



# SPRING 2024 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

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For updates and more information visit [www.michigantaichi.com](http://www.michigantaichi.com)

## MONDAY

No Class May 27

### [Royal Oak Recreation](#)

(248) 246-3180

**Keller Elementary**

1505 N Campbell Rd, Royal Oak

**Apr 8 – Jun 3**

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

**8 weeks**

Yang Family Tai Chi Chuan Traditional form – *Beginners 1 (Brian)*

Yang Family Tai Chi Chuan Traditional form – *Continuing.*

Push Hands – *Continuing*

## TUESDAY

### [Oak Park Recreation](#)

(248) 691-7577

**Oak Park Recreation**

14300 Oak Park Blvd, Oak Park

**Mar 12 – Apr 30**

**May 7 – Jun 25**

11:15 am – 12:00 pm

**8 weeks**

**8 weeks**

Yang Family Tai Chi Chuan Traditional Form – *Continuing.*

## WEDNESDAY

### [Bloomfield Township Senior Services](#)

(248)723-3500

**Greater Bloomfield Senior Association**

4315 Andover Rd, Bloomfield Hills

**Apr 3 – May 8**

**May 15 – Jun 19**

10:30 – 11:15 am

**6 weeks**

**6 weeks**

Yang Family Tai Chi Traditional form – *Continuing.*

## THURSDAY

No class May 23 PM

### [Royal Oak Senior Community Center](#)

(248) 246-3900

**Royal Oak Senior Community Center**

3500 Marais Ave, Royal Oak

**Jan 11 – Mar 21**

**Apr 4 – Jun 6**

9:15 – 10:00 am

**11 weeks**

**10 weeks**

Chen Style Tai Chi – *Beginners & Continuing*

### [Royal Oak Recreation](#)

(248) 246-3180

**Keller Elementary Gym**

1505 N Campbell Rd, Royal Oak

**Apr 11 – Jun 6**

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

**8 weeks**

Yang Family Tai Chi Hand Form – *Beginners 2 (Brian)*

Chen Style Tai Chi Laojiao Yilu/Sanshou– *Beginners & Continuing*

Mulan Fan – *Part 2*

## SATURDAY

No class June 22, July 6

### [West Bloomfield Parks & Recreation](#)

(248) 451-1900

**Drake Sports Park**

6801 Drake Rd, West Bloomfield

**Mar 9 – Apr 13**

**Jun 1 – Jul 27**

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

**6 weeks**

**7 weeks**

Yang Family Tai Chi Chuan Traditional form– *Beginners*

Yang Family Tai Chi Chuan – Traditional form *Continuing.*

Yang Family Sword and Sanshou– *Must know Hand Form*

\*\*\* All classes will have essential training (one posture) each week \*\*\*\*\*

## SPECIAL EVENTS

### WORLD TAI CHI DAY



**Saturday, April 27**

10 am – 12 noon

**Keller Elementary**

1505 N Campbell Rd

Royal Oak

Welcome all!



### MASTER YANG JUN 2024 SEMINARS

**June 20 pm – Push Hands (1)**

**June 21 – June 22 Essential Form (22 Form)**

**June 23 – Saber**

**June 24 – Push Hands (2)**

**Locations: Royal Oak and Oak Park**

**Recreation Centers**

**Registration Form & Hotel Information**

**Michigan Tai Chi Center Seminars & Events**

**[www.michigantaichicenter.com](http://www.michigantaichicenter.com)**

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