



FALL 2022 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

MONDAY

No Class Nov 7

[Royal Oak Recreation](#)

(248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Sep 12 – Dec 5

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

12 weeks

Yang Family Tai Chi Chuan – *Beginners 1 (Brian)*

Yang Family Tai Chi Chuan Hand Form

Two-Person Form and Push Hands Basics

(keeping distance apart and wearing a mask)

TUESDAY

[Oak Park Recreation](#)

(248) 691-7577

Oak Park Recreation

14300 Oak Park Blvd, Oak Park

Sep 6 – Oct 25

Nov 8 – Dec 13

11:15 am – 12:00 pm

8 weeks

6 weeks

Yang Family Tai Chi Chuan Hand Form – *Continuing*

WEDNESDAY

No Class Nov 23

[Bloomfield Township Senior Services](#)

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

Sep 14 – Oct 26

Nov 2 – Dec 14

10:30 – 11:15 am

7 weeks

6 weeks

Yang Family Tai Chi Chuan Hand Form – *Beginners and Continuing*

Michigan Tai Chi Center

michigantaichicenter@gmail.com



Sep 14 – Oct 26

Nov 2 – Dec 14

7:30 – 8:30 pm

7 weeks

6 weeks

Chen Style Tai Chi – *Continuing*

THURSDAY

No Class Nov 24

[Royal Oak Senior Community Center](#)

(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Sep 15 – Dec 8

9:15 – 10:00 am

12 weeks

Chen Style Tai Chi Chuan Hand Form – *Beginners & Continuing*

[Royal Oak Recreation](#)

(248) 246-3180

Keller Elementary Gym

1505 N Campbell Rd, Royal Oak

Sep 15 – Dec 8

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

12 weeks

Yang Family Tai Chi – *Beginners 2 (Brian)*

Chen Style Laojia Yilu 1-2 - Silk Reeling and Single Posture,

Short Staff, Solo & Two-Person Form – *Continued* (*may add Saber)

SATURDAY

No class Nov 26

[West Bloomfield Parks & Recreation](#)

(248) 451-1900

Drake Sports Park

6801 Drake Rd, West Bloomfield

Sep 17 – Oct 22

Nov 5 – Dec 17

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

6 weeks

Yang Family Tai Chi Chuan – *Beginners*

Yang Family Tai Chi Chuan Hand Form

Yang Family Tai Chi Chuan Saber/Sword & Push Hands Basic Circles

YANG FAMILY TAI CHI RANKING EVENT – LEVELS 1 – 3

Date Sunday, October 2, 2022

Submission deadline September 5

Time 1-3 pm

Location: Royal Oak Senior Community Center
3500 Marais Ave, Royal Oak

Updated 8/5/2022