



FALL 2024 CLASS SCHEDULE



Classes taught by Michigan Tai Chi Center Director Han Hoong Wang

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

MONDAY

No Class Nov 4

Royal Oak Recreation
(248) 246-3180

Keller Elementary

1505 N Campbell Rd, Royal Oak

Sep 9 – Dec 2

7:30 – 8:30 pm

8:30 – 9:30 pm

12 weeks

Yang Family Tai Chi Chuan Hand form

Yang Family Tai chi Saber and Long Pole - Sanshou

TUESDAY

Oak Park Recreation
(248) 691-7577

Oak Park Recreation

14300 Oak Park Blvd, Oak Park

Sep 3 – Oct 22

Oct 29 – Dec 17

11:15 am – 12:00 pm

8 weeks

8 weeks

Yang Family Tai Chi Chuan Hand Form – Continuing

WEDNESDAY

No Class Nov 27

Bloomfield Township Senior Services
(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd, Bloomfield Hills

Sep 4 – Oct 16

Oct 23 – Dec 4

10:30 – 11:15 am

7 weeks

6 weeks

Yang Family Tai Chi Chuan Hand Form – Continuing

THURSDAY

No Class Oct 31 Nov 28 Thanksgiving

Royal Oak Senior Community Center
(248) 246-3900

Royal Oak Senior Community Center

3500 Marais Ave, Royal Oak

Sep 12 – Dec 12

9:15 – 10:00 am

12 weeks

Chen Style Tai Chi Chuan Hand Form – Beginners & Continuing

Royal Oak Recreation
(248) 246-3180

Keller Elementary Gym

1505 N Campbell Rd, Royal Oak

Sep 12 – Dec 5

6:30 – 7:30 pm

7:30 – 8:30 pm

8:30 – 9:30 pm

12 weeks

Yang Family Tai Chi – *Beginners*

Silk Reeling and Chen Style Laojia Yilu - Sanshou (Slow Pace)

Mulan Fan whole form and Stretching

SATURDAY

No class Oct, 12, Nov 30

West Bloomfield Parks & Recreation
(248) 451-1900

Drake Sports Park

6801 Drake Rd, West Bloomfield

Sep 14 – Oct 26

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

Yang Family Tai Chi Chuan – Beginners, Section 1

Yang Family Tai Chi Chuan Hand Form - and 8 Energy

Yang Family Tai Chi Chuan Sword - Sanshou Part 1

Nov 2 – Dec 14

9:00 am – 10:00 am

10:00 am – 11:00 pm

11:00 am – 12:00 pm

6 weeks

Yang Family Tai Chi Chuan – Beginners, Section 2

Yang Family Tai Chi Chuan Hand Form – Continuing, Sections 1-2

Yang Family Tai Chi Sword, Sanshou (1)

YANG FAMILY TAI CHI RANKING EVENT

Date **Saturday, November 9, 2024**

Submission deadline **October 9, 2024**

Time **2:00 – 4:30 pm**

Location **Royal Oak Senior Community Center**
3500 Marais Ave, Royal Oak

Updated 9/6