Dr. Matt Buckman is a Licensed Clinical Psychologist and Executive Director of the Stress & Trauma Treatment Center.  He also serves in various part-time leadership and consultative roles. Dr. Buckman is the PI of the Southern Illinois Resiliency Project at the Center. He is the Co-PI of the IL HEALS (Helping Everyone Access Linked Systems) Demonstration Site Project and Early Childhood System of Care Project under Egyptian Health Department, the Bullying Prevention/Trauma Responsive Schools initiative and the Trauma Based Behavioral Health Fellowship at the Center for Rural Health & Social Services Development within SIU’s School of Medicine, and the Southern Illinois Violence Prevention Project at the Illinois Association of Juvenile Justice Councils.

Throughout his roles, Dr. Buckman provides supervision, consultation, and training as well as direct services to children, teens, young adults, and families to help improve a variety of emotional and behavioral health issues.  He has worked in various schools, medical, and clinical settings with a specialization in childhood trauma and certifications in Trauma-Focused Cognitive-Behavioral Therapy, Managing & Adapting Practices, Parent-Child Interaction Therapy, and Neurosequential Model of Therapeutics.  He has extensive experience working with victims of abuse and their families as they recover and heal from significant adversities and considers his work in this area to be his calling in life.