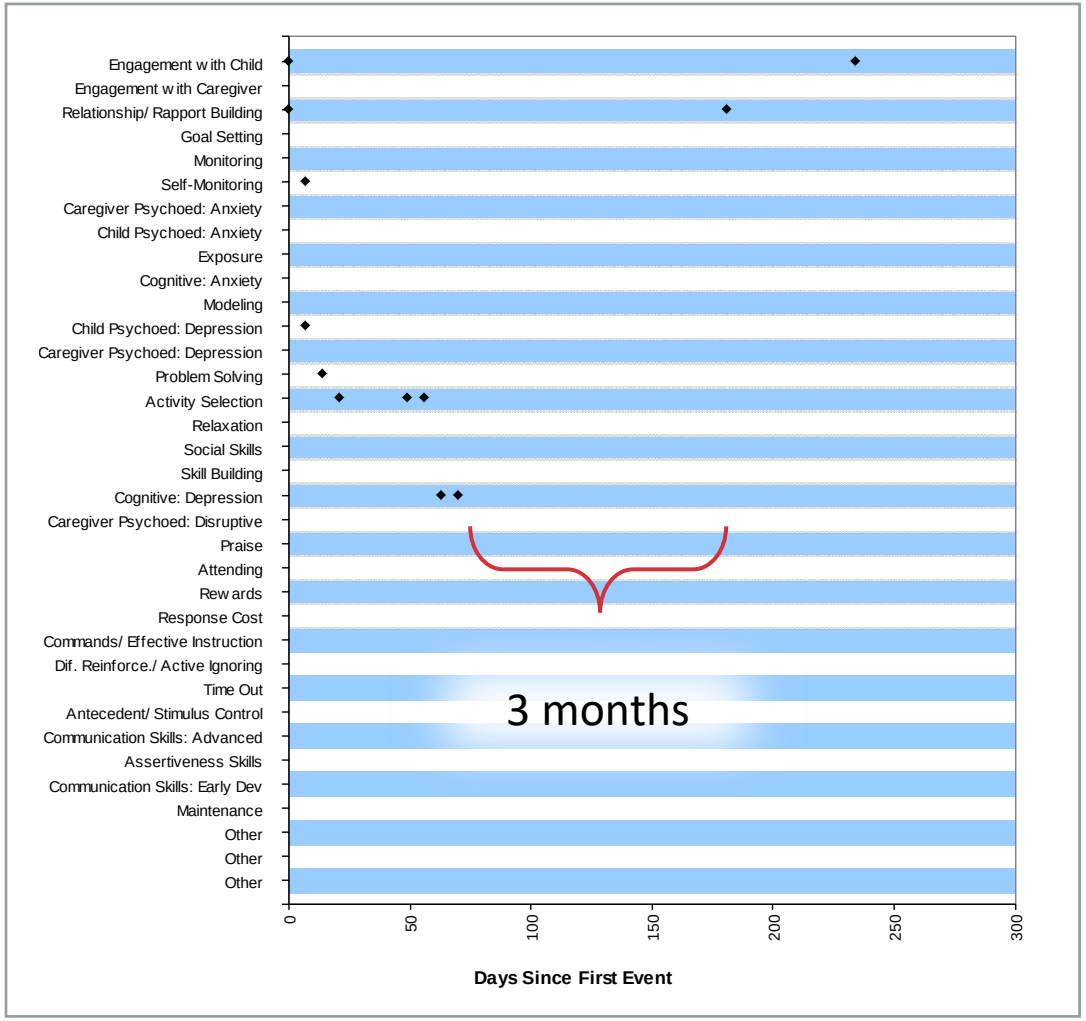
© 2019 PracticeWise, LLC

The MAP



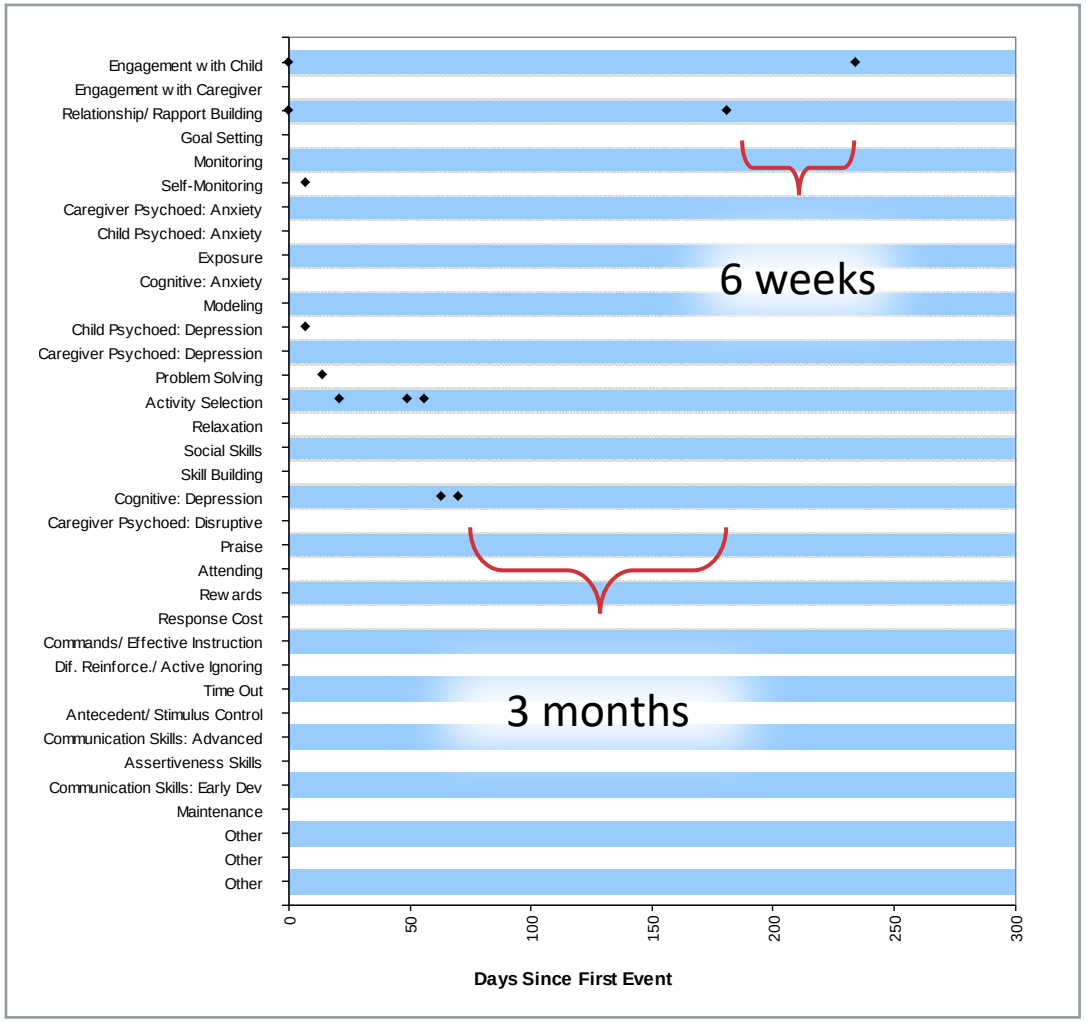
© 2019 PracticeWise, LLC

Evidence of Poor Engagement



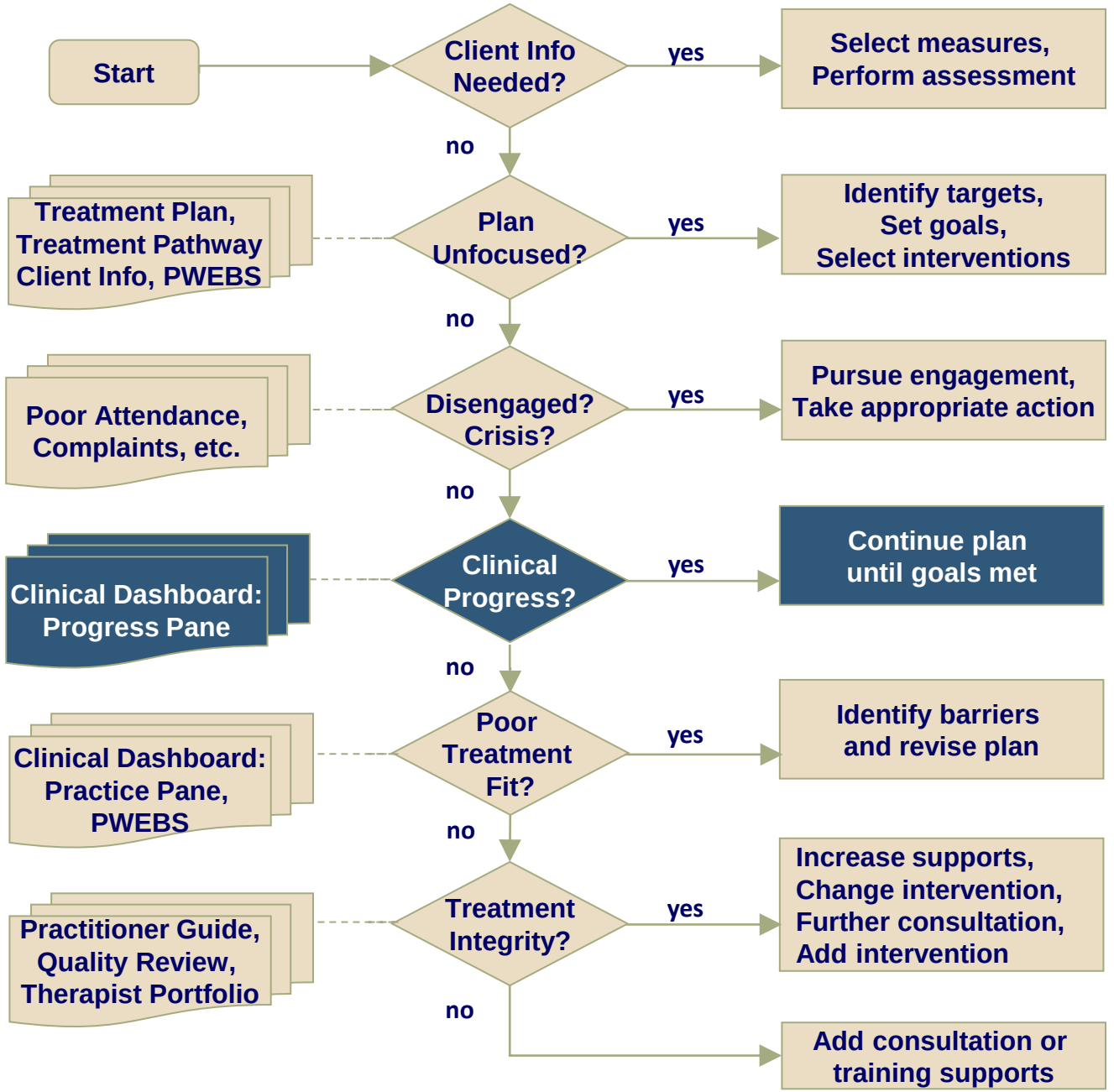
