



# SPRING 2023 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 [michigantaichicenter@gmail.com](mailto:michigantaichicenter@gmail.com)

For updates and more information visit [www.michigantaichi.com](http://www.michigantaichi.com)

## MONDAY

No class May 29

### [Royal Oak Recreation](#)

(248) 246-3180

### **Keller Elementary**

1505 N Campbell Rd, Royal Oak

**April 10 – June 5**

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

**8 weeks**

Yang Family Tai Chi Chuan – *Beginners 1 (Brian)*

Yang Family Tai Chi Chuan – 49 form

Push Hands Basics

## TUESDAY

### [Oak Park Recreation](#)

(248) 691-7577

### **Oak Park Recreation**

14300 Oak Park Blvd, Oak Park

**May 2 – Jun 6**

11:15 am – 12:00 pm

**6 weeks**

Yang Family Tai Chi Chuan continuing

## WEDNESDAY

### [Bloomfield Township Senior Services](#)

(248)723-3500

### **Greater Bloomfield Senior Association**

4315 Andover Rd, Bloomfield Hills

**Mar 29 – May 3**

**May 10 – Jun 14**

10:30 – 11:15 am

**6 weeks**

**6 weeks**

Yang Family Tai Chi Chuan – *Continuing*

### **Michigan Tai Chi Center**

[michigantaichicenter@gmail.com](mailto:michigantaichicenter@gmail.com)



**Apr 5 – Apr 26**

**May 3 – May 24**

7:30 – 8:30 pm

**4 weeks**

**4 weeks**

Chen Style Tai Chi – *Continuing*

## THURSDAY

### [Royal Oak Senior Community Center](#)

(248) 246-3900

### **Royal Oak Senior Community Center**

3500 Marais Ave, Royal Oak

**Apr 6 – Jun 1**

9:15 – 10:00 am

**9 weeks**

Chen Style Tai Chi Chuan – *Beginners & Continuing*

### [Royal Oak Recreation](#)

(248) 246-3180

### **Keller Elementary Gym**

1505 N Campbell Rd, Royal Oak

**Apr 13 – Jun 1**

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

**8 weeks**

Yang Family Tai Chi Chuan – *Beginners 2 (Brian)*

Chen Style Old Form – *Continuing*

Yang Style Tai Chi Saber & Sword

## SATURDAY

No class May 27

### [West Bloomfield Parks & Recreation](#)

(248) 451-190

### **Drake Sports Park**

6801 Drake Rd, West Bloomfield

**Mar 11 – Apr 16**

**May 6 – Jun 10**

9:00 – 10:00 am

10:00 – 11:00 am

11:00 am – 12:00 pm


**6 weeks**

**5 weeks**

Yang Family Tai Chi Chuan – *Beginners*

Yang Family Tai Chi Chuan – *Continuing*

Yang Family Tai Chi Chuan Saber & 49 Form



**WORLD TAI CHI DAY**

**Saturday, April 29**

10 am – 12 noon

Location in Royal Oak TBD