



SUMMER 2024 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) -3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

TUESDAY

No class August 6

[Oak Park Recreation](#)

(248) 691-7577

Oak Park Community Center

14300 Oak Park Blvd, Oak Park

May 7 – Jun 25
11:15 am – 12:00 pm

8 weeks
Yang Family Tai Chi Chuan Traditional Form – *Continuing*.

[Royal Oak Recreation](#)

(248) 246-3180

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Jul 2 – Aug 13
7:00 – 8:00 pm
8:00 – 9:00 pm

6 weeks
Yang Family Tai Chi Essential Form & Stretching
Push Hands - *Continuing*

WEDNESDAY

[Bloomfield Township Senior Services](#)

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

May 15 – Jun 19
Jun 26 – Aug 7
10:30 – 11:15 am

6 weeks
7 weeks
Yang Family Tai Chi Chuan Parts 1 & 2 – *Continuing*

[Royal Oak Recreation](#)

(248) 246-3180

Salter Community Center

1545 E Lincoln Ave, Royal Oak

Jul 10 – Aug 14
6:30 – 7:30 pm

6 weeks
Yang Family Tai Chi Chuan Traditional form – *Beginners 1 (Brian)*

THURSDAY

No class July 4

Royal Oak Senior Community Center

(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Jul 11– Aug 15
9:15 – 10:00 am

6 weeks
Chen Style Tai Chi Silk Reeling and Laojia Yilu Part 1

[Royal Oak Recreation](#)

(248) 246-3180

Salter Community Center

1545 E Lincoln Ave, Royal Oak

Jul 11 – Aug 15
6:30 – 7:30 pm
7:30 – 8:30 pm
8:30 – 9:30 pm

6 weeks
Yang Family Tai Chi Chuan Traditional form – *Beginners 2 (Brian)*
Shanshou Part 1 & Chen Style Laojia Yilu Part 1-2
Mulan Fan - *Part 6*

SATURDAY

No class June 22, July 6

[West Bloomfield Parks & Recreation](#)

(248) 451-1900

Recreation Activities Center

4640 Walnut Lake Rd, West Bloomfield

June 1 – July 27
9:00 am – 10:00 am
10:00 am – 11:00 pm
11:00 am – 12:00 pm

7 weeks
Yang Style Tai Chi Chuan –Beginner
Yang Style Tai Chi Chuan Continuing
Yang Style Tai Chi Chuan Sword & Push Hands - *Continuing*

For more information and regular updates, visit www.michigantaichi.com

Happy Summer!