



Spring 2026 CLASS SCHEDULE

Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

To register, please contact the Recreation Department or the Royal Oak Senior Community Center

MONDAY

No class May 25 (Memorial Day)

Registration :Royal Oak Senior Community Center

(248) 246-3900

Location: Keller Elementary

1505 N Campbell Rd, Royal Oak

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

Yang Family Tai Chi Traditional Hand Form – *Beginners*

Yang Family Tai Chi Traditional Hand Form – *Continuing*

Yang Family Tai Chi Push Hands – *No beginners*

TUESDAY

Registration: Oak Park Recreation

Call (248) 691-7577

Oak Park Recreation

14300 Oak Park Blvd, Oak Park

Mar 3 – Apr 21

Apr 28 – July 14

11:15 am – 12:00 pm

8 weeks

8 weeks

Yang Family Tai Chi Traditional Hand Form – *Continuing*

WEDNESDAY

Bloomfield Township Senior Services

(248) 723-3500

Bloomfield Township Senior Center

4315 Andover Rd, Bloomfield Twp

Apr 1 – May 27

10:30 – 11:15 am

9 weeks

Yang Family Tai Chi Traditional Hand Form – *Continuing*

THURSDAY

Registration: Royal Oak Senior Community Center

(248) 246-3900

Location: Royal Oak Senior Community Ctr

3500 Marais Ave, Royal Oak

Call (248) 246-3900 or walk in and register before session begins

9:15 – 10:00 am

Apr 9 – May 28

8 weeks

Chen Style Tai Chi Chuan Old Hand Form – *Beg. & Cont.*

Registration: Royal Oak Senior Community Center

(248) 246-3900

Location: Keller Elementary

1505 N Campbell Rd, Royal Oak

6:30 – 7:30pm

7:30 – 8:30 pm

8:30 – 9:30 pm

Apr 9 – May 28

8 weeks

Chen Style Tai Chi Old Hand form – *Continuing*

Sanshou 48 – *Continuing*

Chen Style Saber - **Requires prior training in hand forms**

SATURDAY

Registration: [West Bloomfield Parks & Recreation](#)

(248) 451-1900

Location: Drake Sports Park

6801 Drake Rd, West Bloomfield

9:00 am – 10:00 am

10:00 am – 11:00 am

11:00am – 12:00 pm

May 16 – Jun 27

7 weeks

Yang Family Tai Chi Traditional Hand form – *Beginners*

Yang Family Tai Chi Traditional Hand from – *Continuing*

Yang Family Tai Chi Traditional Hand form - *Advanced*

SPECIAL EVENTS

WORLD TAI CHI DAY



Saturday, April 25
10 am – 12 noon
Keller Elementary
1505 N Campbell Rd,
Royal Oak

Welcome all!



MASTER YANG 2026 SEMINARS

August 20 – Saber

August 21-22 – Essential Form (22 Form)

June 23 – Push Hands

Registration Form & Hotel Information

[https://michigantaichi.com/seminars-%26-](https://michigantaichi.com/seminars-%26-events#:~:text=2026%20Master%20Yang%20Jun%20Seminars)

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