© 2019 PracticeWise, LLC

Evidence of Poor Engagement



© 2019 PracticeWise, LLC

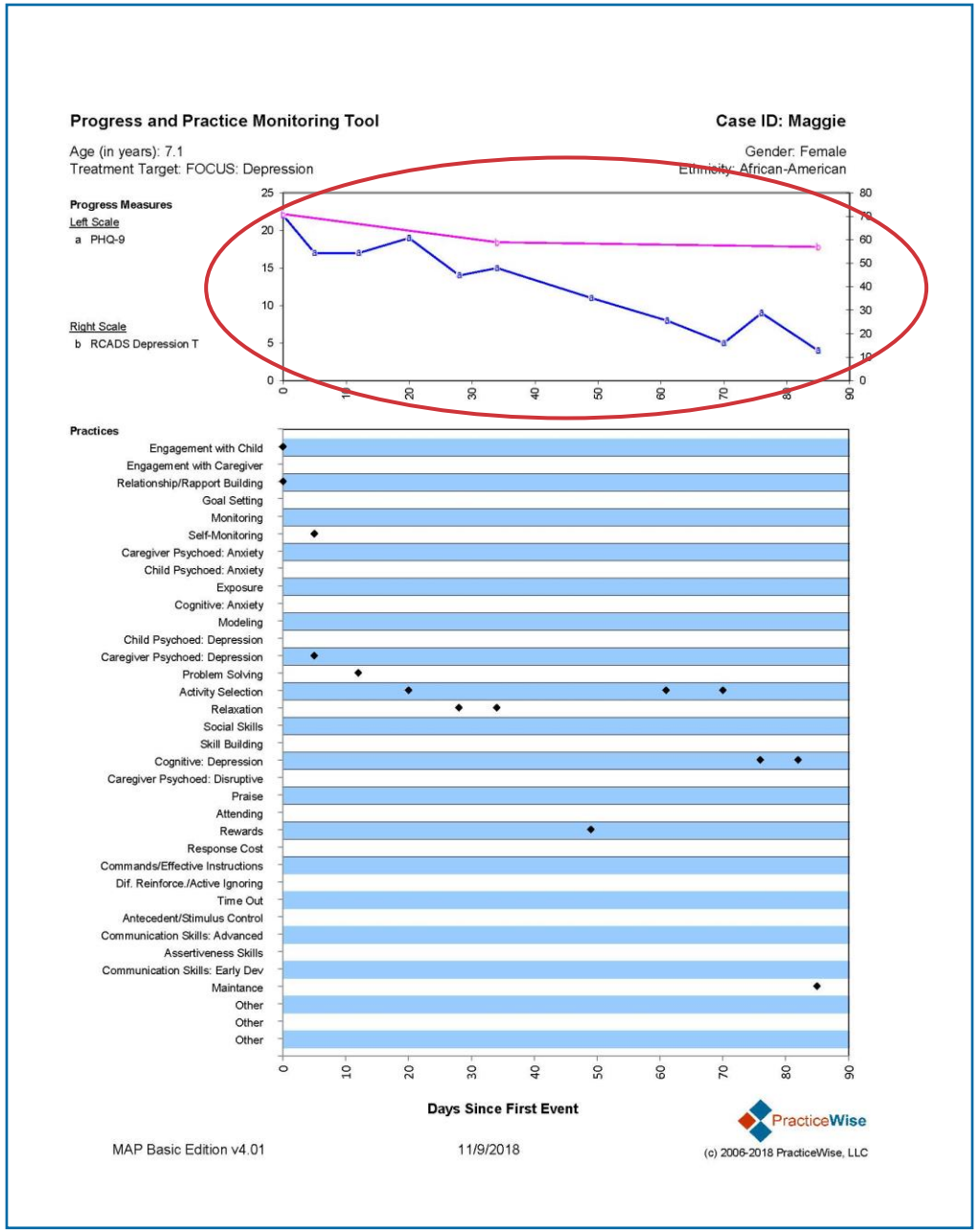
The MAP



© 2019 PracticeWise, LLC

Progress is good:

