Dr. Matt Buckman is a Licensed Clinical Psychologist and Executive Director of the Stress & Trauma Treatment Center.  He also serves in various part-time leadership and consultative roles for regional and statewide initiatives.

Dr. Buckman is the Principal Investigator of the Southern Illinois Resiliency Project. Co-Principal Investigator of the IL HEALS (Helping Everyone Access Linked Systems) Demonstration Site Project and Early Childhood System of Care Project under Egyptian Health Department, the Bullying Prevention/Trauma Responsive Schools initiative and the Trauma Based Behavioral Health Fellowship at SIU’s School of Medicine. He also serves as the Southern Illinois Managing Program Partner for Lurie Children’s Hospital’s statewide Resilience Education to Advance Community Healing (REACH) initiative and Co-Investigator for Project AWARE.

Throughout his roles, Dr. Buckman provides supervision, consultation, and training as well as direct services to help improve a variety of emotional and behavioral health issues.  He has worked in various schools, medical, and clinical settings with a specialization in childhood trauma and certifications in Trauma-Focused Cognitive-Behavioral Therapy, Managing & Adapting Practices, Parent-Child Interaction Therapy, Eye Movement Desensitization & Reprocessing, and Neurosequential Model of Therapeutics.  He has extensive experience working with victims of abuse and their families as they recover and heal from significant adversities. He considers his work in this area to be his calling in life.