



# SUMMER 2023 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 [michigantaichicenter@gmail.com](mailto:michigantaichicenter@gmail.com)

For updates and more information visit [www.michigantaichi.com](http://www.michigantaichi.com)

## TUESDAY

No class June 27 and July 4

### Royal Oak Recreation

(248) 246-3180

Senior Community Center

3500 Marais Ave, Royal Oak

Jun 20 – Aug 22

7:00 – 8:00 pm

8:00 – 9:00 pm

8 weeks

Yang Family Tai Chi 49 Form + 22 Form (Essential Form)

Push Hands Basic Circles + 4 Applications

(Must know Hand Form)

## WEDNESDAY

### Bloomfield Township Senior Services

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

Jun 21 – Aug 9

Aug 16 – Aug 30

10:30 – 11:15 am

8 weeks

Yang Family Tai Chi Chuan Parts 1 & 2 – Continuing

### Michigan Tai Chi Center

[michigantaichicenter@gmail.com](mailto:michigantaichicenter@gmail.com)



Jun 7 – Jun 28

Jul 5 – Jul 26

7:30 – 8:30 pm

4 weeks

4 weeks

Chen Style Tai Chi – Continuing

## THURSDAY

No class June 22

### Royal Oak Senior Community Center

(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Jun 1 – Jul 27

9:15 – 10:00 am

8 weeks

Chen Style Tai Chi Old Form 1 and 8 energies

### Royal Oak Recreation

(248) 246-3180

Salter Community Center

1545 E Lincoln Ave, Royal Oak

Jun 29 – Aug 10

7:30 – 8:30 pm

8:30 – 9:30 pm

8 weeks

Chen Style Laojia Yilu 1-4

Tai Chi Fan + 8 Energies

## SATURDAY

No class May 27

### West Bloomfield Parks & Recreation

(248) 451-1900

Drake Sports Park

6801 Drake Rd West Bloomfield

May 6 – Jun 17

Jul 1 – Aug 12

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

7 weeks

Yang Style Tai Chi Chuan – Part 1

Yang Style Tai Chi Chuan Continuing + 8 Energies & Applications

Yang Style Tai Chi Chuan Saber + Sword + Push Hands

### YANG FAMILY TAI CHI RANKING EVENT 2023:

November 12 – More information to follow

For more information and regular updates, visit [www.michigantaichi.com](http://www.michigantaichi.com)



Schedule updated 05/26/2023