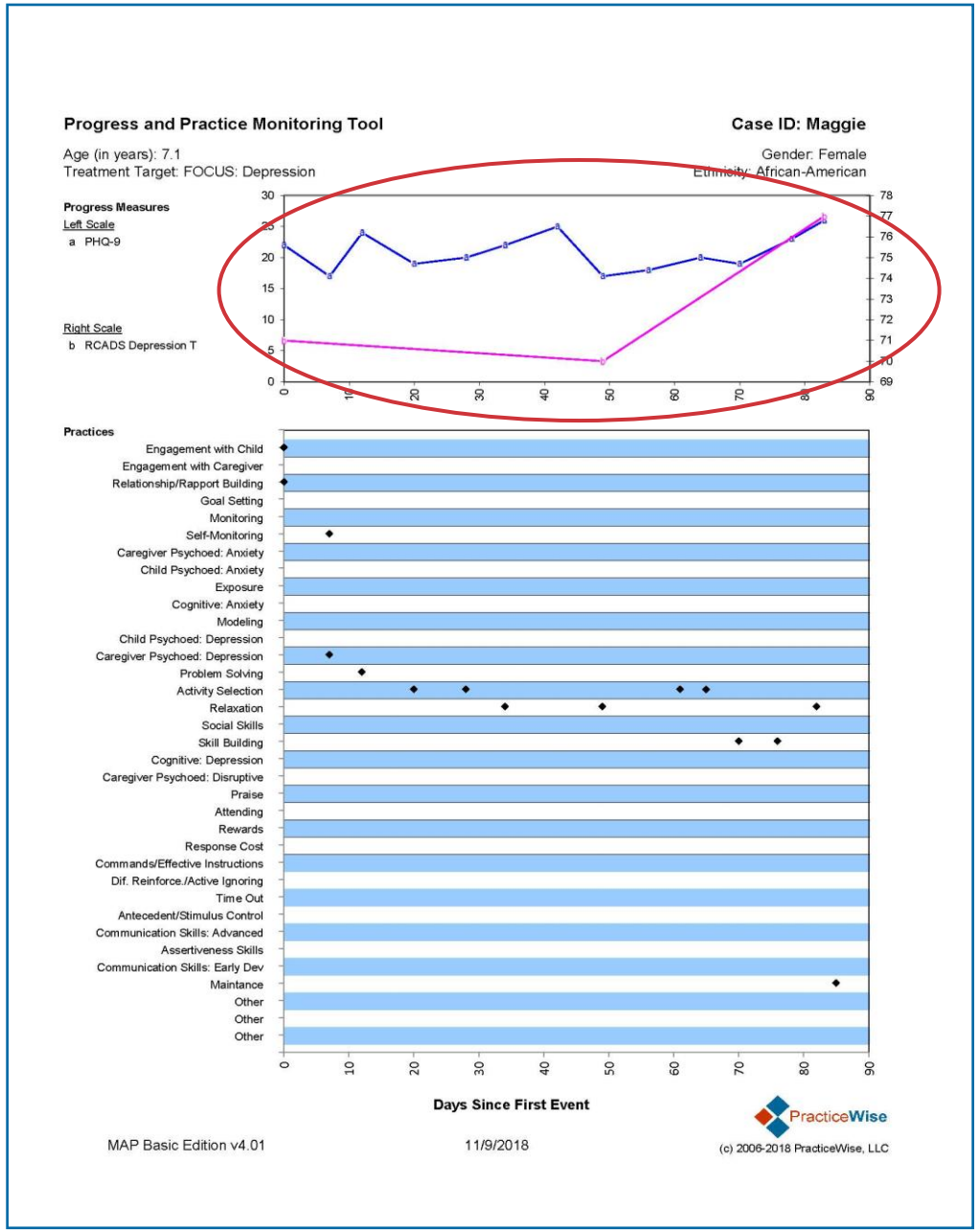
Depression scores are getting lower



© 2019 PracticeWise, LLC

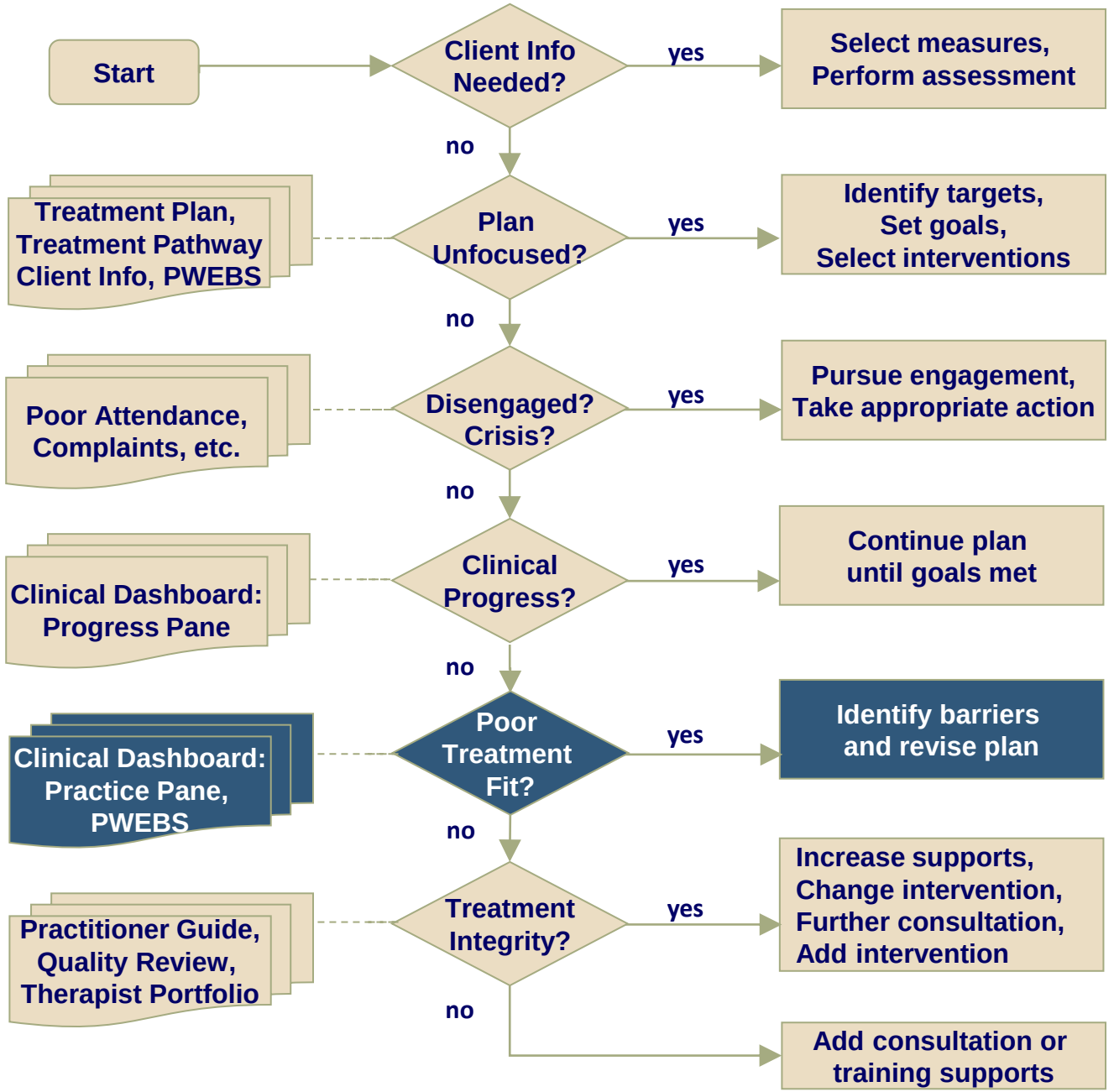
Progress is poor:

