

# WHAT GROUPS OR SPACES HAVE YOU FELT MOST COMFORTABLE OUTSIDE OF HOME? AND THE LEAST?



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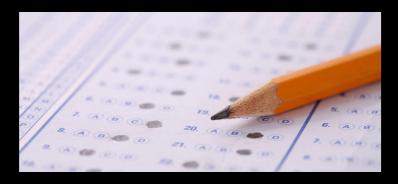


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# THE EFFICACY OF TARGETING SCHOOL CLIMATE







#### Mental Health

Lower substance use
Improved self-esteem
Reduced psychiatric problems

#### **Behavioral Outcomes**

Decreased absenteeism and suspension

Improved risk prevention

Reduced aggression and harassment

#### **Academic Outcomes**

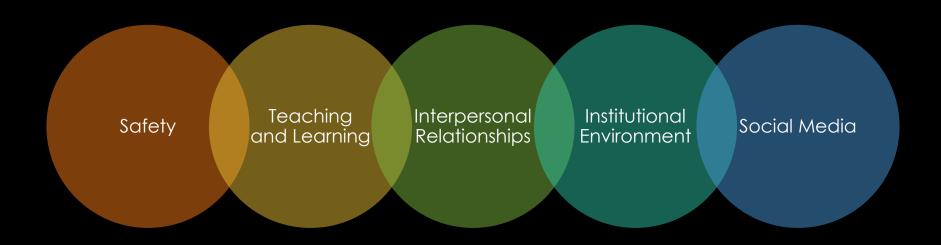
Protective against impact of low SES on academics

Predictive of reading, writing, and math achievement

Reduced dropout rates

### WHAT IS SCHOOL CLIMATE?

"Based on patterns of people's experiences of school life and reflects norms, goals, values, interpersonal relationships, teaching and learning practices, and organizational structures. "- National Council for School Climate (2007)







Rules and Norms



Sense of Physical Security



Sense of Social-Emotional Security

## DEVELOPING NORMS



#### What are the norms for staff in the building?

What are the "hidden rules" that you know about...

- Resolving conflict
   Discussing personal matters
   Addressing stressors
   Interacting in the breakroom
   About working with leadership

Consider, what is one thing that works and what is one thing you would want to see change?

#### STAFF NORMS



# TEACHING AND LEARNING





Support for Learning

Social and Civic Learning



Keep clear, frequent communication and create a routine. Let students know routines may change but attempt to give them advance notice when possible

# CLASSROOM STRATEGIES



Present information and assignments in manageable pieces and a variety of formats



Reward effort to complete assignments, particularly when working on remote learning tasks

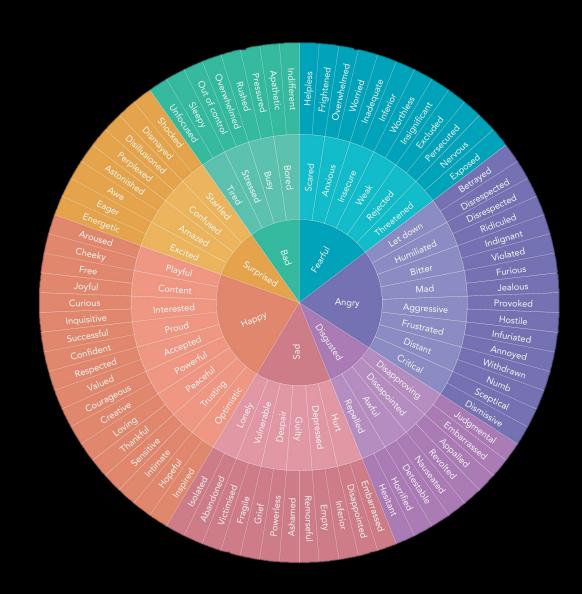
### SOCIAL-EMOTIONAL LEARNING

- SEL programming is one of the best tools for addressing school climate
  - Improved test scores by 11 to 17 percentile points (Payton et al., 2008)
  - Improved social emotional skills, behavior, and academic performance (Durlak et al., 2011)
  - Reduced victimization rates and more effective than targeted interventions (Espelage et al., 2015; Low & Ryzin, 2014; Smith & Low, 2013)



# TALKING ABOUT EMOTIONS

- Build in natural moments for learning how to express and regulate their feelings
  - Use feeling charts and teach rating their feelings from 1-10
  - Also offer nonverbal ways to express their feelings, such as drawing
  - Teach and use breaks for regulation, such as deep breathing or muscle relaxation
  - Create appreciation or gratitude circles to recognize one another



### SERVICE LEARNING



Community projects that take students outside of the classroom and apply skills



Service activities that allow students to practice contributing to the community



Working in teams to learn to collaborate and respect one another's role and unique contributions