



Spring 2026 CLASS SCHEDULE

Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

To register, please contact the Recreation Department or the Royal Oak Senior Community Center

MONDAY

No class May 25 (Memorial Day)

Royal Oak Recreation

Call (248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Apr 6 – Jun 1

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

8 weeks

Yang Family Tai Chi Traditional Hand Form – *Beginners*

Yang Family Tai Chi Traditional Hand Form – *Continuing*

Yang Family Tai Chi Push Hands – *No beginners*

TUESDAY

Oak Park Recreation

Call (248) 691-7577

Oak Park Recreation

14300 Oak Park Blvd, Oak Park

Mar 3 – Apr 21

Apr 28 – July 14

11:15 am – 12:00 pm

8 weeks

8 weeks

Yang Family Tai Chi Traditional Hand Form – *Continuing*

WEDNESDAY

Bloomfield Township Senior Services

(248) 723-3500

Bloomfield Township Senior Center

4315 Andover Rd, Bloomfield Twp

Apr 1 – May 27

10:30 – 11:15 am

9 weeks

Yang Family Tai Chi Traditional Hand Form – *Continuing*

THURSDAY

Royal Oak Senior Community Center

(248) 246-3900

Royal Oak Senior Community Ctr

3500 Marais Ave, Royal Oak

Call (248) 246-3900 or walk in and register before session begins

Apr 9 – May 28

9:15 – 10:00 am

8 weeks

Chen Style Tai Chi Chuan Old Hand Form – *Beg. & Cont.*

Royal Oak Recreation

(248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Apr 9 – May 28

6:30 – 7:30pm

7:30 – 8:30 pm

8:30 – 9:30 pm

8 weeks

Chen Style Tai Chi Old Hand form – *Continuing*

Sanshou 48 – *Continuing*

Chen Style Saber - **Requires prior training in hand forms**

SATURDAY

West Bloomfield Parks & Recreation

(248) 451-1900

Drake Sports Park

6801 Drake Rd, West Bloomfield

May 16 – Jun 27

9:00 am – 10:00 am

10:00 am – 11:00 am

11:00am – 12:00 pm

7 weeks

Yang Family Tai Chi Traditional Hand form – *Beginners*

Yang Family Tai Chi Traditional Hand from – *Continuing*

Yang Family Tai Chi Traditional Hand form - *Advanced*

SPECIAL EVENTS

WORLD TAI CHI DAY

Saturday, April 25

10 am – 12 noon

Welcome all!

Please check back for
the Royal Oak location



MASTER YANG 2026 SEMINARS

August 20 – Saber

August 21-22 – Essential Form (22 Form)

June 23 – Push Hands

Registration form and details link:

<https://michigantaichi.com/seminars-%26-events>

Last update: 03/12/2026