



Winter 2025 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

MONDAY

No Class Jan 20, Feb 17

Royal Oak Recreation
(248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Jan 6 – Mar 17

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

9 weeks

Chen Style Tai Chi - *Beginners*

Yang Family Tai Chi Chuan Hand Form – *Continuing*

Yang Family Tai Chi Saber, Sword & Long Pole - *Continuing*

TUESDAY

No Class Feb 18

Oak Park Recreation
(248) 691-7577

Oak Park Recreation

14300 Oak Park Blvd, Oak Park

Jan 7 - Feb 25

Mar 4 - Apr 22

11:15 am – 12:00 pm

7 weeks

8 weeks

Yang Family Tai Chi Chuan Hand Form – *Continuing*

WEDNESDAY

No Class Feb 19

Bloomfield Township Senior Services
(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

Jan 8 – Feb 12

Feb 26 – Mar 26

10:30 – 11:15 am

6 weeks

5 weeks

Yang Family Tai Chi Chuan Hand Form – *Continuing*

THURSDAY

No Class Feb 20 a.m.

Royal Oak Senior Community Center
(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Jan 9 – Mar 20

9:15 – 10:00 am

10 weeks

Chen Style Tai Chi Chuan – *Beginners & Continuing*

Royal Oak Recreation
(248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Jan 9 – Mar 20

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

11 weeks

Yang Family Tai Chi Chuan – *Beginners (Brian Buchanan)*

Sanshou 1-2 - *No beginners, Tai Chi fast movements*

Mulan Fan Entire Form & Long Silk Fan – *Single movement*

SATURDAY

No class Feb 15

West Bloomfield Parks & Recreation
(248) 451-1900

Drake Sports Park

6801 Drake Rd, West Bloomfield

Jan 18 – Mar 1

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

Yang Family Tai Chi Chuan – *Beginners, Section 1*

Yang Family Tai Chi Chuan Hand Form Continue

Yang Family Tai Chi Chuan Sword *No beginner*

Mar 22 – April 12

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

4 weeks

Yang Family Tai Chi Chuan – *Beginners, Section 2*

Yang Family Tai Chi Chuan Hand Form – *Continuing, Sections 1-2*

Yang Family Tai Chi Sword



WORLD TAI CHI DAY 2025

Saturday, April 26

10 am – 12 noon

Royal Oak