



# SUMMER 2022 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 [michigantaichicenter@gmail.com](mailto:michigantaichicenter@gmail.com)

For updates and more information visit [www.michigantaichi.com](http://www.michigantaichi.com)

## **TUESDAY** No class on 7/12 or 8/02

### Royal Oak Recreation

(248) 246-3180

Senior Community Center

3500 Marais Ave, Royal Oak

**Jun 21 – Aug 23**

7:00 – 8:00 pm

8:00 – 9:00 pm

**8 weeks**

Yang Family Tai Chi Part 2-3 & Eight Energies

Tai Chi Two-Person Form – Part 1 & Push Hands Basic Circles

*(Without physical contact – Must know Hand Form)*

## **WEDNESDAY**

### Bloomfield Township Senior Services

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

**Jun 29 – Jul 27**

**Aug 3 – Aug 24**

10:30 – 11:15 am

**5 weeks**

Yang Family Tai Chi Chuan – *Beginners & Continuing*

**4 weeks**

### Michigan Tai Chi Center

[michigantaichicenter@gmail.com](mailto:michigantaichicenter@gmail.com)

**Jun 1 – Jul 27**

7:30 – 8:30 pm

**8 weeks**



Chen Style Tai Chi – *Continuing*

## **THURSDAY**

### Royal Oak Senior Community Center

(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

**Jun 23 – Aug 11**

9:15 – 10:00 am

**8 weeks**

Chen Style Laojia Yilu 1-2 – *Beginners & Continuing*

### Royal Oak Recreation

(248) 246-3180

Salter Community Center

1545 E Lincoln Ave, Royal Oak

**Jun 23 – Aug 11**

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

**8 weeks**

Yang Style Tai Chi Chuan – *Beginners (Brian Buchanan)*

Chen Style Laojia Yilu Parts 1-2

Short Staff: Solo Form & Two-Person Short Form

## **SATURDAY**

**No class July 2**

### West Bloomfield Parks & Recreation

(248) 451-1900

Drake Sports Park

6801 Drake Rd West Bloom field

**Jun 25 – Aug 6**

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

**6 weeks**

Yang Style Tai Chi Chuan – *Beginners*

Yang Style Tai Chi Chuan – *Continuing*

Yang Style Tai Chi Chuan Saber & Tai Chi Ball

For more information and regular updates, visit [www.michigantaichi.com](http://www.michigantaichi.com)



*Happy Summer!*

Schedule updated 06/06/2022