Depression scores are the same or getting higher



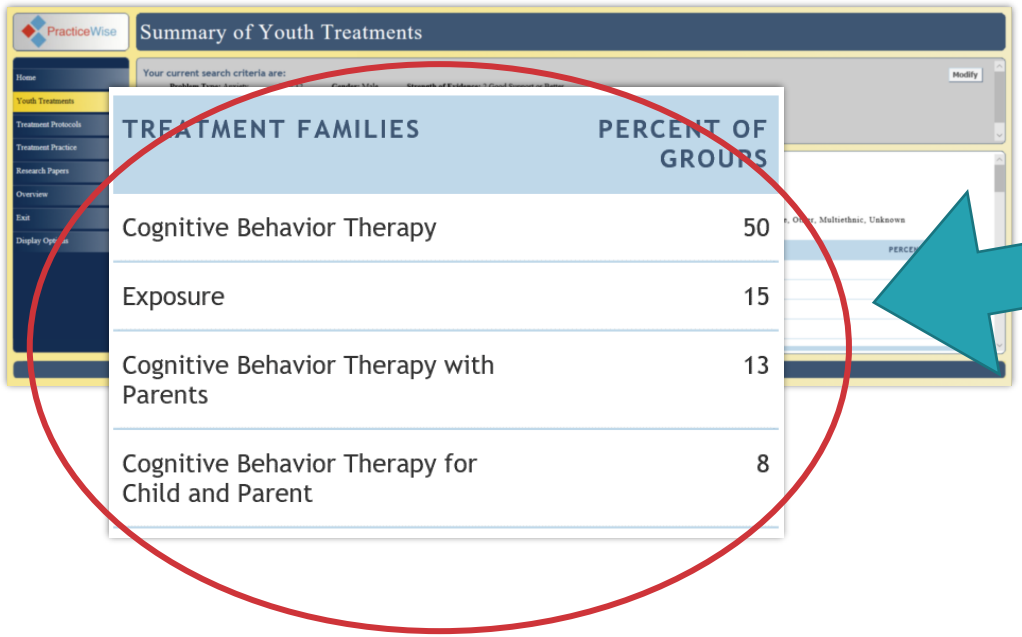
© 2019 PracticeWise, LLC

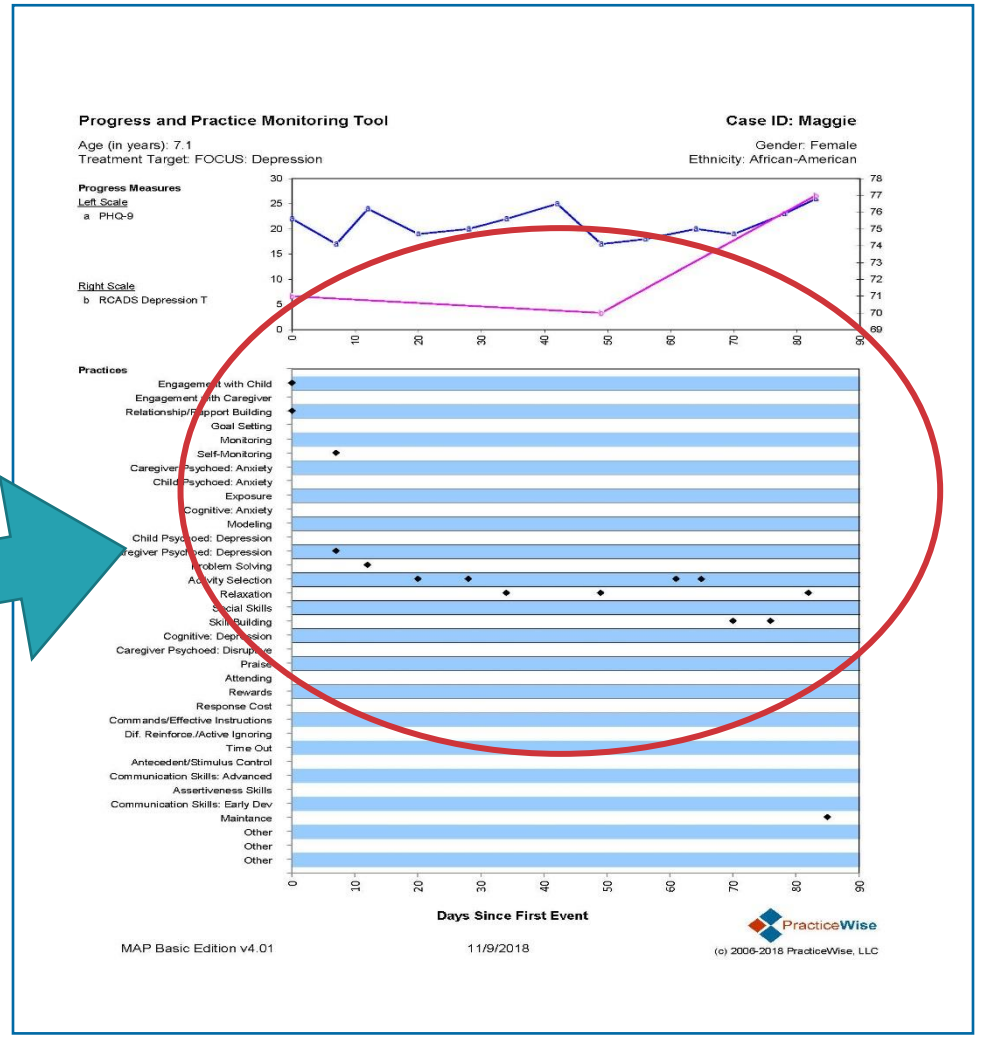
The MAP



© 2019 PracticeWise, LLC

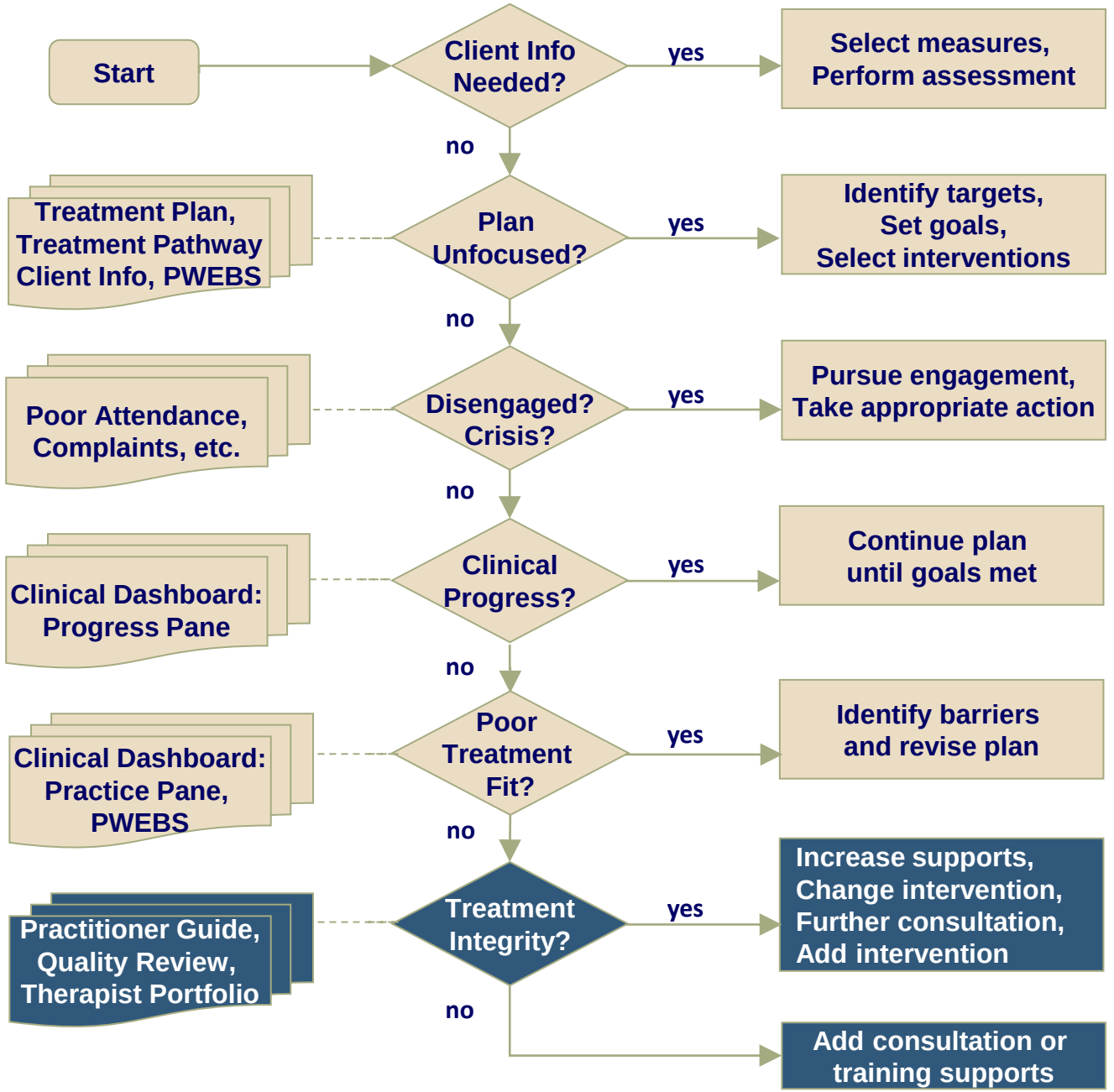
Do the Practices Fit the Problem?





