



SUMMER 2022 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

TUESDAY No class on 7/12 or 8/02

[Royal Oak Recreation](#)

(248) 246-3180

Senior Community Center

3500 Marais Ave, Royal Oak

Jun 21 – Aug 23

7:00 – 8:00 pm

8:00 – 9:00 pm

8 weeks

Yang Family Tai Chi Part 2-3 & Eight Energies

Tai Chi Two-Person Form – Part 1 & Push Hands Basic Circles

(Without physical contact – Must know Hand Form)

WEDNESDAY

[Bloomfield Township Senior Services](#)

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

Jun 29 – Jul 27

Aug 3 – Aug 24

10:30 – 11:15 am

5 weeks

4 weeks

Yang Family Tai Chi Chuan – *Beginners & Continuing*

Michigan Tai Chi Center

michigantaichicenter@gmail.com

Jun 1 – Jul 27

7:30 – 8:30 pm

8 weeks



Chen Style Tai Chi – *Continuing*

THURSDAY

Royal Oak Senior Community Center

(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Jun 23 – Aug 11

9:15 – 10:00 am

8 weeks

Chen Style Laojia Yilu 1-2 – *Beginners & Continuing*

[Royal Oak Recreation](#)

(248) 246-3180

Salter Community Center

1545 E Lincoln Ave, Royal Oak

Jun 23 – Aug 11

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

8 weeks

Yang Style Tai Chi Chuan – *Beginners (Brian Buchanan)*

Chen Style Laojia Yilu Parts 1-2

Short Staff: Solo Form & Two-Person Short Form

SATURDAY

No class July 2

[West Bloomfield Parks & Recreation](#)

(248) 451-1900

Recreation Activity Center

4640 Walnut Lake Rd west Bloomfield

Jun 25 – Aug 6

9:00 am – 10:00 am

10:00 am – 11:00 am

11:00 am – 12:00 pm

6 weeks

Yang Style Tai Chi Chuan – *Beginners*

Yang Style Tai Chi Chuan -*Continuing*

Yang Style Tai Chi Chuan Saber & Tai Chi Ball

For more information and regular updates, visit www.michigantaichi.com



Happy Summer!

Schedule updated 06/06/2022