



June – Aug 2020 CLASS SCHEDULE

Classes taught by **Michigan Tai Chi Center Director Han Hoong Wang**

Contact: (248) 892-3117 michigantaichicenter@gmail.com

For updates and more information visit www.michigantaichi.com

WEDNESDAY Zoom class

Bloomfield Township Senior Services

(248)723-3500

Greater Bloomfield Senior Association

4315 Andover Rd-Bloomfield Hill

July 15 – July 29

Aug 5 – Aug 26

3 weeks

4 weeks

11am – 12 noon Yang Style Tai Chi basics and 5 coordinations

SATURDAY Outdoor class

West Bloomfield Parks & Recreation

(248) 451-1900

NEW LOCATION:

Drake Sports Park

6801 Drake Rd West Bloomfield

No class July 4

June 27- Aug 8

6 weeks

10:00 am – 11:00 am Yang Style Tai Chi Chuan:
Rooting and unifying energy

Thursday

MONDAY Zoom class

Yang style Tai Chi Wellness Exercise and Fundamentals - Continuing

7:30-8:30 pm

THURSDAY Zoom class

Chen style Tai Chi Silk Reeling and Single Posture of Laojiao Yilu - Continuing

7:30- 8:30 pm