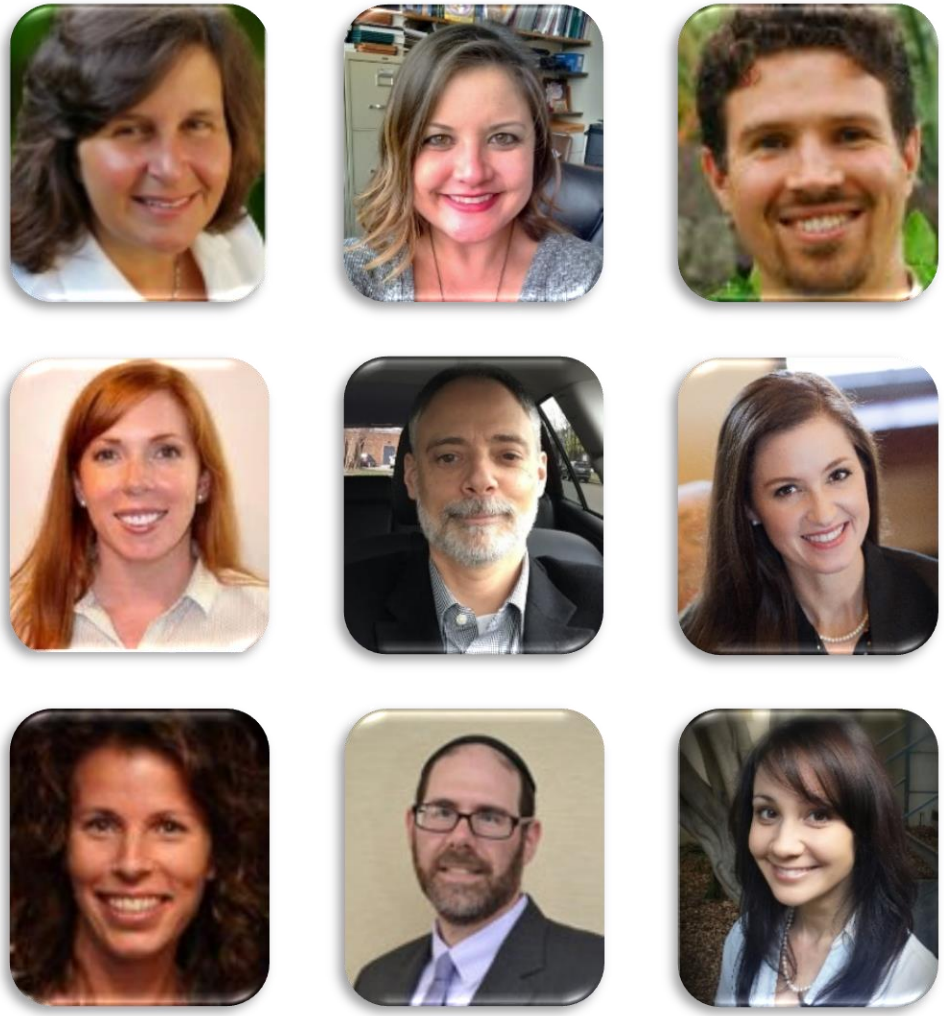
© 2019 PracticeWise, LLC

The MAP



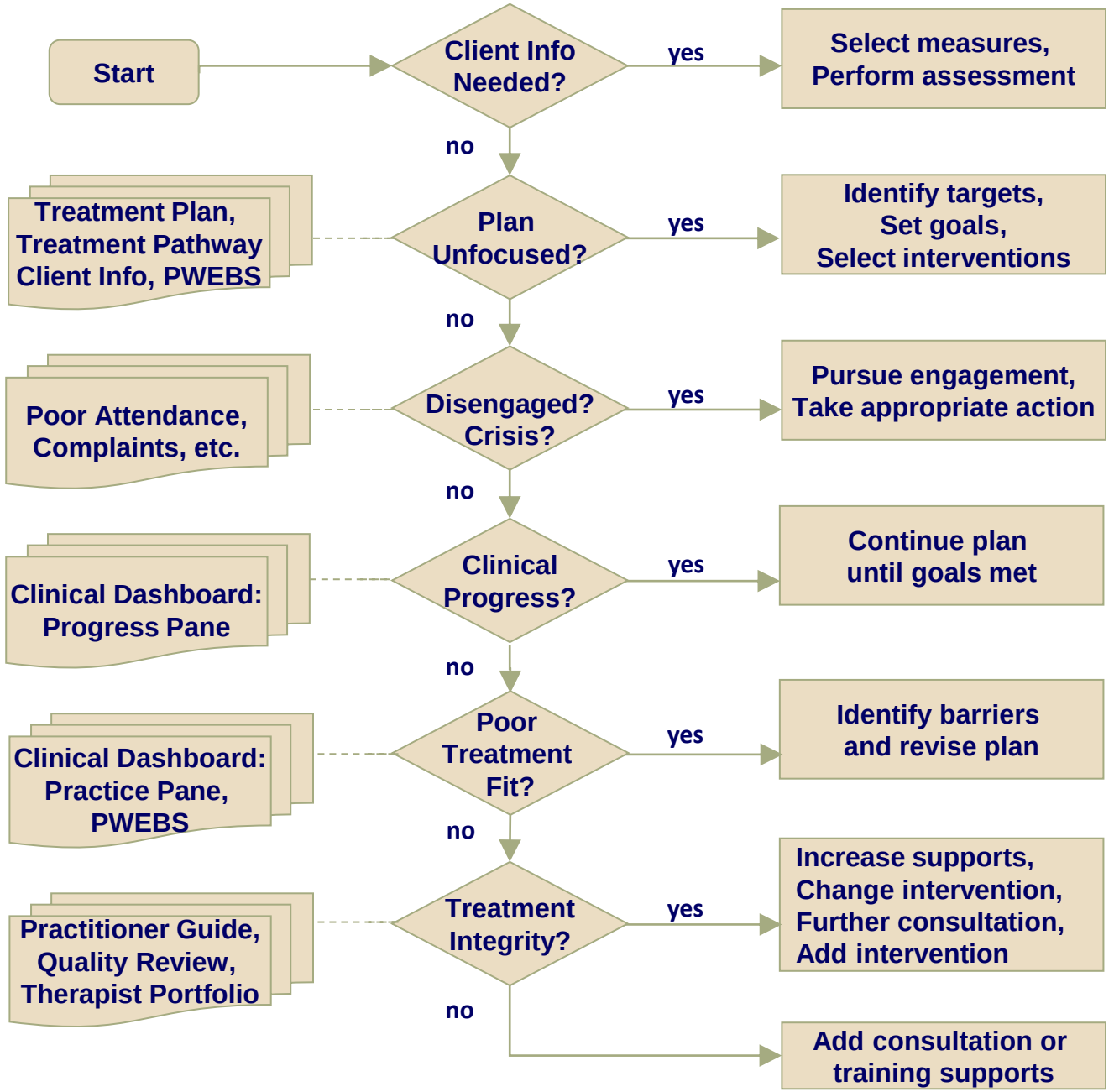
© 2019 PracticeWise, LLC

Consultation Can Be Fun!



© 2019 PracticeWise, LLC

The MAP



© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
The MAP	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

Applications

Assessment and Monitoring

© 2019 PracticeWise, LLC

Assessment and Monitoring

Assessment

- Helps answer two questions:
  1. Is the case eligible for care/should we treat the case?
  2. How should we treat case? (what is the main focus)
- You will do this before you go to PWEBS

Monitoring

- Helps answer one question:
  1. How is treatment working?
- We will talk about this throughout the week

© 2019 PracticeWise, LLC

Some Guidelines for Both

- Assess multiple informants
  - Child
  - Caregiver
  - Teacher
- Assess multiple domains
  - Main symptoms
  - Comorbid symptoms
  - Functioning
  - Education
  - Ecology
- Focus on observable constructs

© 2019 PracticeWise, LLC

Assessment Guidance

- Can use diagnostic interviews or checklists
- Can use instruments keyed to referral problem
  - Depression measure for depression referral
- Goal 1
  - Identify whether impairment justifies intervention (may already be determined)
- Goal 2
  - Select main target for intervention

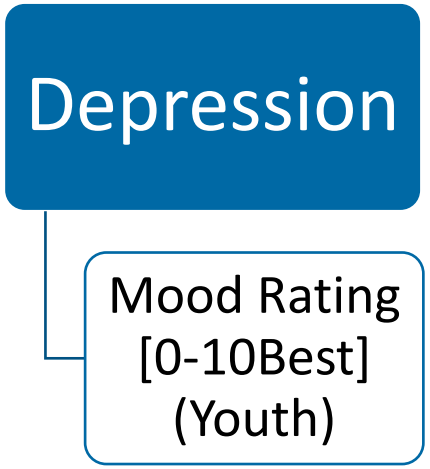
© 2019 PracticeWise, LLC

Assessment Suggestions

- Free measures
  - Strength and Difficulties Questionnaire (all problems)
- Other measures
  - ASEBA (CBCL and YSR: all problems)
  - Children's Depression Inventory (depression)
  - Connors ADHD Rating Scales (ADHD)
  - Behavioral Assessment System for Children (all problems)
- We encourage use of standardized measures ~ 3 months

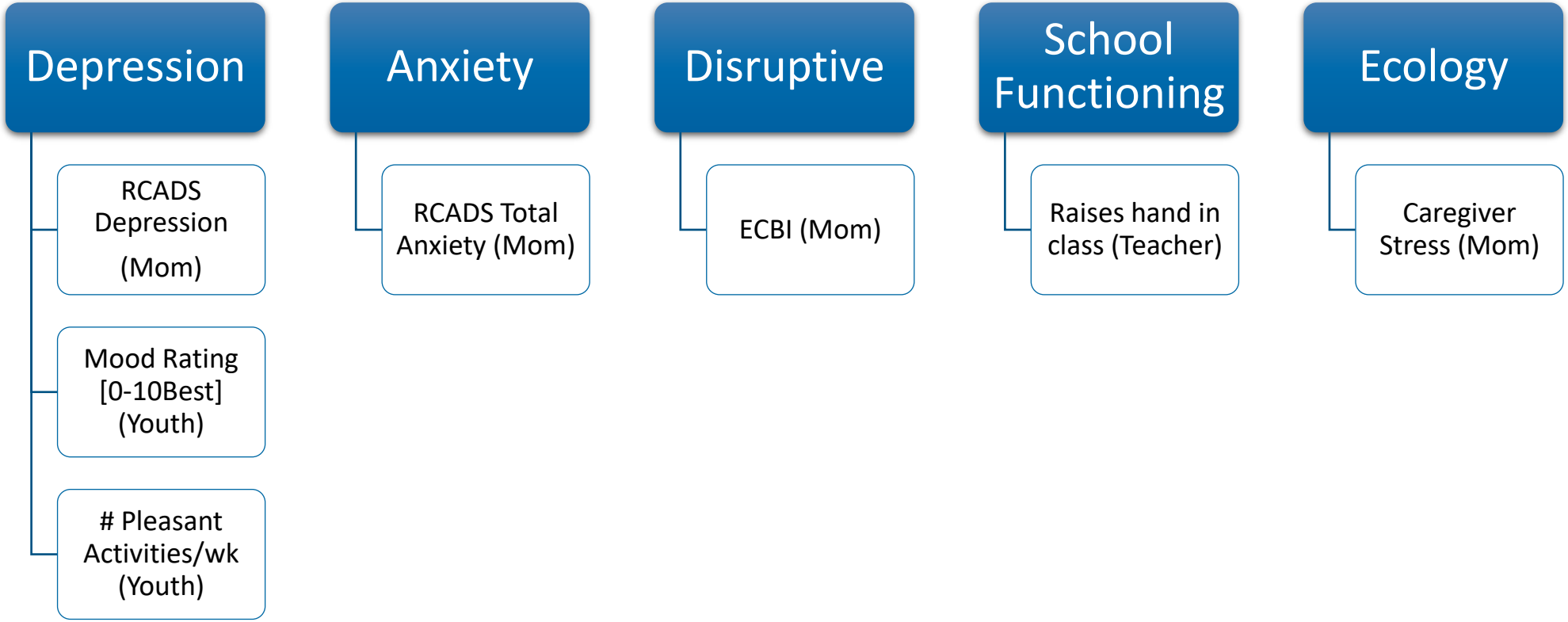
© 2019 PracticeWise, LLC

Lean Example for Maggie



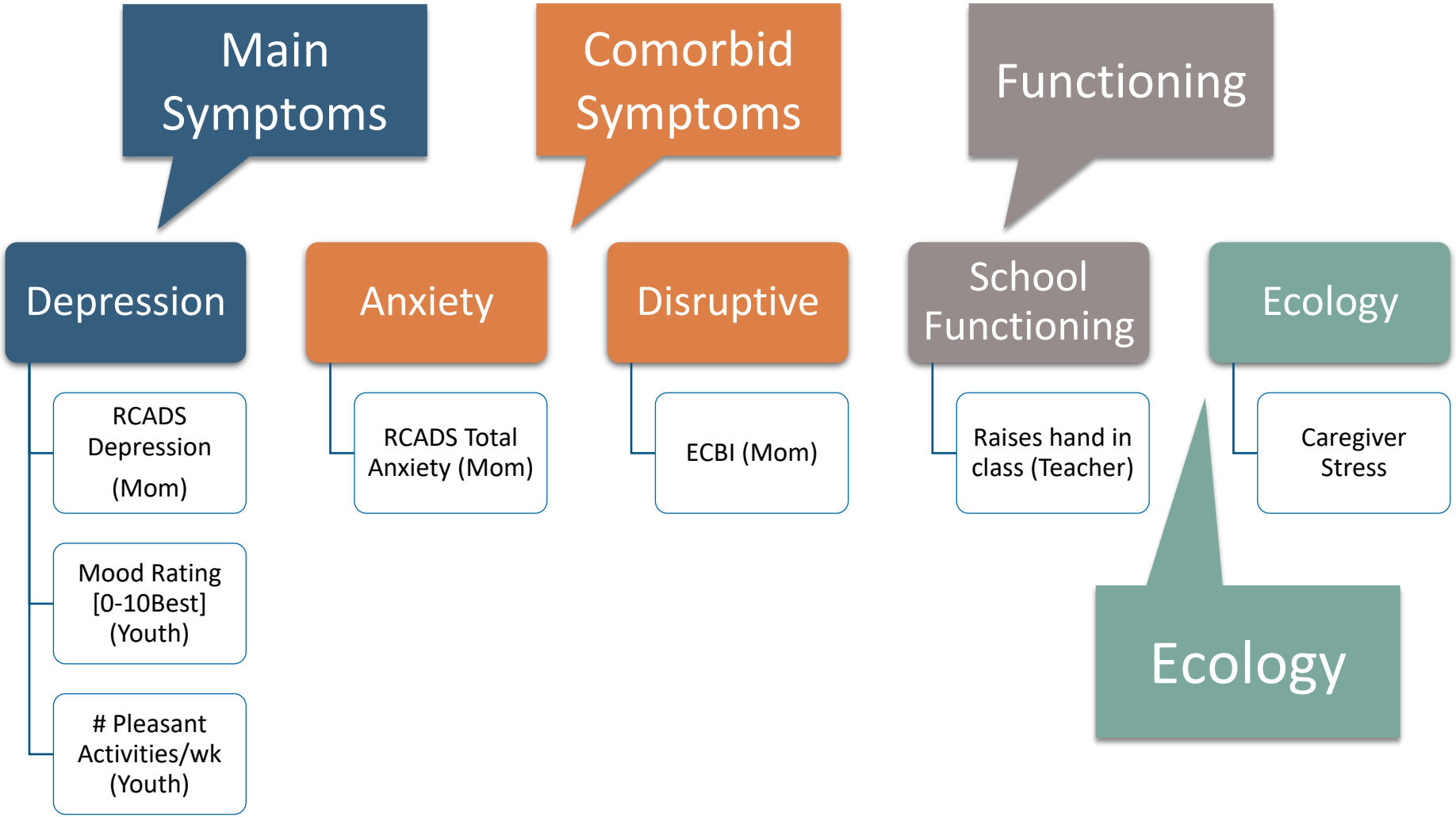
© 2019 PracticeWise, LLC

Rich Example for Maggie



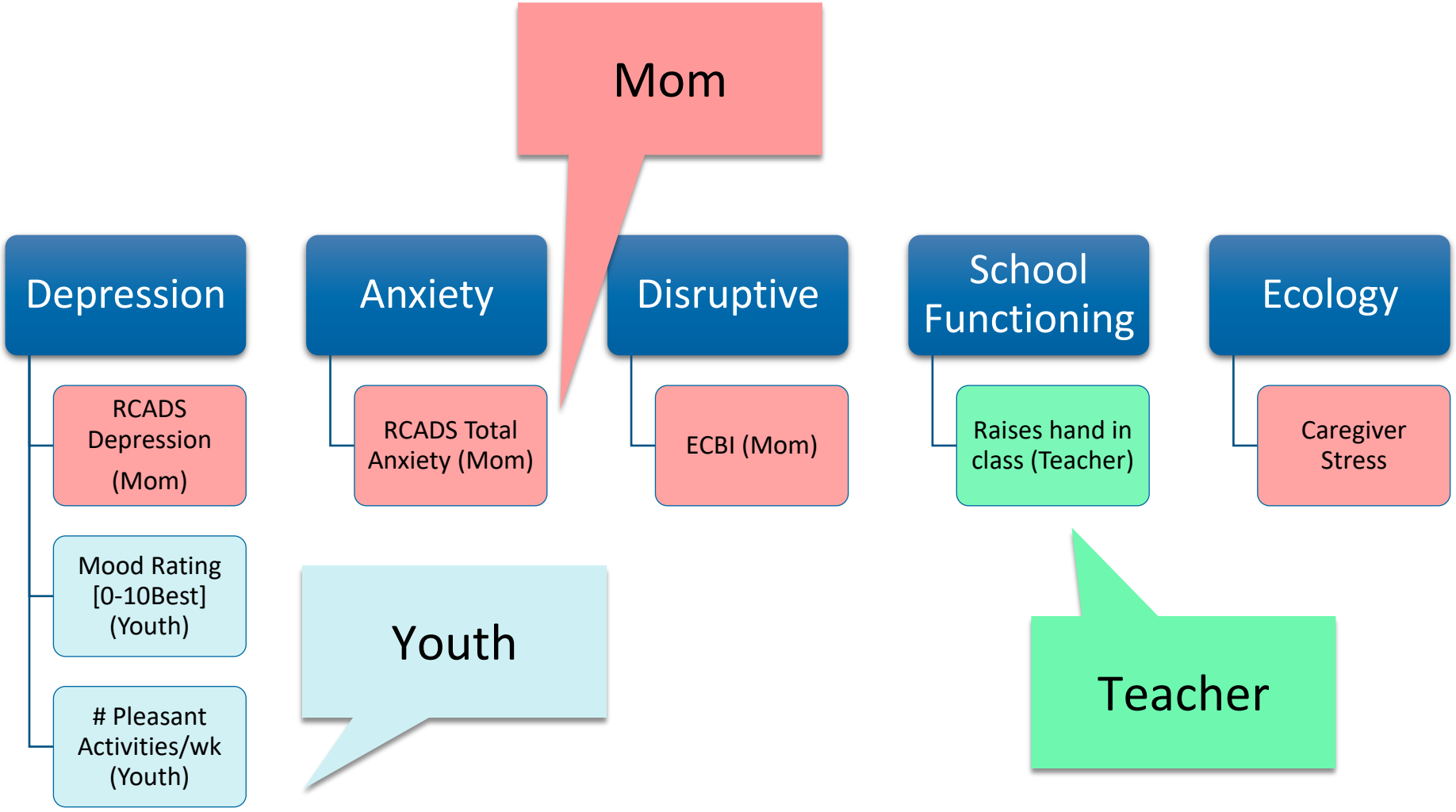
© 2019 PracticeWise, LLC

Multiple Domains



© 2019 PracticeWise, LLC

Multiple Informants



© 2019 PracticeWise, LLC

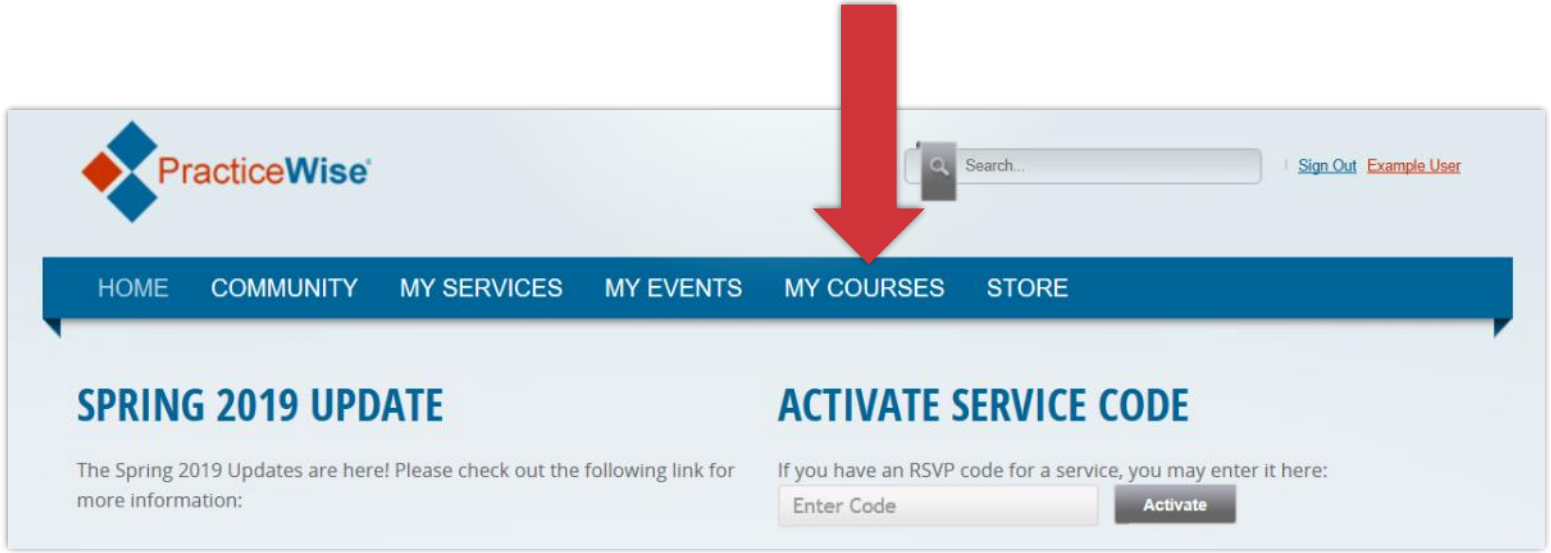
Free Distance Learning Resources

- PracticeWise offers free online learning videos in the My Courses section of the website
- Course topics include:
  - Resources
    - PWEBS, Process Guides, Clinical Dashboards, and more
  - Direct Services
    - EBS System Model, practices, and applications

© 2019 PracticeWise, LLC

Free Distance Learning Resources

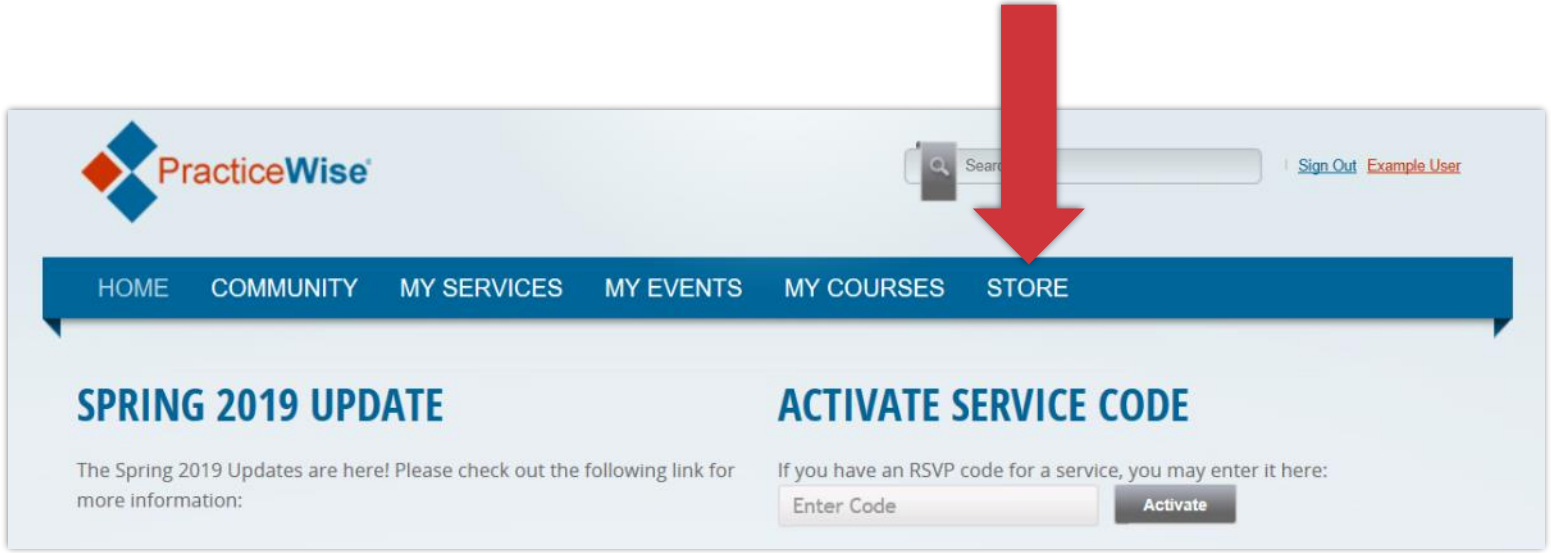
- To access the free online learning videos:
  - Log-in to your PracticeWise user account
  - Navigate to the My Courses tab



© 2019 PracticeWise, LLC

Continuing Education Courses

- PracticeWise also offers online continuing education courses that can be purchased in the Store section of the website
  - All courses provide APA-approved continuing education credit



© 2019 PracticeWise, LLC

Learning Record Update

© 2019 PracticeWise, LLC

MAP Therapist Portfolio

Direct Service Learning Record

Check off:

	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	✓	✓	✓			
Monitoring	✓	✓	✓			

DIRECT SERVICE LEARNING RECORD

CONCEPTS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
EBS System Model	☐	☐	☐	☐	☐	☐
CARE Process	☐	☐	☐	☐	☐	☐
The MAP	☐	☐	☐	☐	☐	☐
Connect-Cultivate-Consolidate	☐	☐	☐	☐	☐	☐
Focus-Interference	☐	☐	☐	☐	☐	☐
Clinical Event Structure	☐	☐	☐	☐	☐	☐
Embracing Diversity	☐	☐	☐	☐	☐	☐
RESOURCES	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
PWEBS	☐	☐	☐	☐	☐	☐
Practitioner Guides	☐	☐	☐	☐	☐	☐
Clinical Dashboard	☐	☐	☐	☐	☐	☐
Treatment Pathways						
Focus Area 1: _____	☐	☐	☐	☐	☐	☐
Focus Area 2: _____	☐	☐	☐	☐	☐	☐
APPLICATIONS	Experience		Expertise Achieved			
	Reviewed	Rehearsed	Knowledge	Production	Skill	Habit
Assessment	☐	☐	☐	☐	☐	☐
Monitoring	☐	☐	☐	☐	☐	☐
Planning	☐	☐	☐	☐	☐	☐
Practice Delivery						
Practice 1: _____	☐	☐	☐	☐	☐	☐
Practice 2: _____	☐	☐	☐	☐	☐	☐
Practice 3: _____	☐	☐	☐	☐	☐	☐
Practice 4: _____	☐	☐	☐	☐	☐	☐
Practice 5: _____	☐	☐	☐	☐	☐	☐
Practice 6: _____	☐	☐	☐	☐	☐	☐
Practice 7: _____	☐	☐	☐	☐	☐	☐
Practice 8: _____	☐	☐	☐	☐	☐	☐
Practice 9: _____	☐	☐	☐	☐	☐	☐
Practice 10: _____	☐	☐	☐	☐	☐	☐
Practice 11: _____	☐	☐	☐	☐	☐	☐
Practice 12: _____	☐	☐	☐	☐	☐	☐
Practice 13: _____	☐	☐	☐	☐	☐	☐
Practice 14: _____	☐	☐	☐	☐	☐	☐
Practice 15: _____	☐	☐	☐	☐	☐	☐
Practice 16: _____	☐	☐	☐	☐	☐	☐
Practice 17: _____	☐	☐	☐	☐	☐	☐
Practice 18: _____	☐	☐	☐	☐	☐	☐

© 2019 PracticeWise, LLC

Reviewing Our Goals

- Get started learning MAP
- Demonstrate how to use the PWEBS Database, Clinical Dashboard, and Practitioner Guides
- Introduce core MAP concepts
- Review some practice elements for common treatment targets
  - Anxiety, Trauma, Depression, and Disruptive Behavior
- Discuss how MAP facilitates the care you provide to youths and families

© 2019 PracticeWise, LLC

Reviewing Your Goals

© 2019 PracticeWise, LLC

Homework to Try

- Practice signing in
- Go online and play with the PWEBS database
- Do searches for some of your newest clients

© 2019 PracticeWise, LLC

Feedback Request

- What's working?
- What's not?
- What went too fast?
- Too slow?

Please let us know or use the question bag.

© 2019 PracticeWise, LLC

Thank you for a great first day of MAP training!

© 2019 PracticeWise, LLC